



The Victoria Unitarian

FIRST UNITARIAN CHURCH OF VICTORIA
Growing in Spirit, Living with Compassion, Inspired to Serve

SERVICES IN JANUARY

Worship Service and Children's Spiritual Exploration at 10:30am. Child-minding available 10am - noon.

Practices to
Transform Ourselves
and Our World
January's Theme



Stillness

The Practice of Dwelling in Open Moments

January 3 The Gift of Aging

Guest Presenter — Matthew Gardner (see About Our Speaker on page 2)

Worship Associate — Dar Gareau-Levy

Our society is disturbed by aging and dying, yet many cultures have considered death our greatest teacher. The more we're obliged to confront our inevitable mortality, the more inspired we become to ask life's bigger questions. Aging thus catalyzes a natural process of turning inward toward the mystic, offering us an unparalleled opportunity for personal and spiritual growth.

Join us this Sunday as Matthew Gardner, a Registered Clinical Counsellor and author, examines the more positive aspects of growing old.

January 10 Stillness as Antidote

Rev. Shana Lynngood

Worship Associate — Lillie Lentz

In our current cultural context, the faster the better. Everything from the speed at which we expect cars to be able to travel and the internet to be able to download is supposed to collude with us in moving quickly. This month we'll explore the riches that only stillness can provide. Is there a way in which stillness can teach us things that all of our continuous motion can't possibly touch? How do we cultivate places of stillness in our lives as we begin a new year?

Chalice
Choir

January 17 Practicing Stillness

Rev. Melora Lynngood

Worship Associate — Larry Boldt

Stillness is more than the cessation of physical movement. In fact, to attain internal stillness some people deliberately use movement (running, yoga, walking in nature, etc.). Nor does stillness necessary require silence. In this service, we explore and try out some practices that help us cultivate the kind of internal stillness that can become rich, textured, and fertile ground for spiritual growth.

Chamber
Choir

Stay after the service for a **Labyrinth Walk** led by Kimberly Bramadat. The Labyrinth is outside (behind the farmhouse), so dress for the weather. It is a Souper Sunday, so after nourishing our souls with the spiritual practice of walking the labyrinth, we'll be able to warm and nourish our bodies with hot soup!

January 24 Stillpoint Revelations

Rev. Shana Lynngood

Worship Associate — Dan Klimke

Being still has been a great teacher for me. What insights and understandings can emerge on retreat or a meditation cushion? How does stillness change our relationship with ourselves? What is a revelation?

January 31 A Travelogue of Faith

Presenter — Dan Klimke

Worship Associate — Jane Wilson

In this presentation of images, sounds and spoken word, explore the world and visit places of worship for different faiths - learn how "stillness speaks" in our global cathedral of spirit. Maybe one of these faith traditions speaks to your soul...

Chalice
Choir

INSIDE THIS ISSUE...

SElections	2
Practices to Transform.....	3
Committee on Ministry.....	5
Artist for January.....	5
Green Corner.....	7
Chalice Lighter.....	8
Music Notes.....	8
Tapestries in the Sanctuary.....	10

HOW 2016.....	11
New Members	13
Around the Neighbourhood.....	14
Notable UUs.....	15
Events Calendar.....	17

The deadline for submissions to the
February issue of the newsletter is **January 19**.

SELECTIONS FOR JANUARY

FAYE MOGENSEN

The church focus is *Stillness: the Practice of Dwelling in Open Moments*, and a theme I'll keep in mind during my mini-sabbatical (from December 21 - February 23). I feel very fortunate to have this opportunity to step away from everyday life.

In between my times of stillness, I will be focused on writing. My aim is to complete the selection of 50 traditional wisdom tales that I've been working on for the past few years. Skinner House Press, the UU imprint, hopes to have it published by the summer.

Here are a few highlights of the month in the children's wing:

- Jan 3 childminding only – for all ages of children
- Jan 10 Chalice Chapel – for children and youth. Anna Isaacs is the service leader and Rev. Melora is offering her inspirational thoughts and presence.
- Jan 17, 24, 31 our usual programming
- Jan 24 Junior Youth visit to Shambala Centre
- Jan 31 Youth are offering “Chocolate Sunday” alongside Coffee - selling hot chocolate with all the toppings (funds raised will go to the Ancient Forest Alliance, and to the Refugee Family Fund).

Perhaps you're wondering when our Mystery Buddy program will begin - normally it's in February. This year, you'll be hearing more about it in March, when we'll begin matching participants with their buddies for the 'mysterious' letter exchanges in April.

Much appreciation to Anna for steering the boat while I'm gone, and to LeAnn Andersen for keeping families informed of our plans through weekly emails. If you have questions or concerns, please be in touch with anna@victoriaunitarian.ca or 250-744-2695.

Youth Coffee House Theme: “Unitarian Pirates” Friday, February 26

Mark your calendars and get your creative juices flowing. Whatever your age, if you have a song/skit/story/poem you'd like to perform, please let Sam know at magnussamantha@gmail.com

More details coming!

Warmly, Faye

Director of Spiritual Exploration and Learning for Children and Youth • 250-744-2695 • fayem@victoriaunitarian.ca

ABOUT OUR SPEAKER (JANUARY 3)

Matthew Gardner is a Registered Clinical Counselor in private practice. He has led groups on addiction, communication, anger and parenting, and has worked with addicts, convicts, and the homeless. Raised in England, he has travelled extensively and has worked as a teacher, travel guide writer, tree planter, mushroom picker, and house painter. He loves music, books, movies, cats, food, coffee, thrift-store shopping, hot baths, his wife and his two children, not necessarily in that order.

CONGREGATIONAL MEETING



February 7, 12:15pm
in the Sanctuary
following the service

A balanced budget and a three-year plan will be presented by David Hoadley, Finance chair, with comments by our Treasurer, Roberta Clair.

Practices to
Transform Ourselves
and Our World
January's Theme



Stillness

The Practice of Dwelling in Open Moments

Pick a Question to Ponder

Read these over and choose one question (or see which question chooses you). Live with that question for a while and see where it takes you. Journal about it, draw or doodle, talk to friends about it. Actively wrestle with the question, let the process of pondering take you somewhere deeper than you were before. If you are in a Soul Matters group, come to the group ready to share about the journey you took with the question you chose.

