



The Victoria Unitarian

FIRST UNITARIAN CHURCH OF VICTORIA
Growing in Spirit, Living with Compassion, Inspired to Serve

SERVICES IN JULY

Worship Service and Children's Spiritual Exploration at 10:30am. Child-minding available 10am - noon.

July 3 **Freedom From Shame**
Penelope Hagan
Worship Associate Dar Gareau-Levy

Pride is a time to celebrate the identities of people who are lesbian, gay, bisexual, transgender and queer. There has been a relatively recent culture shift toward accepting a person's sexual identity and their right to love whom they choose. However, looking deeper into the roots of sexual shame it's still possible to notice a great deal of gender construction around what it means to be a man or a woman, and body shame around what bodies should look like and how we should use them. How can we, as individuals and a community, honour sexuality as a source of play, spirituality, pleasure and identity? How can we recognize and affirm the deepest Pride imaginable—freedom from shame?

July 10 **Theology Without Borders: Love Songs in Four-Legged Time**
Reverend Helen McFayden
Worship Associate Liz Graham

“Pantheism” is philosophical/theological position/belief that all of reality is immanently identical with divinity or God. Reverend Helen will reflect on how Unitarian Universalists can better appreciate this vast concept through looking at the relationship humans have with other sentient beings, particularly companion animals.

July 17 **Oh, Hell!**
Dan Klimke
Worship Associate Lillie Lentz

While some religions still adhere to the traditional interpretation, more and more have moved away from the message of “eternal fire and brimstone”. What are the implications to these faiths if there is no Hell? (Spoiler alert!). Join us as we explore the traditions, mistranslations and the role of Universalism in the history of Hell.

July 24 **Learning to Pray**
Rosemary Morrison
Worship Associate Jane Wilson

Rosemary will share with us some of the ups and downs of her experience at Vancouver General Hospital where she is completing a course in Clinical Pastoral Education. In this service Rosemary will talk about some of the challenges and rewards of being a spiritual care provider in a hospital setting. Learning to pray? Definitely one of the challenges!

Continued next page

SERVICES CONTINUED

July 31 **Giving Charitably: Not As Easy As It Sounds!**

Jim Hackler

Worship Associate Larry Boldt

Being seen as a philanthropist probably rewards people more than they deserve. But this is not a major problem. Because time is short, the main focus of this homily will be on the mistakes one can, and probably will, make when trying to act in a charitable manner.

ABOUT OUR SPEAKERS

Bio: Reverend Helen McFayden is the Developmental Minister at the Unitarian Universalist Fellowship of Kamloops. She is also a candidate in the Doctor of Ministry program at St. Stephen's College in Edmonton; her research focuses on developing a spiritual exploration program for elder UUs. She has been a member of EqUUal Access* for eight years and serves as the EA Consultant for International Liaison. Reverend Helen claims she owes much of her independence and enthusiasm for life to her guide dog, Camilla. In her scant spare time Helen loves to swim, hike, concoct new vegan dishes, and play native flute.

(*EqUUal Access is a UUA-affiliated member organization of people living with disabilities, their families, friends, and allies, whose common purpose is: *To enable the full engagement of people with disabilities in Unitarian Universalist communities and the broader society.* For information, please visit: <http://www.equalaccess.org>).

Bio: Dan Klimke is a recent transplant from the States, Dan now lives nearby the church with his wife Elaine and step-daughter Maddie. Having spoken twice before at First Unitarian, Dan has served a number of times as a lay preacher at his prior congregation, Evergreen Unitarian in Marysville, Washington.

Bio: Rosemary Morrison

In the fall, Rosemary will be going into her third and final year at Vancouver School of Theology. She is a candidate for ministry with the Unitarian Universalist Association. Rosemary's home is in Victoria and her two adult children live in and near Victoria. While studying at VST she is living in Vancouver, however, the island is where her heart is. She is a member of Capital UU and was active in the UU Island Network.

