



# The Victoria Unitarian

FIRST UNITARIAN CHURCH OF VICTORIA  
*Growing in Spirit, Living with Compassion, Inspired to Serve*

## SERVICES IN JANUARY

Worship Service and Children's Spiritual Exploration at 10:30am.  
 Child-minding available 10am - noon.

JANUARY'S THEME:

### RESISTANCE

**January 7**      **Standing Up and Speaking Out**  
 Reverend Shana Lynngood      WA: Shelley Motz

We begin our exploration of the monthly theme Resistance for January 2018 by looking at one of the first aspects of the word that leaps to mind. How do we resist the systems and structures in our world that hold so many down? What does it look like to resist what is and advocate for new ways of being? What can we learn from the #metoo movement and other powerful examples of collective action for change?



the practice of standing up  
 for your values

**January 14**      **The Power of Coalition**  
 Reverend Melora Lynngood and Friends      WA: Dan Klimke      Chalice Choir

What issues most concern and affect you and your family? What if others in the wider Victoria area share similar concerns and struggles? How might we act together to affect real change in our local communities? A week from today, on Sunday, January 21, our congregation will vote on whether to become paying members of GVAT, Greater Victoria Acting Together. In this service, we examine what GVAT is, what they do, and the unique relational model of community organizing for social change upon which GVAT is based.

**January 21**      **Living the Life You Have**  
 Reverend Shana Lynngood      WA: Oliver Belisle      Chalice Choir

An aspect of resistance we may not frequently consider are the aspects of ourselves and our lives that we resist. How different would our lives be if we were able to enjoy or embrace what is more often? What is the "path of least resistance" when it comes to going with the ups and downs of life rather than actively working against them?

**Congregational Meeting 12:15 in the Sanctuary**  
 The 2018 budget will be presented for congregational approval.  
 Also, the results of the recent Strategic Plan survey will be announced.

**January 28**      **Resisting Change**  
 Ministerial Intern Christopher Wulff      WA: Larry Boldt      Chamber Choir

Our Unitarian Universalist communities are always walking that fine line between adopting change that keeps us relevant and maintaining the traditions that make us who we are. Often our youth and young adults are great examples of holding that tension loosely. So why do some of them echo Star Trek's Borg in saying "resistance is futile" when talking about finding their adult home in a UU community? When are we resisting change and when are we upholding tradition?

**INSIDE THIS ISSUE...**

From your Minister.....2  
 Ties, First Light Ceremony.....3  
 Walking in Spirit.....4  
 New SEL-CY Director.....5  
 SEL-CY Programs, Refugee Report.....6  
 Refugee Committee, Farmhouse Ringers.....7  
 Board Business.....8  
 Property Report, Democracy Team.....9  
 Remembering Jean Evans.....10  
 Ministerial Survey.....11  
 Honoured Volunteer.....12  
 Artist of the Month, Thanks.....13  
 Green Corner, Community Dinner.....14  
 Joining GVAT.....15  
 Around the Neighbourhood.....16

Calendar of Events.....17  
 Membership.....18  
 UUI News, IARF Congress.....19  
 Reconciliation.....20  
 Whale Coast Alaska.....21  
 Birthdays, BMOD, Membership, Contact Changes.....22  
 Staff, Lay Chaplains, C&C, Raffle Basket.....23  
 Ads.....24

**THE DEADLINE FOR  
 SUBMISSIONS TO THE  
 FEBRUARY ISSUE OF THE  
 NEWSLETTER IS JANUARY 16**

**FROM YOUR MINISTER**

REVEREND SHANA LYNNGOOD

**Resisting and Resistance**

This month’s theme is Resistance: Standing Up for Your Values. When I first started reflecting on resistance as a theme it seemed fairly obvious and straightforward. We think politics. We think about how we work against unjust systems by doing things to disrupt and resist the way they function. This is, of course, at the core of what resistance means. We have seen many courageous and inspiring examples both throughout human history and in our current time of people effecting real change through resistance. We protest, we petition, we take to social media, and in whatever form our resistance takes we assert that we believe there is a better and other way than a status quo that holds so many down and back. This aspect of resistance will certainly be part of our services this month. What places do you want to assert your values in 2018?

The more I reflected, however, the more I realized (as is always the case with our themes and why I enjoy them so) that there is also an internal dimension of resistance to explore. We often resist things in ourselves or in our lives. We dig in our heels or push against things we’d prefer not to see. How does resistance serve us well and where does it limit us to patterns and habits that are not the healthiest for us? As we lean into a new year think about the places in your being that might need less resistance and more openness.

Practices to Transform  
 Ourselves & Our World

JANUARY’S THEME:

**RESISTANCE**



the practice of standing up  
 for your values

*Continued next page*

Here are the Soul Matters questions to ponder:

What would happen if you saw praise, joy or the creation of beauty as your primary form of resistance? What if the world needs your praise as much as your picket signs? What if it needs the creation of beauty as much as the elimination of injustice?

Martin Luther King, Jr. wrote, "Our lives begin to end the day we become silent about things that matter." How is life asking you to end your silence?

The psychiatrist Carl Jung wrote, "What you resist, persists." So, is it possible that your resistance is the source of the struggle you are in? Would the fight end if you stopped fighting? Would the wall fall down if you stopped pushing on it?

Is it possible that your refusal to give up and give in may be a way of avoiding the pain?

Is labeling them the enemy defeating both them and you?

What would happen if you saw your justice work not as saving the world or bending the arc of the universe towards justice, but simply as "being a pest"? (Inspired by the Dalai Lama, who wrote: "If you think you are too small to make a difference, try sleeping with a mosquito.")

If none of these questions speak to you, what is yours?

Looking forward to another year of exploration with you, *Reverend Shana*



## UPCOMING EVENT: ENRICHING OUR TIES



In February, we are going to try something new. Having heard many of you speak about trying to figure out the best ways to make connections (or re-connections if you have been a part of the congregation for a while), I thought that a new approach might be in order. After lots of conversation and consultation with many leaders in the congregation, I would like to throw open a wide and deep invitation to anyone feeling less connected than they would like to: **Enriching Our Ties**. On Sunday, February 25 after service from 12:30 to 2:30, we will spend some time in personal and small group reflection. Who should come? Anyone who feels they have not found their niche in the congregation. Anyone who feels they used to be more engaged at the center of things, but now feels on the edge of the community. Anyone who has some connections and involvement in the congregation, but feels they have not found the best "fit" or way to share their gifts and talents and skills in the church community. More details and information will follow in the February newsletter. For now, please mark your calendar and be in touch with me if you have questions or to sign up: [rev.shana@shaw.ca](mailto:rev.shana@shaw.ca) or 250-891-6331.

## FIRST LIGHT CEREMONY

Spiritual Exploration and Learning for Adults (SEL-A) meditation group joyfully invites you to start off the New Year at our annual First Light Ceremony and meditation led by Lama Tara on Monday, January 1, 2018.

We will begin at 7:00 am in the Farmhouse Common Room with a silent meditation and reflection on aspirations for the year. As day breaks we meet the first dawn of the New Year with prayers for the welfare of all beings and auspiciousness for the planet.

All necessary texts will be provided. The meditation is about one hour. You are welcome to stay after for tea and treats.



## WALKING IN SPIRIT WITH REVEREND MELORA

### Return to the Labyrinth

This month, we'll return to the Labyrinth. Again, guidance will be given, some options for the spiritual practice of walking a labyrinth, and there will be plenty of opportunity for deep reflection.

**Thursday, January 18, 1:00 pm**

**Congregational Labyrinth**

At church, 5575 W Saanich Rd, north of Farmhouse Building.

Meet in the Farmhouse Common Room

Rain or shine; dress for weather

**Sitting only option** for those who can't/ don't wish to walk.

RSVP to [rev.melora@gmail.com](mailto:rev.melora@gmail.com) subject "walk" or text/call 250-891-6330





## NEW SEL-CY DIRECTOR HIRED

The hiring team is pleased to announce that Arran Liddel will be our new Director of Spiritual Exploration and Learning for Children and Youth, beginning January 2, 2018.