1. When, in your daily life, do you experience moments of physical stillness? When, in your daily life, do you experience moments of internal stillness (mental, emotional, or spiritual)?
2. Do you crave more stillness in your life? Why?
3. Do you have an aversion to being still? Why?
4. What is the longest period--or most significant experience--of stillness you've had in your life?
5. Are there ways in which you achieve internal stillness that are not through physical stillness (ie, yoga, running, walking in nature, walking a labyrinth, etc.)? Are there ways you achieve internal stillness that do not require silence?
6. UU minister Rev. Stephen Atkinson says "Spiritually, stillness invites encounter." During periods of sustained stillness, what have you encountered (or what might you encounter) in your own internal emotional, intellectual, or spiritual landscape?
7. What lessons about stillness did you learn as a child? Which kinds of stillness were valued or devalued? Were you told to "sit still and listen," but then accused of laziness if you laid around on the couch? Did the faith of your childhood teach you anything about the spiritual value of inner stillness (perhaps in prayer or meditation)?
8. If you were to take a moment to check in with your 'still small voice within' each day, what do you think it would it say to you?

Continued on next page

Share the Plate and Action of the Month for January

Through our Social Responsibility Coalition's Share the Plate and Action of the Month for January we continue to try to strike a balance between helping refugees make their way to a safe home in Canada--our action of the month--and working to help those still living in camps and war-torn areas.

Half of the offerings for January will go to the charity Health Partners International Canada (www.hpicanada.ca) which works around the world providing medical supplies to people in need. From 2011 until now, Health Partners International of Canada has provided \$3.6 million in essential medicines and medical supplies to internally displaced Syrians and those living as refugees in camps and communities in Turkey, Iraq, Lebanon and Jordan. They have been able to deliver an estimated 300,000 courses of treatment thanks to donors and several partner organizations.

Internally displaced persons in Syria are the weakest, sickest and most impoverished Syrians, according to HPIC. The goal is to provide medical relief for this most vulnerable group while coming alongside Syrian doctors and health workers. Helping HPIC move medicine to Syria, Turkey, Iraq and Lebanon is a very direct way to do something about the Syrian crisis.

Practices to
Transform Ourselves
and Our World
January's Theme



Stillness

The Practice of Dwelling in Open Moments

Theme Questions for Families of All Ages to Discuss Over a Meal or in the Car

Here are some suggested questions to help families discuss together this month's theme, "Stillness: the practice of Dwelling in Open Moments." You could ask one another these questions when you share a meal together. Or, if sharing a meal together is a rare occurrence, you might try using the question as something to discuss while waiting for a bus or while riding in a car (maybe with your carpool on the way to church 😊). Feel free to edit at will, adapting the language to suit the age level of each family member.

1. If you were to draw a picture of stillness, what would it look like?
2. Many religions including our own talk about the "still small voice within". If you were to listen to your own still small voice every morning, what would it say to you? What would your still small voice say to you at the end of the day? Would the message be different today than it was yesterday?
3. Read or recall the story of *Frederick* (by Leo Lionni) together. Frederick was still while others were working. While his body was still, what was happening inside his mind, heart, and spirit? If you, like Frederick, were to collect images and stories from the spring, summer, and fall to retell in the chilly stillness of winter, what images and stories would you share to help warm the hearts and lift the spirits of your family and friends?

Hymn #391 "Voice Still and Small"
in Singing the Living Tradition
(our grey UU hymnal)

Voice still and small, deep inside all,
I hear you call, singing.
In storm and rain, sorrow and pain,
Still we'll remain singing.
Calming my fears, quenching my tears,
Through all the years, singing.



"Close your eyes," said Frederick, as he climbed on a big stone. "Now I send you the rays of the sun. Do you feel how their golden glow?" And as Frederick spoke of the sun the four little mice began to feel warmer. Was it Frederick's voice? Was it magic?

--from *Frederick*, by Leo Lionni

WHO ARE WE?

ID TEAM



ID TEAM: We are here to guide our congregation as we explore together possible ways to convey our identity to the larger world – in our name, in images, in words.

Monthly Question

This month, inspired by January's theme of "Stillness, The Practice of Dwelling in Open Moments" we ask you to consider: **When do you feel most open in your experience with our spiritual community? What brings you joy, peace and stills your mind? When do you feel most connected with others, to our guiding principles?**

Let's join together on Sunday, April 3, 2016, in the month of "Imagination" for fun, play, and reflection on the name of this community we have been calling First Unitarian Church of Victoria.

ID Team: Isabelle Grenon, Susan Bowers, Lorna Anthony (Vice President) lanthony@shaw.ca, Rev. Melora rev.melora@gmail.com

THE COMMITTEE ON MINISTRY

Who are we and what role do we play in the operations of our Church?

As it states in our guidelines:

“The purpose of the Committee on Ministry (CoM) is to promote the optimal functioning of the professional ministry of the church, centred on developing a strong, healthy relationship between the minister(s) and the congregation. The CoM is neither a personal support group nor an advocate for the particular person(s) who serves in the role of the professional minister.”

The CoM plays an advocacy role in ensuring the effectiveness of the professional ministry within the congregation. At one end of that advocacy continuum, the CoM's role is to advocate on behalf of the ministers for such things as fair compensation. At the other end, the CoM's role is to advocate on behalf of the congregation which, in the extreme, could include re-evaluating, and even supporting an end to the relationship. Examples of our activities include:

- Serving as a conduit of communication between the congregation and the minister(s);
- Continually monitoring congregational life;
- Serving as a sounding board for the minister(s), helping them assess, understand, and tend to congregational needs;
- Soliciting feedback from the congregation and conducting evaluations of the minister(s)' work, reporting to the Board as needed; (You may recall that in March-April last year many of you completed a questionnaire designed to provide feedback on our church ministry. The CoM and the minister(s) have been using the results of this survey to guide their decision making.)
- Advocating for fair compensation for the position of minister(s).
- Helping the minister(s) identify and work on their areas of strength and need in their continuing professional development.
- Supporting the minister(s)' planning for continuing education, sabbaticals, and other professional development and recommending such plans to the Board and congregation.

If you have comments about the relationship between the congregation and the ministers and/or about how the ministry is going, please come talk with us!

Members currently serving on the CoM are:

Bob Thompson (250-658-1484)

Kent Haden (250 479-6563)

Margot Lods (250 920-3893)

Hanny Pannekoek (250 385-2299)

Allan Dakin (250 744-1357)

ARTIST FOR JANUARY

Sandy Terry

Sandy is drawn to capture the simple elegance in the curve of a leaf, subtle shifts in colour and the radiance of light as it interacts with form, all in a moment in time. Her work is dramatically representational, with loosely flowing brushwork and richly layered pigment to achieve greater depth. Her vibrant renderings embody the essence of splendour and grace in Nature's timeless canvas.

Originally from northern New Jersey, Sandy was inspired to create by having a rich exposure to galleries, museums and theatre in the cultural hub of the NJ/NYC area. She came to Canada as an exchange student while attending University. She has lived in Saskatoon, Vancouver, Victoria and currently embraces Sidney, with its abundant natural beauty, as her home.