OFFICE CONTACTS

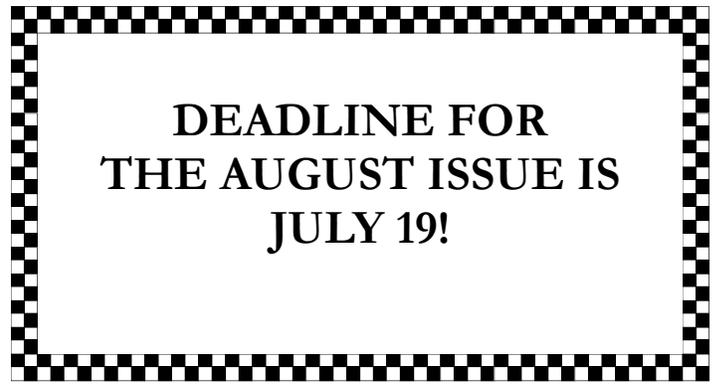
Reverends Melora and Shana Lynngood will be on study leave and holiday until Tuesday, August 9.

Should an urgent church matter arise, please contact President Lorna Anthony (250) 592-4831 or lrnathony@shaw.ca; she will be away the first week of July but can still be reached.

Or contact Shirley Travis at 250-386-3455 or cell at 250-858-5685 or sjtravis@shaw.ca

INSIDE THIS ISSUE...

Grief and Gratitude	3
Generosity	3
SEL, Book Sale.....	4
Q and A for Ministers	5
Beyond our Walls.....	5
Refugee Report.....	6
Green Corner.....	7
Food Banks.....	7
Around the Neighborhood	8
UU Summer Camp	9
Notable UU.....	10
Events Calendar	12



GRIEF AND GRATITUDE

NANCY DOBBS

On May 10, my husband had a severe stroke while driving with me on the Pat Bay Highway. As most of you know, our car crashed and two weeks later on May 23, we lost our Bob. Since the accident, I have been overwhelmed (in a good way) by kindness, compassion and love from family, friends, community and strangers.

Our family had two weeks of both giving and receiving love from Bob before he died. It was a precious time. Until the stroke, he lived, doing what he loved—working for his rather large family and his Unitarian community. He loved his home on beautiful Vancouver Island and he loved Canada, his adopted country. He considered himself a lucky man.

I also consider myself lucky (blessed?). I had neck surgery following the accident and should fully recover. I cannot begin to express how grateful I am to you, our UU community, for the care, concern, support and love that you have showered upon Bob and me. Many of the tears I have shed have been from gratitude. I shed many tears when I read the “remembering Bob” testimonials in the June newsletter. Thank you for the food (“edible love”), offers of rides, cards, phone calls, visits, and emails. Please have no doubt that you have brought light and even joy to this difficult time.

I hope you will join me for Bob’s celebration of life on Friday, July 29 at 11am. Bob and I had a forty-two-year love affair. I believe I had a good deal.

GENEROSITY - EASY AS ABC

JOHN HOPEWELL

The Generosity Team, which brings you the fall pledge drive to fund our annual operating budget, got together in the spring and attended a webinar hosted by the Unitarian Universalist Association. One of our key learnings was that it's important to use plain language in communicating our message to the congregation. The outcome of that is that from now on we will be known as the Annual Budget Campaign Team – The ABC Team.

The ABC Team will be hard at work over the summer developing a campaign to ensure we are able to properly fund our activities in 2017. We’ll be considering holding one-on-one stewardship conversations with some of our members and options for fulfilling pledges by credit card. And we'll be looking at how best to engage our congregation through a fellowship event and ABC moments during Sunday services. Watch for details of our plans for Pledge Sunday on October 16.

SHARE THE PLATE

LESLIE GILLETT

Youths and young adults in our congregation are the recipients of this month's Share the Plate. The Social Responsibility Coalition believes in the great work done by an informed and connected younger generation. To this end, we are setting up a fund called "Young UUs On The Move" which will help people between the ages of 15 and 25 travel to UU conferences and workshops across North America. This fund will help financially and also send a message to that age group that we value you and your contributions to our congregation and the wider world.

