



# The Victoria Unitarian

FIRST UNITARIAN CHURCH OF VICTORIA  
*Growing in Spirit, Living with Compassion, Inspired to Serve*

## SERVICES IN NOVEMBER

**Worship Service and Children’s Spiritual Exploration at 10:30am. Child-minding available 10am—noon.**

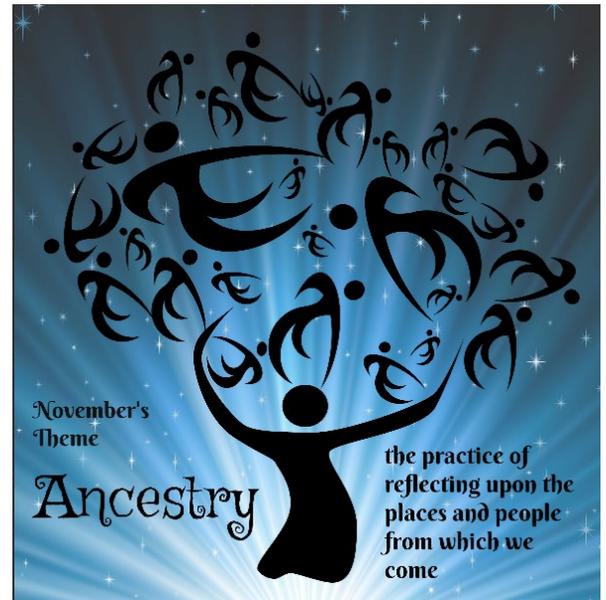
**November 5**

**Honouring Our Ancestors – Intergenerational Service**

**Rev. Melora Lynngood & Co.**

**Worship Associate: Anna Isaacs**

Some people celebrate All Souls Day and the Day of the Dead around this time of year. Join us for this special Unitarian Universalist service in which we honour our own ancestors – our genetic ancestors as well as our “spiritual ancestors,” the people whose legacy we choose to carry within us. All ages welcome at this service. Child-minding available for those who prefer more room to wiggle and play.



Please **bring photos and/or mementos of your ancestors** to set alongside our chalice and candles of remembrance.

**November 11**

**Peter Scales**

**Worship Associate: Madelaine Clarke**

**Remembrance Day: Big Questions**

Remembrance Day is a time to remember those who died in wartime, and to consider the Big Questions surrounding war and peace. Our November 11th ceremony includes Unitarians who have served and who are serving in the Canadian and other Forces, and speaks to all who never want to see war again.

**November 12**

**Presenters: Kjerstin Mackie, Anne Vaasjo, Oceanna Hall**

**Worship Associate: Liz Graham**

**Rituals and Peace**

**Chalice Choir**

Your Lay Chaplains are presenting a twofold service. They will discuss their work in offering rites of passage to the greater community and how it affects their lives. They will also lead us in co-creating a short participatory ritual of rededication for our congregation’s Peace Pole immediately after the service. Those who are interested in participating are invited to bring something meaningful: a tablespoon of earth, water from a special source, a special flower or a stone.

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**November 12th, 7pm**  
**Chris Millington Quartet with Rev. Shana Lynngood**

**Spirited Jazz**

We explore The Voice of the Sax this Sunday evening. Our jazz vespers series blends the gifts and skills of local jazz artists with a brief spiritual message and some time for silent reflection. This month we welcome Chris Millington on sax and Brad Clarke on drums. Please join us.

**November 19**  
**Rev. Shana Lynngood**  
**Worship Associate: Samantha Magnus**

**Generations in the Making**

**Chamber Choir**

We rarely stop to think about the fact that our very existence and particular life circumstances were set in motion by a line of ancestors. The life we live now was made possible by lives that went before us. What have we inherited from them? How well do we honour their memory? What can we learn from the cultures and traditions that place a high value on honouring our ancestors?

**November 26**  
**Rev. Melora Lynngood**  
**Worship Associate: Shelley Motz**

**Sorting Through our Ancestral Baggage**

**Chalice Choir**

This month, we've been considering our ancestry, and holding up the people and traditions we wish to honour. What happens when we find parts of our heritage that we don't necessarily want to pass on as part of our own legacy?

### **Theme Exploration: Ancestry**

Stand-alone, one-time, drop-in, open-to-anyone, after-church, theme exploration sessions. Introspective, interactive, and engaging. Based on the Soul Matters program, but single sessions. This month:

**Sunday, November 19**

12:15pm – 2:15pm

**Ancestry:**

**The practice of reflecting upon  
the places and people from which we come**

**Kids?** Open to Youth (teens) and Adults. Childminding for children available with advance notice.

**Food:** You are invited to partake in the "Souper Lunch" offered in the Sanctuary after the service, before we move over to the Common Room for Theme Exploration. (Soupers are by donation – give what you can afford.)

**Location:** Farmhouse Common Room (in building just north of Sanctuary building, follow signs for office)

**RSVP:** [rev.melora@gmail.com](mailto:rev.melora@gmail.com) with "theme exploration" in the subject heading, or call/text Rev. Melora at 250-891-6330.



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**THE DEADLINE FOR  
SUBMISSIONS TO THE  
DECEMBER ISSUE OF THE  
NEWSLETTER IS  
NOVEMBER 14**

**Eggnog and Conversation with the Ministers**

Sunday, **December 17**, 12:00-1:00 in the Sanctuary

This will be our holiday version of the popular  
“Coffee with the Ministers.”

Bring your comments and questions for another chance to connect  
with our ministers for an hour of informal  
conversation.



**Souper Sunday**

**November 19 after Church**

**Come one, come all! Royal Oak East and Nearby Neighborhood  
Groups invite you to join us for soup, buns and desserts.  
Vegan and Gluten free options.**

**Admission is by donation. Tickets may be purchased in the Lion  
Hall before the service or in the Sanctuary after the service.  
Both adults and children need to have tickets.**



## Keep those Pledge Forms Coming!

Our Annual Budget Campaign (ABC) is well underway. You should have received a Pledge form by now, but if not, they are available in the church office and the Sanctuary. We can also email one to you, or you can pledge online at:

[Click Here](#)

**On October 24, we have 114 pledges in with a total of \$220,965. Well on the way to meeting our goal of \$332,000.**



If you have already sent in your Pledge form, THANK YOU!

If you have not yet sent in your Pledge form, please complete and send it in to the church office even if the pledge amount is \$00.00 as this will assist us in wrapping up the campaign and taking you off the follow-up list.

Enjoy some inspiring information about our community:

[Click Here for the ABC Factoids](#) – [Click Here for Our Sabbatical Year](#)

Thank you for everything you contribute to our community!

Your ABC Team: Barbara Boyle, John Hopewell, Marion Sollazzo,  
Shirley Travis, Jen Young, Barry Wiebe

## ORION VESPERS UPDATE

KRISTINA STEVENS

It is an exciting time for the Vespers Project (Vesperae Pro Serveto)! The poetic Latin text has been written by the Rev. Frances Dearman. The tuneful and evocative music has been completed by Nicholas Fairbank and is being rehearsed by the Chalice Choir, the Chamber Choir, and Via Choralis.