Painting florals mirrors her own flowering as an artist, following years of sparking children's imaginations as a mother and a teacher within the public school system. Embracing being a late-emerging artist, Sandy quickly garnered recognition in the form of: Signature Status and multiple awards with the Federation of Canadian Artists, in the Victoria and Vancouver Chapters, inclusion in prestigious juried shows, gallery representation, solo shows and publications.

Please consult her website at: www.sandyterry.ca for a current listing of work, shows and events. You may contact her directly: sandyterry.ca@gmail.com or 778-351-1778

Path to Membership



*Are you new to our church?
Have you just discovered our church or are you a Unitarian from elsewhere?
Would you like to know more?*

We know it can be daunting to get to know people when everyone seems to already know everyone. And we know it can be hard to get to know us in the coffee hour. So, if you **would** like to get to know us better, we hope the steps below will help.

STEP ONE: Drop by the Visitors' Table near the front of the sanctuary. Ask questions. Fill out a Visitor Welcome form on which you can indicate if you would like to receive the monthly newsletter, weekly electronic mini-newsletter, be connected to your Neighbourhood Group, or have your own name tag.

STEP TWO: Church Orientation. A gathering for all newcomers, whether you have just walked through the door or been coming for several months and want to know more about us, whether you eventually become a member, or choose to be a friend of the church. The Orientation provides basic information about our congregation and ways to make connections. We share a light lunch, and childminding will be provided on request. **The next Orientation will be on January 24, 2016, 12noon – 1pm.**

STEP THREE: Considering Membership session. This will help you determine whether you would like to officially become a member of our church. Whether you join right away, not yet, or not at all, the session will be informative and enjoyable, as we will be talking about things that matter in a small group setting with warm and interesting people. Lunch will be available and childminding will be provided on request. **The next Considering Membership will be on March 6, 2016, 12noon – 2pm.**

STEP FOUR: Application for Membership. Fill out the application found in the membership packet. Submit the application and a financial pledge or contribution to the church office. After the Board approves your application, you become a member. Voting privileges commence 60 days after Board approval and you will be recognized at the next New Member Ceremony.

To sign up for the **Orientation** or **Considering Membership** sessions, or if you have questions, please contact Rev. Melora at rev.melora@victoriaunitarian.ca or on her cell at (250) 891-6330. Both these sessions will be held on Sundays, after the church service, in the building just to the north of the Sanctuary building, in the Farmhouse Common Room.

Another event to watch for:

Periodically Rev. Melora offers a two-part event called **Introduction to Unitarian Universalism** which is designed to give more in-depth information about UUism. Whether you are not yet a member, a new member or have been a member for a long time, if you wish to know more about our denomination, this is for you.

We are so glad you have found us and we are looking forward to getting to know you.

Engage and Connect



Shared ministry in our congregation is the way in which we work together to care for our congregation as well as the larger community. As Unitarians we believe that ministry--caring for our community and our world--is not just for clergy.

Featured this month is Spiritual Exploration and Learning for Children and Youth (SEL-CY). Lesley Duthie writes, "My ministry is to support the wonderful work of our child and youth group leaders and our SEL-CY director Faye Mogensen."

There are several opportunities for joining this vital group:

- Help to plan and implement programs and events for children and youth by participating in a monthly meeting.
- If you love children's books, assisting with cataloguing and managing the small collection would be most welcome.
- Assist in making the Nature Playground become a reality.

For more information on the above you are welcome to contact Lesley at lesley.duthie@telus.net or [250 479-6563](tel:2504796563). If you would like to become more engaged with our Church community, there is something for everyone. Some of the connections are:

- Arts and Aesthetics team member
- Coffee maker
- Worship Associate (apply to Rev. Melora Lynngood)
- Building maintenance
- Gardening

Our monthly information table will be on January 10th or feel free to contact Lorna Anthony at lranthony@shaw.ca or [250 592-4831](tel:2505924831).

GREEN CORNER

MARION PAPE

Want to Grow Your Own Food in 2016?

The Environmental Action Team (EAT) recently held a retreat to determine what our focus would be for 2016. The impact of deliberations at COP21 was palpable and we were motivated to try something around food security.

With drought conditions and freak storms hitting the heart of our continental food production, food prices are rising in cost over 5% per year. From a climate adaptation perspective we need to think about growing our own food in our urban centres in back and front yards and even rooftops. And it is fresh and tastes so much better.

We decided to start with a small pilot project to identify church members who have a garden and would be willing to share it with someone who wants to garden.

Three garden areas have popped up in Esquimalt, Oak Bay and Brentwood Bay. In Oak Bay, we will build a lasagna garden that will overwinter and be ready for planting when the ground warms up in the spring. EAT will advise on soil development, garden design, deer fencing, what to plant and when, composting techniques and mulching to control weeds and retain moisture.

We will work with gardeners collecting seeds (Seedy Saturday) and growing seedlings. During the summer, we can seed a winter garden of kale, arugula and chard and eat fresh greens all winter long. Our overall goal is to build capacity to grow our own food with the minimum of environmental impact (water conservation, organic soil amenities, garden close to where you live). You would share 1/3 of your produce with the landowner, keeping the remainder for your own use.

Now we are looking for gardeners who want to grow food. Even if you do not want to garden, would you consider helping this project with seedlings, compost, tools, etc.?

Contact: Marion Pape 778-265-4567 or Mary Ellen Nicol 250-590-4107.

CHALICE LIGHTER OF THE MONTH

Judy Gaylord

Bill and I first became involved with Unitarians in Vancouver in 1969 because the church was so actively involved with assisting American Vietnam war resisters, but we also discovered some very meaningful small group programming such as Credo groups and the creation of extended families.

We moved to Victoria in 1993 and joined the church just after the move to our present location. The fact that there was a large and active Social Responsibility Coalition was very important to me and has been the main focus of my church activities. While climate change and other environmental issues are my major concern I have also been active at various times with other issues such as housing, poverty and democracy. I eventually became chair of the SRC for a few years around the time I retired from my part-time job at the Camosun College physics lab.