Some of us know Arran already, as Arran has served as the coordinator of Coming of Age and Youth programming for our congregation this past fall. As we saw in that position, as we learned about in his previous experience, and as is corroborated by his references, Arran has fine organizational and program planning skills as well as a grounded personal manner with which he nurtures effective, valuable, and enjoyable working relationships. The landscape of 'religious education' and ministry with families is shifting – in UU congregations, and in North American congregations in general – and new models are needed. Arran has a good grasp of the challenges involved in this shift, and has experience in gently and successfully guiding organizational change.

We invite you to join us in warmly welcoming Arran as he settles into this new role. Offers of help in the program are always appreciated. We are seeking, in particular, folks to serve on the SEL-CY committee. If you haven't yet met Arran, especially if you also have children or youth in the program, please introduce yourself and your children to Arran; he is looking forward to getting to know you.

Thanks to everyone involved in the multiple phases of the hiring process: Marion Sollazzo, Martha McDougall, Sandra Haywood, Lesley Duthie, Rebecca Mellett (Board Council Chair for Spiritual Development), and John Worton (Admin Council Chair and HR).

*-With appreciation for the ways in which each of you help our intergenerational community to thrive,  
Reverend Melora Lynngood (DSEL-CY Supervisor)*

## SELECTIONS - A NEW BEGINNING

**Hello everyone,**

I am delighted to be starting this new year as the new Director of Spiritual Exploration and Learning for Children and Youth! Some of you have met me as the Youth Coordinator this Fall. I am looking forward to getting to know more of our young people and their families and I am very excited to work together with the congregation to build on the fantastic work Faye has done.

I moved to Victoria last year from Toronto (though I am originally from Scotland) with my partner, Gen, to be near the ocean and the trees. My work over the past 20 years has centered on my passion for building capacity in our communities, working towards equity and inclusion, and putting values into practice. I see this commitment reflected in UU and it was these shared convictions which drew me to Neighbourhood Congregation in Toronto, where I began this journey. I am currently a member of Capital Congregation and am (slowly) working towards my Masters of Divinity, focusing on earth-based spiritualities, at Cherry Hill Seminary.

I will be in the office Tuesdays, Wednesdays and Thursdays and welcome your visits. If you'd like to find out more about me, share your ideas for children and youth programs at FUCV, or find out how you can get involved, please feel free to drop by or email me at [arran@victoriaunitarian.ca](mailto:arran@victoriaunitarian.ca).

Wishing you a new year rich with the blessings of love, joy, warmth, and laughter.

Arran Liddel

*Director of Spiritual Exploration and Learning for Children and Youth*

**For some SEL-CY highlights this month see next page.**

## SEL-CY HIGHLIGHTS FOR JANUARY

- Children and youth programming resumes on **January 7**.
  - **K/Grade 1** begin the Our Whole Lives (OWL) program which engages children with stories, songs and activities that explore birth, babies, bodies and families
    - **Grades 2-5** are embarking on a new program for the New Year. The program will use storytelling to explore difficult decisions and situations and illustrate spiritual and ethical tools they will need to make choices and act on their values.
    - **Grades 6-8** will be continuing the Coming of Age program, including having our second Coming of Age sleepover (January 20/21).
    - **Grades 9-12** will be offered classes in mindfulness beginning in late January.
- In late January (the date is as yet to be determined), a time of celebration and learning for SEL-CY leaders.

## REFUGEE REPORT

SUELLEN GUENTHER

We are all feeling frustrated that there is still no positive news about the arrival of the Sari family, but the Refugee Steering Committee would like you to know our church has had a positive impact on the life of our Iranian refugee, Sanaz (Sunny) Soltan. Because of our support, she was able to concentrate on classes to improve her English, earn money to update the computer equipment she uses, and accumulate a little savings. We helped her do government paperwork, settled her in a lovely furnished suite, and paid the money owed to Canada for her transportation from Turkey. At the end of our sponsorship, we helped her find a new place to live and moved her in.



Our support ended in September and she is now paying her own way. She is making due on low paying jobs for now, and although she has made more money as a server in the past, she has decided she doesn't want the pressure of that kind of work. She is tired of putting on fake smiles and dealing with large groups of people. Instead, she is taking care of her health, will be seeing a psychiatrist in 2018 for her depression, and is slowly making a few friends. She is also figuring out how to fit into Canadian society, where the treatment of women is so very different from Iran.

Sunny is getting a lot of extra work at Spencer's over Christmas, and the manager at Spencer's really likes Sunny and has helped her get a second job in a commercial kitchen at a small company that makes fresh juices. Sunny really likes the people there and the company is considering opening a store in the spring where they may hire Sunny full time to manage it. Although Sunny likes to shop and is very generous with her gifts, she has decided she can manage on what she makes for now and she will forego extra spending. Next year, she is planning to take the English exam that is an entrance requirement for UVIC. When she is ready to return to school, paying tuition while supporting herself will be a huge obstacle to figure out.

At present, Sunny is renting a room in the home of a retired teacher who often invites her for supper, even though she is not paying for board. Her landlady's daughter often comes for Sunday dinner and the two young women have become good friends, hanging out together, talking and listening to music. Sunny is now vegan, so she won't eat some of her favourite things, like strawberry-rhubarb pie, because the crust is not vegan. She loves eggs, but will eat them only if they are from a free-range farm; she calls them "happy eggs." Sunny is an excellent cook and so is her landlady, so they sometimes cook together. Sunny has told her landlady that she feels like she is part of a family again, and she will be included in the holiday celebrations with her landlady's extended family.

The landlady's daughter has seen our rainbow banner in the Pride Parade and the landlady overheard her daughter tell Sunny, "The Unitarian church is an awesome church," to which Sunny enthusiastically agreed. So we have made a positive impact on the lives of two young lesbian women, even though they don't attend our church.

Please know that whatever your part was in supporting this young woman, you have made a difference in her life.

**REFUGEE STEERING COMMITTEE****CHRISTINE JOHNSTON**

The Refugee Steering Committee still meets to update ourselves on actions in the community by the “Victoria Advocates for Refugees” group as well as news about Sunny and the family. But we are sad to learn that Suellen Guenther, our talented news reporter, will be leaving us in January due to other demands on her time and energies. She has been a faithful team member, full of wisdom and humour, and we want to thank her for all she has done - which is not just keeping you all informed. Due to her too, we have found Sunny a great home and she will tell you herself about that successful ending to this sponsorship.

Meanwhile, we invite anyone interested in joining us to speak to me soon. News reporting is one job we need doing, as is planning for the future. We are also exploring what all we can do in the meantime to help refugees already in Victoria. Contact me please at [christine\\_johnston@telus.net](mailto:christine_johnston@telus.net).

**A Refugee Family Needing Help**

The Refugee Steering Committee of the church along with Galina Coffey-Lewis and Jim Lewis request your suggestions and help with a refugee family needing help. The Committee discussed and approved helping other refugee families in need while we wait for the family we expect. Here is one example:

Galina Coffey-Lewis and Jim Lewis have become friends with two Syrian adults (a man and his elderly mother) whose only sponsor a year ago was the government. (NB: Government sponsorship means welfare rates only and no private supportive sponsorship.) This man is seeking any leads or information about jobs in Victoria which hopefully might match his background. He has excellent English skills, good experience in training, development and human resources in several Middle East countries.

We are also looking for any double or queen mattresses in good condition; our only concern is that one of these people has severe allergies to cats and dogs.

Can anyone help with this family? Suggestions? JOB opportunities? Better accommodation? Good quality mattresses? Our Refugee Fund is being kept for the family but a little money might be squeezed to help here, such as mattress covers and a bus pass. We gave this man a bicycle this year, which he much appreciates.

Call Galina at 250-386-7772 or email at [jglewis@telus.net](mailto:jglewis@telus.net) as she will co-ordinate. Or call Christine Johnston at 250-385-5444 if you cannot reach Galina.

