

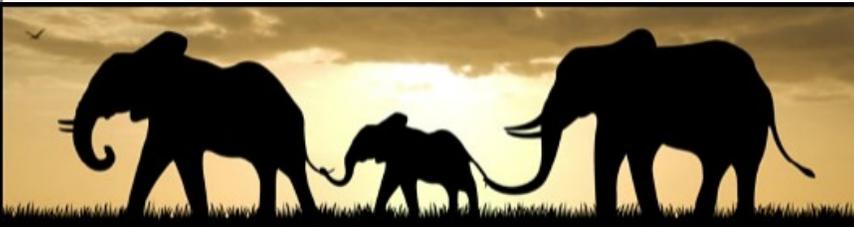


The Victoria Unitarian

FIRST UNITARIAN CHURCH OF VICTORIA
Growing in Spirit, Living with Compassion, Inspired to Serve

SERVICES IN SEPTEMBER

Worship Service and Children's Spiritual Exploration at 10:30am. Child-minding available 10am - noon.



September's
Theme

Kinship:
**The Practice of Living A Life of
Relatedness**

September 6 **Songs, Hymns and Wisdom**
Liz Graham

Liz will orchestrate our annual trip thru "Singing the Living Tradition" (our grey hymnal). Based on suggestions from members of our congregation, she will share special favourites for us to sing and read together. Come and explore the richness of our Unitarian Heritage in song and verse.

September 13 **Homecoming Sunday—Kin-dom Come**
Rev. Shana Lynngood

We kick off a new program year at the church with the theme of kinship. What would our world look like if we had a sense that every person (in fact every living thing) was kin? What would a largest possible sense of relatedness change about how we relate to one another and the Earth?



September 20 **Ties that Bind**
Rev. Melora Lynngood

How far do we have to go to care for our kin? Many among us know the often difficult journey of the caretaker, whether one has been the primary caretaker of a child, a parent, a spouse, or some other relative. Perhaps you know how hard it can be to provide your loved one with the excellent care you wish to give them while still maintaining your own health and sanity. Lean too much to one side and you're exhausted. Lean too much to the other and you feel guilty. How does one walk this line with grace? In what ways might such a journey present us with spiritual challenges and/or lead to spiritual growth?

Note: This topic was selected by the winner of the "sermon on a topic of your choice" offered in last Spring's Services Auction.

September 27 **Generosity Sunday—Why It Matters That We're Here**
Rev. Shana Lynngood

The theme for our annual pledge drive this year reminds us that if our congregation didn't exist, so much would be lost. How does this community impact those of us who participate? How does its reach stretch beyond its walls? How might we dream and envision what more we could be?



INSIDE THIS ISSUE...

SElections on Kinship	2
Themes for the New Church Year.....	3
“Soul Matters” Theme Groups.....	5
Examination of Large Trees.....	7
Path to Membership.....	8
Around the Neighbourhood	10
Artist of the Month.....	12

The Grapevine.....	14
Event Highlights.....	20
Spirited Jazz	22

The deadline for submissions to the
October issue of the newsletter is **September 15.**

SELECTIONS ON KINSHIP

FAYE MOGENSEN

“Empathy is the bloodline of kinship” say the thinkers at karmatube.org, a website dedicated “to bringing inspirational stories to light... to multiply acts of kindness, beauty, and generosity.” You and your family might find inspiration by watching a few of the wonderful films in their on-line collection this month of focus on kinship.

On reflection, I shouldn’t be surprised about the connection between kinship and empathy: kin and kind are almost identical words. Could it be that we are only truly acting like kin when we are being kind? Admittedly, there are some complications - like the jealousy, hurt, anger and other emotions that can cloud our relationships. But perhaps by focussing on kin as kind, we’ll remember to take the time for self-care and/or spiritual practice that help us let go of those emotions, and enable us to add that all important ‘d’ to kinship.

Kinship isn’t limited to families – many of us have families of choice as well as families of birth. The church is just one place to build these kinds of kindred kinship relations. In the children and youth program this year, we aim to encourage some big sister and brother role modelling for the younger children during our monthly Chapel Circle, where we’ll sing, share and create together. The chapels begin Oct. 4 and will generally take place on the first Sunday of the month with a focus on our monthly theme.

In this month of kinship, the children and youth groups recommence on Sept. 13, each with their own water communion. *Please remind your child to bring along a small container of water from one of their summer adventures. It’s an opportunity to share stories of summer and to get to know one another better. The following week, Sept. 20, we’ll launch into regular programming. We have some great curricula in store (see boxed text below). Adults who wish to explore spirituality with the children of the church by helping out in the program are most welcome – please contact me at fayem@victoriaunitarian.ca.*

I look forward to seeing each and every one of you!

Warmly, Faye

Director of Spiritual Exploration and Learning for Children and Youth • 250-744-2695 • fayem@victoriaunitarian.ca

Adventurers (K–Gr. 1): The award winning K/1 *Our Whole Lives (OWL) Sexuality Education Program*, followed by *Love Surrounds Us - emphasizing equality while exploring our 7 Principles*.

Seekers (Gr. 2-3): *Moral Tales - filled with the kinds of stories and activities that your children love – and that will help them consider what it means to be just and good.*

Questors (Gr. 4–6): *Toolbox of Faith where we use tools to spark conversation about the tools of our faith. In the spring we’ll be offering the Gr. 4-6 *Our Whole Lives (OWL) Sexuality Education Program*.*

Junior Youth (Gr. 7-8): We’ll be surveying families to determine best dates to offer some of the wonderfully interactive and engaging material from *Building Bridges*.

yU*Uth (Gr. 9–12): Leaders will support youth in finding ways to meet their own spiritual and religious needs as they consider the church theme of the month.

For more details, please check the website at <http://victoriaunitarian.ca/children-youth/curriculum/> or pick up a brochure in the office.

It is a new ‘church year,’ and we have a new set of themes for us to explore as a congregation! You’ll recall that our mission calls us to “transform ourselves and our world through compassionate action.” With that in mind, your Director of Spiritual Exploration and Learning for Children and Youth (SEL-CY) and your ministers, with input from previous Soul Matters participants and Worship Associates, and with consideration to the Social Responsibility Coalition’s calendar of projects, put this together to guide our spiritual explorations throughout the year:

Practices to Transform Ourselves and Our World Themes for 2015-2016	
September	Kinship: the practice of living a life of relatedness
October	Listening: the practice of opening oneself to the experience of others
November	Integrity: the practice of living authentically
December	Hope: the practice of leaning into the light
January	Stillness: the practice of dwelling in open moments
February	Reconciliation: the practice of healing broken relationship
March	Resilience: the practice of tapping into your inner strength
April	Imagination: the practice of playing with possibilities
May	Tradition: the practice of connecting with your roots
June	Identity: the practice of understanding the many facets of your being

We begin with...



Pick a Question to Ponder

Read these over and choose one question (or see which question chooses you). Live with that question for a while and see where it takes you. Journal about it, draw or doodle, talk to friends about it, journal some more; actively wrestle with the question, let the process of pondering take you somewhere deeper than you were before.