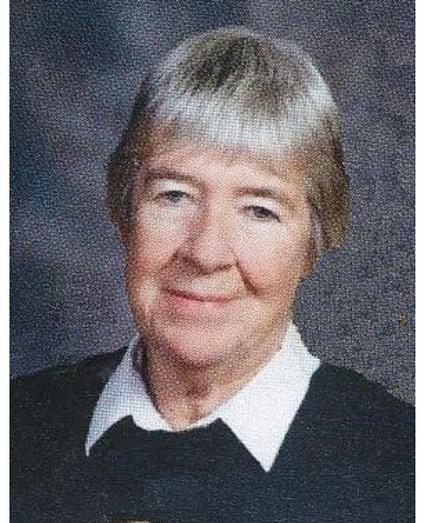
I still find small groups the most meaningful way to be with other church members. I was a long-time member and occasional facilitator of the Learning Circle, and participated in the first few years of Chalice groups both as member and facilitator. More recently I co-facilitated two Covenant groups and am currently co-facilitating a Soul Matters group.

I am also an office volunteer.

I have had extensive involvement with groups in the wider community as well, and continue to serve on the Saanich Bicycle and Pedestrian Advisory Committee.

Louise Cole says: "I first met Judy when she was coordinating a fund-raising dinner at the church for the women of Afghanistan well over ten years ago. Since that time I have worked with her on many projects of the SRC and Environmental Action Team. As her friend, I have seen her spiritual depth, her sense of fun and good humour and her tenacity. She is a dedicated woman whose knowledge and involvement in church and community activities stem from a scientific background, a keen mind and a big heart."

Sonya Ignatieff says: "I have an iconic picture of Judy in my mind--suited up in a bike helmet and bright yellow rain togs astride her bike. Also handy, a sign supporting an environmental or social justice cause. She not only "talks the talk" but she "walks the walk" of her values. Whether it is fighting GMOs before Saanich Council or manning the Social Responsibility Coalition Shelf at church about climate change, Judy is there. As our SRC Chair, she always provided a sane, competent and dry-wit presence and inspiration to the SRC. She takes our UU Principles into the wider world and works to make the world a better place."



MUSIC NOTES

NICK FAIRBANK

New Singers

January is a good time for new singers to join one of our eight different choirs and ensembles. The main choir—the Chalice Choir—rehearses on Thursday evenings in the sanctuary from 7:30 – 9:30pm beginning January 7. For information about the other choirs and ensembles, see the website at <http://victoriaunitarian.ca/program/choir-and-music-program/> or contact Nick Fairbank, Music Director, at music.director@victoriaunitarian.ca.



Choir Workshop

The Chalice Choir is hosting a choral workshop on Saturday, February 6 from 10am to 3pm with well-known Victoria conductor and clinician Brian Wismath. Everyone is welcome, even if you are not currently singing in a choir. Brian will be working on a variety of choral skills including sight-reading, vocal production, blending and tuning. To sign up email ori-on34@shaw.ca. Cost is \$25 for current choir members, \$30 for non-members. Coffee and tea are provided; bring your own lunch. Registration deadline February 1.

See the poster on page 9.



A Choral Workshop

with **Brian Wismath**

Saturday, February 6, 2016

10am to 3pm

Check-in and payment at 9:30am

First Unitarian Church of Victoria

5575 West Saanich Road

\$25 for FUCV choir members

\$30 for non-members

**Vocal Technique,
Blending and Tuning**

REGISTER EARLY — SPACES ARE LIMITED

Please register by Monday, February 1 — email orion34@shaw.ca

Coffee/Tea and Goodies provided — Bring your own lunch

Presented by the First Unitarian Church of Victoria Music Program — Nicholas Fairbank, Director

We are blessed to enjoy beautiful art in the Sanctuary. Currently on the front wall there is a tapestry called ‘Blue Planet’. We also own a three panel tapestry called ‘Coast Arbutus’. Some years ago a church member acquired this one for us from the Royal Bank of Canada in return for a tax receipt.

The congregation was involved in deciding which tapestry to use in that location. The majority vote was for the Blue Planet, but there were a number of people who preferred the Arbutus Coast. The decision was to alternate them. It seemed to be an excellent solution at the time but now there are problems. We are seeing deterioration from the process of taking down and putting them up, rolling them and storing them. The creases that appeared over this year have been alleviated by re-hanging it but it was not designed to withstand much more. Also, as we no longer have church members wanting to do the tricky work of hanging them on the Sanctuary wall, it is becoming costly to get this service from an professional.

Both tapestries were the creation by well-known fabric artist Carol Sabiston. She was commissioned to create the Blue Planet for us. She made it with much thought. As a Unitarian she thought of our principles and how we might meditate on it. She also chose the colours to go with the stained glass window. She created the Coast Arbutus for a very large space in foyer of the Bentall building in Vancouver. She was appalled that we were putting the Coast Arbutus up instead of the Blue Planet in our much smaller Sanctuary, which has a different colour scheme.

We would like to keep the Blue Planet permanently on the front wall of the Sanctuary. At our request the Board, at its December meeting, passed a motion to sell the Coast Arbutus in consultation with Carol Sabiston. Realizing that this decision will be sad for some of us, we hope that you understand that this was the only choice in order to preserve this beautiful piece of art.

Betty Sherwood, chair, Chris Cook and Mary Theal, team members

Ease of Access to Physician-Assisted Dying (PAD)

The title of this article gives away what I think. It is up to you decide what you think and then, I hope, write a letter. Have you heard about the municipal library committee that was so concerned about the number of books being lost, they decided people would no longer be able to borrow books? It is possible for us to get a law that is so concerned about safeguards against abuse that PAD becomes almost unavailable to us. A law concerning PAD should be patient-centred, which means developed out of the needs of the patient.

The Supreme Court of Canada said that PAD should be available to a competent adult who “clearly consents to the termination of life and has a grievous and irremediable medical condition that causes enduring suffering that is intolerable to the individual.” What does this mean?

- Who is a competent adult? Of course, consent requires mental competency. But I have a health representative to whom I have given authority to make health decisions for me if I become incompetent. Should PAD be excluded from this? Should PAD be excluded from my expressed wishes in my Advance Directive?
- What does clear consent mean? How many interviews with how many different professionals should be demanded of a very sick person?
- What does an irremediable medical condition include? Does it include extreme old age frailty, a non-terminal debilitating disease, or a mental condition?
- What does enduring suffering that is intolerable to the individual mean? Is there anyone but the individual who is capable of knowing whether the suffering is intolerable?
- Elsewhere in the Supreme Court document, the right of the physician to refuse to administer PAD is asserted. But what about the constitutional right of the patient? Should the physician be required to refer the patient to another doctor?

Write a letter or email your concerns to:

The Right Honourable Justin Trudeau, Prime Minister of Canada justin.trudeau@parl.gc.ca

The Honourable Jody Wilson-Raybould, Minister of Justice Jody.Wilson-Raybould@parl.gc.ca

The Honourable Jane Philpott, Minister of Health Jane.Philpott@parl.gc.ca

Your MP.



HOW 2016

It's time to start thinking about projects to put forward for this year's Healing Our World (HOW).