**JOIN THE FARMHOUSE RINGERS!**

Do you love the sounds of the Farmhouse Ringers? Why not consider joining us in the new year! We would love to have three or four more ringers and substitute ringers... no experience is necessary! The ability to read music is helpful. We will have two six-week sessions in Winter/Spring 2018; see dates below. For each session, you need to be able to commit to the six weeks of rehearsal; or, you could consider joining our roster of substitutes. Rehearsals are Monday mornings, from 10 until noon. Session 3: January 15, 22, 29 and February 5, 19, 26 (Feb 12 is Family Day, a stat holiday). Play in church Sunday morning, March 4. Session 4: March 19, 26 and April 9, 16, 23, 30 (April 2 is Easter Monday, a stat holiday). Play in church Sunday morning, May 6. Spring Concert April 6....we might try to schedule an extra rehearsal if needed after the first session. This would depend on the turnover of ringers.



-Sandra 778-677-5887-cell / [spstudio@hotmail.com](mailto:spstudio@hotmail.com)

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**BOARD BUSINESS****LORNA ANTHONY**

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Following is a snapshot of the Board meeting held on December 5, 2017. A full set of minutes is posted on the Lion Hall notice board and is also available from the office.

**Strategic Planning:**

A survey using Survey Monkey was sent to all members and friends. Hard copies are available in the office.

**New SEL-CY Director:**

The Board approved the hiring of Arran Liddel. Reverend Melora, as his supervisor, will contact Arran.

**Committee on Ministry:**

Mark Danley has agreed to serve on this committee. Members rotate on and off this committee in a three year cycle.

**Ministerial Intern:**

Chris Wulff received a 'one,' the highest level, in his interviews in Boston earlier this week. He has received preliminary fellowship contingent upon successful completion of his internship.

**Treasurer's Report:**

Overall expenses are within budget; however, maintenance is currently over budget by about 16% because of a number of urgent repairs.

**SRC Motion:**

Moved by Karen Furnes, seconded by John Tiffany, that further to discussion by the Social Responsibility Coalition (SRC), the Board of Trustees at First Unitarian Church of Victoria hereby recognizes and affirms, in the spirit of radical inclusiveness, that donations are not required to participate in church events. Motion Carried. Lorna will talk with SRC and the office regarding appropriate signs to be posted for events.

**Zoie Gardner Fund:**

Moved by John Worton, seconded by Jane Wilson that Remi Odense and John Worton become Trustees of the Zoie Gardiner Trust Fund so that the Trustees are then June Fukushima, Frances Hancock, Christine Johnston, Remi Odense and John Worton. Motion Carried.

**2018 Budget:**

Finance Chair, David Hoadley, joined the meeting for an in-camera discussion of the draft budget. As it now stands, there is a shortfall of \$15,000 from the ABC target and approximately \$15,000 in unexpected property maintenance costs.

**Membership Changes:**

Read into the minutes were New Members: Patricia Jean Hofstrand, Karen and Steve Sharlow. Resignations: Sylvia McDonald, Sally and Eric Murphy. Death: Doreen Wood (Lifetime member)

Please feel free to contact me with questions or comments at [lranthony@shaw.ca](mailto:lranthony@shaw.ca) or 250 592-4831.

*-Lorna Anthony, President*

**FROM THE PROPERTY COUNCIL****JOHN TIFFANY****Update on Building Maintenance Costs**

Costs this year to maintain and enhance our church property are higher than each of the past four years.

Three of this year's major projects – the flooring in Lion Hall, a drainage system outside the main entrance-way and replacing the dangerously rotting main staircase for the Farmhouse – had been on hold for the past two to three years.

The Lion Hall laminated flooring began failing after the roof leaked. Water damage caused the floor to pop up in three places, creating a tripping hazard. The replacement floor, a vinyl plank installed last August, cost \$8,500. The new planks are moisture proof.

The lack of a working drainage system outside the main entrance caused ponding which turned to slippery ice spots in the winter. The new 36-foot drain, installed last September, cost \$11,600.

And the rotten and unsafe Farmhouse staircase is currently being replaced at an estimated cost of \$9,000.

In addition, this year we had to replace flooring in the school break room after a water leak, at a cost of \$2,500.

The total cost of these projects, as well as several other repairs/projects, has lowered the Property Fund to \$10,000.

And the repairs go on. Heavy rains in November challenged the school tar and gravel roofs (which are 35 years old). All of the issues have now been addressed, but at an estimated cost of \$5,000.

One problem was the roof over the porch at the school's main entrance. When it failed, water leaked into the exterior wall, doors and the door frame. A replacement torch-on roof will cost \$1,650.

Another section, over the wing connecting Lion Hall and the school, has leaked causing damage to the school flooring. A broken downspout caused most of the damage. Water flowed into cracks in the stucco wall, on into the wall cavity and then on to the flooring.

Next on the work list is the Farmhouse carport, which is in very poor shape and in danger of collapsing with heavy snow. Demolition costs are estimated at \$1,200. (But this cost is much lower than expected thanks to Andy Lee, who is volunteering to take on this project).

Now, to add to our woes, the Farmhouse boiler (hot water heater) heating element has failed and a new one must be installed at a cost of \$1,100.

**The net effect means that the upcoming budget for Property is short around \$12,000.**

**SRC DEMOCRACY TEAM****PHILIP SYMONS / SONYA IGNATIEFF****Government's Survey on Electoral Reform**

The B.C. government has posted an on-line survey asking what we would like in next fall's referendum on electoral reform and the types of voting systems we want considered.

However, **before responding to this survey, please read Fair Vote Canada's "Guide to Responding to the Government's Survey on Electoral Reform."**

A one-page summary of this Guide may be obtained at <http://victoriaunitarian.ca/wp-content/uploads/Govts-survey-on-voting-system-January-2018.pdf>, or from the SRC page at <http://victoriaunitarian.ca/program/social-responsibility-coalition/>. Print a copy and have it beside your computer as you complete the survey.

When at church, you can also pick up the summary Guide from the SRC shelf. It tells you how to connect to the survey, and explains that some questions are misleading or are based on faulty assumptions. Such questions could cause you to give the wrong impression of what you want.

It is important that as many of us as possible respond before the **deadline of February 28, 2018**. But it is also important that the government receives answers that truly correspond with what you want!

## Remembering Jean Evans

*Beloved Lifetime Member Jean Evans joined our church in 1980 and was an active member until the age of 94, when she moved to Sherwood Park, Alberta, to live near her family. She passed away on November 4 at the age of 98. In our service on November 5, we lit a candle in Jean's memory and shared a moment of silence to honour her life, and the congregation signed a card of condolence for her family. A plaque will be placed on our Memorial Wall in memory of both Jean and her husband Hy, and Jean's family will bring her ashes here to our Path of Remembrance for a private ceremony with one of our ministers. They sent the following letter and photos to share with the congregation in celebration of Jean's life:*

*Dear Family and Friends:*

*Our mother, Jean Buchanan Evans, slipped away in the early evening of November 4, 2017. She was 98 years old.*

*Mom was the hub of our family, always reaching out to each of us, as well as her friends. Mom understood how important making those connections is.*

*Mom was a wonderful storyteller and, through those stories, painted a picture of her life growing up and family members who, although gone, we felt we knew in some small measure.*

*As her children, we observed her strength and became strong ourselves. She taught by example.*

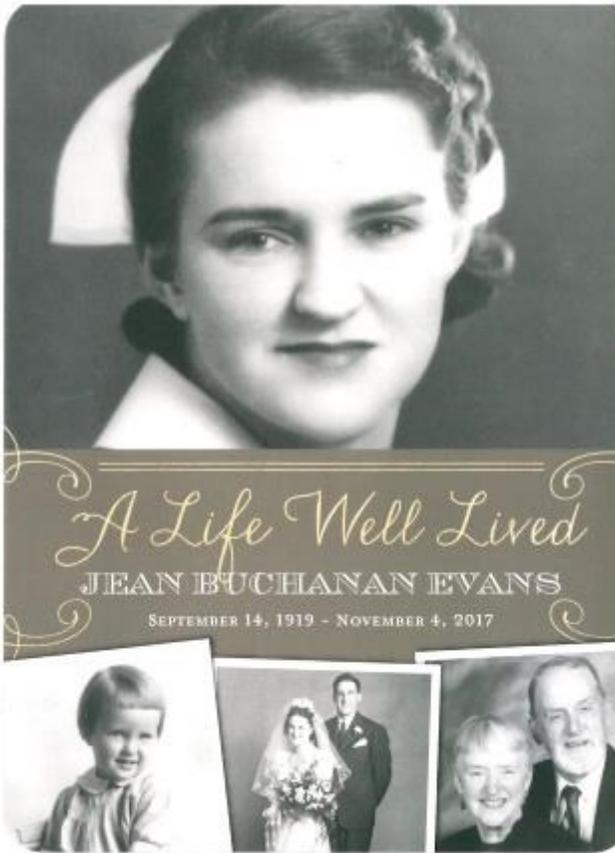
*We were aware of the love our parents had for each other and for each of us, and of how much their friends meant to them. Mom and Dad had a wonderfully full life together.*