SElections on Summer and the Playground

Summer, a time for play, and a time to be restored. It's the season that, more than any other, beckons us outdoors.

After much talking, thinking and research about a Nature Playground, we are ready to roll! We welcome donations of nature objects (see list below) and we invite you to join our first workbee on Sunday July 17, after the service and a bite to eat. Young and old, we hope you'll come, ready to roll up your sleeves and have fun helping us begin to transform the space.

Playground wants and needs:

log sections of any size (from 15cm to 3m)

large pieces of driftwood

flagstones

toaster-sized boulders

wooden planks

a small wooden dingy

wooden planter boxes or barrels (for storing 'natural' toys like shells, rocks and smaller pieces of driftwood) and other suitable objects

Please drop off your donations outside the playground fence, on the south end of the building. If you have questions, please contact Lesley Duthie lcduthie2016@gmail.com

Speaking of play: because we know that at this time of year many of you prefer the "church of the sandy shore," the SEL-CY program and its usual volunteers take a break from June 26-Sept 4.

Speaking of being restored: because we know that some of you like the inspiration of a church service in summer, we offer child minding for children up to 11 years, and we welcome older children as helpers. Our childminder-on-duty will be assisted by a rotation of adult volunteers. If preferred, families are welcome to stay in the sanctuary or enjoy the service in the Lion Hall, where there are fewer worries about making noise.

I will be away from my regular duties at the church until late August, but hope to see you on July 17! Wishing you some lazy summer days, with lots of time to enjoy the beauty.

Faye Mogensen

Director of Spiritual Exploration and Learning for Children and Youth



Please save those great books you read this summer for our

GIANT BOOK SALE !

Saturday, September 24

If you cannot store your books until September, please put them with the other books in the storage space under the sanctuary.

Please do not donate textbooks, encyclopaedias, Reader's Digest Condensed books, computer books, or magazines. They don't sell, so please put them in your recycling.



We are congregants who have been discussing the possibilities for an expanded UU community presence, beyond our membership, our building: an outreach, an offering to the public that embodies our principles and invites dialogue and reflection on topics/matters of broad interest. Our intention:

- Create a community presence beyond our walls/membership
- Share learning and offerings from members of the congregation
- Provide outreach with a purpose...in service to our principles
- Create connections and engagement across boundaries

Examples [for discussion – this is a beginning of some topics that invite dialogue and reflection]:

- Healing Truth and Reconciliation Reflection [it's being developed by CUC as a guide]
- Aging to Saging
- Magic Mystical Spiritual mystery tour
- Arts as an Expression of Who We Are
- Gather the Women
- Environmental Psychology – e.g. building on a sermon topic
- Work being done by the social responsibility group

Why: Our principles embody values shared by many individuals and groups in the larger community, who are seeking spaces and places to engage, to explore their perspectives and beliefs in a non-judgmental open way. We have many 'resources' in the congregation as a whole that we might draw upon to offer to the public.

First Step: We'd like to invite you to share your ideas and wisdom about this opportunity/possibility....do you share this vision? Why? What? Who? When? How?

Watch for times in the e-weekly for us to get together, and get involved. We would welcome your thoughts and ideas by email at:

Nancy Gray-Hemstock nancygrayhemstock@shaw.ca

Diana Smith dianasmith55@gmail.com

WHAT DO YOU WISH YOU COULD ASK THE MINISTERS?

On Sunday, August 28, Reverend Melora and Reverend Shana will again be offering a "Question and Answer" service. To prepare for that service, they need your questions.

What would you like to ask them?" "What do you mean by 'spiritual?'" "Is Unitarian Universalism a Christian religion?" "What experiences in your childhood led you to choose ministry?" "If you had one year to live, what would you do?"

You ministers welcome all sorts of questions – theological, ethical, personal, etc. You can direct your question to a particular minister or welcome a response from either. (Due to time restrictions, we will have to limit questions for both to answer).