- 1. Who is your most surprising kin?** Who is now in your circle of intimacy and interdependence that would have seemed unimaginable 10 years ago? How has this changed your understanding of kin? Is the distinction between a family of choice and a family of blood relevant to you?
- 2. What’s keeping you from your kin?** What spiritual hurdle (secrets, jealousy, unresolved conflict, addiction, different choices, favoritism, not fitting in, etc) is getting in the way of you having the relationship you want with your immediate family? What small steps could be taken to improve that relationship? Is it worth the effort?
- 3. Are there kinships you need to let go of?** Not all kinships nourish. Is letting go or walking away from kin part of your current spiritual journey? How do you know when that is the right decision for you?

- 4. Is kinship central to your spiritual practice?** How is your spiritual life/practice about extending your circle of kinship? How would making it a core practice alter your understanding of the spiritual life?
- 5. Do you ever struggle with the call to extend your circle of kinship?** UUs talk of interdependence with all. That's easier to do intellectually than emotionally. Does "all of humanity" really feel like kin to you? Do animals? Do the generations that have come before or yet to come? Are you okay with that? Why or why not?
- 6. Have the responsibilities of kinship ever been too much for you?** Rabbi Laurence Kushner writes, "If everything is connected to everything else, then everyone is ultimately responsible for everything." Eugene V. Debs wrote, "While there is a lower class, I am in it; while there is a criminal element, I am of it; while there is a soul in prison, I am not free." What do you make of these challenging visions? Do they ask too much?
- 7. Has kinship ever saved you?** Who offered you kinship at an unexpected moment? And how did that "save" or "transform" you? How has that altered or enriched your life?
- 8. Do you want a different role in your kinship circle?** Do you feel constrained or misunderstood in your family, friend or spiritual circles?
- 9. What role does place play in creating kin?** Where have your deepest kinships been formed? In the midst of family events? At church? In university? At work? While serving or working for justice along side others? During service in the armed forces or in the Peace Corps? Do you need to pay more attention to the role of place and context in your work of kinship?

Spiritual Exercise: Wake Up To Wider Kinship

In addition to choosing a question to ponder, Soul Matters Group participants also choose a spiritual exercise to practise each month. Here is an example of one of the options. Feel free to try it!

This spiritual exercise is reflective and invites us to engage empathy as a spiritual path to kinship. Here is one way to engage the material, but feel free to find your own way:

- 1. Set aside an hour to meditate on the video noted below.**
- 2. Savor it. Watch the video 2-3 times, spending enough time with it to let it "speak to you."**
- 3. Ask yourself, "What is the challenge in this for me?" and "What is this piece inviting me to understand better or do more of?"**
- 4. Make a commitment. Based on your engagement with the piece, identify one action or change of behavior you want to make. (For some inspiration, see the right hand column on the karmatube site called "Be The Change/Recent Pledges.")**
- 5. Share your experience with someone in our congregation or in your kinship circle.**

Short Film: A Lesson in Empathy (Empathy as the Blood of Kinship)

Our lives intersect with others all day, everyday. Sometimes we know these other lives well; frequently, though, the points of connection are brief and transient. Who are these people? How might they tell their own stories? What thoughts preoccupy their minds? What joys and troubles are coursing through their feelings? This short film, produced by the Cleveland Clinic, reminds us that empathy is our tool for beginning to know these things. It asks the question: If we could catch a glimpse of others' stories, would we treat them differently? <http://www.karmatube.org/videos.php?id=3918>.

Credit for many of these questions, this spiritual exercise, and other materials with which we explore each month's theme goes to the Soul Matters Program designed by Rev. Scott Taylor.

Make Meaningful Connections Talking About Things That Matter!

“Soul Matters” Theme Groups

This October, we are launching three new “Soul Matters” theme groups. Each group of eight to ten people will meet once a month to explore that month’s theme in-depth. Group members will be given thought provoking resources and intriguing practices to try out in advance of each monthly meeting. Groups will meet from October through June, making a total of nine sessions.

Each group is run by a team of two lay people who serve as co-facilitators. The facilitators all meet monthly with Rev. Melora.

As you can see from the schedule below, there is *still room in the Tuesday afternoon group*. We are creating a waiting list for the other two. In addition, we will try to launch one more group in January.

“Soul Matters” Groups Once A Month Theme Exploration in Small Groups October 2015 – June 2016				
Openings	Day of Month	Time	Location	Facilitators
Waiting List	4 th Sunday,* starting Oct. 25 * except December meeting will be Dec. 20	12:30-2:30 pm	Church Library Child-minding available	Katherine Maas & Sharon Boldt
Open	4 th Tuesday, starting Oct. 27	1:00-3:00 pm	Judy’s home in Gordon Head, 1692 Carnegie Crescent, Bus accessible. Possible to occasionally meet at Maureen’s home in Esquimalt, depending on desire of participants.	Judy Gaylord & Maureen Sherlock
Waiting List	4 th Tuesday,* starting Oct. 27 * except December meeting will be Dec. 15	6:30-8:30 pm	Fran’s home, 3018 Washington, Bus accessible.	Fran Pardee & Reese Willis

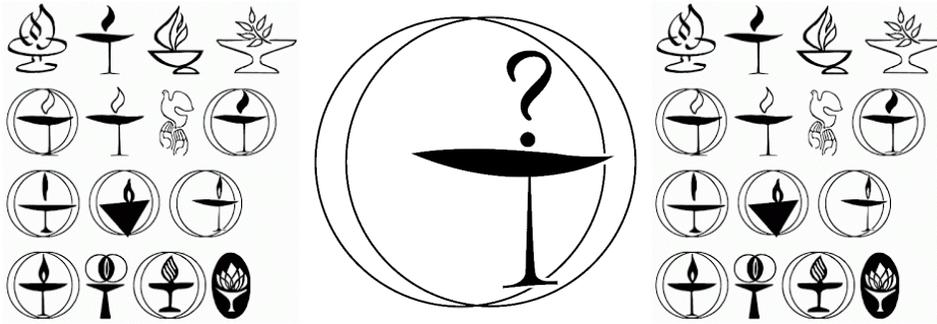
Sign up (for a group or on a waiting list) by contacting Rev. Melora rev.melora@gmail.com or phone/text (250)891-6330.

NOTABLE UUS

CHRISTINE JOHNSTON

James Reeb (1927–1965) was an American UU minister and civil rights activist in Washington D.C. and Boston, Mass. He started his career as a traditionalist Presbyterian minister but was drawn to the UU because of its emphasis on social action. He became active in the civil rights movement during the 1960s. With his wife and four children, he lived in poor black neighborhoods where he felt he could do the most good. While participating in the voting rights movement in Selma, Alabama, in 1965, he was murdered by white segregationists. He died of head injuries in the hospital two days after being severely beaten but his murderers escaped punishment. His death resulted in a national outcry against the activities of white racists in the Deep South and tens of thousands held vigils in his honor.





The I.D. Team: Who Are We?

We are here to guide our congregation as we explore together possible ways to convey our identity to the larger world – in our name, in images, in words.

Our Goals

- Maybe a New Name (see 2 sermons.. links <http://victoriaunitarian.ca/who-do-you-say-we-are/> and <http://victoriaunitarian.ca/are-we-unitarian-universalist/>)
- Maybe a New Logo
- Definitely a better sense of who we are as a congregation and why being a part of this particular congregation matters to each of us

Monthly Question

Every month we'll pose a question to get us thinking and talking. Discuss it with one another at coffee hour. Find out what others think. Let us know what you think.