*In Mom's last years, her memories and stories slowly disappeared. She became a thin shell of her former self. However, her last words were words of love and a squeeze of her hand. I like to think that Dad has been patiently waiting for Mom - as he always did - and that they are now continuing on together.*

*In keeping with Mom's practice, we reach out to each of you, and tell you how much you meant to our mother. We hope you will enjoy this memento depicting Mom at different times in her life.*

*Love from the Evans Family*

*Photos next page*



## REQUEST FOR MINISTERIAL SURVEY QUESTIONS

The Committee on Ministry is a Standing Committee of the Board whose function is to promote the optimal functioning of the professional ministry of the church. The CoM is neither a personal support group nor an advocate for the minister.

One of our tasks is to facilitate a congregational evaluation of the ministry offered by the Reverends Lynngood every two to three years. We did an initial evaluation after the first year of their ministry with us in 2011, then a full scale evaluation in 2014, and a smaller scale evaluation in 2016. Our next evaluation will be conducted this spring (2018).

The Committee on Ministry is beginning to create the questions we will ask the congregation to elicit feedback on the ministry of the Reverends Lynngood.

**Please let us know if you have questions you'd like us to consider including in the evaluation survey. Please send your suggestions to Margot Lods [mlods@shaw.ca](mailto:mlods@shaw.ca) or 250- 920-3893.**

And, at any time, please feel free to approach the ministers with any feedback on their ministry; you may also approach any one of us if you would like our assistance in conveying your input.

Our names and contact info: Kent Haden [kent@hadensoftware.com](mailto:kent@hadensoftware.com), John Hopewell [hopewell@telus.net](mailto:hopewell@telus.net), Margot Lods [mlods@shaw.ca](mailto:mlods@shaw.ca), Mary-Ellen Nicol [nicolme@yahoo.com](mailto:nicolme@yahoo.com), Suellen Guenther [sguenther@shaw.ca](mailto:sguenther@shaw.ca), Mark Danley [markdanleyb@shaw.ca](mailto:markdanleyb@shaw.ca).

**WHAT DO  
YOU  
THINK?**



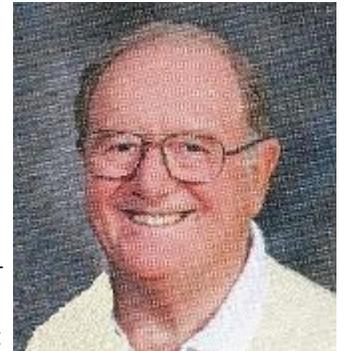
**WE WANT  
TO KNOW!**

**HONOURED VOLUNTEER****JOHN DALGETY****Honoured Volunteers**

The Recognition and Awards Committee asks the Councils of the Board, and the President, to nominate volunteers who have made significant contributions to the life of the church. This month the Congregational Life Council has nominated John Dalgety.

**January's Honoured Volunteer: John Dalgety**

Sixteen years ago I heard Bob Shone speaking on the phone about CHURCH. As I was a tunnel vision person in those days I asked him if he was religious. He said NO. After a long conversation, he said, "Why don't you come along one Sunday to see what we are about." After some thought I went along on a Sunday just when Reverend Jane Bramadat was also on her first Sunday. When I entered the church I felt the warmth and friendship overwhelming. That was the beginning of a full life of new friends and busy days. I have enjoyed being part of the membership committee under Norma Elrod and Lisa Greenly and getting involved with Spaghetti Night when Elaine Hanson was coordinating it. When Elaine moved, Susan and I kept it going and now it is Community Dinners, with a great crew. Also to mention that Susan and I got married on Spaghetti Night at our Reverend Jane's suggestion. We could not set a date so Reverend Jane suggested February 14 Valentine's Day which was a Spaghetti Night. Boy, were people sure surprised to attend not just Spaghetti Night but also a wedding. I also started helping out with Robbie Burns' Night with Ron and Senga Sterling, and Mel and Christine Johnston until last year. Singing with the Jammers is another one of my enjoyments. Seeing the elderly people tapping their toes and singing along with us is a heartwarming thing. But I have to say my most enjoyment comes on Sunday mornings when I am greeting the people I have come to love, with a hug or handshake.



**Pat Conroy says:** I got to know John a little better when he asked me to join the Jammers. Singing with him was such a trip. When we started singing duets, I would sing the melody as written and John would sing his own version. And it worked!!

John is often at the church entrance greeting people with good cheer, humour, kindness and compassion. He is really a good guy, annoying at times, but a good guy.

He is a great gardener, singer, and jokester and supervises community dinners with great gusto and is always asking "Can I do anything?" while staying seated on a stool in the kitchen.

**Laura Doyle and Nellie Van Leeuwen say:** We can think of no one more deserving of this honour. John is the most affable and friendly of all the members of First Unitarian that we have met. Our Sunday is not complete without John greeting us at the front door of the church -- and I think many would feel the same way.

As well as acting as an official Greeter, John is a friendly face at almost all social gatherings at FUCV. He has been a steadfast helper at many events, including the Friday night dinners. If any new person shows up at an event where John is in attendance, one can be sure they will be made to feel welcome. In addition to his habit of singing while he works, John's mellow voice has added for years to the good cheer shared by the Jammers.

The sight of John and Susan making their way forward to light a candle at the Sunday Service is another thing that completes a service for us. Knowing that John does all this from the goodness of his heart, and not from any firmly held religious or spiritual beliefs, makes it that much more special. Lately, since John broke his hip in a fall, we have had to do without his presence at the church, and we must say, it isn't the same.

**ARTIST OF THE MONTH:****MARY THEAL, PHOTOGRAPHY****Magic Moments in Time.....**

Occasionally, in ordinary places, light and colour combine to present a “gift” to the observant. As photographers, it is our quest to be ever vigilant for such moments.

I have been on this quest for many years now having been originally trained in the '70s with film cameras and working in my own darkroom. The job is now quite different, with digital equipment and a darkroom called Photoshop on my computer. It has taken many courses with exceptional professionals to reach even a medium level of proficiency in the photography world of today.

My wildlife photographs have been featured in three World Wildlife Fund Calendars and one of my humpback whale photos, taken in the waters off Oahu, was chosen as an honourable mention in a Hawaii Canon Photo contest.

Since moving to Brentwood Bay I am pleased to have been selected to show in the juried Sidney Fine Arts Show and am a participating member of the Victoria Camera Club.

I hope you enjoy my exhibit in the church Sanctuary!

Sincerely,

*-Mary*

**A BIG THANK YOU FROM EAT**

The Environment Action Team would like to thank all of you who signed postcards and contributed to the November Share the Plate with the David Suzuki Foundation to advocate for the right to a clean environment. Over 120 postcards were signed and dispatched to the Foundation and have been forwarded to the appropriate federal government representatives. You also generously donated over \$850 to help with the ongoing campaign to update the Canadian Environmental Protection Act. Hopefully we'll see some good legislation emerge soon!

**CHRISTMAS WREATHS THANK YOU**

A big thank you to those who came out of the cold on Saturday December 2 to make beautiful Christmas wreaths for the Sanctuary: Karen Furnes, Marya Nijland, Marion Irish, Mariko Matsumoto, Shirley Marcuse, Chris Cook, Mary Theal, Hugo Suttmoller, Jewell Spooner and her daughter Angela.

