

FIRST UNITARIAN CHURCH OF VICTORIA Growing in Spirit, Living with Compassion, Inspired to Serve

VOLUME 51 ISSUE 10 OCTOBER, 2012

The Victoria Unitarian

Services in October

Worship Service and Children's Religious Education at 10:30am. Child-minding available 10am - noon.

October 7 Our Strange and Miraculous Deliverance

Rev. Nan Geer (See 'About Rev. Nan Geer on page 3).

On this Thanksgiving weekend we have in common the blessings of a liberal religion. It is certainly worth giving thanks for such a deliverance.

October 14 The Hand/Heart Connection Rev. Shana Lynngood



We are often invited to reflect on the connection between our heads (thinking, intellectual selves) and our hearts (emotional, relational selves). On this Canvass Sunday, when you will be invited to consider what financial pledge you will make to the church for 2013 (pledges will begin to be collected next Sunday the 21st), we'll explore the link between what we feel and how we express our values. How does the heart lead our actions and choices? How do we ensure that we are putting first things first?

October 21 Mind, Body, and Spirit Rev. Stephen Atkinson - Minister, North Shore Unitarian Church

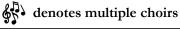
A long and fascinating conversation has taken place for centuries about the nature of spirit, the nature of mind, the boundary between them and the relationship of the body to these intangibles. As an ex-doctor/psychiatrist and now a minister, I have a little something to say on the topic.

October 28 The Burning Bush: Take the shoes off your feet for you are standing on holy ground.



Rev. Fred Cappuccino is an annual visitor, best known as a founder with his wife Bonnie of Child Haven International, which serves children and women in South Asia. He has served Unitarian societies in Montreal and Ottawa.

There will be a sale in Lion Hall after the service and a banquet the next day (see notice on page 11).



denotes Chalice Choir

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The deadline for submissions to the **November** issue of the newsletter is **October 16.**.

As I write, I am still buzzing from the "radical inclusivity" of the youth camping trip to Bright Angel Park, in mid-September. Glorious weather, tall trees, a slow-moving river and a great camp kitchen were the backdrop where 20 youth played cooperative games, roasted marshmallows, built inukshuks, teeter-tottered, worshiped, sang, painted, talked, laughed and, believe it or not, slept! The weekend was made possible by the generous gift of time from Youth Leaders and SEL-CY team members – a warm thank-you to each of them. The resounding echoes afterwards were music to my ears, "let's do it again!"

"Practice Radical Inclusivity," new language for me, was an important line in our covenant on the weekend and one I'll use again. It matches the phrase in our mission that Revs. Shana and Melora have asked us to focus

on this fall: Living with Compassion. It matches what Bridget in the Primary Class observed about church school last year. She told her mom that going to church helps her to figure out how to make friends because she feels safe and she learns "how to be nice". Bridget said that her church friends always share and include her, and that she really likes that. I really like that too, and hope that other children are having a similar experience.

As we continue to work on ways of opening ourselves to others here, we are

Do you have a yearning for more family events?

SEL-CY has seed money to help make it happen, but we can't do it without your help. Please let Faye (FayeM@victoriaunitarian or 250-744-2695) know if you would like to organize (or help organize):

- A hot dog roast at Goldstream (in November to see the salmon, or in January to watch for eagles)
- A post-pageant-potluck-party ~ for cast, their families and the audience!
- Something else!

also working on opening our minds to the many ways of worship. This month, the Intermediate group will be celebrating the Jewish *Chag* (holiday) of *Sukhot*, and *Samhain*, the Pagan roots of Hallowe'en. The Coming of Age Group will be learning about Hinduism, and visiting the Hindu Temple, likely on October 27 to celebrate *Dussera*.

Other peer groups at the church will all be practising "living with compassion" in their own ways. From sharing toys in Wee Care, to learning about compassionate UU heroes in Primary Group, to pondering what it means to be compassionate (and other Big Questions) in Junior Youth and organizing games day for younger youth or talking about healthy relationships in Senior Youth/Senior OWL, they will be talking about and practising compassionate human relationships. This kind of learning is a lifelong project - I'm so glad to be part of the conversation and have the opportunity to learn from our many young sages.

Warmly, Faye Mogensen

Director of Spiritual Exploration and Learning for Children and Youth

ARTIST FOR OCTOBER

The art in the sanctuary during October is by Sandra Levy. Sandra, originally from Montreal, studied art at Concordia University, Ecole des Beaux Arts de Montreal, and at Arizona State University. She has also done graduate work in both fine arts and biology.

She has exhibited her artwork in Quebec, in Montreal, Joliette, Drummondville and Quebec City; and in Ottawa, Tempe, Arizona, and Victoria, British Columbia, where she now lives. She has works in private collections, in the Liberal Arts College of Concordia University, in the Qu'appelle House, the official residence of the Canadian Government Representative in Tokyo, and in the Rental Gallery of the Art Gallery of Greater Victoria. Her works have been shown in Victoria art galleries, such as The Gallery at Mattick's Farm, She Said Gallery, The Village Gallery and Xchanges Gallery.

News regarding the Ministers and their Baby

Background: Our co-ministers, Revs. Melora and Shana Lynngood, are on maternity leave until December 4th. On August 7, Rev. Shana gave birth to a baby boy, Demetrius Lynngood. Demetrius was born with a heart condition (transposition of the great arteries with a ventricular septal defect) that required open heart surgery, which he had on August 13 at Children's Hospital in Vancouver. Unfortunately, there were several complications that made the surgery itself and his recovery much more difficult than anticipated. It was an anxious time for the Lynngoods and for us. Thankfully, the little guy pulled through. Here is the latest update from Revs. Shana and Melora:

"We hear that a number of you have been asking how Demetrius is doing. Dear, beloved congregation, thank you for your kindness and concern. It has meant a lot to us that so many of you have been holding him and our family in your hearts through this difficult time. How fortunate we are to serve such a caring congregation.