The funding is in place: generous grants have been received from the First Unitarian Church of Victoria Foundation, the Canadian Unitarian Council, and the Unitarian Universalist Association, as well as generous donations from individual church members.

Accomplished musicians have been hired for the orchestral accompaniment: violin, viola, cello, contrabass, flute, clarinet, French horn as well as piano.

The concert dates have been set:

Sunday, November 26 at 2:30pm at St. Elizabeth's Church, 10030 Third St., Sidney  
(joint concert with Via Choralis community choir)

Thursday, December 21 at 7:00pm at the First Unitarian Church of Victoria  
(as part of the Solstice service)

Many of you have been involved in this project, and all will be charmed by the lovely music and thoughtful text. I hope to see you at one or both events!

Kristina Stevens, Project Manager

**EXPLORING ANCESTRY****REV. SHANA LYNN GOOD**

It seems to me that there has been a recent increase in interest by many in researching their genealogy. Lots of people join web search systems such as ancestry.ca in an effort to try to uncover more information about the previous generations of their family. Knowing where and who we come from can be very powerful. As we delve deeper into the stories of the lives that led to our very being we can uncover both inspiring tales of courage and resilience, and sometimes shameful stories of prejudice or exploitation. Either way, it seems wise to wrestle with our ancestry. The history of being human in our particular family can lead us to insights about patterns of behavior or how choices along the way led to outcomes the ramifications of which are still reverberating.

Over the years I have known many people who seem to have a more powerful relationship and sense of ancestry than most. For some it has to do with a religious or familial tradition, and still others an ethnic or racial background. All of these people have shared a common sense of continuing to connect with their ancestors (seeing themselves as a clear continuation of a line, a living legacy). They invoke their names or stories regularly, they have objects or photos of those past generations of family in their home, and some even have rituals in which they honour ancestors and invoke or invite their guidance or wisdom. How do you view your ancestors? How much do you know about them? Does your sense of your ancestors shape you in any way?

As we explore this theme throughout the month, I invite you to use the questions below as a leaping off point for reflection. Choose one or several and ponder, meditate, journal, or otherwise consider:

- Would your ancestors be proud?
- How are your ancestors speaking today? Are you making the time to listen?
- Is it time to question the ancestors' wisdom?
- Is it time to tell the ancestors' secrets?
- Have you passed on what the ancestors entrusted you with?
- What wisdom of the elders did you ignore at your peril? Are you sure you can't start over and try to follow it anew?
- It is true that you are burdened by an ancestry that you can't control or change? Are you using your ancestry as an excuse?
- Have you found your favorite UU ancestor? Do you know whose shoulders you stand on? Have you decided whose legacy you want to help live on?

See you in church to explore all of this!

### Invitation to a Volunteer Appreciation Tea

Saturday November 18 at 2 pm

We would like to show our appreciation for the vital contributions that our wonderful volunteers give to the life of our church.

If you've been volunteering at the church, in any capacity, you're invited to join us for an Afternoon Tea at the church, to say thank you.

Please RSVP by November 7th to:

Elaine Dakin [ecdakin44@gmail.com](mailto:ecdakin44@gmail.com) 250-744-1357 or

Betty Sherwood [bsherwood@shaw.ca](mailto:bsherwood@shaw.ca) 250-382-4656

Co-Chairs Recognition and Awards Committee

Please let us know if childcare is needed

Partial proceeds benefitting

**children's**  
HEALTH FOUNDATION  
OF VANCOUVER ISLAND  
in support of Jeneece Place.

Via  Choralis  
Embrace the *Music*

The Chamber Choir  
of the Saanich Peninsula

Via Choralis, with First Unitarian Church Chalice Choir  
and chamber orchestra  
present



Sunday, Nov. 26, 2:30 p.m.  
St. Elizabeth's Church, Sidney

**TICKETS**

Adults-Advanced \$15; Door \$18;  
Students – \$5; 12 and under – free  
Tanner's Books, Sidney  
from choir members or Brown Paper Tickets  
or buy tickets online at  
<http://www.viachoralis.ca/tickets>



75 voices joining in song and  
featuring the première of  
"Vesperae pro Serveto"  
by Nicholas Fairbank  
based on new Latin texts by  
Rev. Frances Dearman

Via Choralis encourages and supports young musicians



**REFUGEE REPORT**

**SUELLEN GUENTHER**

Sanaz (Sunny), the Iranian refugee we sponsored, has sent a thank you to the church for our support during her first year in Canada. She has finished working at the commercial kitchen and after a few days to rest, she is busy with the discouraging task of looking for another job. In addition, she continues to work at Spencer's three days/week, about 4 hour shifts. She loves the shop and says the work is easy, but she is realizing how low minimum wage is for the hours she puts in. She is in her third month there and is being trained as a cashier.



«...»  
 «...»  
 "Although I may try to describe love...  
 when I experience it, I'm speechless."  
 -Rumi

Dear beautiful people!  
 I want to say thank you all for  
 being there for me when I needed  
 it the most! words can not describe  
 how grateful I am to have your support  
 and kind attention.  
 Loves  
 Sunny :)

Sunny is very happy living with Anne and when she isn't working, she is devoting time to music, sometimes very intensely for 12 hours a day. A musical group at UVic gets together on Friday nights and the professor has invited Sunny to join them when she can. She is also cooking and tending her herb garden.

Now that our financial support has ended, Sunny will be learning what she has to do to support herself. She'd been sending money to her brother in Austria to help support his new baby, but had to refuse his most recent request for money, as she has only one job at the moment.

Sunny really misses her mother, whom she talks to regularly, so she says she feels like she is part of a family again. Sunny and Anne's daughter, Kate, get along really well, so Sunny finally has a friend near her own age. They hang out together, listening to music, talking or going bike riding. Anne and Sunny sometimes cook together, and Anne is enjoying having her there. Sunny's new living situation is a good news story all around.

**Hanny & Betty invite you to a Christmas Wreath Making for the Sanctuary**



On Saturday December 2nd we will be making large Christmas wreaths for the Sanctuary. Join us for what has become a joyous tradition. There will be tea, coffee and homemade muffins to sustain us while we work.

We will start at 10am in the Lion Hall and by noon we will have glorious wreaths decorating the Sanctuary for the Christmas season. There will be wreath frames available, greenery and decorations, and lots of help. Bring pruning shears if you have them and, if you wish, gloves.

Donations of Holly, Cedar, Fir etc. would be wildly appreciated! Contact me, Betty, at 250-382-4656 or [bsherwood@shaw.ca](mailto:bsherwood@shaw.ca) to let me know if you will be there.