*from Betty Sherwood and Hanny Pannekoek*

**GREEN CORNER****JIM JORDAN****A Home Energy Retrofit Using Heat Pump Technology  
and the Case for Energy Conservation**

This month we highlight a residential home energy retrofit using a high efficiency heat pump installed in a Victoria home in 2010. EAT is sponsoring a workshop with *Don Scott*, the owner who carried out this retrofit.

These energy related home improvements have cut his home's annual carbon emissions by over 90% (~5015 kg) with a cost saving of approximately \$1500 annually, even with the price of electricity in BC increasing about 50% since 2000. A high efficiency heat pump was installed replacing an older oil furnace along with upgrades to doors/windows, insulation and lighting (LED bulbs).

The heat pump installed was a Mitsubishi Zuba Central unit adding an internal air handler connected to existing furnace heating ducts utilizing variable speed DC fan motors, with the addition of two 220- volt circuits using an existing 100- amp electrical service to power the two heat pump units. The nominal payback period of this upgrade is from 5.7 to 11 years implying a return on investment of between 6.5% and 13%, which is considered better than many other investments and virtually guaranteed.

Based on the savings realized for his residential home, a consultant has estimated the savings that could be attained if many home owners did this. Don recently made a submission to the BC Utilities Commission (BCUC), making the case that funding energy conservation using this technology would be a viable alternative to Site C. Don Scott is a public policy analyst and former MLA from Manitoba.

**After church on January 28, you are invited to a Home Energy Retrofit Workshop with Don Scott in the Farmhouse Common Room.**

*References:*

[1] Evaluating the Demand for Site C and The Potential for Meeting Future Increases in Demand by Conservation / Demand Side Management Initiatives, Don Scott, August 30, 2017, pp. 1-12.

[2] Energy Enhancements and Switching from Oil Furnace to High Efficiency Heat Pump Cuts CO<sub>2</sub> Emissions by 90% (~5,015 kg) Saving BC Home Over \$1,500 Annually, Don Scott, August 30, 2017, pp. 13-27.

**COMMUNITY DINNER IN THE SANCTUARY****Friday January 12, 2018 is Baked Potato Night! 6:00pm**

We will be serving baked potatoes with loads of toppings! Vegetarian options will be available. Community Dinner is a multi-generational event and an opportunity to meet new people or catch up with friends over a casual, fun, delicious meal.

Everyone is welcome! Please come join us as we start the New Year at church!! Please bring a salad or dessert to share.

We will also have a station set up to make Valentine cards for the street youth served by Out of the Rain Youth Shelter. The 30 cards will be delivered in February and will let the youth know that they are surrounded by people who love and care for them. You may also use your creative talents to make a card for anyone else you wish!!

**To help with clean-up please bring your own plate, cup and cutlery.**

**A rinsing station will be provided.**

# JOINING GVAT (GREATER VICTORIA ACTING TOGETHER)

## A Vote for Expanding Our Community Horizons

On January 21, 2018, our congregation will vote on whether to become paying members of GVAT (Greater Victoria Acting Together). GVAT is an organization initiated by Faith in Action, a small multi-faith group that had been lobbying the B.C. government for a decade to reduce homelessness in Victoria - without success. A new approach was needed.

GVAT is made up of leaders from faith groups, unions and civic groups representing thousands of members who aim to form a cohesive partnership that works to reweave the separate strands of civil society so as to transform our politics and our community for the common good. In our turbulent world, GVAT offers an innovative, communal way to solve future challenges.

Reverend Melora will be answering questions on GVAT in her sermon on January 14. To gain your input, the First Unitarian GVAT Core Team circulated December 10 and 17 in the Lion Hall to hear what you needed to know about GVAT to vote knowledgeably on January 21. You will have another opportunity to learn more about GVAT at a forum in the Common Room after Reverend Melora's sermon on January 14. For those who can't make that session, you can raise any questions on January 7 in the Library. As well, GVAT offers a training opportunity on January 20, and congregation members are encouraged to sign up.

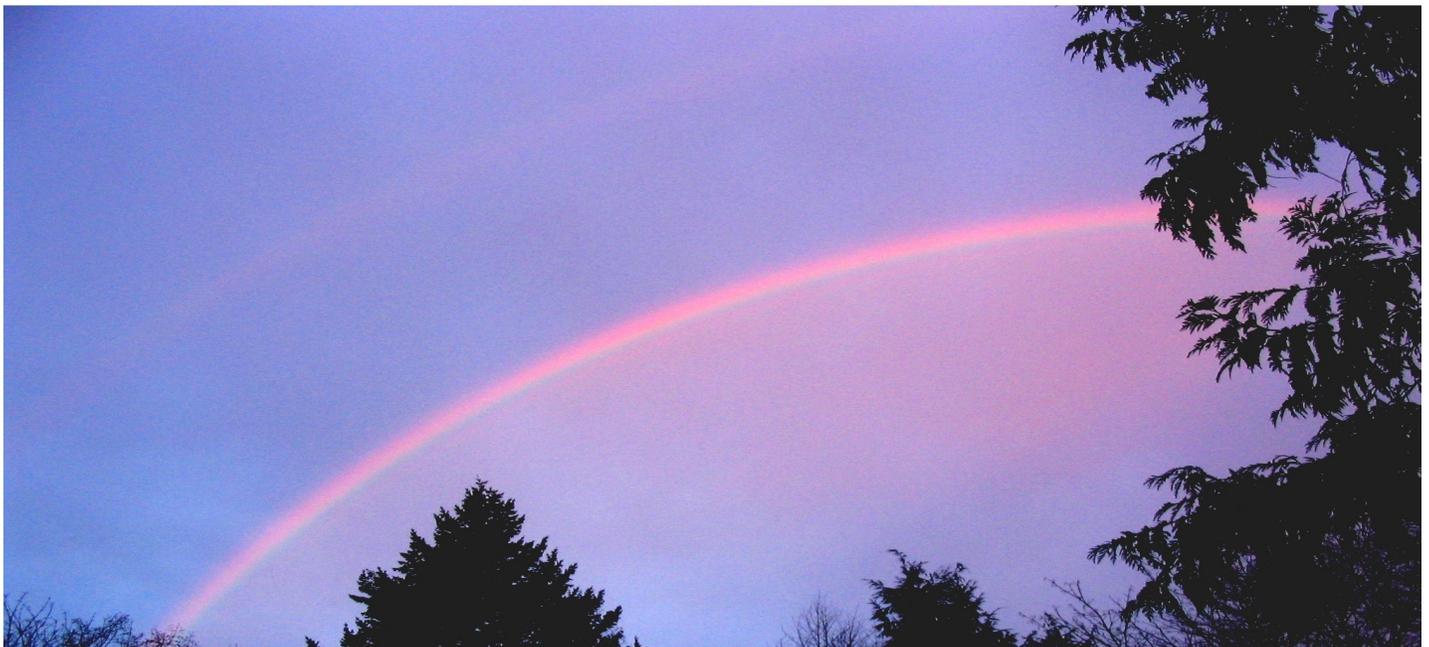
The vote will take place January 21 on the following motion:

Preamble to the Motion: One of the three FUCV (First Unitarian Church of Victoria) Strategic Plan themes is "service through compassionate action," and there has been a fair amount of interest expressed in joining GVAT. GVAT gives us an opportunity to re-imagine the way we can work in the wider community, and to fulfill the commitment to our Unitarian Principles. Several congregational members including Reverend Melora and some SRC and Board members have already been engaged in GVAT training in relational organizing.

**The Motion: Be it resolved** that FUCV become a member of GVAT in February 2018, and pay our membership fee of \$700/yr for a period of three years.

Whether the motion passes or not, GVAT has already been designated for our "Share the Plate" recipient for January 2018 (as it is a worthy cause and a registered charity). If we choose to become a member of GVAT, these funds can be used to pay our membership fees.