This month, inspired by September's theme of "Kinship," we ask you to consider:

What name(s) or image(s) would let people know that we in this congregation draw our circle of kinship wide? What images or words speak of our inclusivity? What images or words might be most welcoming to seekers?

I.D. Think Tank and Creation Station, April 3, 2016

On Sunday, April 3, 2016, in the month of "Imagination: the practice of playing with possibilities", we'll invite the whole congregation to a fun interactive gathering in which we brainstorm and play with possible images and words, that might convey our congregation's identity to others.

Focus Groups, April and May 2016

The Brainstorm Gathering will be followed by a series of focus groups in which we discuss and consider our options for possible names and/or logos.

Join the I.D. Team?

If guiding the congregation through this process interests you, consider joining our team. We're in the directory. Contact any one of us.

We are: Isabelle Grenon, Susan Bowers, Lorna Anthony (Vice President) lranthony@shaw.ca , Rev. Melora rev.melora@gmail.com

Office Changes

As many of you have likely heard, there are changes beginning this month in the Church Office. Starting September 1, Church Administrator, Karen Uldall-Ekman's hours are shifting from the full-time 37.5 hours a week to a reduced 33.5 hours per week. As a part of this shift, we are going to change our approach to office hours in hopes of maximizing efficiency of staff time (both Karen and Administration Assistant, Sarah Verstegen).

We want to ensure that each weekday our office staff has some quiet uninterrupted time set aside to focus on tasks needing extended focus and, as well, times in which they are open and available to assist members and friends. To that end, please take note of the following new office schedule:

Day of Week	Office Hours	Quiet Time	Open Time
Sunday	9:00 - 1:00		9:00 - 1:00
Monday	9:30 - 4:00	9:30 - 11:00	11:00 - 4:00
Tuesday	9:30 - 4:00	9:30 - 11:00	11:00 - 4:00
Wednesday	9:30 - 4:00	9:30 - 11:00	11:00 - 4:00
Thursday	8:30 - 1:00	8:30 - 11:00	11:00 - 1:00
Friday	Office Closed (except for volunteer)		
Saturday	Office Closed		

We recognize that it will take some time to adjust to these amended hours, but we hope that you will find it to be a smooth transition. This shift allows our office staff not to constantly have to divide their attention and focus, and to be able to balance their work between regular and long-term tasks and urgent in-the-moment requests. One final request to help with this change—please be mindful of the staff when you come to the office. We have noticed that the office is an easy place for us to gather and chat. This makes it quite challenging for Karen and Sarah. As much as possible, if we can gather elsewhere or keep office conversations to a minimum that would be very helpful. If you have any comments or questions about these changes please speak with me (I am now serving as Karen's supervisor.).

Thank you,
Rev. Shana

Shared Ministry



Shared Ministry is everything a congregation does to fulfill its mission. Some examples, to name just a few, are teaching in the church school, working on Social Justice projects, singing in the choir, making coffee, ushering or gardening.

Check out this monthly column and e-weeklies about how members and friends are sharing their talents. A Shared Ministry information table will be set up one Sunday per month with ideas for those who are looking for a ministry that suits their passions.

Your Shared Ministry Team:

Rev. Melora Lynngood, John Tiffany,
Marion Pape and Lorna Anthony

EXAMINATION OF LARGE TREES

Every second year all the large trees on the church grounds are examined to confirm that they are still in good condition. The 2015 examination identified some decay in the large maple tree immediately east of the Sanctuary. The same report suggested that the large cedar tree north of the Sanctuary, which had been previously strapped to deal with multiple tops, should be re-examined.

Talbot Mackenzie and Associates, consulting arborists, were retained to make a closer examination of the two trees noted above and the large maple tree on the upper paved parking lot. A copy of their report is available in the church office.

The consultant's findings were as follows:

The large maple tree near the sanctuary has significant decay in its root system resulting in a loss of strength of the tree trunk. It is recommended that the tree be trimmed and maintained as a smaller tree and that the tree be re-examined in 3-5 years.

The large maple tree near the parking lot is in good health. It is recommended that this tree be trimmed to remove dead or diseased limbs and to restructure the crown.

The large cedar tree is in good health. However the bracing in the tree needs to be checked and some pruning is recommended.

These trees are a valued asset to our property. It is proposed to proceed to implement the recommended changes before the fall. If you have any questions or concerns please call me (250 592 4831).

Earle Anthony, chair
Garden and Grounds Committee

Path to Membership



***Are you new to our church?
Have you just discovered our church or are you a Unitarian from elsewhere?
Would you like to know more?***

We know it can be daunting to get to know people when everyone seems to already know everyone. And we know it can be hard to get to know us in the coffee hour. So, if you **would** like to get to know us better, we hope the steps below will help.

STEP ONE: Drop by the Visitors' Table near the front of the sanctuary. Ask questions. Fill out a Visitor Welcome form on which you can indicate if you would like to receive the monthly newsletter, weekly electronic mini-newsletter, be connected to your Neighbourhood Group, or have your own name tag.

STEP TWO: Church Orientation. A gathering for all newcomers, whether you have just walked through the door or been coming for several months and want to know more about us, whether you eventually become a member, or choose to be a friend of the church. The Orientation provides basic information about our congregation and ways to make connections. We share a light lunch, and childminding will be provided on request.

The next Orientation will be 12noon – 1pm on October 18

STEP THREE: Introduction to UUism. A two-part session which is designed to give more in-depth information about UUism. Whether you are not yet a member, a new member or have been a member for a long time, if you wish to know more about our denomination, this is for you.

The next Introduction to UUism, Part 1 will be 12noon – 2pm on November 8

The next Introduction to UUism, Part 2 will be 12noon – 2pm on November 15

STEP FOUR: Considering Membership. This session will help you determine whether you would like to officially become a member of our church. Whether you join right away, not yet, or not at all, the session will be informative and enjoyable, as we will be talking about things that matter in a small group setting with warm and interesting people. Lunch will be available and childminding will be provided on request.

The next Considering Membership will be 12noon – 2pm on November 29

STEP FIVE: Application for Membership. Fill out the application form found in the membership packet. Submit the application and a financial pledge or contribution to the church office. After the Board approves your application, you become a member. Voting privileges commence 60 days after Board approval and you will be recognized at the next New Member Ceremony.

To sign up for the **Orientation, Introduction to UUism** or **Considering Membership** sessions, or if you have questions, please contact Rev. Melora at rev.melora@victoriaunitarian.ca or (250) 744-2601, voice mailbox #1 or Cell (250) 891-6330. All of these sessions will be held on Sundays, after the church service, in the Farmhouse Common Room in the building just to the north of the Sanctuary building.

We are so glad you have found us and we are looking forward to getting to know you.

What's Left to be Done?

On February 6, 2015 the Supreme Court of Canada, in an unanimous decision, said that physician-assisted dying (PAD) should be available to a competent adult who "clearly consents to the termination of life and has a grievous and irremediable medical condition that causes enduring suffering that is intolerable to the individual." This wording makes it clear that Canadians have the right to choose the time and manner of their dying under given circumstances but still leaves us with several questions about the implementation of PAD. What do terms like competent, medical condition, intolerable suffering, and clear consent really mean? Does a request for PAD in one's Advance Directive have the same authority as requests about other medical treatments?