"We are happy to report that we are now out of the hospital and home from Vancouver. Demetrius is down to two medications and no longer has a feeding tube. Aside from numerous medical appointments (all of which have gone just fine), we are enjoying the normal weariness and disorganization of life with a newborn. We are relieved and grateful. We cannot stress enough how touched we have been by your messages of care and support. Thank you. When times are hard, it helps to be held in the love of a community such as this.

"We look forward to introducing you to Demetrius when our family visits church and Rev. Shana preaches on October 14. We hope you have been well in our absence. You have been so good to us. We hope you have been good to yourselves and one another as well, practising that "living compassion" part of our mission with yourselves as well as out in the larger world.

"Know that throughout our maternity leave, we continue to hold all of you in our hearts with love,

Revs. Melora and Shana"

Some of you have asked us, the Committee on Ministry, where cards can be sent. It is fine to send cards to the ministers' home address (2970 Foul Bay Road, Victoria V8R 5E1). We are respecting the sanctity of their parental leave (and limited sleep!) by refraining from calls or visits. If any of you have any further questions about the ministers, the baby, the parameters of their leave, or ministerial resources during their absence, please feel free to contact any of us.

Committee on Ministry

Dave Andersen — dave.anderen@nrc-cnrc.gc.ca
Don Armstrong — armstrongdon@shaw.ca
Martha McDougall — martha.mcdougall@broadmeadcare.com
Earle Anthony — earleanthony@shaw.ca
Joyce Murphy — joymur@shaw.ca
Sonya Ignatieff — sonyaignatieff@shaw.ca

About Rev. Nan Geer (October 7)

Rev. Nan Geer retired in June 2011 from a 20-year ministry with the Free Church Unitarian in Blaine, Washington. Nan and her husband Richard live in Blaine, a town of considerable blessings as little or nothing happens here.

We enjoy friends and visits from Nan's four delightful children and four delicious grandchildren and Richard's daughter and her husband and twin daughters. We take summer trips to a log cabin in the Colorado mountains. And we read, love life, and one another.

If I had a million dollars
I'd build a tree fort in our yard.
If I had a million dollars
You could help, it wouldn't be that hard.
If I had a million dollars
Maybe we could put a little tiny fridge in there somewhere.
- Barenaked Ladies

We all have hopes and dreams for our church, and they don't cost anywhere near a million dollars. But money helps, and that's why we have our annual generosity pledge drive. We can all do our part from nickels (since we soon won't have pennies) to dollars.

I asked a number of members about their hopes and dreams. Boosting our programming by far was at the top their hope list. And for many, that means an increase in staffing costs. There's no doubt that as we grow in size our needs rise and consequently we put greater pressure on our current staff. As an example, more children and youth entering are doors are wonderful. But can we find the funds to pay for an assistant to help our current coordinator Faye Mogensen, who is finding herself burdened with an increasing administrative load. Can we find the funds for a paid part-time youth leader to develop a vibrant program? Will there be room in the budget to hire a part-time classroom leader to remove the pressure of finding volunteers?

And what about our adult members? Here's a comment from a member of the Spiritual Exploration and Learning – Adult team: "We are committed to having a spiritual community that is abuzz with learning opportunities for everyone: workshops, retreats, issues forums, intergenerational sessions, small groups that engage spiritual exploration of all kinds to nurture and support us in our life journey. For that to happen, we need paid, administrative and technological support ..."

And here's one member's idea of some of things we could have for adults: A regular Friday night coffee and music and chat evening; three and four-session courses exploring other faiths; a workshop with social activists from varied faith communities telling us what they're doing by way of social action; a workshop titled "Cabinet" where participants pretend they're members of government cabinet and bring their pet policy proposals for debate; forums after Sunday services to explore topics raised in the sermons.

All good ideas but, as the member suggesting these pointed out, some "would take a lot of work" to organize and would require quality teachers and leaders.

The hope list goes on. We have a very strong musical program. An assistant part-time paid choir director would be an asset, allowing the creation of more specialized smaller choirs providing more music at every Sunday service. More hours for our music director would develop more musical opportunities for all our members. Or how about an overhead projection system in the sanctuary, with a retractable screen, so people could sing along while they clapped and moved. And project the order of service and save some trees..

If we had the money we could boost our negligible advertising budget to tell everyone about our great programs and our fantastic ministerial team.

And, by the way says one of our members, how about bringing the salary level of both ministers up to three-quarters time. They've been working that anyway.



Do you have a friend in need ... of a ceremony?

A wedding, child dedication or memorial?

Tell them about FUCV's

Lay Chaplains

Board Splinters from the August Meeting

- The board has approved the expenditure of an additional \$3000 for redevelopment of the website: \$2500 for the design work and \$500 for training.
- On the recommendation of the board's rental task force, which is researching our rates and potential market, the board has approved the recruitment of up to five church members, with each one to be trained to perform the role of an on-site host during a rental event on church property. The church host would receive an honorarium of \$50 per rental event, or \$75 if the rental included a rehearsal, payable to each church member trained as an on-site host who attends a rental or rehearsal event on church property.
- Annual nominations for CUC Annual Meeting delegates will be submitted for approval by the congregation at the first general meeting of each fiscal/calendar year.
- The Children's Spiritual Exploration and Learning Team and the Youth Team have been amalgamated to facilitate programming and the recruitment of volunteers.