*-Sonya Ignatieff, Philip Symons*



**AROUND THE NEIGHBOURHOOD**

SUELLEN GUENTHER

*All members, friends, and newcomers to the church can be part of the Neighbourhood Group where they live. Groups meet monthly, bi-monthly, quarterly, or occasionally. If your group is missing from this column, there was nothing to report this month. If you don't know which group you are in, please phone the church office.*

**Cadboro Bay:** Valerie Roberts is celebrating the news that Fran and Peter Hancock are moving back into their neighbourhood and Barry and Lynda Curran, former members, may be coming back as well. They hope to gather as a NG when Val and John return from Mexico.

**Esquimalt:** Maureen Sherlock writes, "Esquimalt Neighbourhood Group met for a coffee get-together on November 21. Eight of us enjoyed coffee, goodies and chat at Anne Vaasjo and John Stewart's home. Then on December 15, 18 of us met for our holiday potluck hosted by Barbara Boyle. We had a book re-gifting exchange, and chose "positive spirit" rocks from Santa's stocking. Good food, punch, hot apple cider, festive music and lively conversation left us all in good cheer. In January, our group is responsible for providing goodies for coffee time after Sunday service."

**Fairfield:** Louise de Lugt reports: "Diana and Forrest hosted a very nice Christmas pot-luck at their home from 3 to 6 p.m. on December 17. There was plenty to eat and drink and enough seating for all 15 of us! We also enjoyed our annual wrapped book exchange there. We briefly discussed the Truth and Reconciliation play that is coming up in January on the 19th and 20th at the Songhees Wellness Centre. Lynn Beak, Diana and Forrest are spear-heading this event. It was also suggested by Diana to everyone that, perhaps, we can meet as a NG in late January or February to discuss the issues... Stay tuned!"

**Far Out:** Phyllis Aherne writes, "We are busy organizing the Souper Sunday January 14 and looking forward to a wine and cheese social in February when the winter blues begin to set in. Pam Harte will be moving into Beechwood Village in Sidney soon and we welcome her to our group from the Nearby Neighbourhood Group."

**Gordon Head:** This NG had a huge crowd at their December gathering. Mary Cramer writes, "Gordon Head NG had a quickly organized potluck on December 2, after finding a location. Thank you Diane and Remi for hosting! We had 26 folks attending. Five of those folks are new/relatively new to our church and this was their first GH NG potluck. Two folks had only been to one of our potlucks before...and it was at their home! So happy to have a chance to welcome them all! We had an abundance of great food and beautiful desserts. Afterwards, we drew questions about the holidays from a basket and answered them individually. One example: 'Do you remember believing in Santa?' It was great to hear what everyone had to say. We also provided goodies for after service coffee time in December."

**Grand Central:** Marya Nijland reports, "We had a lovely 'Fun Tea and Chat' on November 25, with seven adults and four children attending. There were some new members and we especially welcomed them! Our Grand Central NG members and friends have to pull up our socks and get out our soup recipes in February when we will help to host the monthly Souper Sunday!"

**James Bay:** Lynn Hunter announces, "James Bay Neighbourhood Group will meet next for a potluck lunch in January at Myra Rippon's home."

**Nearby:** Nancy Dobbs is delighted to report, "Nearby had a potluck on December 2, graciously hosted by Laura Doyle and Nellie Van Leeuwen. We happily welcomed Rebecca Mellet and son Natty to our neighborhood and sadly, said good-bye to Pam Harte, who has moved to Sidney. We enjoyed the company of 17 guests."

**Oak Bay:** Tiff writes, "Oak Bay NG held a holiday potluck on December at Liz and Mike Graham's house. Besides great food, the highlight of the day was a re-gifting event, with everyone going home with a surprise gift  
*Continued next page*

(some appreciated and some not). We will be having our monthly luncheon at the Monterey Centre Fern Cafe on Wednesday, December 20. And we are already planning for our February potluck to be held at Jim and Karla Thomson’s place.”

**Royal Oak East:** Hanny Pannekoek sends this news, “Royal Oak East together with Nearby served Souper Sunday lunch on November 19. Our groups did well: we had 11 different soups, many desserts and lots of help to prepare, set up and clean up. One highlight for me was to see all the soup servers standing in a row behind the table with big smiles on their faces; very inviting and impressive! We made \$514.55, which is more than we made last year. Of course we take credit for this, but it also shows how generous people are with their donations. Our NG also hosted the memorial reception December 22 for Bob Thompson, who died quite suddenly. Our next gathering will be on January 13, 2018.”

**Royal Oak West:** Fran Hancock writes, “I would like to extend a warm welcome to Lynn Bonner who has recently become a member of our church. What good news! Is anyone interested in hosting a potluck on a day and time of your choice after the holidays? Peter and I have purchased a property located in the Cadboro Bay NG so, sadly, will be moving away from ROW. It’s a wonderfully supportive group who has made it so easy to coordinate events when so many are willing to lend a hand.” As a measure of her dedication to this NG, Fran is helping to organize the January 14 Souper, even though she has moved out of the neighbourhood!

**Western:** John and Susan are getting back into the swing of things. Susan writes, “Western hopes to hold a potluck on the third Saturday of January. It will be held at Alex and Marilyn’s home in Metchosin.”

## Calendar Highlights January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>New Year’s Day 1</b> 7:00   First Light Ceremony & Meditation  <i>church office closed</i>	2 12:30   Board Meeting  <i>church office closed</i>	3	4 7:30   Chalice Choir	5	6 10:30   Depression & Anxiety Support 12:45   Buddhist Meditation
7 10:30   <b>Sunday Service*</b> 11:45   GVAT Meeting 11:45   Ruth Humphreys Innovation Team Meeting	8 7:30   FUCV Pub Night (Canoe Brewpub)	9 12:00   Sandy Merriman Cooking 2:00   SRC Meeting	10	11 5:30   Membership Committee Mtg 6:00   Chamber Choir 7:30   Chalice Choir	12 6:00   Community Dinner	13 12:45   Buddhist Meditation
14 10:30   <b>Sunday Service*</b> 11:30   Souper (Royal Oak West/Far Out Neighbourhood Groups) 12:00   GVAT Meeting	15 10:00   Farmhouse Ringers Rehearsal 1:00   ABC Team Mtg	16 11:00   Committee on Ministry Mtg	17 1:00   Care & Concern Meeting	18 1:00   Walking in Spirit with Rev. Melora 5:45   Worship Associates Mtg 6:30   Men’s Choir 7:30   Chalice Choir	19 2:30   Jammers Rehearsal	20 10:30   Depression & Anxiety Support 12:45   Buddhist Meditation 3:00   <i>Coming of Age Winter Sleepover</i>
21 10:30   <b>Sunday Service*</b> 12:00   General Meeting	22 10:00   Farmhouse Ringers Rehearsal	23	24	25 6:00   Chamber Choir 7:30   Chalice Choir	26	27 12:45   Buddhist Meditation
28 10:30   <b>Sunday Service*</b> 12:00   Environmental Action Team Mtg	29 10:00   Farmhouse Ringers Rehearsal	30	31			

\*Children and youth programs run concurrently with the service.

For a comprehensive listing of First Unitarian Church of Victoria events, please visit [www.victoriaunitarian.ca/members/events](http://www.victoriaunitarian.ca/members/events).

## *Path to Membership*



*Are you new to our church?*

*Have you just discovered our church or are you a Unitarian from elsewhere?*

*Would you like to know more?*

We know it can be daunting to get to know people when everyone seems to already know everyone. And we know it can be hard to get to know us in the coffee hour. So, if you **would** like to get to know us better, we hope the steps below will help.

**STEP ONE:** *Drop by the Visitors' Table* near the front of the Sanctuary. Ask questions. Fill out a Visitor Welcome form on which you can indicate if you would like to receive the monthly newsletter, weekly electronic mini-newsletter, be connected to your Neighbourhood Group, or have your own name tag.

### **STEP TWO:** *Newcomer Orientation*

This is a gathering for all newcomers, whether you have just walked through the door or been coming for several months and want to know more about us, whether you eventually become a member, or choose to be a friend of the church. The Orientation provides basic information about our congregation and ways to make connections.

### **STEP THREE:** *Considering Membership*

This session will help you determine whether you would like to officially become a member of our church. Whether you join right away, not yet, or not at all, the session will be informative and enjoyable as we will be talking about things that matter in a small group setting with warm and interesting people.