As part of our congregational mission of compassionate action, we have supported 24 small but mighty projects around the world. Please see the HOW page on the church website for more information on past projects. Solar lights in Africa, support for young adult mental health in Victoria, pre-school building in Jamaica - we cover the spectrum.

There are three changes for HOW 2016. Given the outreach work being done through the Refugee Sponsorship Program, we are going to have a maximum one or two projects, with a limit of \$5,000 each. We are also going to request a local or national focus to balance out our overseas work.

To broaden our reach, we are asking that if you or your household have had a successful HOW project in the past, please wait three years before submitting another one for consideration.

Application forms are available in hard copy in the office or can be downloaded from the HOW page on the church website.

The deadline for submission is February 7, 2016.



HOW 2016 Application Form

Our church's Healing Our World (HOW, a subcommittee of SRC) projects have built an impressive record over the past nine years. This congregation has supported 24 projects – projects that have educated, protected, fed, employed and nurtured needy children and adults.

A HOW project always begins the same way - with an idea from you. Please think of a way we can join together to make a difference in some corner of the world – then fill out this form and email it to HOW@victoriaunitarian.ca by February 7, 2016. Our thanks for keeping HOW healing.

Here are the HOW Committee's criteria when it assesses proposed projects:

- The project will apply UU principles to solve local, national or international problems.
- The project will involve an initiative that is new, has not before been considered by the congregation and will have one clearly defined goal.
- The proposal must be for a registered Canadian charity or affiliated with an organization which has Canadian registered charitable status.
- The application form must be complete and submitted by the date noted above.
- The proposal must be put forward by a member or friend of our congregation. To encourage wide participation, three years must elapse between proposals from an applicant/household.

A report on the project must be submitted within a year of being funded.

Date: _____

Your name (Feel free to form partnerships): _____

Name of charity: _____

Charitable number: _____

Website address of the organization: _____

Your relationship to this organization: _____

Project Location: _____

How much money is needed: _____

1. What is the cost of the entire project: _____

Continued on next page



(continued from previous page)

2. Please include a brief budget to show how the money will be spent: _____

3. To whom will the cheque be made payable? If it is an individual, what is their relationship to the organization?

4. Timeline for your project, including termination date: _____

Even if your project is selected by the congregation, the HOW Project cannot guarantee the funds will be raised or the timeline in which any funds are raised. Fundraising for the HOW Project runs from March-August. The projects selected are paid in the order of voting as the funds become available.

Description One: In two sentences describe what this project will accomplish.

Description Two: Expand your project information, including background or other information.

Your role: _____

If your project is put before the congregation, we will need your help to make it happen. You will need to:

1. Produce a poster on poster board we will provide, outlining your proposal. This poster will be displayed on voting Sundays and other times during the year. Voting normally takes place in March. You will need to be in attendance on the two voting Sundays to answer questions about your project.
2. Provide an information sheet (slightly less than one standard page in size 12 font and a photograph) about your project. This information will be used to produce an information booklet for the congregation.
3. Participate in the planning and implementation of HOW fundraising and awareness events.
4. Provide information as requested, about your project to assist in advertising for fundraising.

Other information _____

Our aim is to fund 1 or 2 projects, preferably each under \$5,000.

APPLICANTS ARE ADVISED TO CHECK THEIR EMAIL DAILY FOR 10 DAYS AFTER THE APPLICATION DEADLINE IN CASE OF URGENT COMMUNICATION FROM THE COMMITTEE. Applicants are also advised to read the HOW SELECTION PROCESS given on website.

NEW MEMBERS

Don and Eleanor Lloyd

We are originally from Saskatchewan but have lived on Vancouver Island for the last thirty years. We are fortunate that both our children, and our grandson, live nearby. (We live on Hartland Avenue so are maybe the most 'nearby' of the Nearby Neighbourhood Group).

Our interest in the church was aroused by the interesting topics which appeared on the church roadside sign as we frequently drove by. Although we attended a Catholic church at the time, we didn't believe most of what we heard on Sundays. We decided to check out this church and found we much prefer the Unitarian seven principles to the doctrines and creeds of our former church.

Don enjoyed a long career as a radio announcer and now, in retirement, he enjoys his new 'job' helping with horses six days a week on a Central Saanich farm.

We feel welcomed in this community, as did our dog, Oliver, who attended for the animal blessing.



Forest Sterling

I have lived in Victoria for the past eleven years and, in that time, have visited many different churches, temples and other places of worship, searching for the one that would feel like home. Along the way I have met many wonderful, warm and welcoming people, with the best of intentions, but have never felt quite comfortable adhering to any one set of doctrines.

Without family living nearby, I wanted a community in which to raise my son Sebastian, a place to call our own with open-minded and kind people, somewhere to search for my own truth and wonder, to celebrate the beauty of life and face the sometimes dark and daunting. I wanted a place to feel safe and where I could truly be myself. From the first moment I walked through the doors of this sanctuary I knew I had found it and that I was home.

There is no doubt in my mind that this is where I belonged and that this was the spirit in which I wanted to raise my son. The seven principles felt like old friends and the people here like family. I feel truly blessed to have found this place and this community. Thank you for welcoming us in.



Laurel Westinghouse

I was born in Victoria, but have had the good fortune to live and travel in several countries. My father is an active member of the Anglican Church, and my mother has been a Quaker since the mid-70s. I spent my high school and post-secondary years in the West Kootenays (Castlegar and Nelson) before returning to Vancouver Island to join most of my immediate family, including my mother and siblings. For several years, I managed a balance of accounting contracts in Nelson in the spring, waitressing in Sidney during the summers, and backpacking through Central America in the winters.

After three wonderful winters exploring the culture, language and geography of Central America, it felt time to plant some roots on Vancouver Island. I finished my accounting designation and started a family. I am now a single parent and I felt the need of a spiritually connecting community for myself, and to provide my children the opportunity for their own experiences in this area. My friend Maegan Thompson told me of this church and its youth group and it sounded like a good fit.

Aside from the beautiful setting, the atmosphere of this church feels joyous and welcoming and reminds me of the positive Quaker youth experience. The music and words of the members and ministers are touching and inspirational, I hope my children, Desmond and Lucas, are open to receiving the experiences available to them here. They have nothing to compare it to, but I very much appreciate this church's approach to the children's involvement.

When I am not at my accounting job, the kids and I enjoy outdoor adventures on the Peninsula or around the island. We live for summer camping, picking berries, hiking, paddling and playing in the water, and meeting new people along the way.