MUSIC NOTES

PHIL HALLMAN



Happy October everyone.

Music is off to a fabulous start at the church, and we

have some great things planned for this month. The handbell choir will be presenting again on October 14th!

We also have a workshop planned with Dennis Donnelly on October 27th. This workshop will work on vocal technique and anyone can join. Email me at music@victoriaunitarian.ca for more information.

Choir Dates

October 14

Chalice Choir meets at 9:50 Handbell Choir meets at 10:00

October 28

Chalice Choir meets at 10:00

Covenant Question

A visitor comments that they think members do not practise what they preach, What do you reply?

Answer on page 8.



Fiesta Night

Friday, October 12th at 6pm

We will be serving tacos, chilli and much more! Vegetarian options will be available.

Fiesta Night is a multi generational event and an opportunity to meet new people or catch up with friends over a casual, fun, delicious meal.

Everyone is welcome!! Please join us!!

Dinner is by donation. Please bring a salad or dessert to share. To help with clean-up please <u>bring your own plate and dessert bowl</u>. A rinsing station will be provided.

Canada needs a National Energy Policy

Canada lacks an energy policy. Its current mantra seems to be: export diluted bitumen (dilbit) without refining as fast as you can and ever faster. This means building pipelines and exporting oil in large tankers past pristine and ecologically unique coasts. Inevitable spills would wreck systems which have survived for hundreds of years and which sustain life and well-being for our First Nations peoples. It also means expanding the rate of mining of the tar sands as rapidly as possible, and depleting it as a resource. This would add millions of tons of CO₂ to the atmosphere and destroy ever larger amounts of the boreal forest and the Athabasca River Basin.

There is an alternative. Despite recent discoveries of means to extract oil previously unavailable, the supply of oil in the world is not infinite. Where will Canada be in 50 years, when there is no more dilbit to export? Someone must ask, would it not be better to slow or stop the tar sands exploitation, or to refine what we mine at home to meet our needs now and in the future? Why is there no national commission asking what is the best energy scenario to guide Canada into the future, looking at where we will be 50 years from now?

The current policy of breakneck exploitation of the tar sands cannot continue indefinitely. The short-term profits of oil mining companies and the modest royalties and taxes produced must not preclude a careful and scientific evaluation of the best path to energy sustain- ability. That will require that oil be available until alternative sustainable energy sources are fully developed. Even then, small amounts of oil or a substitute will be needed. We must plan now.

SRC ACTION OF THE MONTH

LOUISE COLE

No Oil Tankers

Dogwood Initiative, a Victoria non-profit environmental agency, works at giving British Columbians ways to take decision-making powers over their land and water. Working with over 100,000 supporters, First Nations, businesses and communities, their No Tankers Campaign is focused on the fact that we should be making the decisions regarding pipelines and tanker traffic along the west coast.

Two major projects involving pipelines and tankers on our coast affect us in British Columbia. Kinder Morgan plans to triple the capacity of its pipeline connection from the Alberta tar sands to Burnaby, increasing the bitumen (crude oil) flow by over 500,000 barrels per day. A spill of bitumen already happened near Burnaby. A future spill would be more devastating.

Proposed twin pipelines of the Enbridge Northern Gateway Project would cross hundreds of fish-bearing streams, degrade one of the world's last temperate rainforests and introduce tanker traffic to BC's northern coast. Waters there have long been considered too unpredictable for safe passage.

Your Environmental Action Team has been writing about the risks to our environment as well as our economy given potential oil spills for some time. The federal government's Environmental Review Panel will be holding hearings in Victoria in January and February of 2013. Many UUs have signed up to speak at the hearings. The Kinder Morgan expansion is awaiting the review process.

Representatives of the Dogwood Initiative will deliver the SRC Moment at the October 7th service. They will be available at the SRC Shelf to provide us with information and an action we can take. For the month of October, our Share the Plate recipient will be the Dogwood Initiative. For further information see: www.dogwoodinitiative.org

October 22nd will see a mass sit-in at the Legislature opposing tar sands pipelines and tanker traffic. People from all over Canada are expected as well as prominent environmentalists. See: www.defendourcoast.ca

WHERE ARE THE MINISTERS?

SUELLEN GUENTHER

Where, oh where, have the ministers gone? Oh where, oh where can they be? -- Familiar song, paraphrased

Most of us know they are on parental leave following the birth of their son, Demetrius, in August. They'll be coming for a visit on Sunday, October 14, when Rev. Shana will be preaching, and we're pretty excited about seeing the whole family. Their leave ends December 3 and then they plan to be back with us as usual.

But what about the rest of the church year? In some churches, the minister is in the pulpit every Sunday except during their summer holiday. Unitarian churches are different. Depending on the contract between the church and the minister, Unitarian ministers usually preach three Sundays a month. This is true in our church, and our Worship Committee arranges all the other services. Historically, we have a strong tradition of lay leadership, so the service may be led by a guest speaker, by a member of our congregation, or by one of our church working groups, such as the Social Responsibility Committee. Sharing our expertise and our personal journeys can be a very powerful experience.

But what about the times when the ministers aren't even preaching three times a month? Where are they? They are probably preaching somewhere else that day. As the largest Unitarian church on Vancouver Island, our church supports the smaller congregations by encouraging our ministers to preach for them occasionally. They don't get around to all the congregations every year, but they schedule them in rotation. In the two years they have been here, Rev. Shana or Rev. Melora have preached for the Capital UU Congregation in Victoria, the Salt Spring and Comox Fellowships, and Rev. Shana preached the All-Island Service in Nanaimo last spring, supported by our choir. Preaching somewhere fulfills their contract, even if they aren't preaching here.