Submit your questions at any time via email to rev.melora@gmail.com or after August 9, via text or phone (250) 891-6330 (Reverend Melora's cell). Please submit all questions BEFORE Monday, Aug.15. Reverend Melora and Reverend Shana will do their best to answer as many as they can.

A lot of volunteer work has gone into making the suite we have rented ready for the Syrian family to move in. Eleven painters worked on May 27 and 28, brightening up most of the rooms with a lighter shade of paint. Mary Cramer and Pat Conroy came to strip the wax on the kitchen floor and ended up painting the kitchen first, assisted by their son, Eliot. It was a huge improvement. Then they waxed the floor. Andy provided the materials, managed the whole painting project, and cleaned up afterward. Betty Sherwood lined all the cupboards and drawers with new shelf paper. Christine Johnston and Dee Heston donated some rugs to help deaden the sound for the landlady, who lives below the suite.



On Sunday, June 5, Ali Hamado pulled up to the church with a U-Haul truck and eight young men, all newcomers to Canada. They loaded all the furniture and household items for the family in about half an hour, assisted by Andy Lee and Jim Willis. Hanny Pannekoek and Betty Sherwood directed the movers, and Lisa Greenly and Colin James helped with their trucks. When we offered to reimburse Ali for the rental, he responded, “We have not done anything; this is the least we could do. Everyone was very happy to be part of it. Many thanks to you and to everyone who gave us this opportunity to help. If you need anything in the future, please let me know. We have all Syrian newcomers, ready for action.” Then he added, “When someone helps, it is to get reward from God, and it has to be purely for the sake of helping without expecting a worldly benefit.” We have been so fortunate to have Ali’s assistance, all through this project!

Needed:

Electronics: Rogers or Unlocked Cell Phones, and Smart Phones. Windows computer (non-XP), desktop or laptop. Printer. Small radio/stereo. Ryan Kinrade is the contact: rkinrade@gmail.com or 250-217-4507.

Clothing: The boys are ages 14 and 12. The girls are ages 3 and nearly 10. The children appear to be slender. New or gently used clothing will be appreciated. We are guessing size medium for the father and mother. Pat Kinrade is the contact: (250-361-4336) or pkinrade@shaw.ca.

Two single bed frames: The boy’s mattresses are sitting on the floor at the moment.

Tools: Simple household tools like a hammer, saw, screw driver, wrench. Power tools are also welcome. Andy Lee is the contact.

Jim Willis, james.w.willis@hotmail.com, is requesting these items for our single female refugee:

1-2 Living room chairs

Table and/or pole lamps

Rugs

New mattress pads for a single bed and for a double size sofa-bed

2-3 new pillows

AM/FM clock radio or alarm clock

Coffee maker

Cutting boards, measuring cups and spoons, can opener, peeler, salt and pepper shakers

Oven mitts, tea towels

Draining board and dish rack

Cleaning supplies

Garbage cans

Shower curtain, toilet brush

Stepping stool, laundry basket

Miscellaneous household hand tools (screwdrivers, tape measure, wrenches, hammer, etc)

Vacuum cleaner

Dustpan and brush, broom, mop and pail

LCD TV and stand

Roberta Clair has joined the Refugee Steering Committee and she will be monitoring all contributions to and expenses from the Refugee Fund. Please direct all financial questions regarding the Refugee Fund to Roberta Clair: Roberta@kjmaas.com or 250-532-1973.

News from the Environmental Action Team is that we are dormant for the summer except for our Buddy Gardens Project. We have been active over the winter and spring organizing Earth Month activities and church service, securing signatures on a petition to support our proposal to Victoria Council regarding GMO crops and initiating the Buddy Gardens Project.

We strive to provide education to church members and friends on various environmental concerns and activities in our own church community as well as the community at large. We do this by working with other congregation members and committees and partnering with organizations such as BCSEA, Dogwood Initiative and the Sierra Club. We will be meeting on September 11 after the church service to brainstorm ideas and activities for the coming year.