What has happened since February 6?

1. The Federal Government has appointed a panel to make recommendations about PAD sometime this fall. However no submissions will be accepted during the election campaign. Unfortunately, two of the three panelists are well-known opponents of PAD.
2. The CMA initiated a dialogue among physicians and the report will be debated at their annual meeting in the last week of August. A major concern is how to balance the physician's right to follow his/her conscience with the patient's constitutional right to PAD?
3. The Ontario Government is spearheading the formation of an expert panel in co-operation with eleven other provincial and territorial governments. It will be the panel's job to "focus on the needs of patients and their families." In December 2015, Quebec's legislation permitting PAD will become effective.

The ruling of the Supreme Court was broad and leaves much room for persons to obtain their own choice concerning the end of life. Any forthcoming legislation will define requirements and regulations. The danger is that it may be too restrictive contrary to the spirit of the Supreme Court ruling. This will then require, at some future time, another trip to the Supreme Court. Let's get it right, now.

By the time you read this, Choices in Dying Victoria will have met and have developed a plan in the light of the proposals of Dying with Dignity. Watch for notices in the church E-Weekly and emails from CIDV. If you are not on our contact list, email or phone Margot or email choicesindying@gmail.com.

COME SING A SONG WITH ME

NANCY DOBBS

Children's Choir

Children's Choir is all about sharing the joy of music...a joy that may last the children a lifetime. The music may be beautiful and touch the heart; it may introduce and reinforce Unitarian Values and/or it may be just for fun and silliness. Nancy Dobbs and Barbara Boyle invite all children in the SELC program to give Children's Choir a try (with or without their favorite adult). Reading ability is not a requirement. A wide age spread is encouraged so that older and younger children may learn from each other. The Choir will sing at some services and at the winter and spring concerts. The children make a valuable contribution to the spirit of our congregation.

**Children's Choir begins on Sunday, October 4
at 9:30am upstairs in the SELC wing.**

Youth Choir

All youth who would like to give our Youth Choir a try are welcome. Reading music is not a requirement. Youth Choir meets from 12-12:30 on Sundays. The choir will also meet at 10am on Sundays when singing for a service. The youth will sing for some services and at the winter and spring concerts.

**Youth Choir begins Sunday, October 4
at noon, upstairs in the SELC wing.**

Barbara Boyle and I are looking forward to our musical adventures with both choirs. If you have any questions, please contact Nancy Dobbs, Children and Youth Choir Director, at 250 652-5438, or nandobbs@shaw.ca.

All members, friends, and newcomers to the church can be part of the Neighbourhood Group where they live. Groups meet monthly, bi-monthly, quarterly, or occasionally. If your group is missing from this column, there was nothing to report this month. If you don't know which group you are in, please phone the church office.

Cadboro Bay: Valerie Roberts reports that their NG is looking forward to a potluck on September 20 at Lorna and Earle Anthony's.

Esquimalt: John and Gloria Hopewell hosted the Esquimalt NG on August 7 at their beautiful waterfront location, with 21 people enjoying wonderful food and fellowship.

Far Out: Phyllis Aherne reports that their NG is planning to gather in September.

Gordon Head: Mary Cramer reports that her emergency appendectomy meant that everything for her NG got even more off track this summer. However, Gordon Head will be working together when they host the Souper lunch in October.

Grand Central: Convenor Marya Nijland writes, "We will have a TEA planned for Sunday, August 30 from 3-5 at the home of Philip and Marya at 1394 Vista Heights and hope to see a good turnout. We are sending 'Congratulations and Best Wishes' to Nadia & Ryan, who were married at the church on August 1, and we are welcoming our pianist Victoria and family to our UU Neighbourhood Group!"

James Bay: This NG is looking forward to a potluck lunch at Daphne Dunbar's on August 31.

Nearby: Nancy Dobbs sends this invitation, "On September 27, Nearby and Western are scheduled to host Souper Sunday. See you there!"

Oak Bay: From Karla Thomson: "The Oak Bay group are looking forward to a pot luck luncheon at the end of August in the Graham's garden. Also in September, we will have our smaller group restaurant lunch which is a monthly event. Besides these happy times we are supporting the family of a member who is in hospital. The Oak Bay group keeps busy enjoying and caring for each other."

Royal Oak East: Hanny Pannekoek sends in these ideas, as well as news of their next gathering, "Our next neighbourhood gathering will be on Tuesday, September 8 and will be a potluck. The only other news I can share is that some of our members have responded to Nancy's request to write why the neighbourhood group is important for them. I was pleased to see them making that effort. It gave me the idea that it could be a good topic to talk about at our next meeting, not only to hear people's opinions, but it may well lead to new ideas and suggestions for our own group and perhaps for others."

Royal Oak West: Members of Royal Oak West supported the "Brewery Tour and BBQ" hosted by Astrid and Andy and offered in the auction. Fourteen people participated in a very interesting tour of a local craft brewery and then enjoyed a German-style BBQ. In other news, convenor Fran Hancock, writes, "We would like to welcome Glenyes Turner and Jim Willis from Kingston, Ontario to our NG. Their home is near Commonwealth Place and Beaver Lake Park so they are exploring what Victoria has to offer. They both have English ancestry and are pleased with their retirement in Victoria."

Western: This group will be very busy in September. After meeting August 22 at Mac Elrod's, they will meet again at John and Susan's in September. In addition, they will be providing baking for coffee hour in September, as well as co-hosting the Sunday Souper with the Nearby NG.

Do you have a friend in need ... of a ceremony?

A wedding, child dedication or memorial?



Tell them about FUCV's

Lay Chaplains

It's what we do!

Email: laychaplains@victoriaunitarian.ca

We Care!

Care and Concern Committee

for hospital and home visits, or just to talk...

Daphne Dunbar at 250-381-7648

Val Roberts at 250-477-7192

or your Neighbourhood Group Care & Concern person

To Share, or Not to Share?

We still receive cheques with inadequate instructions on the memo line, especially those received in the collection baskets at Sunday services. What do we do with them? Some are donations to be divided between the church and our designated 'share' partner, and others are pledge payments or donations to some special fund. And too often we are left guessing. **Please...always indicate the intent of your donation (or payment) on the memo line of the cheques or, if it's cash, on the envelope.**

- If your cheque (or identified cash) is a payment towards your pledge, mark it **PLEDGE**.
- If your cheque is an unpledged donation to the church, mark it **CHURCH**.
- If your cheque is for a particular Fund, or for a particular charity, name the Fund or charity.
- If your cheque is to be shared between the church and its current share partner, mark it **SHARE**.

Help Build a School in the Mountains of Honduras

Let's Work Together

"If you have come here to help me, then you are wasting your time. But if you have come because your liberation is bound up with mine, then let us work together."

~ Lilla Watson, Australian Aboriginal artist

The First Unitarian Congregation of Toronto, in partnership with World Accord, invites you to help build a school in the mountains of Honduras. This is a hands-on opportunity to make a difference in the lives of subsistence farmers and their families. Please join a two-week trip, beginning: January 9, February 6 or March 5, 2016. Construction and Spanish language skills are not required but would be welcomed. For more information contact Richard Kirsh (416-767-5837) or richardkirsh@sympatico.ca) or see our poster on your congregation's bulletin board.