Are they always preaching somewhere three times a month? Occasionally, they are attending conferences, workshops, or classes, all part of their continuing professional development. The board and the ministers agree upon these opportunities as they arise. Did you know that our ministers do **not** get two months holidays? One month is vacation, to rest and rejuvenate, and the other month is study leave. We recognize that Unitarian ministers need time away from administrative and pastoral care responsibilities to concentrate on the kind of study that will enrich their ministry. They are living our mission, to strengthen their own spiritual growth in the same way that we are encouraged to strengthen our own.

What happens to the church when the ministers are away? We believe in shared ministry, and you have probably noticed there are many people doing a lot of different jobs to keep everything humming along. This is true whether the ministers are here or not. Our church is committed to professional ministry and we benefit greatly when a minister is present. When one isn't, we all do what we can to support our community and live our mission. If you sometimes feel overwhelmed by everything that needs doing, please consider these words by a minister's wife, Pam Kidd, "Underneath the awareness of all that's undone, I find deep happiness in doing what I can." It is my hope that each of us finds some happiness in the things **we** can do to strengthen our community, grow spiritually, and serve with dedication.

Suellen Guenther, Parental Leave Team



Healing Our World 2012

Fully Funded! Thank you!

This year we helped feed breakfast to 30 pupils from poverty-stricken families five school days a week for one school year at the Brown's Town Primary School in Jamaica; we supplied Rev. Al Tysick with the goods he needs to care for members of the street community afflicted with addictions or mental illness; and we helped the Yellow Wolf Powwow cover the cost of the Host Drum and Emcee which are essential to this celebration.

Covenant Groups

Covenant Groups will be starting up again in January and running through to June. They are one of the many examples of small group ministry in this church – ways to deepen our connections to one another and to ourselves. Groups of 8 – 10 people meet twice a month. Facilitation of the group is shared by two people, and topics are chosen from a suggested curriculum. Groups meet at different times and locations depending on the facilitators' and participants' availability.

A **Guide to Facilitating Covenant Groups** workshop for people interested in co-facilitating a Covenant Group will be held October 14 after church. Meet in the Fireside Room at 12:30pm. Child-minding will be available for parents who would like to attend.

Sign-up for those who would like to participate in the January to June Covenant Group sessions will take place in the Lion Hall on the following Sundays after church – October 21, October 28 and November 4. Completed sign up sheets can be returned to the SELA mailbox in the church office.

SOLUTION

Spiritual Exploration and Learning – Adult (SELA) team: Fran Pardee, Diana Smith, June Fukushima, Margot Lods, and Phyllis Aherne

Generosity Campaign

Welcome the return of Reverend Shana Lynngood when she preaches Sunday, October 14, and officially launches our annual generosity campaign.

This year we're aiming for the 5% solution. Take the 5% pledge by devoting at least

5% of your income to your church.

You decide how to measure your income—gross, net, disposable—it's up to you. If you already donate 5% or more of your income please consider a 5% increase.

We want to ensure financial stability for next year and beyond.

On Sunday, October 14, pick up your pledge packet. On Sunday, October 21, return your pledge, stay for a free lunch and join in hearing the returns.

On Monday, October 29, canvassers will start to contact those who have not yet pledged.

On Sunday, November 4, all pledges should be received so our church budget can be prepared.

Celebrate your generosity and join your community in building a better world.

Questions? Contact Lorna Anthony lranthony@shaw.ca or 250-592-4831 or John Hopewell Hopewell@telus.net or 250-721-3920.

We Care!

Care and Concern Committee for hospital and home visits, or just to talk...

Contacts
Daphne Dunbar at 250-381-7648
Val Roberts at 250-477-7192

Answer to Covenant Question on page 5

While we admit to falling short, we are committed to making amends and showing generosity of spirit to the needs and contributions of others. Each of us is free to make choices regarding our personal journey.

Board Members on Duty for October



October 7 Anna Isaacs
October 14 Mike Graham
October 21 Lynn Hunter
October 28 Forrest Smith

Circle Dinners

Circle dinners are a great way to get to know each other in an informal setting.

Do you have to be a member to participate? No, some of us are, some of us aren't. Friends and guests are most welcome.

Do you have to be a gourmet cook? No, some of us are, some of us aren't. Be a host and plan the menu, each guest contributes to the meal.

Do you have to be a wine connoisseur? No, some of us are, some of us aren't. Some of us drink alcohol and some of us don't, we usually have wine, we always have cold drinks, coffee and tea.

Do you have to be a brilliant conversationalist? No, some of us are, some of us aren't. Someone will always keep the conversation flowing.

Do you have to have a spacious home, fine china, solid silver and glasses that match? No, some of us do, some of us don't. Plastic plates and jelly glasses are just fine!

Do you have to help create an atmosphere where people can learn more about each other? YES, the whole idea of circle dinners is to get to know people better. Everyone has a story and we want to hear yours.

If you would like to join us, call or email me, our dinners are held on the last Friday of the month.

Elaine Hanson, 1-250-743-9644 or elainehanson@shaw.ca

Are You New to Our Church? Welcome!!

If you have recently started attending worship and/or events at the First Unitarian Church of Victoria, welcome!! We are so glad you are here! If you would like to know more about our church and our faith tradition, you are invited to attend either or both of these events:

Orientation

Date: Sunday, October 14, 12 noon – 1:00pm

Location: Library

Whether you just walked in the door or have been coming several months, the orientation will give you basic information about our congregation and ways to make connections in our church community.