We look forward to welcoming new members to our team in the fall. In the meantime, for more information regarding the team and our activities, you can contact any of our active members:

Judy Gaylord at jaylord@shaw.ca; Louise Cole at iotrends4@pacificcoast.net; Jim Jordan at Jim.Jordan@ieec.org or Doug McGinnis at dsmcginnis52@gmail.com

The Give and Take Pantry and Flaws in our Culture

We now have a well-stocked food cupboard, located in the hallway of the farmhouse. It's there for people who need it - but it hasn't been touched. Why is that?

I think it's because of a glitch in our culture. Our culture teaches that we are failures if we are not able to provide something as fundamental as food for ourselves. Such nonsense! As infants and children, we needed constant help. As adults, not one of us has gone through life without being in urgent need of some kind of help at some point. Surely one of the things which makes us human is an awareness of our fragility, of our need to help or be helped from time to time. Why else do we gather in community?

It seems that accepting temporary help, such as that offered through the food cupboard, is very tough indeed for people in our time and place. Please, if at this point in your life you need the kind of help the food cupboard offers, go for it.



Our congregation continues to be generous to our food banks and for this many thanks. Some are regular donors who give faithfully. Others give at Christmas time following a wonderful performance by our choirs. The five we give to are the Salvation Army Family Services, the Society of St. Vincent de Paul, Goldstream Food Bank Society, the Sidney Lions Food Bank and St. John's Emergency Service.

In 2014 we gave \$4,000 in all, following a rotation pattern. We receive thank you cards which are often pinned to our display board. We wish there was no need for this service but sadly there is and there are many grateful people as a result. Again, many thanks to all who give to this worthy cause.

All members, friends, and newcomers to the church can be part of the Neighbourhood Group where they live. Groups meet monthly, bi-monthly, quarterly, or occasionally. If your group is missing from this column, there was nothing to report this month.

If you don't know which group you are in, please phone the church office.

Please note that some of the Neighbourhood Groups are less active in the summer.

Cadboro Bay: Chris Cook writes, "Our NG is mourning the loss of Howard Sturrock, who was a lifetime member of the church. We are waiting to hear where and when the memorial will be held. The Cadboro Bay group will be gathering on June 26th for an afternoon tea at Shirley's and my home for the last time, as the house has sold.

Esquimalt: Pat McMahon reports, "Eleven of us gathered at Cedar Shores on June 3 for a potluck supper, including Alastair Mont's son, visiting from Japan. Tuesday June 14 we will have drop-in coffee at Cafe Fantastico (Fol Epi) in Docks Green from 2:30 to 3:30. Our next potluck dinner will be the first Friday in August.

Fairfield: This news from Lynn Beak: "The Fairfield group had an afternoon get-together at Lynn and John's home on May 22. Sixteen attended and shared something about themselves as a way of welcoming new members. Next gathering will be a summer picnic." Fairfield has also been supplying treats for coffee time in June.

Far Out: Phyllis Aherne writes, "The Far Out group met for lunch at the Peninsula Senior Residence in Sidney on Sat. June 4. Nine FO group members met along, with two of their friends for a pleasant lunch in the residence's dining room. A rose was presented to Jim Jordan, who is moving away from Sidney. His willingness to help out for Souper Sunday and After-church goodies and his pleasant participation in and hosting some of our social events over the years, will be missed by the group. Pam Harte is stepping down from her position as Care and Concern Liaison for our area. We will miss her dedication and energy. A rose was given to her, as well, the following day, since she was unable to attend the lunch. We were offered a tour of the facilities after lunch. The offer was taken up by some of the group and proved to be very interesting. A potluck lunch is being planned in Sept. at Phyllis Aherne's home on Lochside Dr."

Gordon Head: Mary Cramer notes they are celebrating a member of the Gordon Head NG, Shirley d'Estrube, who was recognized at the Transitions Service at church on June 5 as our newest 50 year member. Shirley was unable to attend the ceremony, but she has frequently enjoyed photographs from past such ceremonies.