**Book Review: *The Carbon Farming Solution: A Global Toolkit of Perennial Crops and Regenerative Agriculture Practices for Climate Change Mitigation and Food Security* by Eric Toensmeier**

This book describes a methodology called “carbon farming” to sequester carbon from the atmosphere in the earth’s soils. The author, an economic botanist, provides a comprehensive reference list of plants in the world that might be used to do this. Conventional farming, as currently practiced, is a net emitter of greenhouse gases (GHG) relative to total GHG emissions worldwide: 11-15% from agricultural production, 15-20% from packing, refrigeration and food retailing, 2-4% from food waste, and 15-18% from land clearing and deforestation, totaling 44-57% of GHG emissions worldwide.

The author advocates using a comprehensive carbon farming toolkit to reverse this situation so that CO<sub>2</sub> can be drawn out of the atmosphere and sequestered in the earth’s soils as carbon, including practices such as using perennial cropping; incorporating trees into crop fields; intercropping and interplanting; regenerative agriculture; raising livestock using managed grazing, planting trees in pastures (silvopasture) and perennial feed and fodder systems; as well as perennial cropping systems such as multi-strata agroforestry, woody agriculture and perennial grains.

The concept of carbon farming is to provide a dual solution, providing food for the world as well as sequestering carbon to limit global warming to 2 degsC, as agreed to in the 2016 Paris Climate Change Agreement or to historical levels as advocated by NASA climate scientist, James Hansen: “A 350 ppm (atmospheric CO<sub>2</sub>) target may be achievable by phasing out coal use... and adopting agricultural and forestry practices that sequester carbon.” The IPCC (Intergovernmental Panel on Climate Change) states that we are most likely headed toward a rise of 3.7-4.8 degsC by 2100 unless we undertake aggressive mitigation measures. To avoid reaching a tipping point in the earth’s climate, the world needs to move quickly to both a Plan A: phasing out fossil fuels and adopting 100% renewable energy, followed with a Plan B: carbon farming to draw down excess CO<sub>2</sub> in the atmosphere to historical levels while providing world food security.

**You may be a Unitarian Universalist if:**

You get mail from committees you didn't know you were on.  
 You know at least two people who are upset that trees had to die for your church to be built.  
 You find yourself rewriting a church survey, rather than taking it.  
 You call up your minister in the middle of the night, panicking because you are starting to believe in God.  
 To explain your personal theology, you have to use interpretive dance.  
 You think a Holy Day of Obligation is your turn to do coffee.  
 You think the Holy Trinity is "reduce, reuse and recycle."  
 When you watch *Jaws* you root for the shark ("Hey, sharks have to eat too!")  
 You think socks are too formal for a Summer service.  
 You think "Whatever" is a valid theological point.  
 The only time “Jesus” is mentioned at church is when someone trips or stubs a toe.

**Do you have a friend in need ... of a ceremony?  
 A wedding, child dedication or memorial?**

Tell them about FUCV's

**Lay Chaplains**

It's what we do!

Email: [laychaplains@victoriaunitarian.ca](mailto:laychaplains@victoriaunitarian.ca)



**We Care!**

**Care and Concern Committee  
 for hospital and home visits, or just to talk...**

Barbara Boyle at 250-381-0264

Val Roberts at 250-477-7192

or your Neighbourhood Group Care & Concern person

**BOARD BUSINESS****LORNA ANTHONY**

Following is a snapshot of our October Board meeting held on Tuesday, October 3<sup>rd</sup>. A full set of minutes will be posted on the Lion Hall notice board.

- John Tiffany was welcomed back onto the Board to fill the Property Management Council Chair vacancy.
- Our office administrator, Nadia Kozak, attended to talk about her job and how the Board can best meet her needs.
- There have been major glitches with Live Streaming—Cecil Bannister and Farrell Boyce are working on a more effective service. Mike Graham is working with a team including the Capital UU Congregation Chair, Mike Riess, to look at the possibility of a Victoria UU channel.
- File management and archives work is ongoing.
- The FUCV Board met with the Capital UU Congregation Board to discuss common interests and projects.
- The Strategic Planning Update was discussed. A team with Marion Sollazzo, Marion Pape, Rebecca Mellett and Rev. Shana will work on distilling the consultation results in order to present an action plan for the next Board meeting. The action plan will be presented to congregation.
- Together the Board drafted a new covenant for Board members.
- Pride parade/events have been moved from the SRC to the Outreach portfolio.
- Midterm evaluations for our Ministerial Intern, Chris W., have been sent to the UUA.
- Lorna is participating in a Zoom meeting led by CUC staff person, Joan Carolyn, to discuss a regional (Islands) one-day Spring Gathering.
- Lorna reminded Board members that each year's Annual Reports contains excellent information on the various committees/teams.
- Treasurer, Jane Wilson, reported that the majority of expenses are in line for this point in the year. She noted that the mortgage is due for renewal next year so there will be a big question about paying down the mortgage. The finance committee is being asked about providing forums for discussion prior to a decision being made.
- The Awards and Recognition Committee asked Council Chairs for names to be nominated for Honoured Volunteer.
- John Worton spoke about fiduciary responsibilities of the Board as well as the structure and function of the Human Resources team.
- Rev. Melora is leading a team to hire a new SEL-CY director. Visioning will be given to the changing dynamics of children/family programming.
- It was moved to appoint a past president or other assignee to liaise with the nominating committee in order to supply continuity of procedural issues and insights into Board development.
- Jane will lead a small group to look into restructuring the Treasurer's role.
- Tiff and Peter Hancock will take training for the defibrillator.

As always, please don't hesitate to contact me with questions/concerns/comments. I'm available at church on Sundays or [lanthony@shaw.ca](mailto:lanthony@shaw.ca) or 250 592-4831.

***Remember our give-and-take food cupboard in the farmhouse hallway.***

***Take as you need, give as you can.***

When I stopped to consider ancestors this morning, I found myself thinking of the human pyramid game.

It feels to me as though there are a whole lot of people holding me up, and helping me stand tall. Many are relatives, others include friends, teachers and philosophers who have inspired me to become the person that I am. My ancestry pyramid is broad as well as high—a good thing since now and then a wobble has arisen, for example when I've recognized a dysfunctional ancestor or relationship, or found that I needed to reconsider one of my assumptions about life. Happily, the other elements of my ancestry pyramid have continued holding me while I've worked to let go of or forgive the wobbling pillar of influence. Happily, my pyramid has grown over the years, with new voices, new friends and new family members who now help me stand tall.



As you think about the ancestors in your life, I wonder whether the metaphor of a human pyramid might work for you too.

The analogy is help in describing my vision of the children and youth program: we aspire to augment and strengthen each child's "ancestry pyramid" with the principles of our faith, and the love of community. Our program leaders are so important in this, with the love, kindness, generosity and wisdom they offer. As I begin to wind up my time working at the church, I want to repeat a thousand times over to each of them, 'thank-you' and 'you have made a difference in the lives of so many', and 'you have become ancestors to young people you didn't used to know'.

Even those of you who don't volunteer in the program, but share your smile or small conversations, are important pyramid builders for the children. My view is that you adult congregants, with your inspirational ways of being, are training the children and youth in aging gracefully. Thank-you for that.