Light refreshments and child-minding will be provided.

Considering Membership

Date: Tuesday, November 6, 7:00pm – 9:00pm

Location: 1651 Barksdale Drive. Call Helen at (250) 477-2189 for directions.

A gathering designed to give you the information you need in order to determine whether you would like to officially become a member of our church. Whether you join right away, not yet, or not at all, the evening promises to be informative and enjoyable, as we will be talking about things that matter in a small group setting with warm and interesting people.

Child-minding can be provided upon request.

To sign up or if you have questions, please contact Suellen Guenther at 250-727-0454 or by email at sguenther@shaw.ca. We are so glad you have found us and we are looking forward to getting to know you.

AROUND THE NEIGHBOURHOOD

SUELLEN GUENTHER

Cadboro Bay is working with the Gordon Head NG to cook and bake for the Souper Lunch on September 30th.

Esquimalt: Betty Sherwood writes, "On a sunny evening on August 24 we met for a potluck dinner at Gloria and John Hopewell's. After a lovely dinner, the 18 of us sang Happy Birthday to Emma Lentz and Lillie thanked us for providing the refreshments for their wedding. Cards were signed to thank Nancy Huber and Senga Stirling for being our Care and Concern reps. Barbara Boyle is our new rep and Betty Sherwood will be her backup. We reviewed our Care and Concern buddy system and find that we are happy with it."

This NG really supported Senga Stirling with transportation to appointments, shopping, meals, and visits, exemplifying some of the best aspects of a caring church community. Senga died in mid-September and will be greatly missed by her many friends. The NG will now support the family once more when they help organize the reception for Senga's memorial service.

Fairfield: This is the NG that kept up a steady supply of baking for the social hour after the well-attended September services.

Far Out: Barbara Nyland is looking ahead to November 11th, when their NG will be hosting a Souper Lunch.

Gordon Head: Mary Cramer writes, "Gordon Head NG had a potluck at Mary Cramer and Pat Conroy's home on August 26th. With only six days notice, we had 22 people attending! It was crowded, but all went well. And the five folks eating on the deck got only a little wet when it sprinkled briefly!"

With Cadboro Bay's help, Gordon Head has their aprons on and their stoves fired up for the Souper Lunch on September 30th. Grand Central: After their summer gathering in July, convenor Linda Nicholson-Brown has her sights on a fall event and has issued an invitation to the NG to have a potluck at her place on Saturday, October 6th, at 5:00pm. This group will be busy this month because they will be our October bakers for coffee time.

Nearby: Jean Simpson reports that their NG is gathering for a picnic on September 22 at Heritage Acres. It will go forward, rain or shine, but with our incredible last burst of summer weather in September, chances are they will have had a dry day. It is wonderful to see the NGs experimenting with a variety of gatherings and events.

Oak Bay: Karla Thomson reports that their group had an outdoor BBQ at Kristina Steven's with 16 attending. Kristina cooked chicken for everyone on her new barbecue which she says is way easier to use than her old one. Although the weather in Oak Bay can be chilly in the summer, they started at 4:00pm. and were able to enjoy this outdoor event into the early evening. They are now making plans for two more fall NG gatherings.

Royal Oak East: Convenors Hanny Pannekoek and Hugo Sutmoller will be coming back from their trip to Newfoundland just in time for their next NG potluck on October 23rd.

Royal Oak West: Fran Hancock organized the potluck for this group on September 15th, and then a change of plans took her to Florida to see family, so she had to miss it. Remarkably, Peter hosted the event anyway, and about 15 people, including two children, gathered at Fran and Peter's. The people who came included a mother visiting from Eugene, and one of our members who hasn't attended church for quite some time.

AROUND THE NEIGHBOURHOOD cont'd.)

Western: Elaine Hanson writes, "Our group met for our monthly potluck at the home of John and Susan on Saturday, August 25. Once again our group was small; there were six of us in total; the food was nutritious, colourful, and extra specially delicious!! David played several selections of beautiful music on his concert accordion—all in all, a very enjoyable evening. The September gathering will be at our place in Cobble Hill on Saturday, the 22nd at 4pm.

"The highlight of the month, August 18th. was the 50th wedding anniversary of Emily and Stu Whitney. This is the first time many of us have witnessed a ceremony of 'wedding vows renewal'. I don't know how to describe it except to say it was 'just so cool'. Actually it was warm and meaningful and the entertainment by their daughter was the 'icing on the cake' —as was the reception at the home of their son." Our congratulations to Stu and Emily on reaching this milestone!

CHILD HAVEN BANQUET Safron and Singing Bowls II

Come and enjoy this gala event hosted again by radio and TV host Vicki Gabereau, and featuring a sit-down gourmet vegetarian meal prepared by the Union Club's Head Chef.

Music by Victoria Symphony's first violinist Terence Tam and his concert pianist wife, Lorraine.

There will also be an Indian market and illustrated talk by Fred Cappuccino.

No-host bar.

Monday, October 29, at 6:00pm (dinner at 7:00pm) in the classy Union Club, 805 Gordon Street (near the Fairmont Empress).

Purchase tickets for \$60 each from Christine Johnston (250-385-5444) or Sandra Jordan (250-654-0672).

Child Haven, founded in 1985, runs nine homes for over 1.250 destitute children and women in India, Nepal, Tibet, and Bangladesh, providing housing, education and training. Child Haven was named one of the Globe and Mail's "Top 5 Canadian Charities".