Grand Central: Marya Nyland has been unwell for quite some time, but she is rallying the troops to provide goodies for coffee time in July. Quite a few visitors from afar attend services in the summer, and we are grateful for members of the NGs who are willing to provide hospitality to make them feel welcome.

James Bay: Lynn Hunter writes, "The James Bay Neighbourhood Group gathered at the home of Adeleine Morris for coffee and goodies on the morning of June 7. There were 10 of us present, so the conversation was lively. A number of people have lived in London, England, so there were interesting reminiscences of time spent there. We have decided to suspend gathering over the summer but a fall potluck lunch is planned at the home of Myra Rippon in October.

Nearby: We are all mourning the loss of Bob Dobbs, and convenor, Nancy Dobbs, will be taking a leave of absence while she recovers from neck surgery and mourns the loss of her beloved spouse. Bob's memorial service will be July 29.

Oak Bay: Tiff and Jan hosted 17 people from their NG at a potluck on June 11. Oak Bay will gather next on Aug. 21 for an afternoon event at Karla & Jim Thomson's.

Royal Oak East: Hanny Pannekoek writes, "Our neighbourhood group is experiencing the mixture of real life: we were responsible for organizing the reception at the memorial service for the daughter of Helen and Thane Waldie. We welcomed baby Lavina, second child of our members Becki and Paul, and sister of Bridgette. And at the end of this month we will be involved with the memorial service for Marie Horncastle.

Royal Oak West: Jen and Lance Young are moving back to Victoria in July, and they have bought a house in Royal Oak West. We are all celebrating their return, and their NG is looking forward to welcoming their new neighbours!

Western: Susan Lean reports a small group met June 11 for their regular potluck, and they plan to meet again July 9. Their long-time member, Mac Elrod, is in failing health, and his family and friends have gathered to support him.

Unitarian Universalist Island Network Summer Camp August 19 - 21, 2016

"I am on a voyage of discovery. I search for those of you who will go on a great adventure...if you are one of those audacious few willing to dare that then to share...then come with me". ~ William H. Danforth ~

Unitarian Universalist Island Network Camp has something to offer everyone. Whether you are part of a family, single, senior or young adult, you are welcome here, and are sure to have a wonderful and enriching experience – Come be part of a diverse, intergenerational, intentional community!.

Easter Seals Camp Shawnigan offers a lovely outdoor setting to have fun, relax, deepen friendships, explore spirituality and feel part of the larger Unitarian community. Take part in campfire, a Friday BBQ, variety show and family dance. As well, Saturday morning offers great programming for all ages, and the fabulous waterfront will be open in the afternoon. Hike up Mt. Baldy for a 360 degree view of Shawnigan Lake, explore the Kinsol Trestle, board games and crafts are other offerings for you to explore. This year there are three streams of adult programming to choose from:

Singing the Spirit with **Denis Donnelly** who will introduce songs, chants and rounds from a variety of spiritual and religious traditions.

Enjoy Somatic Experiencing and embodied Buddhist mindfulness meditation with **June Fukushima** to connect with the wisdom of your mind-body-spirit.

Compassionate Communication with **Selinde Krayenoff**. Learn to listen for and speak from life-serving needs instead of alienating thoughts.

A youth “play” shop program, children’s program, as well as wee care on Saturday morning.

**Please note that you can come for the day if that fits better for your schedule. It is only about a 45 minute drive from Victoria. What a wonderful way to spend a summer day!!

To find out more details about the programs, registration forms and brochures please check out the website at: <http://viuc.unitariancongregation.org>



Susan B. Anthony (1820 –1906) was an American Unitarian, a keen social reformer and feminist who played a pivotal role in the women’s suffrage movement. Born into a Quaker family, she began young, at the age of 17, to collect anti-slavery petitions and later became the New York state agent for the American Anti-Slavery society. She joined a friend in publishing a women’s rights newspaper and became a key force in the National Woman’s Suffrage Association. In 1920 Nineteenth Amendment to the US Constitution which gave women the right to vote was later popularly known as the Anthony Amendment. She also worked internationally for women's rights. Her 80th birthday was celebrated in the White House at the invitation of President William McKinley. She became the first non-fictional woman to be depicted on U.S. coinage, on the 1979 dollar coin.