September Birthdays

- 2 Stephen Lentz
- 3 Riki Sato, Zahira North
- 4 Sam Harris, Caleb Tilson
- 7 Louise Cole, Sarah Verstegen
- 8 Andrea Pite, John Waters
- 9 Tessa Buttemer, Sam Tilson
- 10 Christine Petronis, Amanda Tarling
- 11 Shirley d'Estrube
- 12 Sheldon Crisp
- 13 Anne Vaasjo



- 14 Jean Evans, Alex Van Borek
- 15 Tobin McTaggart
- 17 Suzanne Garmsen
- 18 Peter Hancock
- 20 June Fukushima
- 22 Lini Henderson
- 23 Ed Daniel
- 24 Bert MacBain
- 25 Clare Vipond
- 30 Sandra Jaques

Generosity Campaign

Our annual Generosity Campaign is coming! Here are the important dates:

- September 20 A Special Generosity Edition of "The Victoria Unitarian" (the newsletter) will be available for distribution and pick up.
- September 27 Generosity Sunday, with a sermon by Rev. Shana: "Why It Matters That We're Here".
- October 9 A special feature-length movie will be shown following the Community Dinner.
- October 18 Campaign wrap-up and lunch.

SELMA, Alabama, 50 Years Ago, A Personal Experience*

by Rev Fred Cappuccino

Sunday September 20 at 3.30 pm in Lion Hall

This talk was given at the Canadian UU Historical Society in Ottawa last May. It will be followed by a vegetarian POTLUCK supper at 5:00pm where coffee, tea, juice will be provided. This is not a fundraiser but it is an opportunity for those who support Child Haven to meet Fred, Bonnie and son Robin in person.

Brief History: Fred and Bonnie came to Canada because of the Vietnam War but before that they had long been involved in the civil rights movement in the US along with many other UUs (See **Notable UUs** about the death of the Rev. James Reeb). The three Selma protest marches of 1965 were in defiance of segregationist repression and covered a walk of 54 miles (87 km) from Selma to the Alabama state capital of Montgomery. Along the way state troopers attacked the unarmed marchers. By highlighting racial injustice in the South, they contributed to passage that year of the Voting Rights Act, landmark federal achievement.

All are welcome, members and friends,
Sponsored by the Social Responsibility Coalition and the Child Haven committee

*Rev Felix Lion, after whom Lion Hall is named, also marched at Selma in 1965.

ARTIST OF THE MONTH

Kathryn Compton

Acrylic and Watercolor

www.kathryncompton.com

Kathryn has lived on the West Coast most of her adult life and has always been inspired by what the Island had to offer. For many years she thought she might paint "when she had time". In Campbell River in 1998, Kathryn found the incredible studio of Chris Wootton and finally understood: one makes time to paint, not the other way around. Painters of all walks and talents gathered there weekly, and amidst an eclectic selection of subjects, music and conversation, Kathryn found her muse.

Kathryn left the Island for Vancouver in 2001 where she exhibited happily with the Burnaby Artist's Guild for eight years. She has now returned to her beloved Island, residing in the lovely city of Victoria. Searching for other artists, Kathryn discovered Studio 30 and once again connected to the art community.

Initially a watercolorist, Kathryn has recently begun an exploration into acrylic painting. A trip to Ireland inspired her to create a series of work around a beautiful copse of old beech trees called the "Dark Hedges" in Northern Ireland. Her experience with the spirit of the Unitarian Church prompted her to donate one of these works, and it now hangs in the Sanctuary. Her most recent medium is acrylic ink, where she has been able to nurture her "inner abstract".

Primarily, Kathryn exhibits with Studio 30, and will have her work in their Tillicum Mall exhibit in October, 2015. Her work can also be seen in Sooke Harbour House.



New Member

Marg Rose
1001 - 325 Maitland Street
Victoria, BC V9A 7E9
[250-896-4633](tel:250-896-4633)
mrose55@cloud.com



BOARD MEMBERS ON DUTY



September 6	Jim Jordan
September 13	John Tiffany
September 20	Suzanne Beauchamp
September 27	Shirley Travis

Mediterranean Thanksgiving Meal Fundraiser for Syrian Refugee Family

The Refugee Committee of The Anglican Diocese Of British Columbia invites you to support this event in order to sponsor a Syrian refugee family (mother, father, three young children), currently in Turkey, to join their other family members in Victoria. A SILENT AUCTION will accompany this event. We hope FUCV members will, once again, show their strong support for this family.

WHEN: 5:00pm, Saturday October 10

WHERE: St. Peter and St. Paul Anglican Parish, 1379 Esquimalt Road.

SUGGESTED DONATION (charitable receipt): \$25, payable at event. To order tickets, please call me at 778-433-7777 or email adrianfine@yahoo.ca (preferably before October 1). I look forward to seeing you there!

Adrian Fine

Tuesday Dinner with Anne Moon,

long-time member of the Raging Grannies

**Tuesday, September 15 at 6:00pm at
Cook Street Village Activity Centre, 380 Cook Street**

Please enter by the parking lot door on the South side. Parking is available in the adjacent parking lot, on the right side only, and on surrounding streets.

Anne is animated and most articulate. She's been a member of the Raging Grannies for many years and edited a book about the Grannies. She'll give us a little history of the group which started in Victoria and tell us new stories.

Please bring:

- some pot luck dinner food to share
- your preferred beverage (no alcohol)
- a small financial contribution (as able) to help cover the cost of the room

Plates and cutlery are provided

Tuesday Dinner with events will consist of a pot-luck dinner followed by a speaker and are also planned for October 20, November 17 and December 15 with guest speakers to be announced later.

NOTE: If you plan to attend in September it would be helpful if you email hopewell@telus.net so we'll know about how many to expect.

We have been invited to join a

Day Tour

to the

Ismaili Centre in Burnaby

Thursday, September 17

**The only cost for this excursion is for the ferry.
For more information call Phyllis Aherne, 250-655-7149
Please register as soon as possible.**

Memorial Celebration for Anita Hagen

Dear Fellow Unitarians,

Many of you may know Anita Hagen, a long-time member of the Beacon Unitarian Church and a former member of the BC legislature. A public memorial celebration will be held for Anita on Saturday, September 19, at Queen's Avenue United Church in New Westminster, BC.

The ceremony will begin at 2:00pm and will be followed by a reception in the church gymnasium for those who wish to attend. The church will be open from 1:00pm for anyone wishing to speak to the family ahead of time.

Queen's Avenue United Church

529 Queens Ave, New Westminster

Parking is available at the City Hall one half block east of the church down the hill on Sixth Street, and on Queens Avenue.

Yours sincerely,

John Hagen and family

Are UU IN?

Did you know that the former VIUC, Vancouver Island Unitarian Committee or Vancouver Island Unitarian Council is now the UUIIN, the Unitarian Universalist Island Network? This group has representatives from each congregation on Vancouver Island and the Gulf Islands and has been creating opportunities for Island Unitarians to connect for more than 10 years. This year they plan to increase communications with short, monthly informational newsletter items.