Out of the Rain Youth Shelter

As the weather begins to cool it is time for us to ready our meal-making program for the Out of the Rain Youth Shelter. This year we will be making meals for *every* Sunday from October 21st until April 14th. Providing a hot, protein-rich main course, buns, fruit and cookies for 30 homeless youth. In addition we will also be providing cookies, buns and fruit to augment the Monday meals.

Ways to help:

- The first cooking bee will be held October 27th from 9am to 2pm at the church. Please RSVP Lisa at greenlygrove2@gmail.com.
- We will need lots and lots of cookies Last year we took all the different varieties of cookies people made or bought and did an assortment in ice cream buckets. The kids loved the variety and the 'cookie buckets' became very popular!
- We need ice cream buckets! Lots and lots of them!

If you would like more information about this project, please contact Lisa and Mike Greenly.

Thank you for your support!

Resources for Congregation During Ministers' Parental Leave

~Post this list on your fridge or by your phone~

Our ministers, Revs. Shana and Melora Lynngood, are taking 16 weeks of parental leave (August 14 – December 3). They will return to their regular full-time co-ministry (1/2 time each) on Tuesday, December 4th, 2012. While the ministers are away, the congregation will have both ongoing resources and special supplemental resources to support our continuing shared ministry.

While our ministers are away, and every day, let us take care of one another, and, as our mission says, "strive to transform ourselves and our world through compassionate action".

| Oversight | | | |
|-------------------|--------------------------|--|--|
| Committee on | Stays attuned to | Don Armstrong, co-chair | |
| Ministry, | congregational health; | 250-220-2240 armstrongdon@shaw.ca | |
| ongoing function | supports the optimum | Dave Andersen, co-chair | |
| | functioning of the | 250-479-1499 david.andersen@nrc-cnrc.gc.ca | |
| | professional ministry | Martha McDougall 250-744-1541 | |
| Parental Leave | Answers and refers to | Martha.McDougall@broadmeadcare.com | |
| Team | the proper resource | Earle Anthony 250-592-4831 | |
| (Committee on | queries about issues or | earleanthony@shaw.ca | |
| Ministry plus | concerns you would | Joyce Murphy 250-598-1506 joymur@shaw.ca | |
| former president) | normally take to a | Sonya Ignatieff 250-380-4015 | |
| July 2 – Dec. 3 | minister (i.e., When you | sonyaignatieff@shaw.ca | |
| | don't know who to call, | Parental Leave Team includes Former President: | |
| | call these folks, and | Suellen Guenther 250-727-0454 | |
| | they will help.) | sguenther@shaw.ca | |

| Worship | | | |
|--------------------|--|--|--------------------|
| Worship Committee, | | Coordinates lay led services and guest | Chair, Pat Kinrade |
| Ongoing function | n | preacher services | 250-361-4336 |
| | | | pkinrade@shaw.ca |
| Guest Minister | 5 | Preach the Sundays our ministers would | |
| | | normally preach | |
| October 7 | Rev. I | Nan Geer, former minister of UU congregation | on in Blaine, WA |
| October 14 | Rev. Shana, special re-appearance to preach canvass Sunday! | | ıvass Sunday! |
| October 21 | Rev. Stephen Atkinson, minister at North Shore Unitarian Church | | |
| October 28 | Rev. Fred Cappuccino, minister serving Child Haven International | | |
| November 4 | Debra Thorne, minister serving Beacon Unitarian Church | | |
| November 11 | Lay led Service of Remembrance | | |
| November 18 | Rev. Antonia Won, Canadian Unitarian Council, Congregational Development | | |
| | for Western Canada | | |
| November 25 | Wanda Morris, Executive Director of Dying with Dignity | | |
| December 2 | ecember 2 UN Sunday | | |

Resources for Congregation During Ministers' Parental Leave — cont'd.

| Pastoral Care, Practical | | | |
|---|--|--|--|
| Care and Concern ongoing function | Organized through Neighbourhood Groups; provides practical support with a caring spirit (casseroles, cards, visits). Each Neighbourhood Group has a Care & Concern contact person and a Care & Concern Liaison | Daphne Dunbar, Chair 250-381-7648 d.dunbar@shaw.ca | |
| Neighbourhood Group | Care and Concern Contact | Care & Concern Liaison | |
| Farout Nearby | Sandra Jordan 250 654 0672 Pam Harte 250-656-4893 Rosemary Harrison 250-652-3629 Sylvia McDonald 250-652-1255 | Pam Harte 250-656-4893 plharte@islandnet.com | |
| Royal Oak West | Dolores Appleton 250-658-0855 Donna Greenberg 250-727-6793 | | |
| Gordon Head Cadboro Bay Royal Oak East | Mary Cramer 250-477-1615 Valerie (Tibbles) Roberts 250-477-7192 Elaine Dakin 250-744-1357 | Ross Beauchamp 778-433-2829 beau77w@yahoo.com | |
| Grand Central Oak Bay Fairfield | open Karla Thomson 250-598-4485 Pauline Kenneally 250-388-6865 | Suzanne <u>Dearman</u> 250-592-4835 | |
| Western Esquimalt James Bay | Emily Whitney 250-642-5546 Barbara Boyle 250-381-0264 Nanw Cariad 250-383-0908 | Barbara Boyle 250-381-0264 barbara.boyle@shaw.ca | |