BOARD MEMBERS ON DUTY

July 3	Suzanne Beauchamp
July 10	John Worton
July 17	Lorna Anthony
July 24	Marion Sollazzo
July 31	Jim Jordan

NOTICE BOARD

It is with great joy that I can announce that Nanw Cariad has offered to take over looking after our Notice Board in the Lion Hall. This board is a means of communicating information about Board decisions, an up-to-date statement of our Income and Expenses, events within the church and in the wider community. Thank you, thank you, Nanw! *gratefully, Betty Sherwood*

Do you have a friend in need ... of a ceremony?
A wedding, child dedication or memorial?



Tell them about FUCV's
Lay Chaplains
 It's what we do!
 Email: laychaplains@victoriaunitarian.ca

We Care!
Care and Concern Committee
 for hospital and home visits, or just to talk...
 Daphne Dunbar at 250-381-7648
 Val Roberts at 250-477-7192
 or your Neighbourhood Group Care & Concern person

NEW PHONE CONTACTS

Jim Willis	250-686-1288
Jim Jordan	250-858-7559
Shirley Travis home	250-386-3455
Dan Klimke	250-665-8087

BIRTHDAYS IN JULY

1	Lisa Greenly and Hanny Pannekoek
5	Mildred Girard
8	Nate Harris
10	Mary Cramer, John Worton and Nan Fairchild
12	Myra Rippon
13	Judy Gaylord
15	Farrell Boyce and Suellen Guenther
16	Jim Black, Christine Selder
17	Al Hoffman, Thomas Ovanin, Katherine Maas
18	Marg Rose
19	Penny Pattison
20	Caroline-Tashish Rentz
22	Sheri Tromp
23	Natnael Mellett
24	Wilma Neilson
25	Ray Travers
26	Don Vipond, Joan Bennett, Henry Amick
29	Cherry Lynn Brown
30	Kisha Bramadat Chesterman, Janice Hlady, Laurel Westinghouse
31	Katherine DeMille

First Unitarian Church of Victoria

5575 West Saanich Road • Victoria BC • V9E 2G1 • Phone: 250-744-2665
 churchoffice@victoriaunitarian.ca • www.victoriaunitarian.ca
 Office hours: Monday - Thursday 9:30am - 4:30pm • Sunday 9:00am-1:00pm

Ministers

Reverend Melora Lynngood
 Cell phone: 250-891-6330
 rev.melora@victoriaunitarian.ca

• Reverend Shana Lynngood
 Cell phone: 250-891-6331
 rev.shana@victoriaunitarian.ca

Minister Emerita

Reverend Jane Bramadat
 250-652-1272

Lay Chaplains

Oceanna Hall 250-886-1077

laychaplains@victoriaunitarian.ca
 Kjerstin Mackie 250-598-5975

Anne Vaasjo 250-385-1603

Director of Spiritual Exploration and Learning for Children and Youth

Faye Mogensen 250-744-2695
 FayeM@victoriaunitarian.ca

Director of Music

Nick Fairbank
 music@victoriaunitarian.ca

Church Administrator

Karen Uldall-Ekman
 churchoffice@victoriaunitarian.ca

Assistant Church Administrator

Sarah Versteegen

Board of Trustees

President	Lorna Anthony
Vice President	Marion Pape
Treasurer	Jane Wilson
Secretary	Karen Furnes
Past President	Shirley Travis

Council Chairs

<i>Congregational Life</i>	Suzanne Beauchamp
<i>Spiritual Development</i>	Marion Sollazzo
<i>Outreach</i>	Jim Jordan
<i>Administration</i>	John Worton
<i>Property Management</i>	John Tiffany
<i>Member at Large</i>	Patty Disbrow