The UUIIN meets by teleconference four to five times a year and will have a face to face meeting with its congregational reps following the Fall Gathering in Nanaimo on October 4. If you are interested in meeting us or learning more please consider dropping in! Time and place will be posted at the Fall Gathering. Are UU IN?

Above the Clouds in the Mountain Kingdom: One Afternoon's Volunteer Work

Naida D. Hyde, PhD

"Our lives no longer belong to us alone; they belong to all those who need us desperately." Elie Wiesel

"Amen, Amen, amen, amen", sang out a vibrant baritone voice in the van, a chorus of women's full-bodied African harmonies in accompaniment. Our journey had begun at 3:00 am in the capital city of Maseru, streets black as the underside of the moon. The sign on my seatback said "legal limit 22 passengers" as more and more people piled on. I had been in Lesotho enough times to know this sign was laughable. We drove in pitch black, only our van lights on the narrow mountain road.

The bus driver cranked the hymn up full blast on powerful speakers as the first hint of cerise lit the sky becoming apricot, peach and carmine red backlighting mountain beyond mountain. Our over-packed minivan climbed switchback after switchback as we made our way into a remote high mountain district. The orange fireball sun rocketed into the sky, announcing dawn. Gratitude filled me and silent tears ran down my face.

The year I turned 65 I began a love affair with Lesotho and its people. As is often true in matters of the heart, love came at me out of the blue. I have recently returned from my sixth time volunteering in Lesotho, a country most people have never heard of and cannot pronounce. On my first work experience there I reeled from the onslaught of culture shock. Everything was strange, unexpected, jarring, foreign. I railed against all the newness but the warmth of the people, their laughter no matter what, and their culture of relatedness surrounded me like the warm blankets each Basotho wears in all weathers. Back then I had not heard of 'ubuntu', the model that forms their ground of being: "I am because you are." A new world danced through me when I wasn't looking, my heart resonated, and a new passion blossomed.

Lesotho had shocked me out of our wealth-beyond-measure complacency. Now when I go, I do not assume people have the basics that we take for granted. And yet I find myself still shocked. Dismayed. Angry at the unfairness of our privileged lives. Case in point: it took quite awhile to learn girls in Lesotho struggle each month to protect themselves when menstruating. Buying sanitary pads or tampons had been for me just one more item on a shopping list. For a girl in Lesotho, no one can afford pads who has no food and drinks water to fill her empty stomach going to bed hungry. Wadded up toilet paper as a protective solution is a joke for heavy teen menstrual flow. Toilet paper there is not three layers of "pillow soft" tissue. It is transparent thin. I have seen people able to afford only one roll of toilet paper at a time for its intended use. And so, for the first time, this past May I took some reusable menstrual pads. I wanted to make a beginning to address girls' compelling need.

For a girl, no menstrual protection means no school. Five days a month of missed school is almost two months a year of school missed. Boys have an enormous advantage in that competitive school culture with few scholarships or positions available for higher education after high school. It was unfortunate I had room for only about six dozen reusable pads. These were provided by Days for Girls and the Port Moody Rotary Club and given me by Disaster Aid Canada in Victoria. I could have taken a cargo tanker loaded with pads and still not have had enough to meet the need. Mother Teresa had it right when she said we must focus not on the need of the multitude but on making a difference for each person.

I decided to visit a high school in Qacha's nek district where I was working, a remote rural and destitute area of Lesotho. I had been to that area twice before and was back again to work with the same group of village women caregivers to children and orphans, and to consult and contribute to a preschool nutrition program, making sure the children have protein in their diet. I took my 22 year old Mosotho daughter, Tholoana, as interpreter whom I have known since 2009. She is in her final year specializing in midwifery at the National University of Lesotho.

continued on next page...

...continued from previous page

One of the area high schools is close to town, just off the edge of the highway, an easy walk. My background as a psychologist and community mental health nurse made it second nature to enter and speak to the assistant principal. I was a bit leery how this man would respond to our request to meet with girls to talk about reusable menstrual pads. Lesotho is still a highly patriarchal culture although that is changing as more women have higher education, work outside the home, and learn to expect equality. Men have told me the Bible teaches that God has chosen them to be superior to women and that women must do their bidding. Until ten years ago women were considered children under the law, not able to own property or have their own bank accounts, with all decisions to be ratified by husbands or fathers or brothers. To my relief, the assistant principal was delightful, helpful to us, and thoughtful and caring about his girl students. He chose fifteen double orphans and destitute girls to be the recipients of the reusable pads we brought and was happy to endorse our meeting with these girls and a woman teacher.

My first thought as we met the assembled girls was: "They are so young looking, so small." When the girls spoke, their voices were just above a whisper, their heads were down, and a hand invariably covered their mouth. Some of the boys had been hanging around outside, big and healthy, joking, calling out to us, trying to flirt with Tholoana. No contest for these girls. Malnutrition is endemic for girls in this culture, intergenerational semi-starvation is the norm. Boys get first serving of available food in the family and first choice to be educated. Girls do all the household chores. Not for the first time I wished for a magic wand to make nutritious food materialize so the girls could become strong and healthy. Tholoana talked with them about reproductive health, and girls' empowerment then became the focus of our time together. When I asked the girls about their dreams for themselves, there was silence. The teacher persuaded a girl in the back corner to speak. Reluctant, she whispered, "I want to be a doctor." Such a great dream and need in a country with very few women doctors. However, with that presentation she needed help to make her dream happen. I know too that all of the girls there are fodder for the boys who rape with impunity. Boys refuse to use condoms. Girls get pregnant, afraid of being beaten if they say no to unprotected sex. Girls lives stop when they become pregnant. Schools force pregnant girls to quit school as if they had discovered the secret of immaculate conception. Boys walk away to rape again. Everyone knows. This is the status quo. Only a girl who is empowered in herself and who knows how to live in her body, and knows she has a right to say NO has a fighting chance to escape this miserable life-destroying cycle. I invited the future doctor come up to the front and helped her to experience standing tall, holding her head up, shoulders back, feet planted firmly, feeling the floor under her feet, slow deep breathing, and then speaking up. Everyone paid rapt attention, seeming to enjoy the playful way we did this.

Tholoana told the students her life story: her father's dying when she was small, and then her mother's drawn out death at home when she was only 13. She was left to raise two younger brothers, with no money, no income from any source, shunned by her village and church because her parents died of "the illness that has no name" as one grandmother described HIV/AIDS to me. Tholoana told the girls, "Don't listen to the boys who tell you they love you. They are lying. They want sex. They will disappear and you will find out you're pregnant and be imprisoned, giving birth to a baby you cannot take care of and don't want. You must have your own life. You cannot live without your own life." The girls and I were riveted by her words, as were the six or so women teachers who had drifted into the classroom*.

I would love to go back to that high school and spend much more time with these girls. I want to see how they are doing practising self empowerment. I want to hear all of their dreams and help them learn how to empower each other. I want to support that one young woman to graduate and get herself to medical school. I want to have enough reusable sanitary pads for all 534 girls in that school. A grassroots need. A grassroots project.

*See June 2015 issue of JUSTnews for my account of meeting with a group of unmarried single mothers in a low-land Lesotho village.