With love and light,  
Faye Mogensen  
Director of Spiritual Exploration and Learning

## **Caregiver Support Group**

**We are exploring the possibility of offering a support group for caregivers of loved ones with dementia or other chronic disease. The purpose of the group is to strengthen the coping abilities of active caregivers through sharing common experiences, understanding the impact of a chronic disease on the family, and encouraging caregivers to actively engage in their own physical and emotional health.**

**This group would be facilitated by Jeri Dause, a church member who has facilitated caregiver support groups for the past 3 1/2 years. The first meeting will be on Tuesday, November 28, from 1:00-2:30. If interested, please contact Jeri at [jkdause@gmail.com](mailto:jkdause@gmail.com) or [250-384-4530](tel:250-384-4530).**

## Share the Plate - Compassion in Action

This is an invitation to come form a new team to choose the *Share the Plate* recipients for the next year. Help spread our generosity into the wider world.

The tradition of "share the plate" is a responsive, visible and effective way to enact public compassion. Week after week, year after year, congregants and visitors are reminded that paying attention to both our own and others' needs are of equal importance. We are declaring interconnection, that we know what is done for others spirals back to ourselves in both practical and spiritual ways.

For many years, the First Unitarian Church of Victoria has distributed about \$10,000 per year to various charitable organizations operating both close to home and further afield. The recipients are currently chosen by the members of Social Responsibility Coalition from suggestions brought forward by congregants.

The SRC does its best to ensure the chosen charitable organizations are responsive to one of our seven principles and fiscally responsible. To ensure as many groups as possible are aided, a recipient is not granted a *Share the Plate* month for two years in a row. The only exception to this is our own HOW program each March and seasonal choices for December such as The Dandelion Society.

There is also an accompanying action of the month suggested by the SRC which often ties in that month's *Share the Plate* recipient. We do this for two reasons - effectiveness and inclusiveness. While there is no doubt in our world that money is useful to a cause, actions of some kind are equally powerful. Should people not feel willing or able to put money in the plate, then there is always the equally strong option of acting in another way to honour connection. *Share the Plate* lifts up an issue to the public eye and the response is always personal.

To reach out to groups we have not helped and to encourage a wider understanding of this wonderful way to make a small but visible difference in the world of social justice, some changes in structure are afoot. The SRC would like to broaden the members who plan *Share the Plate* for the year to a team of five, with two being SRC members and the rest interested congregants. They would meet three times a year to research, present and choose recipients for the next year, and report the decisions to the SRC. Those who suggest a recipient must also be willing to put together information in display form for the hallway. It is both interesting and rewarding social justice work.

If you are interested in helping to plan for 2018, please contact Leslie G at [leslieucv@gmail.com](mailto:leslieucv@gmail.com) or 250-592-7032. We would like to have our first meeting in early December. No long term commitment needed.

### "Come Sing A Song With Me"



If you and your children would enjoy singing songs together—call and response, rounds, simple harmonies, new, familiar songs, some fun, some with a Unitarian slant—come join Nancy Dobbs at 9:30 on September 24 in the piano room upstairs in the SELCY building.

If there is enough interest we will meet the morning of October 22, November 19 & December 10. We might learn songs that we wish to share with the congregation.

If you are interested, please RSVP to [nandobbs@shaw.ca](mailto:nandobbs@shaw.ca).



# Winter Concert

Friday December 8  
7pm

Doors Open at 6:40pm

**First Unitarian Church**  
5575 West Saanich Road

**Featuring our Choirs and Bell Ringers  
plus a few surprises**

**Admission by CASH donation (no food)**

**All proceeds to the Food Banks**

**Reception to Follow**

**MUSIC NEWS**

NICK FAIRBANK

**SINGERS and BELL-RINGERS NEEDED!**

If you have ever considered singing or playing in one of our musical groups, September is a good time to join. The Chalice Choir, the Men's Choir, the Farmhouse Ringers (handbell choir), the JAMMers, and the Chamber Choir are all looking for new talent for the 2017-2018 year.



Contact the people below for more information about each group:

**Farmhouse Ringers (rehearsals on Monday mornings):**

**Sandra Fletcher**                      **spstudio@hotmail.com**

**JAMMers (meeting times TBA):**

**Peter Hancock**                      **hancockp@telus.net**

**All other groups (rehearsals on Thursday evenings):**

**Nick Fairbank**                      **info@fairbankmusic.ca**

**250-514-2669**

**SRC ACTION OF THE MONTH****DAVID SUZUKI FOUNDATION**

The November *Share the Plate* recipient is the David Suzuki Foundation. Its mission is to protect the diversity of nature and our quality of life, now and for the future. Its vision is that within a generation, Canadians act on the understanding that we are all interconnected and interdependent with nature.

Top goals of the foundation are:

**Protecting our climate** — research and provide clean energy solutions and information on energy conservation to ensure Canada does its part to reduce greenhouse gas emissions and avoid dangerous climate change.

**Create livable communities** — assist urban centres in Canada to protect green and blue spaces and promote transit-oriented development and pedestrian- and cycle-friendly transportation options.

**Establish environmental rights and justice** — work with citizens, constitutional experts and lawmakers to ensure that Canadians enjoy the right to live in a healthy environment.

**Transform the economy** — help secure Canadians' high quality of life within the finite limits of nature through efficient resource use.

**Connect with nature** — assist Canadians, especially youth, to learn about their dependence on a healthy environment and the benefits of time in nature through outdoor education and opportunities.

**Build community** — engage Canadians to live healthy, fulfilled and just lives with tips on building Earth-friendly infrastructure, making smart energy choices, using efficient transportation and being mindful of the products, food and water we use.

Currently, as part of the right to live in a healthy environment, the David Suzuki foundation and other environment and health groups agree with the federal environment minister that changes are needed to modernize and improve the Canadian Environmental Protection Act (CEPA), the federal law for regulating pollution and toxic substances. If you would like to support these changes please sign a postcard available at the SRC shelf or visit <http://action2.davidsuzuki.org/FEBR>

**MAASAI FRIENDS4GOOD****KRESSA SISU**

I am a fairly new member to UU and I am thoroughly enjoying this welcoming community!

I was never one to have Africa on my "bucket list," but volunteering in Tanzania for 5 years now has become a passion and a heart opening experience that I am so grateful for.

Our group is called Maasai Friends4Good and we have charitable status through Enterprise 4 Good. Our focus is supporting a Maasai Village in Makuyuni, Tanzania. Their focus is educating their children and we now have 4 classrooms and 3 enterprises to help sustain our school project.

I am a Team Leader and we do this work by bringing groups of volunteers together with our Maasai family to complete a build. We laugh, work, dance and sing and before you know it we have done a build. It could be a classroom, a kitchen or a latrine, whatever is needed at the time. We take our project direction directly from the elders of the community. Together we have had amazing accomplishments.

I am excited to announce the I am Co-Team Leading another group on April 7th, 2018. Your whole trip including your flight is Tax Deductible! If going to Africa and making a difference is on your list of things you want to accomplish, come and join me for this heart opening, amazing experience! Your life will be changed forever!