EVENT HIGHLIGHTS FOR JULY

Date	Time	Event	Location
7/1		CANADA DAY HOLIDAY	
7/3	10:30-11:30am	SUNDAY SERVICE	Sanctuary
7/10	10:30-11:30am	SUNDAY SERVICE	Sanctuary
7/17	10:30-11:30am	SUNDAY SERVICE	Sanctuary
7/24	10:30am-11:30am	SUNDAY SERVICE	Sanctuary
7/29	11:00am to 4:00pm	Bob Dobbs Celebration of Life	Church
7/31	10:30-11:30am	SUNDAY SERVICE	Sanctuary

Ads appearing in this issue are not necessarily endorsed by the Church



Astrid Firley-Eaton
Design

interior design
colour consultation

250-384-3405
afedesign@shaw.ca

John A Tiffany, M.S.
Indoor Environmental Quality Consulting

Senior Industrial Hygienist
John A Tiffany
johntiffany0705@gmail.com

Specializing in
Mould / Moisture Issues

Greater Victoria Capital Region

(250) 884-6812 [Cell]
(778) 265-1310 [Tel]



island montessori

Accepting Enrollment
Book now for a tour!

- preschool to grade 2
- before and after school care
- small class sizes
- supportive and caring staff
- excellent academic foundation
- Kodaly music program
- lovely rural location connecting children to nature

5575 West Saanich Rd (across from Red Barn Market)
250 592 4411 imhs@telus.net
www.islandmontessori.com



Sandra Jacobsen, BScN, MA

Downsize in Comfort ©
We lighten your life

250-370-1204
samvic@shaw.ca

In-home technology service, advice and training



iTutor

- Setup your new device/AV system.
- Update or upgrade your computer.
- Get advice on new purchases.
- Borrow or buy books and media.
- Repair hardware and software.
- Troubleshoot Wi-fi, printers, etc.

Ryan Kinrade rkinrade@gmail.com 250.217.4507

■ THANK UU FOR YOUR BUSINESS ■



AN ADDITION for you

ConstructoGroup *Renovating for You*
Stephen | 250-884-4340 | www.constructogroup.ca



PATRICK T. CONROY CD
ACCOUNTANT
AUTHORIZED EFLER
PERSONAL BUSINESS ESTATE RETURNS

4455 Fairmont Place, Victoria, BC V8N 4R2
C: 250-888-9715 H: 250-477-1615
patricktconroy74@gmail.com

June Fukushima, M.Sc.
Somatic Experiencing Practitioner



Balance • Heal • Awaken
Embodied Mindfulness Meditation
Somatic Experiencing

info@junefukushima.com
250 208 2954
4013 Magdelin St.
Victoria, BC V8N 3M5
JuneFukushima.com

The First Unitarian Church of Victoria
5575 West Saanich Road
Victoria, BC V9E 2G1

Phone: 250-744-2665
E-mail: churchoffice@victoriaunitarian.ca
www.victoriaunitarian.ca

Postage paid at Victoria, BC
5575 West Saanich Road
Canadian Publications Mail
Sales Product Agreement No. 40010260

THE VICTORIA UNITARIAN

is the monthly publication of the
First Unitarian Church of Victoria.

The **deadline** for submissions to
the **AUGUST** issue is **JULY 19**.
Copy should be sent to
newsletter@victoriaunitarian.ca.



For those without e-mail, copy may be left at the church
office. All copy is subject to editing.

Information for Events Highlights should be sent to
calendar@victoriaunitarian.ca or left at the church office.

Feedback is welcomed.

Staff

Barbara Nyland and Jen Young (editors); Doreen Burgess
and Myra Rippon (proof-readers); and Karen Uldall-Ekman
(production, distribution and paid advertisements).

Tracy Martins **Painting**

**Interior & exterior painting
carried out to a high standard**

Over 28 years of experience



**For a free estimate, contact:
(250) 519-0497 or tracy.martins63@gmail.com**