OLD MEMBER



Used with permission

All members, friends, and newcomers to the church can be part of the Neighbourhood Group where they live. Groups meet monthly, bi-monthly, quarterly, or occasionally. If your group is missing from this column, there was nothing to report this month. If you don't know which group you are in, please phone the church office.

Cadboro Bay: Valerie Roberts writes, "We had a very successful afternoon get together at Katherine Jones' house on Sunday, with almost our full complement of members present. We have lost Richard and Marguerite to Somerset House but when once a member they will always be members, if they choose, so they came and it was great to see them happy and relaxed. Katherine was a very gracious host and we truly appreciated her hospitality. We made some future plans for cookies and soup for the coming year and everyone will be helping for this. I will be away and so may Chris Cook, so Katherine will be in charge if Chris is not here." Cadboro Bay will be providing baking for coffee time in January.

Esquimalt: This busy group worked with Gordon Head to serve the Souper Lunch on December 6, not long after 15 of them gathered at Pat McMahon's and John Lancaster's for a holiday finger-food potluck on November 27. Now they are looking ahead to their next NG gathering on February 5.

Fairfield: Lynn Beak writes that Fairfield NG members and members of Capital UU who live in the neighbourhood were invited to Forrest and Diana Smith's for their traditional seasonal gathering in the afternoon on December 13. The group kept some traditions and changed others. This time, the hosts provided the refreshments, so instead of bringing food and beverages, guests brought financial contributions towards the church's commitment to sponsor Syrian refugees. In addition, as is their custom, guests also brought a wrapped used book they have enjoyed and were willing to part with for a lively gift exchange. In January, Fairfield will team up with Royal Oak East for a Souper on January 17.

Far Out: Phyllis Aherne reports that Far Out NG is considering creative ideas for their next gathering. Perhaps they will celebrate Chinese New Year or Robbie Burns or have a Ukrainian affair. Plans are still in the thinking stage.

Gordon Head: Mary Cramer writes, "GH had a successful potluck at the home of John and Helen on November 21. Many thanks to John and Helen! Rev. Shana was able to join us for dinner and there were many interesting discussions going on while we ate the delicious food. On December 6, our NG and Esquimalt had a very successful Souper Sunday. It was well attended, most of the food was eaten, \$452 was donated to the church, and the cleanup crew was able to leave the building earlier than expected. AND, in spite of all the wind we have been having, the power stayed on, unlike our last Souper Sunday back in January!"

Grand Central: Marya Nijland writes, "On Sunday December 13 from 2-4pm, we had a great 'Fun and Frolic Finger Food Tea and Hot Cider Party' at Victoria Barr, David Hoadley and their children, Jonah and Bridget's lovely 100-year old-home. We sang Christmas carols, watched Bridget do some very clever Irish dances and we played "Canada Trivia" with much enthusiasm, while eating all sorts of delicious food such as shortbread, Christmas cake, oranges, and fudge. Most importantly we enjoyed each others' company and a good time was had by all--12 adults and 5 children, including a nine-month-old baby girl (her first Christmas!). A big THANKS to Victoria and David for their gracious hosting!"

James Bay: This NG is looking forward to gathering again in January or February

Nearby: Nancy Dobbs writes, "The Nearby Neighborhood group gathered at the end of November at the home of Laura Doyle and Nellie Van Leeuwen for a potluck and informal gathering. We were able to welcome church members, Elaine and Dan Klimke and guest Sharyn Alexander to our NG. Thank you Laura and Nellie for your hospitality."

Oak Bay: Group member, Sheri Tromp, writes, "On December 5 we spent a great evening at Karla and Jim Thomson's. Our potluck was attended by 15 people and we each brought a wrapped present for the homeless. On the walls we admired Karla's wall hangings and Jim's wood carvings. As if orchestrated by our hosts, we observed the truck light parade from our perch by the window! To top it off we had a delightful sing-a-long with Kristina Stevens, flute, John Worton, piano, and Karla with her homemade drum! Thank you to our gracious host and hostess! Karla made the announcement that after five years of leading our group, by next August she would like to hand over the reins to the next co-ordinator. It will be hard to follow her act!"

Royal Oak East: Hanny Pannekoek writes, "Our last gathering on November 29 was nearly a 'full house'. Appetizers and dessert were much enjoyed. Hugo was surprised with a special birthday cake in celebration of his 80th coming up. Helga was celebrated for the same reason, but to everyone's regret she was not able to come, so we all signed a card for her. Such thoughtfulness and fun! During our usual circle afterwards one of us shared his life story in a much appreciated way. And we discussed

AROUND THE NEIGHBOURHOOD (CONTINUED)

the idea of offering ourselves as a group to take on a special task in support of our refugee family. Mariko, who is on the core group, will bring this forward. Our next event will be Souper Sunday lunch on January 17, together with Fairfield. “

Royal Oak West: Fran Hancock announces, “The next Royal Oak West NG potluck will be on Saturday, December 19, from 2:00-4:00pm at the home of Susie and Simon Williams. They have kindly offered to host a tea and everyone is encouraged to bring a sample of their favourite Christmas treats. We will be welcoming two new visitors to our church, Trish Irish from Victoria and her husband Tom Burton who was born in England. Trish may still be on crutches due to a fracture and badly sprained ankle. Please let me know of any other neighbourhood visitors to the church, so that they may be invited to our gatherings as well. There was a ready supply of volunteers from this NG to do the baking for the church services in December which is gratefully accepted as it's such a busy time of year for everyone. Your thoughtfulness is appreciated. Thank you!

Western: Mac Elrod reports, “Despite the wind and rain, about a dozen of us gathered at Susan and John's cozy home Saturday December 12 for our monthly potluck. Dinner discussion ranged widely in true Unitarian fashion. John is great at stimulating discussion. Susan's drinks, appetizers and chicken legs were at her usual high standards. The greatest culinary surprise for me was Emily's jello borscht mold. I hope to see all of you January 9 at Oz and Joel's.”

NOTABLE UUs



Francis James Roscoe was MP for Victoria 1874-1878 alongside the famous Amor De Cosmos. After he retired, his replacement in the fledgling parliament was John A. Macdonald who later became our first Prime Minister. Roscoe was born in Liverpool, England, to a well-known and staunchly Unitarian family and remained well connected to Unitarians all his life despite there being no Victoria UU society here at that time. Like many Canadian Unitarians he made his money in the hardware business.

Ross Bay Villa is a memorial to this family and make a delightful visit along with tour and afternoon tea. It is one of the few Unitarian heritage sites in Victoria, and it's fun to visit.

CHRISTINE JOHNSTON



RABBIE BURNS DINNER

Call for Volunteer Talent

The dinner is planned for Friday, January 22, so put the date down in your date book.