Check this video out and you will get a feel for what we do!  
<https://www.youtube.com/watch?v=V3yilK6pYaU>

*Leave a Legacy that will last for generations!  
 For more information please contact me:  
 Kressa Sisu [kristinasisu@gmail.com](mailto:kristinasisu@gmail.com) 250-588-8605*



### Walking In Spirit with Rev. Melora

Our experiment continues. Walking – and simply being outside – can be good for body and soul. Join us!

**Thursday, November 16  
 10:00am**

Walk will include some walking and some sitting; some mindfulness practices and some time to chat as we walk.

Rain or shine – wear weather appropriate clothing (walking in rain can be good for the soul too!)

Cedar Hill Golf Course (this meeting spot allows us to walk the 'top half' of the walk at Cedar Hill Rec Center; in September, we walked the 'bottom half') 1400 Derby Road, Victoria

Map link:

<https://goo.gl/maps/hgSFhwetft42>

We'll meet at the parking lot entrance sign, pictured here.

RSVP [rev.melora@gmail.com](mailto:rev.melora@gmail.com) subject "walk"; cell/text 250-891-6330



**AROUND THE NEIGHBOURHOOD****SUELLEN GUENTHER**

*All members, friends, and newcomers to the church can be part of the Neighbourhood Group where they live. Groups meet monthly, bi-monthly, quarterly, or occasionally. If your group is missing from this column, there was nothing to report this month. If you don't know which group you are in, please phone the church office.*

**Cadboro Bay:** This small NG will be providing the coffee-time treats in November. They have also been invited to afternoon tea at the home of Howard and Linda Petch on October 22nd.

**Esquimalt:** Maureen Sherlock writes, "Esquimalt Neighbourhood Group gathered for a potluck dinner on October 6th, hosted by Barbara Boyle. Barb and Allan set up the tables in such a way as to make it easy for us all to have a lively conversation as a whole group. There were 14 of us enjoying the good food and community spirit. In November, we will have a coffee get-together. This time we are trying something new, so instead of meeting at a coffee shop, Anne Vaasjo and John Stewart offered to host it at their home."

**Fairfield:** This NG is sad to see two of their long-time members move out of the neighbourhood. Lynn Beak writes, "Pauline Kenneally and Roger Sandford have moved (down-sized) to James Bay. Their passion for the community, willingness to help others, and long-term commitment to Care and Concern will be missed. The next Fairfield NG gathering will be on **Sunday October 22nd**. The topic will be "If you could travel back in time, what year would you visit?" Lynn and John Taylor are hosting. Fairfield also worked with Oak Bay to host the very successful Souper on October 1st.

**Far Out:** From Phyllis Aherne we hear, "The Far-Out group met on Saturday, September 30th for a pot-luck lunch at my place, and although the weather did not permit a glass of wine on the patio, fifteen "Far-Outers" did enjoy a glass of wine, great food and pleasant company indoors. Our after-lunch topic for discussion was "What was the best thing about your summer?" As always, the answers were varied and most interesting with trips to The Mediterranean, spreading ashes of family members, family reunions and a rendezvous with Prime Minister Trudeau in White Horse. We were delighted to meet a newcomer to our group, Kressa Sisu, and even more delighted to see her ushering October 8th. You are an inspiration to us all, Kressa! Our next gathering will be after Christmas."

**Gordon Head:** Convenor, Mary Cramer, and Pat Conroy brought former NG member Mary Canty and her wheelchair to church on October 15th, where she received recognition for having just celebrated her 95th birthday. Mary has recently moved into assisted living in the Grand Central NG area.

**Grand Central:** Marya Nijland notes that plans are up in the air, but her group hopes to gather in November or December.

**James Bay:** Lynn Hunter writes, "The James Bay Neighbourhood Group met at the home of Carol and David Smith for afternoon tea on September 27th. Seven of us were there, including Pauline Kenneally and Roger Sandford who recently moved from Fairfield to James Bay. We also had one member of the Capital Unitarian fellowship. Our numbers were lower than usual, we believe because of the number of stairs to get into Carol and David's home. We'll be meeting for a potluck lunch at the home of Pat Kinrade on Wednesday, November 8th."

**Nearby:** Nancy Dobbs issues this invitation, "You are invited to a Souper hosted by Royal Oak East and Nearby Neighborhood Groups on Sunday, November 19th. Watch for notices in this newsletter and the E-weekly. Nellie Van Leeuwen and Laura Doyle have graciously offered their home for a neighborhood potluck on the first weekend in December."

*...continued on next page*

...continued from previous page

**Oak Bay:** Tiff reports, “Oak Bay NG had a potluck at Jany & Tiff’s home on September 23rd. Twenty people enjoyed good food and company. Our theme “What Does the Fall Season Mean to You?” brought out interesting and thoughtful comments (most people talked about fall colours back east, but the coming rains were also mentioned). On October 1st, Oak Bay NG co-hosted a Souper Sunday with Fairfield NG. There were 14 soups and 113 tickets sold and over \$600 raised. We will be having our usual monthly luncheon on the third Wednesday of the month at the Monterey Centre’s Fern Cafe.

**Royal Oak East:** Hanny Pannekoek announces, “We will next gather on October 24th at the home of our generous hosts, Mary-Ellen and Bruce. We are hoping to welcome our two new members, Shirley Marcus and Giselle Bentley. One task on the agenda will be the preparation for doing the Souper Sunday lunch on November 18th with Nearby NG.”

**Royal Oak West:** Fran Hancock sends this appreciation, “We are grateful for the warm hospitality of Jen Young who kindly shared her home with 15 of our Neighbourhood Group, one of whom is a newcomer, Lynne Bonner. It was so good to connect with others and to get to know one another better. There were Royal Oak members who had helped at the Book Sale that day and a tired Suellen Guenther arrived to give a brief update (she later reported that over \$4,000 was raised for the church). It was a great day to come together! One of the more poignant moments was the reaction to the documentary by Ken Burns, *The Vietnam War*, especially by those who had a personal connection.” Royal Oak West provided coffee time treats in October.

**Western:** Susan Lean reports that her group hopes to get on track soon with their monthly potlucks.



## December 25 Potluck Dinner

**1:00 pm in  
the Lion Hall**



**Sign up in December for this popular event!**

**Look for Barbara Nyland in the Lion Hall after the Sunday Services.**

**Two turkeys will have been donated but we need two volunteers to cook them!**

**You will be asked to sign up for one of the following:**

**Salmon \* Cooked Vegetables \* Salad \* Vegan dish \* Turkey Stuffing  
Cranberry Sauce \* Buns \* Dessert**

**Beverages will be provided**

**Everyone is asked to bring a small gift — around \$5.00**

## *Path to Membership*



*Are you new to our church?*

*Have you just discovered our church or are you a Unitarian from elsewhere?*

*Would you like to know more?*

We know it can be daunting to get to know people when everyone seems to already know everyone. And we know it can be hard to get to know us in the coffee hour. So, if you **would** like to get to know us better, we hope the steps below will help.