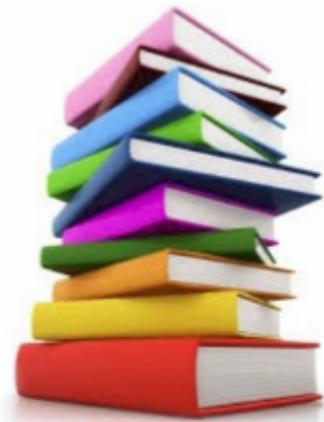
Giant Book Sale

Art Sale and Bake Sale

Saturday, September 26

9:00am to 3:00pm

First Unitarian Church of Victoria
5575 West Saanich Road



Paperbacks \$1.00 Softcovers \$2.00 Hardcovers \$3.00

Payment by Cash Only

Browse the books, then check out the bake and art sales.

Fill a bag with books for \$2.00, or a box for \$5.00, from 2:00pm to 3:00pm.

Art Sale

Do you have more pictures to display than walls to put them on? Would you like to donate a few pictures you have looked at long enough?

Please consider donating your pictures for our Art Sale on Saturday, September 26. For more information, please contact Betty Sherwood at bsherwood@shaw.ca or 250-382-4656.



Calling All Bakers!

Do you like to bake? Will you provide something for the bake sale in Lion Hall during the book sale on Saturday, September 26? Could be cookies, cakes, muffins, cupcakes, bread, jam or preserves-- whatever you are willing to make. Pies sell really well. If you are willing to contribute baking or if you would like to help on the day of the sale, please contact Naida Hyde at ravenspirit@shaw.ca or 250-658-4474.



News of the Young Family in Kelowna!

Today is August 18 and I heard on the CBC that the fires are still going near Kelowna, so I picked up the phone and dialed Jen Young to see how they are faring. Jen was pleased to tell me that all is well there. She can see the fires from a safe distance and the smoke is heavy but everyone is well. Braden and Hilary are both home for another week. Hilary is making money as a dishwasher in a restaurant at the moment. Braden is preparing studies for his masters degree. They love their new house and they miss us and often think of us.

It was so good to hear her voice, Marya .

Soup's on!

Sunday, September 27
after the service.

Come one, come all to Souper Sunday, hosted by the Nearby and Western Neighborhood Groups.

Admission is by donation.



Giant Book Sale, Art Sale and Bake Sale

Saturday September 26

What do we need?

BOOKS. Please bring your books to the church library beginning September 6 or to the sanctuary on Wed. September 23.

DVDs and CDs. They can be included with your books. No cassette tapes or VHS please.

LOW BOXES. Please save any low boxes (produce boxes work well) to help us organize and display the books. We'll need the boxes **September 23.**

SORTERS. Opening the bags and boxes of books is like Christmas! We'll sort from 10:00 a.m.

to 6:00 p.m. on **Wednesday, September 23 and Thursday, September 24, 10:00-5:00.** It does help me to know which day you will come and whether you will come in the morning, afternoon or evening.

SELLERS. Shifts are 8:30 a.m.-12:00 p.m. and 12:00 p.m.-3:30 p.m. **Saturday, Sept.26.**

PACKERS. We need a crew from **3:00 p.m. - 4:30 p.m.** to pack up all the unsold books and get the sanctuary ready for Sunday. **Saturday, September 27.**

BAKERS. Cakes, cookies, bread, muffins, cupcakes, jam, and pies all sell really quickly.

ART. We are looking for original art, prints, photographs, other works of art. All proceeds to the church.

BUYERS. Tell your friends. Our book sale has a reputation for quality books. And the prices are low.

If you've worked on the Book Sale before, you know how much fun we have!

Contact: Suellen Guenther sguenther@shaw.ca or 250-727-0454.

Please do not donate textbooks, encyclopaedias, Reader's Digest Condensed books, computer books, or magazines. They don't sell. Please put them in your recycling.



Heart to Heart.



Bringing compassion, discovery and social justice to life.

**MARK YOUR CALENDARS: BC Regional Fall Gathering
October 2-4, Grand Hotel, Nanaimo, BC**

The First Unitarian Fellowship of Nanaimo and the Comox Valley Unitarian Fellowship are delighted to invite you to the Gathering—an intergenerational event with specific programming offered for children, youth and adults as well as time that we spend together. Join us for a weekend of Unitarian community.

Highlights include a keynote address followed by time for questions and answers with

Christine Boyle, Director of Spirited Social Change

Christine launched Spirited Social Change, an initiative aimed at engaging people across generations to explore the intersections between faith, spirituality, and our work for a better world.

Programs

- Workshop streams on music, worship, and small group discussion on the keynote address
 - Opportunity to network with congregational leaders
- Opportunities to encourage people to vote in the Federal Election—bring your Unitarian t-shirts
 - Coffee House hosted by the Comox Valley Unitarian Fellowship
 - A Youth Conference at the First Unitarian Fellowship of Nanaimo
- Children’s program onsite for ages 6-12; childcare will be provided for children under 6

Schedule

Friday	6:30pm to 8:30pm 7:00pm	Registration at the Grand Hotel Ingathering
Saturday	9:00am to 9:00pm	Adult and Children’s Program, CUC Town Hall Dinner and Coffee House at the Grand Hotel
Sunday	10:30am	Worship Service at the Grand Hotel

Youth Conference

Friday, 9:00pm through to Sunday after the service
Note: Youth will be staying onsite at the First Unitarian Fellowship

Registration

Registration through the CUC website will be available from early September. Prices include materials and the following meals: Friday reception, Saturday lunch and dinner with entertainment. Accommodation not included.

Discounted hotel rates are available at the Grand Hotel, 250-758-3000 (www.thegrandhotelnanaimo.ca)

The First Unitarian Fellowship of Nanaimo and Comox Valley Unitarian Fellowship

October 2-4, 2015

Grand Hotel

Nanaimo, British Columbia

Federal Election Campaign Debates in the Victoria Region Climate Change and Sustainable Energy to be Highlighted

A series of five candidates' debates, co-sponsored by the BC Sustainable Energy Association and the Dogwood Initiative, have been set for southern Vancouver Island. Invitations have been issued to major party contenders in each of southern Vancouver Island's four federal ridings. Climate change and sustainable energy issues are to be highlighted. The debates will be chaired by impartial moderators. A series of prepared questions will be asked and additional queries will be welcomed from the audience.

Other sponsors include Vancity Credit Union, Generation Squeeze, Moksha Yoga, CFAV 1070, the First Unitarian Church of Victoria Social Responsibility Coalition, Capital Unitarian Universalist Congregation, the United Church of Canada Victoria Presbytery, and other sponsoring churches.

The debates are scheduled by riding as follows:

Esquimalt-Saanich-Sooke

- September 16, Edward Milne Community School, 6218 Sooke Road., Sooke.
- September 29, Esquimalt United Church, 500 Admirals Road, Esquimalt.

Victoria

- September 21, First Metropolitan United Church, 932 Balmoral Road, Victoria

Saanich Gulf Islands

- October 2, St. Paul's United Church, 2410 Malaview Ave., Sidney

Cowichan-Malahat-Langford

- September 24, Our Lady of the Rosary Church, 798 Goldstream Avenue, Langford

Each evening will run from 6:30 to 9:00pm.