If you are a singer, witty speech maker, poetry reader, dancer, and so forth, please contact Christine Johnston (Christine_johnston@telus.net) as soon as possible.

Women's Group Seeks New Members

We are five Unitarian women who have formed a group to facilitate deep sharing and spiritual growth for each other. We are seeking three new members who live south of MacKenzie Avenue and who are able to commit to attending meetings the second and fourth Wednesday of each month from 7:00 until 9:00pm in each other's homes.

If interested, please contact Sheila Drew at 250-598-1884 or sheiladrew@shaw.ca.

Happy New Year From the UUIIN

The Unitarian Universalist Islands Network would like to wish you and your loved ones a wonderful new year.

What could be more wonderful than supporting the UUIIN's mission to fostering new connections between Unitarians in our area and widening our shared beloved community?

If you are a leader, consider taking action to ensure your congregation has bursaries available for Island families to attend UUIIN summer camp in August of 2016. We'd like to see every deserving family on Vancouver Island and surrounding Islands get the chance to attend this year. Our goal is to engage 100 happy campers.

We welcome you to start the new year with a commitment to connecting with others at UUIIN summer camp in August of 2016. This is a New Year's resolution that will be easy to keep!

Peace, health and happy connecting to you.

HELP WANTED

Handyman

FUCV is looking to acquire a handyman starting in January to handle various tasks associated with the upkeep of our buildings. We want to hire someone who can respond quickly to our requests (sometime we have emergencies). The person should be someone who is not a church member.

Salter and Shoveller

The Church is looking to hire someone (who preferably lives near the Church) to deal with our winter salting of icy walkways and sloped parking areas during early week mornings (Monday-Friday before 7:30am)--and also on early Sunday mornings (before 8:30am). Note: the job also entails shoveling walkways early on the few days we get snow. (We have someone else to clear the parking lots on snowy days).

If you know someone who might be interested in doing this work, please send the contact info to John Tiffany (Tiff), Property Council Chair, at johnntiffany0705@gmail.com.

Out of the Rain Youth Shelter Cooking Bee

As the weather is cold and rainy it is time to organize the 2nd meal-making program for the Out of the Rain Youth Shelter. This year FUCV will be providing two meals per month from October 2015 to April 2016. We will be making hot, protein rich main courses for thirty homeless youth.

Ways to help

We had a very successful and fun cooking bee on Saturday, October 24. The second cooking bee is scheduled for **Saturday, January 16, from 9:00am to 2:00pm**. Please RSVP Martha McDougall at marthaj.mcdougall@gmail.com if you can help for all or some of the time. We will be preparing five different protein-rich main meals to freeze and deliver to the shelter for use when needed.

If you would like more information about this project please contact me.

Thank you for your support

JANUARY BIRTHDAYS

- 1 Sonya Ignatieff, Jackie Bennett, Jan Li,
- 2 Patricia Disbrow
- 3 Betty Sherwood
- 4 Elaine Hanson, Phyllis Aherne
- 5 Cecil Bannister, Emil Mogensen
- 7 Alastair Mont, Dennis Jaques
- 8 Christine Johnston
- 9 Philip Symons
- 11 Pat McMahon
- 12 Margot Garmsen
- 13 Heather Sutherland, Sebastian Sterling
- 16 Jane Wilson
- 17 Ellen Carey
- 18 Fran Pardee
- 19 Tim Hall
- 20 Lynn Beak, Lynn Hunter
- 21 Nellie Van Leeuwen, Bob Thompson,
Amy Anderson, Bruce Nicol
- 23 Ruth Miller
- 24 Gerry Brimacombe, Lillie Lentz, Elliot Ziegler
- 25 Cavina Thokme
- 26 Remi Odense, David Person
- 28 Becky Denlinger
- 29 Mike Graham

CONTACT CHANGES

New Email

Linda Nicholson Brown
lnbrown7777@gmail.com

New Addresses

Dee Heston
4680 Elk Lake Drive, Suite 325
Victoria, BC V8Z 0B4
250-419-4176
Email remain the same.

Sherry Ewings & Charles Gee
310 Sylvia Crescent
Trail, BC V1R 1A5
250-386-8856



Old News...maybe

Sherry and Charles
were married on
September 26, 2015

BOARD MEMBERS ON DUTY



January 3	Jim Jordan
January 10	Shirley Travis
January 17	Suzanne Beauchamp
January 24	John Worton
January 31	John Tiffany

First Unitarian Church of Victoria

5575 West Saanich Road • Victoria BC • V9E 2G1 • Phone: 250-744-2665
 churchoffice@victoriaunitarian.ca • www.victoriaunitarian.ca

Office hours: Monday - Wednesday 9:30am - 4:00pm • Thursday 8:30am - 1:00pm • Sunday 9:00am-1:00pm

Ministers

Reverend Melora Lynngood
 Office phone: 250-744-2601
 rev.melora@victoriaunitarian.ca

• Reverend Shana Lynngood
 Office phone: 250-744-2601
 rev.shana@victoriaunitarian.ca

Minister Emerita
 Reverend Jane Bramadat
 250-652-1272

Lay Chaplains

Oceanna Hall 250-886-1077

laychaplains@victoriaunitarian.ca
 Kjerstin Mackie 250-598-5975

Anne Vaasjo 250-385-1603

Director of Spiritual Exploration and Learning for Children and Youth

Faye Mogensen 250-744-2695
 FayeM@victoriaunitarian.ca

Children's Program Assistant
 Anna Isaacs

Director of Music
 Nick Fairbank
 music@victoriaunitarian.ca

Church Administrator
 Karen Uldall-Ekman
 churchoffice@victoriaunitarian.ca

Assistant Church Administrator
 Sarah Versteegen

Board of Trustees

Officers

President	Shirley Travis	778-433-2063
Vice-President	Lorna Anthony	250-592-4831
Treasurer	Robertta Clair	250-532-1973
Secretary	Jane Wilson	250-598-4348

Council Representatives

Administration	John Worton	250-220-6258
Congregational Life	Suzanne Beauchamp	778-433-2829
Outreach	Jim Jordan	250-654-0672
Property Management	John Tiffany	778-432-0881
Spiritual Development	Marion Sollazzo	250-721-1741

JANUARY EVENT HIGHLIGHTS

Date	Time	Event	Location
3	10:30-11:30am	SUNDAY SERVICE	Sanctuary
8	6:00- 9:00pm	Community Dinner	Sanctuary
10	10:30-11:30am	SUNDAY SERVICE	Sanctuary
17	10:30-11:30am	SUNDAY SERVICE	Sanctuary
	Noon- 1:00pm	Souper Sunday	Sanctuary
22	10:30-11:30am	SUNDAY SERVICE	Sanctuary
31	10:30-11:30am	SUNDAY SERVICE	Sanctuary

Community Dinner January 8 is Spaghetti Night!