**STEP ONE:** *Drop by the Visitors' Table* near the front of the sanctuary. Ask questions. Fill out a Visitor Welcome form on which you can indicate if you would like to receive the monthly newsletter, weekly electronic mini-newsletter, be connected to your Neighbourhood Group, or have your own name tag.

**STEP TWO:** *Membership Orientation, December 10, 12noon—1pm*

This is a gathering for all newcomers, whether you have just walked through the door or been coming for several months and want to know more about us, whether you eventually become a member, or choose to be a friend of the church. The Orientation provides basic information about our congregation and ways to make connections.

**STEP THREE:** *Considering Membership, November 5 and January 7, 12:15—2pm*

This session will help you determine whether you would like to officially become a member of our church. Whether you join right away, not yet, or not at all, the session will be informative and enjoyable, as we will be talking about things that matter in a small group setting with warm and interesting people.

Events are held on Sundays, after the church service, in the Farmhouse Common Room in the building just north of the main Sanctuary building. A light lunch will be available and child minding is provided on request.

To sign up for either or both of these events, or if you have questions, please contact Reverend Shana Lynngood at [rev.shana@victoriaunitarian.ca](mailto:rev.shana@victoriaunitarian.ca) or cell (250) 891-6330.

**STEP FOUR:** *Application for Membership*. Fill out the application found in the membership packet. Submit the application and a financial pledge or contribution to the office. Your name will be read into the membership records at the next board meeting. Voting privileges commence 60 days after and you will be recognized at the next New Member Ceremony.

### *Another event to watch for:*

Periodically, a two-part event called **Introduction to Unitarian Universalism** is offered which is designed to give more in-depth information about UUism. Whether you are not yet a member, a new member or have been a member for a long time, if you wish to know more about our denomination, this is for you.

***We are so glad you have found us and we are looking forward to getting to know you.***

**HONOURED VOLUNTEER****ADELEINE MORRIS**

I was introduced briefly to Unitarianism in Calgary during the early 1970s. Life and circumstances got in the way and it wasn't until I moved permanently to Victoria twenty years later that I started attending FUCV on Superior Street.

A year or two later I added my name to the sign up sheet for the Human Resources Committee. Within a week or two I received a call for the first meeting. I missed the second meeting. During that time the committee chairperson (who was a senior administrator in Human Resources at the University of Victoria) had become aware of my six-year stint with the University of Regina doing recruitment and job analysis. When I attended my third meeting I was asked to chair the committee. During the seven years I spent in that position, I learned a great deal about the workings of the church and how important it was to never miss a meeting.

My professional background included experience in administration and business so my volunteer work has centered largely on areas where I felt capable of making positive contributions. Keith Jobson was chairperson when I served on the Board and when Vann Knight was our newly arrived minister, I assisted him with administrative tasks for the first year. Being a member of the founding committee for the FUCV Foundation was a highlight of my volunteer experience with the church. Currently I am co-chairing the Investment Committee with Kristina Stevens and also serve on the Legacy and Foundation committees. More fun than work is sorting books for the annual sale under Suellen Guenther's capable direction. This past sale was the 17th time that I assisted in tabulating income from the previous annual garage sale or current book sale. Lorna Anthony and I have been partners for several years and previously, Myra Yarwood, Mertie Chilton and Emily Whitney shared their skills so I became reasonably efficient in counting bills and rolling coins.

Volunteering has been my way of contributing to a community that I value and it has provided me with the opportunity to meet people whose friendships I cherish.

John Hopewell says:

“Adeleine is passionate about the long term financial health of the congregation. I’ve worked with Adeleine in a number of capacities, usually related to Church finances. She was one of the founders of FUCV Foundation and currently is serving as its President. She has also served on the Legacy Team for many years, being instrumental in developing and successfully implementing a plan to encourage members and friends to leave bequests to the congregation. I believe I also worked with her on Finance Committee many years ago but that’s a little foggy!

I also know she currently serves on the Investment Team and for a long term chaired the Human Resources Committee. She also served on a Search Committee.”

Lorna Anthony says:

“In her role on the Investment Committee, Adeleine was instrumental in seeking out ethical investing and researching the company the church now deals with. Every September, Adeleine and I have a standing ‘date’ where we count the money for the book sale, get caught up with each other's lives, recommend good reads and enjoy some of the bake sale goodies.”





## Truth, Healing and Reconciliation

What does it mean to you? How might you engage....

Plan now to attend **šxw?amət (home)**, an interactive forum play about reconciliation between Indigenous and non-Indigenous people on **Friday January 19 and Saturday January 20, 2018**, a touring production of Vancouver-based Theatre for Living, which our congregation is co-sponsoring. This will create a deeper understanding of the issues we face now and honour our interdependence. It's interactive, provocative and transformative. Tickets will be available in early December, and we'll be requesting volunteers to help with setup/takedown. From last year's Vancouver production: [http://www.theatreforliving.com/present\\_work/sxwPamet/index.html](http://www.theatreforliving.com/present_work/sxwPamet/index.html)

Next Spring, we intend to **host indigenous artist[s] in residence for all of us – children, youth and adults** to learn about indigenous ways of knowing and encourage deeper relationships. One or several artists will be chosen by a selection committee, within established criteria, endorsed by relevant committees, the ministers and the Board. Why don't you become part of the coordinating network? Share ideas, connections and have fun. Contact us at [HReconciliation@victoriaunitarian.ca](mailto:HReconciliation@victoriaunitarian.ca)

## TED HUMPHREYS -- MUCH VALUED ELDER

DON VIPOND

Each year, the University of Victoria Institute on Aging and Lifelong Health, formerly the Centre on Aging, celebrates local seniors with an award called the VERA, the Valued Elder Recognition Award. This award is given to honour older volunteers who have generously given 10 or more years of exceptional volunteer time to their community.

There were 11 such awards presented this year. Our church nominated Ted Humphreys. A luncheon and presentation was held at the Salvation Army Citadel on September 29th. On hand to see Ted honored were his daughter, Beth, Don Armstrong and Lynn Hunter, Margot Lods, and Don Vipond.

The tribute paid to him by Lois Holizki, Manager, Institute on Aging and Lifelong Health, included these remarks:

*Edward H. Humphreys was born in Toronto at the depth of the Depression. Watching his widowed mother's efforts to see her two daughters and son through high school and university while working 12 hours a day made him a life-long feminist. He founded the Ethel May Trust Fund in 2005 in memory of his mother. The trust operates through the First Unitarian Church of Victoria and assists local families – in particular abused women and their children. In 2016, the Ethel May Trust dispersed \$10,297 through 21 cases, assisting 22 adults and 17 children.*

*Prior to moving to Victoria in the year 2002, Ted taught for seven years, ran for political office at the provincial and federal levels, served on and chaired two school boards in Ontario. Ever since he and his late wife, Ruth, moved to Victoria, he has been an active member of First Unitarian Church of Victoria, which has provided his imaginative initiatives with a perfect platform.*

*Another innovative creation of Ted's was the annual Unsung Heroes project which honoured community charity volunteers. He not only funded the dinner but took on multiple roles, from chairing the organizing committee to being one of the evening waiters.*

*Ted has also served on the church management board for over six years. He was among the first in his church to stir a vigorous response to the Sumatra earthquake in 2004. Under the umbrella of the Unitarian Church, Ted continues to support church initiatives and charities, including Child Haven and the Ethel May Trust Fund.*



Making the presentation to Ted are (left) Professor Denise Cloutier and Lori McLeod, executive director of the Eldercare Foundation.