Events are held on Sundays, after the church service, in the Farmhouse Common Room in the building just north of the main Sanctuary building. A light lunch will be available and child minding is provided on request. To sign up for either or both of these events, or if you have questions, please contact **Reverend Shana Lynngood** at [rev.shana@victoriaunitarian.ca](mailto:rev.shana@victoriaunitarian.ca) or cell (250) 891-6330.

**STEP FOUR:** *Application for Membership*. Fill out the application found in the membership packet. Submit the application and a financial pledge or contribution to the office. Your name will be read into the membership records at the next board meeting. Voting privileges commence 60 days after and you will be recognized at the next New Member Ceremony.

### *Another event to watch for:*

Periodically, a two-part event called **Introduction to Unitarian Universalism** is offered which is designed to give more in-depth information about UUism. Whether you are not yet a member, a new member or have been a member for a long time, if you wish to know more about our denomination, this is for you.

*We are so glad you have found us and we are looking forward to getting to know you.*

## UUIIN NEWS

Happy New Year Island UUs! The UUIIN spreads the word about upcoming events that are open to all interested Unitarian Universalists on Vancouver Island and surrounding Islands.

We are better together!

**Early Bird Registration Ends January 1\*\*\***

**Centered on Spiritual Maturity**

Join the Unitarian Universalist Islands Network at the beautiful Bethlehem Centre in Nanaimo from February 9-11 for two days of rest, reflection and renewal. In a gorgeous, natural setting with walking path and labyrinths, our program, led by First Unitarian Church of Victoria's Ministerial Intern, Christopher Wulff, will explore dimensions of developing spiritual maturity through personal reflection, small group dialogue, poetry and song.

Have you yearned to go deeper in your spiritual life, to follow that path of the free and responsible search for truth and meaning? Building on the work of Reverend Dr. Kendyl Gibbons, 2015's Religious Humanist of the Year, spiritual maturity is about those places of faith and practice where we find ourselves growing more able to encounter what is real instead of living in fantasy; to acknowledge and accept our own limitations; to know wonder, blessing and generosity; and, to offer radical, active and compassionate love for ourselves and others. Working through the twelve elements of spiritual maturity, we will find wisdom, comfort and challenge in other spiritual and religious traditions, as well as in our own intuition, experience and UU practices.

Registration and further details available online at <http://victoriaunitarian.ca/spiritual-retreat>

## INTERNATIONAL ASSOCIATION OF RELIGIOUS FREEDOM CONGRESS

Denominational Affairs recommends the **International Association of Religious Freedom Congress** aka "**IARF**" in **Washington DC, USA, 29 July – 1 August 2018**.

This conference will be held at George Washington University's Marvin Center.

The theme is "*Reimagining Interfaith Cooperation.*" *Co-sponsored by the UUA.*

*Young adult stream is one highlight of such congresses and is subsidized.*

More details are available from Christine Johnston, who has attended six IARF international conferences and loved them all. With the World Parliament in Toronto, ICUU in India, and the IARF in the USA, there are lots of opportunities to attend an international conference this coming year. This one is sponsored by the IARF assisted by the UUA or Unitarian Universalist Association, the United Religions Initiative, the United Church of Christ, Religions for Peace, the World Congress of Faith, the Interfaith Funders Group and multiple faith communities.

### **IARF Theme and Program**

The program focus is prioritizing interfaith relationship building and resource sharing, and will feature a keynote panel with Reverend Jennifer Bailey, Dr. Mohamed Elsanousi, Rabbi David Saperstein, and a fourth panelist to be confirmed. There will be five "Program Tracks" of Learning; Training and Skill-Sharing workshops; "Circle Small Group" meetings; and diverse Worship and Spiritual Focus opportunities. Program Tracks in Development:

1. Cultivating Inclusive Communities in the Face of Religious Discrimination
2. Community Organizing: Initiating and Sustaining Social Change Movements
3. Staying "Woke": Recognizing Privilege, Challenging Systemic Oppression
4. Interfaith Organizing in a Changing Spiritual Landscape
5. Making A Movement: Building Skills to Bring Interfaith to the Next Level

### **Registration**

See [www.reimagininginterfaith.org](http://www.reimagininginterfaith.org) as well as IARF's website ([www.iarf.net](http://www.iarf.net)) for updates and further details.

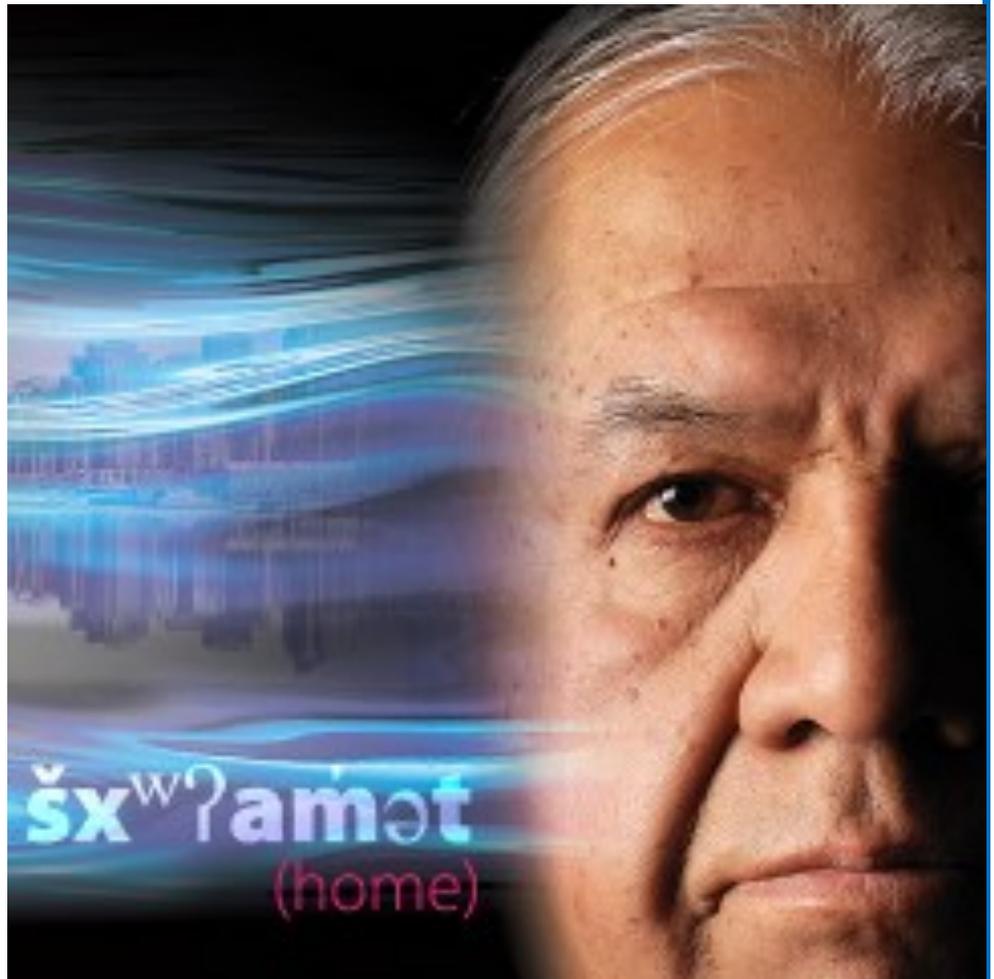
Early registration US \$295 with Young Adults only \$100. University suites or local hotel.

## WHAT DOES RECONCILIATION LOOK AND FEEL LIKE?

*How does this idea of “Reconciliation” translate into your human relationships?*

On January 19 and 20 you/ we have a unique opportunity to experience a heartfelt, provocative, audience interactive play that puts real, tough, current issues on the stage. **šxw?amət (home)** challenges us to make reconciliation true and honourable. It asks the “What now” question, and compels us to see reconciliation not as a “thing of the past”, but something that permeates many aspects of our lives.

Our congregation is locally sponsoring **šxw?amət (home)** with Cadboro Bay United Church, in collaboration with indigenous and nonindigenous groups in the community. Created by Vancouver-based Theatre for Living and performed by a mixed Indigenous, non-Indigenous cast [inc. UU Minister Meg Roberts] and production team, it invites audiences to offer solutions to the problems presented on the stage. Engaged, you leave altered and informed.