| Pastoral Care, Emotional Support | | | |
|----------------------------------|---|--|--|
| Pastoral Care Crisis Team | An empathetic presence to accompany people through crisis; | | |
| July 2 – Dec. 3 | emotional support rather than practical support. | | |
| | Choose any of the following, or call a co-leader and she will | | |
| | connect you with an available team member. | | |
| Clare Vipond, co-leader | (250) 652-5491 <u>donandclare@shaw.ca</u> | | |
| Pam Harte, co-leader | (250) 656-4893 plharte@islandnet.com | | |
| Laura Doyle | (778) 426-0300 <u>lauradoyle@shaw.ca</u> | | |
| Don Vipond | (250) 652-5491 <u>donandclare@shaw.ca</u> | | |
| Tracy Taylor | (250) 380-6824 tracyschultz@yahoo.com | | |
| Andy Lee | (250) 479-0960 <u>andrew.lee@firley.ca</u> | | |
| Don Armstrong | (250) 220-2240 <u>armstrongdon@shaw.ca</u> | | |
| Jan Thomson | (250) 480-1462 <u>aurora2u@telus.net</u> | | |

| Dispute Management | | | |
|-------------------------------|---|--------------------------------|--|
| Dispute Management | This resource is available to anyone and/or group experiencing an impasse in their relationships due to | Cameron Egyeda 250-382-9896 | |
| Resource, ongoing function | Resource, strong differences of opinion in working on Church | | |

Resources for CongregationDuring Ministers' Parental Leave — cont'd.

| Staff Supervision | | |
|-----------------------|--|---------------------|
| Human Resources | Supervises Senior Staff: Office Administrator, | Margaret McKelvie |
| Chair, filling in for | Director of Spiritual Exploration and Learning | 250-380-3987 |
| ministers Sept. 3 - | for Children and Youth, and Music Director | MMcKelvie@Richmond- |
| Dec. 3 | | Systems.com |

| Rites of Passage | | | |
|---------------------------|------------------------------|-----------------------------------|--|
| Lay Chaplains, | Rites of passage for | Joyce Murphy, | |
| ongoing function | Non-Members/ Friends (fee) | Liz Graham, | |
| Lay Chaplains | Rites of passage for | Fran Pardee | |
| filling in for Ministers, | Members and Friends (no fee; | laychaplains@victoriaunitarian.ca | |
| July 2 – Dec. 3, 2012 | church pays chaplain) | | |

Do you belong to a visible minority? Now is the time to stand up and be counted

The Canadian Unitarian Council Diversity Team, led by Rev. Dr. Mark Morrison-Reed (past CUC president and Unitarian historian) and Vyda Ng (new CUC executive director), invite members and friends of all cultural backgrounds to complete a key CUC survey on ethnic diversity within our congregations. The Team explains: "This survey will be used by the CUC Diversity Team to gather information about our movement and the visible minorities, and those who have adopted cross-racially, who attend the congregations of the CUC. This is an adventure of sorts because we know little about the cultural composition of our congregations. Your information will be held in confidence. The information received will only be published in aggregate and any quotations will be excerpted in a way that does not identify an individual. Once the information has been gathered, the CUC will post a brief summary of the survey on our website at cuc.ca."

This is a historic opportunity for the First Unitarian Church of Victoria to give the CUC Diversity Team their input. Please spread the word to others who may wish to respond.

The two-paged survey will be available **until October 12** and can be found online at: http://www.surveymonkey.com/s/CUCdiversity. Printed copies can also be obtained by calling the CUC office at 416-489-4121 or 1-888- 568-5723 (toll-free).

"We hope that the information we gather will tell us more about visible minorities in our community: historically, geographically, and about their experiences and concerns. A summary of the results will be made available, and used to begin a new conversation about cultural and racial diversity in the Canadian Unitarian Council. We look forward to hearing from you."

For more details, see the article on page 21 of the Canadian Unitarian summer newsletter: http://cuc.ca/the-canadian-unitarian-summer-2012/

Contact Changes



New Email

Dorothy Jones dot.jones@shaw.ca

New Address

Bob and Sheila Shone 1367 Cottonwood Crescent North Vancouver, BC V7P 1L2 (New phone number not yet available; email address unchanged).

First Unitarian Church of Victoria

5575 West Saanich Road • Victoria BC • V9E 2G1

Phone: 250-744-2665

churchoffice@victoriaunitarian.ca • www.victoriaunitarian.ca

Office hours: Monday - Thursday 9:30am - 4:30pm • Sunday 9:00am-1:00pm

Co-Ministers

Minister Emerita

Reverend Melora Lynngood

Reverend Shana Lynngood

Reverend Jane Bramadat

250-652-1272

Away on parental leave until December 4th*

Lay Chaplains

Fran Pardee 778-440-3098 Joyce Murphy 250-598-1506 Liz Graham 250-384-4351 laychaplains@victoriaunitarian.ca

Director of Spiritual Exploration and Learning for Children and Youth

Faye Mogensen 250-744-2695 FayeM@victoriaunitarian.ca

Director of Music

Phil Hallman music@victoriaunitarian.ca

Church Administrator

Karen Uldall-Ekman churchoffice@victoriaunitarian.ca

| Doard of Trustees | | | |
|---|---|--|--|
| Officers | | | |
| President Vice-President Treasurer Secretary | Mike Graham Thane Waldie Bob Dobbs Jennifer Young | 250-384-4351 250-658-4258 250-652-5438 250-370-5106 | |
| Council Representatives | <u> </u> | | |
| Administration Congregational Life Outreach Property Management Spiritual Development | Lynn Hunter Anna Isaacs Laura Doyle Allan Dakin Forrest Smith | 250-220-2240 250-472-0117 250-595-6383 250-744-1357 250-595-2538 | |

*We have a robust system set up to support the congregation during this time. If you have a matter you would ordinarily take to a minister, contact the Committee on Ministry (Co-chairs, Don Armstrong 250-220-2240 armstrong-don@shaw.ca and Dave Andersen 250-479-1499 david.andersen@nrc-cnrc.gc.ca). If they can't address the issue themselves, they will connect you with someone who can.