**SRC DEMOCRACY TEAM****PHILIP SYMONS/SONYA IGNATIEFF****Should politicians rule like dictators, or learn to compromise?**

In August we learned that our current First Past the Post (FPTP) system frequently results in all-powerful “majority governments” elected by less than 50% of the voters. In September we learned that proportional representation (PR) is fairer than FPTP, even though it may more often result in minority governments. In October we saw how PR can be achieved with three different kinds of ballots. Here we ask, “Are minority governments elected using proportional voting systems really less stable and shorter-lived than governments elected under FPTP, as is so often claimed?”

That proportional representation results in unstable governments is simply a myth, says Fair Vote Canada, an organization promoting fairer voting systems.

Over a 50-year period, countries using winner-take-all or First Past the Post (FPTP) voting systems held 16.7 elections, while those using proportional representation (PR) had 16 elections, according to a study cited by Fair Vote Canada.

Even Italy, so often cited as having unstable PR governments, had 18 general elections between 1945 and today, while Canada had 23 in the same period.

What many people fail to understand is that unstable minority governments are the product of winner-take-all systems like FPTP. FPTP creates no incentive to compromise and cooperate, so when a minority government is elected under FPTP, it sets about undoing all the previous ruling party’s policies. The opposition parties, in the majority, therefore gang up on it, and the government falls. We’ve been seeing this at both the federal and B.C. provincial governments over the past few years.

It is FPTP itself that causes minority governments to be unstable. With proportional representation, ruling parties must compromise, and there is therefore less incentive to undo the previous government’s work.

With myths about proportional representation floating around, how are people to choose knowledgeably when asked in a referendum if they want to switch from FPTP to PR? We’ll examine that in the December newsletter.

## **COMMUNITY DINNER – SPAGHETTI NIGHT FRIDAY NOVEMBER 10 AT 6PM**

**Vegetarian options will be available.**

**Everyone is welcome! Please come join us as we start the new church year!!  
Please bring a salad or dessert to share.**

**To help with clean-up please bring your own plate, cup and cutlery.  
A rinsing station will be provided.**



**Community Dinner is a  
multi-generational event and an  
opportunity to meet new people or catch  
up with friends over a casual,  
fun delicious meal.**

The UUIN would like to spread the word about upcoming events that are open to all interested Unitarian Universalists on Vancouver Island and surrounding Islands. We are better together!

Hold this date for the **UUIN Spiritual Retreat**, Feb.16-18, 2018, Bethlehem Centre, Nanaimo. More details coming in November, so watch for them at <http://viuc.unitariancongregation.org/>

### UUIN Summer Camp 2017

UUIN Summer Camp was held 18 – 20 August 2017 at Shawnigan Lake Easter Seals Camp. The theme for the weekend was *Let the beauty we love be what we do ~ Rumi*. 25 adults, 2 youth and 12 children under the age of 13 spent the weekend relaxing, playing, reconnecting and getting to know each other. 10 more UUs came for Saturday and bolstered the number up to 49 participants.

The adult programs included:

*“Soul Nourishing Singing”* with Cathy Baker and Dick Jackson who introduced fun, soul-nourishing singing to blend voices in community and gently stretched musical boundaries.

*“Mindfulness, the Creative Life and Yoga”* with Margo McLoughlin and Margaret Huff, explored how the practice of mindfulness supports the flowering of a creative life.

The youth program was facilitated by Sam Magnus and the theme was *“Prayers for Peace.”* This became the main topic of conversation as they hiked up Mt. Baldy. The potential for world conflict and what UU youth can do was the main talking point.

The children and wee ones were all together with 4 supporting adults (Anna Isaacs, Mary Burcher, Shannon Roberts and Martha McDougall) and the highlights were crafts, jumping on the trampoline, being out in nature and swimming in Shawnigan Lake.

Amanda Tarling was the camp chaplain and led a theme-based Ingathering based on the beauty of the BC wilderness and native plants. Each person was presented with a wooden round hand-painted with a native plant such as sorrel, chicory, vanilla leaf, aster and phlox. The Sunday service revisited the natural beauty of BC, bird songs and our place in the wide community. The closing focused on the discoveries of the weekend and blessings looking forward to Camp 2018.

The Variety Show on Saturday night was loads of fun with an incredible amount of talent offered and Jane Fox doing a brilliant job as the MC. Following the show there was a live dance band composed of Cathy Baker, Lorne Sahara, Dick Jackson and a friend of Dick’s on guitar. The band was enjoyed by all in attendance and the dancing went on for hours!

Cathy Baker, Mary Burcher, Jane Fox, Anna Isaacs, Dick Jackson, Andy Lee, Samantha Magnus, Martha McDougall, Shannon Roberts, Lorne Sahara, Amanda Tarling, and the FUCV Board, you made this great event happen. All the campers, singers, dancers, hikers and game-players helped make it more enjoyable. On behalf of the UUIN, heartfelt thanks to everyone who contributed to this rich weekend. See you again next year!

**BIRTHDAYS IN NOVEMBER**

- 1 Gloria Turner
- 2 Linda Nicholson-Brown, Thomas Andersen
- 3 Lance Young, Angelina Templeton
- 4 Marion Sollazzo, Harry Moore
- 6 Laura Porcher
- 7 Louise Parsons
- 8 Penny Furnes
- 9 Lorna Anthony, Andy Lee
- 10 Faye Mogensen, Bobbee Engel
- 11 Reese Willis
- 12 Brock Brown, Pauline Kenneally
- 15 Sam Wilmott
- 16 Hanne Fair
- 17 Kit Filan
- 19 Doug Seeley, Lila Watson
- 20 Diana Black, Willow Mak
- 22 Bob Van Alstyne, Simon Williams
- 23 Terri (Tera) Ziegler
- 25 Naida Hyde
- 26 Anna Tilson
- 28 Robert Gifford

**CONTACT CHANGES**

Temporary address for Frances and Peter Hancock as they change their residence.  
 Frances & Peter Hancock  
[4419 Wilkinson Rd](#) Saanich, BC V8Z 5C1  
 Royal Oak West

Eleanor Lloyd  
 Abbyfield House  
 10017 - 5th St Sidney, BC V8L 2X8  
 Far Out NG

Helga Jacobson  
 Victorian on [Feltham](#)  
 Suite #328 - 1773 Feltham Rd Victoria, BC V8N 6E8  
 Gordon Head NG