For more information: <http://www.bcsea.org/chapters/victoria>

Contact: Jeff Bateman, jbateman@shaw.ca; 250.642.2056

BCSEA Victoria Chapter: Marion Pape, marionpape@shaw.ca; 778-265-4567

Community Dinner



September 11 is Spaghetti Night!

Everyone is welcome at this multi-generational event. An opportunity to meet new people or catch up with friends over a casual, fun, delicious meal.

At 6:00pm we gather in the sanctuary for a joyful time together. Spaghetti will be served with a choice of two very yummy tomato sauces, meat or vegetarian, – plus garlic bread. Please join us!! Dinner is by donation.

Everyone is welcome!! Please bring a dessert to share.

To help with clean-up please bring your own plate and dessert bowl. A rinsing station will be provided.

Community Dinner Schedule

for the Church Year

Community Dinners will be held on the second Friday of each month (except December) with the following menus:

September 11	Spaghetti
October 9	Fiesta
November 13	Baked Potato
January 8	Spaghetti
February 12	Fiesta
March 11	Baked Potato
April 8	Spaghetti
May 13	Fiesta
June 10	Baked Potato

First Unitarian Church of Victoria

5575 West Saanich Road • Victoria BC • V9E 2G1 • Phone: 250-744-2665
 churchoffice@victoriaunitarian.ca • www.victoriaunitarian.ca

Office hours: Monday - Wednesday 9:30am - 4:00pm • Thursday 8:30am - 1:00pm • Sunday 9:00am-1:00pm

Ministers

Reverend Melora Lynngood
 Office phone: 250-744-2601
 rev.melora@victoriaunitarian.ca

• Reverend Shana Lynngood
 Office phone: 250-744-2601
 rev.shana@victoriaunitarian.ca

Minister Emerita
 Reverend Jane Bramadat
 250-652-1272

Lay Chaplains

Oceanna Hall 250-886-1077

laychaplains@victoriaunitarian.ca
 Kjerstin Mackie 250-598-5975

Anne Vaasjo 250-385-1603

Director of Spiritual Exploration and Learning for Children and Youth

Faye Mogensen 250-744-2695
 FayeM@victoriaunitarian.ca

Children's Program Assistant
 Anna Isaacs

Director of Music

Nick Fairbank
 music@victoriaunitarian.ca

Church Administrator

Karen Uldall-Ekman
 churchoffice@victoriaunitarian.ca

Assistant Church Administrator
 Sarah Verstegen

Board of Trustees

Officers

President	Shirley Travis	778-433-2063
Vice-President	Lorna Anthony	250-592-4831
Treasurer	Robertta Clair	250-532-1973
Secretary	Jane Wilson	250-598-4348

Council Representatives

Administration	John Worton	250-220-6258
Congregational Life	Suzanne Beauchamp	778-433-2829
Outreach	Jim Jordan	250-654-0672
Property Management	John Tiffany	778-432-0881
Spiritual Development	Marion Sollazzo	250-721-1741

Contact Changes

Galina Coffey-Lewis
 #50 - 4125 Interurban Road
 Victoria, BC V8Z 1W8

Paula Steele
pksteele21@gmail.com
 Dolores Appleton
dolovic825@telus.net



Victoria Barr & David Hoadley
 1763 Emerson Street
 Victoria, V8R 2C2
[250-595-7111](tel:250-595-7111)

Jean Evans
 #110 Chartwell Country Cottage
 75 Cranford Way
 Sherwood Park, AB T8H 2B9
[780.570.2620](tel:780.570.2620)
jwhevans@shaw.ca

EVENT HIGHLIGHTS

Sept. 6	10:30am to 11:30am	SUNDAY SERVICE	Sanctuary
Sept. 11	6:00pm to 10:00pm	Community Dinner	Sanctuary
Sept. 12	9:00am to 2:00pm	Church Clean-up Day (all help welcomed!)	
Sept. 13		SUNDAY SERVICE (Homecoming Sunday)	
	10:30am to 11:30am	SUNDAY SERVICE	Sanctuary
	7:00pm to 8:30pm	Jazz Vespers	Sanctuary
Sept. 26	8:00am to 5:30pm	Giant booksale	Sanctuary
Sept. 27	10:30am to 11:30am	SUNDAY SERVICE	Sanctuary
	12:00pm to 2:00pm	Souper Sunday	Sanctuary



Astrid Firley-Eaton
Design

interior design
colour consultation

250-394-3405
afedesign@shaw.ca

John A Tiffany, M.S.
Indoor Environmental Quality Consulting

Senior Industrial Hygienist
John A Tiffany
johntiffany0705@gmail.com

Specializing in
Mould / Moisture Issues

Greater Victoria Capital Region

(250) 884-6812 [Cell]
(778) 432-0881 [Tel]



island montessori

Accepting Enrollment
Book now for a tour!

- preschool to grade 2
- before and after school care
- small class sizes
- supportive and caring staff
- excellent academic foundation
- Kodaly music program
- lovely rural location connecting children to nature

5575 West Saanich Rd (across from Red Barn Market)
250 592 4411 imhs@telus.net
www.islandmontessori.com

Downsize with Ms. Daisy
GAIN MORE SPACE AND PEACE OF MIND

Sandra Jacobsen, MA
HOME & OFFICE ORGANIZER
samvic@shaw.ca

VICTORIA BC
(250) 370-1207

OVERWHELMED WITH TOO MUCH STUFF?



iTutor
Ryan Kinrade
250-217-4507
rkinrade@gmail.com

WITH MY HELP YOU CAN:

- Setup, update or upgrade your Mac/PC/mobile device.
- Troubleshoot your tech.
- Buy or borrow media (ebooks, music, videos, etc.)
- Get advice on new purchases.
- Learn to use software and popular websites.

Your ad here

Call the office at
250-744-2665

The First Unitarian Church of Victoria
5575 West Saanich Road
Victoria, BC V9E 2G1

Phone: 250-744-2665
E-mail: churchoffice@victoriaunitarian.ca
www.victoriaunitarian.ca

Postage paid at Victoria, BC
5575 West Saanich Road
Canadian Publications Mail
Sales Product Agreement No. 40010260

THE VICTORIA UNITARIAN



is the monthly publication
of the
First Unitarian Church of Victoria.

The **deadline** for submissions to
the **October** issue is **September 15**.
Copy should be sent to
newsletter@victoriaunitarian.ca.

All copy is subject to editing.

Feedback is welcomed.

Staff

Bob Dobbs (editor); Doreen Burgess
and Myra Rippon (proof-readers);
and Karen Uldall-Ekman
(production, distribution and paid
advertisements).

Spirited Jazz

Unitarian Jazz Vespers

Enjoy jazz with a splash of spiritual inspiration by Reverend Shana

Pablo Cardenas Trio

Sunday, September 13, 7:00pm

Sanctuary, First Unitarian Church of Victoria

Theme: Spirited Jazz Goes Latin



Pablo gained a following the first time he visited Hermann's Jazz Club and asked to sit in on a set. His skill performing on piano wowed musicians and audience from the get go. No wonder as this Cuban-born pianist Pablo Cardenas first touched a keyboard at age five and was studying at the Matanzas Conservatory of Music by age seven. Pablo performs with Victoria's top jazz musicians.

By donation and greatly appreciated.