Birthdays

- 3 Forrest Smith, Winnifred Bocking
- 6 Mike Thorne
- 8 Karen Furnes
- 10 Iim Newton
- 11 Mariko Matsumoto and Doreen Wood
- 12 Margaret McKelvie
- 13 Mary Canty, Barry Wiebe, Scott Branch
- 14 Doreen Burgess
- 15 Menno Tromp

- 19 Bonnie Halvorson
- 20 Lorna Shaw
- 22 Sharon Boldt
- 25 Virginia Daniel
- 26 Fran Hancock
- 27 Allen Milne, Don Armstrong
- 28 Susan Lean
- 30 Diane Berry, Kent Haden, Helga Jacobson
- 31 Ruth Ellen Pozer-Telford



| | | Events Calendar | |
|--------|--------------------|-----------------------------------|--------------------------------|
| Date | Time | Event | Location |
| 10/1 | 1:00am to 10:00pm | Photo Directory sessions | Lion Hall |
| 10/2 | 1:00am to 10:00pm | Photo Directory sessions | Lion Hall |
| | 9:30am to 12:00pm | Learning Circle | Library |
| 10/3 | 1:00am to 10:00pm | Photo Directory sessions | Lion Hall |
| 10/4 | 1:00am to 10:00pm | Photo Directory sessions | Lion Hall |
| , | 7:00pm to 9:30pm | Choir Practice | Sanctuary |
| 10/5 | 1:00am to 10:00pm | Photo Directory sessions | Lion Hall |
| | 1:30pm to 3:30pm | Jammers | Sanctuary |
| | 7:15pm to 9:30pm | Mindful Yarning | Offsite location |
| 10/6 | 12:45pm to 2:30pm | Meditation | Sunflower Room |
| , | 5:00pm to 7:00pm | Grand Central Neighbourhood Group | Offsite location |
| 10/7 | 10:30am to 11:30am | Sunday Service | |
| 10/8 | THANKSGIVING DA | | |
| , | 7:00pm to 9:00pm | Awakening Joy Support Group | Lion Hall |
| 10/9 | 1:30pm to 4:00pm | Food Prep/Sandy Merriman House | Kitchen Sanctuary |
| , | 6:45pm to 9:15pm | Social Responsibility Committee | Lion Hall |
| 10/10 | 10:00am to 11:00am | Library Team meeting | Library |
| 10/11 | 7:00pm to 9:30pm | Choir Practice | Sanctuary |
| 10/12 | 6:00pm to 9:00pm | Fiesta Night | Sanctuary |
| 10/13 | 12:45pm to 2:30pm | Meditation | Sunflower Room |
| 10/14 | 10:30am to 11:30am | Sunday Service: Canvass Kick-Off | |
| , | 12:00pm to 1:00pm | Orientation | Library |
| | 12:15pm to 3.00pm | SELA Training Firesic | le Room, then Lion Hall at 1pm |
| 10/15 | 7:00pm to 9:00pm | Awakening Joy Support Group | Lion Hall |
| 10/16 | 9:30am to 12:00pm | Learning Circle | Library |
| | 12:30pm to 2:00pm | Committee on Ministry meeting | Library |
| 10/17 | 1:00pm to 3:00pm | Care & Concern meeting | Library |
| | 6:00pm to 9:30pm | Church Board Meeting | Lion Hall |
| 10/18 | 7:00pm to 9:30pm | Choir Practice | Sanctuary |
| 10/19 | 1:30pm to 2:30pm | Memorial service | Sanctuary |
| | 7:15pm to 9:30pm | Mindful Yarning | Offsite location |
| 10/20 | 12:45pm to 2:30pm | Meditation | Sunflower Room |
| 10/21 | 10:30am to 11:30am | Sunday Service | |
| | 11:30am to 2:00pm | Canvass Lunch | |
| | 12:30pm to 2:00pm | Care & Concern meeting | Fireside Room |
| 10/22 | | | |
| 10/23 | | | |
| 10/24 | | | |
| 10/25 | 7:00pm to 9:30pm | Choir Practice | Sanctuary |
| 10/26 | | | |
| 10/27 | 8:00am to 2:00pm | Out of the Rain Cooking Bee | Lion Hall & kitchen |
| | 9:00am to 4:00pm | Vocal Workshop | Sanctuary & kitchen |
| 40.75= | 12:45pm to 2:30pm | Meditation | Sunflower Room |
| 10/28 | 10:30am to 11:30pm | Sunday Service | T. T. II |
| 40/20 | 9:00am to 1:00pm | Child Haven Sale | Lion Hall |
| 10/29 | 0.00 | | T. 11 |
| 10/30 | 9:30am to 12:00pm | Learning Circle | Library |
| 10/31 | HALLOWEEN | | |

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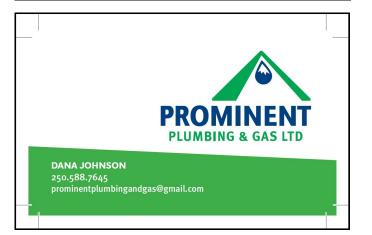


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For those without e-mail, copy may be left at the church office. All copy is subject to editing.

Information for the calendar can be sent to calendar@victoriaunitarian.ca or left at the church office.

Feedback is welcomed.

Staff

Bob Dobbs and Barb Nyland (editors); Doreen Burgess and Myra Rippon (proof-readers); and Karen Uldall-Ekman (production, distribution and paid advertisements).