Mary Canty  
 Parkwood Court  
[Rm 120 - 3000 Shelbourne](#)  
 Victoria, BC V8R 6T2  
[250-598-3462](#)  
 Remaining in Gordon Head NG

**EVENT HIGHLIGHTS**

**November**

**2017**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
				10:00   Board Exec Mtg 6:00   Chamber Choir Rehearsal 7:30   Chalice Choir Rehearsal		10:30   Depression & Anxiety Support 12:45   Buddhist Meditation
5 <i>Daylight Savings ends (set clocks back 1 hour)</i> 10:30   Sunday Service* 12:00   AHA Mtg 12:15   Considering Membership	6 10:00   Farmhouse Ringers Rehearsal 1:30   Choices in Dying 7:30   FUCV Pub Night (Canoe Brewpub)	7 1:00   Board Meeting	8 1:00   Care & Concern Meeting	9 6:30   Men's Choir Rehearsal 7:30   Chalice Choir Rehearsal	10 6:00   Community Dinner	11 <i>Remembrance Day</i> 10:30   Remembrance Day Service 12:45   Buddhist Meditation
12 10:30   Sunday Service* 7:00   Spirited Jazz (Jazz Vespers)	13 10:00   Farmhouse Ringers Rehearsal 1:30   Choices in Dying	14 12:00   Sandy Merriman Cooking 2:00   SRC Meeting	15	16 10:00   Walking in Spirit with Rev. Melora 6:00   Chamber Choir Rehearsal 7:30   Chalice Choir Rehearsal	17	18 10:30   Depression & Anxiety Support 12:45   Buddhist Meditation 2-4   Volunteer Appreciation Tea
19 9:30   Family Song Circle 10:30   Sunday Service* 11:30   Souper 12:15   Memorial Wall & Garden Committee Mtg 12:15   Ancestry Theme Exploration	20 10:00   Farmhouse Ringers Rehearsal 1:30   Choices in Dying	21 11:00   Committee on Ministry Meeting	22	23 6:30   Men's Choir Rehearsal 7:30   Chalice Choir Rehearsal	24 7:00   Orion Vespers Choir Rehearsal	25 12:45   Buddhist Meditation
26 10:30   Sunday Service* 2:30   Orion Vespers ( <i>Vesperae Pro Serveto</i> ) St. Elizabeth Church 10030 Third Street Sidney, BC	27 10:00   Farmhouse Ringers Rehearsal 1:00   ABC Team Mtg	28 1:00   Caregiver Support Group	29	30 10:00   Board Exec Mtg 5:45   Worship Associates Mtg 6:30   Men's Choir Rehearsal 7:30   Chalice Choir Rehearsal		

\*Children and youth programs run concurrently with the service.

**First Unitarian Church of Victoria**

5575 West Saanich Road • Victoria BC • V9E 2G1 • Phone: 250-744-2665  
 churchoffice@victoriaunitarian.ca • www.victoriaunitarian.ca

Office hours: Monday thru Thursday 11 - 4; Sunday 9 - 1; closed statutory holidays on weekends

**Ministers**

Reverend Melora Lynngood  
 Cell phone: 250-891-6330  
 rev.melora@victoriaunitarian.ca

Reverend Shana Lynngood  
 Cell phone: 250-891-6331  
 rev.shana@victoriaunitarian.ca

The ministers' day off is Monday.

**Intern Minister**

Chris Wulff  
 647-708-2622 cell/text  
 chris@victoriaunitarian.ca

**Minister Emerita**

Reverend Jane Bramadat  
 250-652-1272

**Lay Chaplains**

laychaplains@victoriaunitarian.ca  
 Kjerstin Mackie 250-598-5975

Oceanna Hall 250-886-1077

Anne Vaasjo 250-385-1603

**Director of Spiritual Exploration and Learning  
 for Children and Youth**

Faye Mogensen 250-744-2695  
 FayeM@victoriaunitarian.ca  
 Faye is in the office Tue, Wed, Thu and Sun.

**Director of Music**

Nick Fairbank  
 music@victoriaunitarian.ca

**Church Administrator**

Nadia Kozak  
 churchoffice@victoriaunitarian.ca

**Assistant Church Administrator**

Sarah Versteegen

**Officers**

<b>President</b>	Lorna Anthony
<b>Past President</b>	Shirley Travis
<b>Vice President</b>	Marion Pape
<b>Treasurer</b>	Jane Wilson
<b>Secretary</b>	Karen Furnes

**Board Members**

Trustee	John Worton
Trustee	Nancy Dobbs
Trustee	Lynn Hunter
Trustee	Rebecca Mellett
Trustee	Susan Layng
Trustee	John Tiffany

**BOARD MEMBERS ON DUTY**

Nov 05 Marion Pape  
 Nov 12 Karen Furnes  
 Nov 19 Marion Pape  
 Nov 26 Lorna Anthony

**NEW MEMBERS**

Mark Danley Bayntun (Mark prefers to not use Bayntun and goes by Mark Danley)  
[4434 Valmont Pl](#)  
 Saanich, BC V8N 5R6  
 Ph: [252-686-3320](tel:252-686-3320)  
[makrdanleyb@shaw.ca](mailto:makrdanleyb@shaw.ca)  
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[sflaherty@shaw.ca](mailto:sflaherty@shaw.ca)  
 Far Out NG

Resignation: Roseanne Beuthin

**LIVE STREAM UPDATE**

First Unitarian is changing the way we webcast Sunday services for those unable to attend in person. ***Each Sunday morning a unique viewing link will be emailed to those who request it.*** Should you wish to be on this livestream list, please contact the church office, [churchoffice@victoriaunitarian.ca](mailto:churchoffice@victoriaunitarian.ca), subject: "livestream." Many thanks to the volunteers who facilitate this service.

Ads appearing in this issue are not necessarily endorsed by the Church



**Astrid Firley-Eaton**  
Design

interior design  
colour consultation

250-384-3405  
afedeign@shaw.ca

**NEWSLETTER ADS**

Ads are business-card sized; please submit in pdf format. Rates are as follows:

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**\$80/year \$50/6 months \$30/3 months \$12/month**

**Others are 50% more than prices above:**

**\$120/year \$75/6 months \$45/3 months \$18/month**

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Congregation member Peter Scales invites you to:  
**“Seeking Hope:  
 Faure’s Requiem and Vivaldi’s Gloria”**

The Linden Singers of Victoria is pleased to present Fauré’s Requiem and Vivaldi’s Gloria, both of which are considered among the greatest 100 classical choral works of all time.

Conducted by Music Director, Brian Wismath, and accompanied by pianist, Jane Edler-Davis, organist David Stratkauskas, and Chamber Ensemble, with guest soloists, Jennifer Turner (soprano), Tasha Farivar (mezzo) and Nathan McDonald (baritone).

Saturday, November 25, 2017 at 7:30 pm  
 First Metropolitan United Church  
[932 Balmoral Road](http://www.lindensingers.ca/concerts-tickets/) (at Quadra)

Tickets available online here:  
<http://www.lindensingers.ca/concerts-tickets/>

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