Everyone is welcome at this multi-generational event. An opportunity to meet new people or catch up with friends over a casual, fun, delicious meal.

At 6:00pm we gather in the sanctuary for a joyful time together. Spaghetti will be served with a choice of two very yummy tomato sauces, meat or vegetarian – plus garlic bread. Please join us!! Dinner is by donation.

Please join us!

Dinner is by donation.
 Please bring a salad or dessert to share.

To help with clean-up please bring your own plate and dessert bowl. A rinsing station will be provided.



Newsletter Submissions

Items for the next newsletter are due on the Tuesday that falls twelve days prior to the last Sunday of the month. Each newsletter indicates, on page 2 and the final page, the deadline date for receiving items for the following newsletter.

Newsletter items should be sent to

newsletter@victoriaunitarian.ca

Exception: After a couple of days the editor will stop checking the above email address. Items that are more than two days late should be sent directly to the editor at bobdobbs@shaw.ca with a suitable amount of groveling.

Family Faith Fair

February 7, 2016

The Victoria Multifaith Society is currently planning a Family Faith Fair, in honour of World Interfaith Harmony Week. The Fair will take place at the Cadboro Bay United Church at 1:30pm, Sunday, February 7, on the theme of the Spiritual Education of Children. Address is 2625 Arbutus Rd, near Ten Mile Point. Lots of parking.

It will feature exhibits by a wide variety of world faiths, multicultural artistic performances, a keynote speaker, a World Café, a scavenger hunt and storytelling for children on universal virtues through stories from different faith traditions.

The event itself will be free of charge with a nominal charge at the World Café to cover costs. Included will be a fundraising effort for the Syrian refugee program, with funds to be contributed to CBUC's refugee program.

The event will fall on the weekend of BC Family Day and will be a great way for all ages to celebrate! UUs have long been members of this organization. Ask Gita John-liam or Christine Johnston for further details of this event.

Volunteer Visitors for Refugees

Volunteer visitors are needed for recent refugees in Victoria and while we wait for our refugees to arrive. Martha Williams of St. John's Anglican Church is trying to form a group of volunteer visitors that would be willing to befriend refugees. Martha says, "This is not to sponsor but support newcomers as a friend". If you are interested please call Martha Williams at 250 294 8008.

No Access to Library Space

12:30-2:30pm, January 17 and January 31

If you leave things in the library that you need to pick up after the service, please do so BEFORE 12:30. A Soul Matters group will be meeting in that space from 12:30-2:30pm. Thank you for supporting the group's need for uninterrupted privacy.

Beginning in February, this request will be made every 3rd and 4th Sunday of the month. Thank you, everyone, for sharing our space with gracious consideration.

We Care!

Care and Concern Committee

for hospital and home visits, or just to talk...

Daphne Dunbar at 250-381-7648

Val Roberts at 250-477-7192

or your Neighbourhood Group Care & Concern person

Do you have a friend in need ... of a ceremony?

A wedding, child dedication or memorial?



Tell them about FUCV's

Lay Chaplains

It's what we do!

Email: laychaplains@victoriaunitarian.ca

Ads appearing in this section are not necessarily endorsed by the Church .

Your ad here

Call the office at
250-744-2665



island
montessori

Accepting Enrollment

Book now for a tour!

5575 West Saanich Rd (across from Red Barn Market)
250 592 4411 imhs@telus.net
www.islandmontessori.com

- preschool to grade 2
- before and after school care
- small class sizes
- supportive and caring staff
- excellent academic foundation
- Kodaly music program
- lovely rural location connecting children to nature

Astrid Firley-Eaton
Design



interior design
colour consultation

250-394-3405
afedesign@shaw.ca

John A Tiffany, M.S.
Indoor Environmental Quality Consulting

Senior Industrial Hygienist
John A Tiffany
johnntiffany0705@gmail.com

Specializing in
Mould / Moisture Issues

Greater Victoria Capital Region

(250) 884-6812 [Cell]
(778) 432-0881 [Tel]

June Fukushima, M.Sc.
Somatic Experiencing Practitioner



Balance • Heal • Awaken
Embodied Mindfulness Meditation
Somatic Experiencing

info@junefukushima.com
250 208 2954
4013 Magdelin St.
Victoria, BC V8N 3M5
JuneFukushima.com

Downsize with Ms. Daisy
GAIN MORE SPACE AND PEACE OF MIND

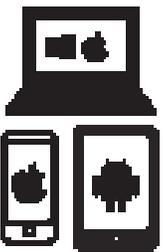
Sandra Jacobsen, MA
HOME & OFFICE ORGANIZER
samvic@shaw.ca

VICTORIA BC
(250) 370-1207



OVERWHELMED WITH TOO MUCH STUFF?

In-home technology service and training.



iTutor

- Setup your new device/AV system.
- Update or upgrade your computer.
- Get advice on new purchases.
- Learn to borrow books and media.
- Fix hardware and software.

Ryan Kinrade rkinrade@gmail.com 250.217.4507

▪ THANK UU FOR YOUR BUSINESS ▪



AN ADDITION for you

ConstructoGroup *Renovating for You*
Stephen | 250-884-4340 | www.constructogroup.ca



PATRICK T. CONROY CD
ACCOUNTANT
AUTHORIZED EFILER
PERSONAL BUSINESS & ESTATE RETURNS

4455 Fairmont Place, Victoria BC V8N4R2
C: 250-888-9715 H: 250-477-1615
patricktconroy74@gmail.com



**Home and Garden
Care and Repair**

Michael Ramsey
250 544-1600

The First Unitarian Church of Victoria
5575 West Saanich Road
Victoria, BC V9E 2G1

Phone: 250-744-2665
E-mail: churchoffice@victoriaunitarian.ca
www.victoriaunitarian.ca

Postage paid at Victoria, BC
5575 West Saanich Road
Canadian Publications Mail
Sales Product Agreement No. 40010260

THE VICTORIA UNITARIAN

is the monthly publication of the
First Unitarian Church of Victoria.

The **deadline** for submissions to
the **February** issue is **January 19**.
Copy should be sent to
newsletter@victoriaunitarian.ca.



For those without e-mail, copy may be left at the church
office. All copy is subject to editing.

Information for Events Highlights should be sent to
calendar@victoriaunitarian.ca or left at the church office.

Feedback is welcomed.

Staff

Bob Dobbs (editor); Doreen Burgess and Myra Rippon
(proof-readers); and Karen Uldall-Ekman (production, dis-
tribution and paid advertisements).