It's at the **Songhees Wellness Centre for two performances on Friday, January 19 and Saturday, January 20 at 7:30 pm.** Tickets are \$15 through the Church office, after Sunday service, \$17 [online](#), and \$20 at the door. We expect a sell out performance so get your tickets in advance.

*“I haven't seen any other piece of theatre before **šxw?amət (home)** that I actually felt had the capacity to shift people's minds and hearts towards authentic reconciliation. This is important work and I was so glad to share in it.”* Natalie Davidson

AND

**On Wednesday, January 31 5:00 to-8:30 pm** [with supper], we will gather in community for a dialogue about **šxw?amət (home)**. Come with friends and family to explore what we have learned, seen and felt from the experience of the play. Hold the date, watch for details in the e-weekly and on Facebook.

Reverend Shana Lynngood and Diana Smith will co-facilitate the conversation that probes:

What kinds of shifts in perceptions and behaviours need to take place?

What is the pulse of change each of us are shaping?

How do we break down the walls of colonization that surround us all?

We have an emerging reconciliation network in our congregation...contact us at [THReconciliation@victoriaunitarian.ca](mailto:THReconciliation@victoriaunitarian.ca) for queries and offers.



# WhaleCoast Alaska 2018

**WOW!** Four Unitarian Universalist Fellowships in Alaska invite you to our awe-inspiring, 25<sup>th</sup> annual Alaska tour program.

**TOUR #1: National Park Tour, June 9 to 19 -- \$3,135**

**TOUR #2: All-Alaska Tour, July 6 to 18 -- \$3,843**

**WHERE:** From the coastal waters to the sunny Interior, from wilderness to modern cities. We experience the best of Alaska: Fairbanks, Denali Park, Anchorage, Juneau, Sitka, Seward.

**SEE:**

- Wildlife: whales, seals, bears, moose, caribou, & more.
- Glaciers, islands, fjords, and mountain ranges.
- Native American artists and dancers.
- Alaska's finest museums.
- Spectacular travel by train, plane, and boat.

**STAY:** Real Alaska! UU homestays, meals, & dinner parties with Alaska UUs who treat you like friends.

Director: Dave Frey, longtime Fairbanks UU

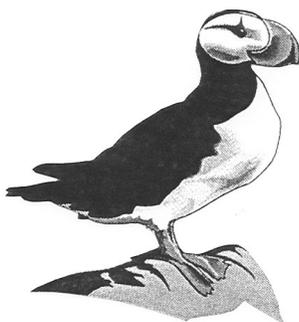
More information: [www.WhaleCoastAK.org](http://www.WhaleCoastAK.org)

Email: [dfrey@WhaleCoastAK.org](mailto:dfrey@WhaleCoastAK.org)

Telephone: 907-322-4966

Save \$\$\$! - \$100/person discount for group of 8

**Hurry! Each tour sells out when 40 guests register**



## BIRTHDAYS IN JANUARY

- 1 Sonya Ignatieff, Jackie Bennett, Jan Li
- 2 Patricia Disbrow
- 3 Betty Sherwood
- 4 Elaine Hanson, Phyllis Aherne
- 5 Cecil Bannister, Emil Mogensen
- 7 Alastair Mont, Dennis Jaques
- 8 Christine Johnston
- 9 Philip Symons
- 12 Margot Garmsen
- 13 Heather Sutherland, Sebastian Sterling
- 16 Jane Wilson, Gaia Bazar
- 17 Ellen Carey
- 18 Fran Pardee
- 19 Tim Hall
- 20 Lynn Beak, Lynn Hunter
- 21 Nellie Van Leeuwen, Bob Thompson, Amy Anderson, Bruce Nicol
- 23 Ruth Miller, Shelagh McCormick
- 24 Gerry Brimacombe, Lillie Lentz, Elliot Ziegler
- 25 Cavina Thokme
- 26 Remi Odense, David Person
- 27 Steve Sharlow
- 28 Becky Denlinger, Alex Adam
- 29 Mike Graham



## BOARD MEMBERS ON DUTY

January 07	Karen Furnes
January 14	Lorna Anthony
January 21	Nancy Dobbs
January 28	Lynn Hunter

## CHANGES IN MEMBERSHIP STATUS as of December 12

### New member applications:

Patricia Hofstrand  
2046 Avondale Rd  
Oak Bay, BC V8P 1V4  
250-590-9469  
[phofstrand@shaw.ca](mailto:phofstrand@shaw.ca)  
Cadboro Bay NG

Karen & Steve Sharlow  
406 - 788 Humboldt St  
Victoria, BC V8W 4A2  
250-519-0400  
[karen.sharlow@yahoo.com](mailto:karen.sharlow@yahoo.com)  
[sharlowsteve@yahoo.ca](mailto:sharlowsteve@yahoo.ca)  
James Bay NG

Lynne Bonner  
#3-4583 Wilkinson Rd  
Saanich, BC V8Z 5C3  
250-598-9442  
[lbonner@shaw.ca](mailto:lbonner@shaw.ca)  
Royal Oak West NG

### New Friend applications:

Shirley Marcuse  
25 - 899 Royal Oak Ave.  
Saanich, BC V8X 3T3  
250-658-8925  
[macrich25@telus.net](mailto:macrich25@telus.net)  
Royal Oak East NG

### Resignations:

Brenda Pengally  
Sylvia McDonald  
Sally and Eric Murphy

## CHANGES IN CONTACT

### Address:

Ruth Chudley  
314 - 3205 Wetherby Rd  
Saanich, BC V8P 4A3

Gerry & Elizabeth Brimacombe  
11055 Finch Pl  
Ladysmith, BC V9G 1Y9

### E-mail:

Marcella (Marcy) Calberry: [marcysmadness@gmail.com](mailto:marcysmadness@gmail.com)  
Doug Seeley: [radahtara@gmail.com](mailto:radahtara@gmail.com)  
Karen Potts: [klpotts.churchoffice@gmail.com](mailto:klpotts.churchoffice@gmail.com)

### Phone:

Chris Wulff: 778-917-3377  
Kym Hines: 778-265 0187 (This corrects an incorrect listing.)

**First Unitarian Church of Victoria**

5575 West Saanich Road • Victoria BC • V9E 2G1 • Phone: 250-744-2665  
 churchoffice@victoriaunitarian.ca • www.victoriaunitarian.ca

Office hours: Monday thru Thursday 11 - 4; Sunday 9 - 1; closed statutory holidays on weekends

**Ministers**

Reverend Melora Lynngood  
 Cell phone: 250-891-6330  
 rev.melora@victoriaunitarian.ca

Reverend Shana Lynngood  
 Cell phone: 250-891-6331  
 rev.shana@victoriaunitarian.ca

*The ministers' day off is Monday.*

**Intern Minister**

Chris Wulff  
 778-917-3377  
 chris@victoriaunitarian.ca

**Minister Emerita**

Reverend Jane Bramadat  
 250-652-1272

**Lay Chaplains**

laychaplains@victoriaunitarian.ca  
 Kjerstin Mackie 250-598-5975

Oceanna Hall 250-886-1077

Anne Vaasjo 250-385-1603

**Director of Spiritual Exploration and Learning  
 for Children and Youth**

Arran Liddel  
 arran@victoriaunitarian.ca

**Director of Music**

Nick Fairbank  
 music@victoriaunitarian.ca

**Church Administrator**

Nadia Kozak  
 churchoffice@victoriaunitarian.ca

**Assistant Church Administrator**

Sarah Versteegen

**Officers**

<b>President</b>	Lorna Anthony
<b>Past President</b>	Shirley Travis
<b>Vice President</b>	Marion Pape
<b>Treasurer</b>	Jane Wilson
<b>Secretary</b>	Karen Furnes

**Board Members**

Trustee	John Worton
Trustee	Nancy Dobbs
Trustee	Lynn Hunter
Trustee	Rebecca Mellett
Trustee	Susan Layng
Trustee	John Tiffany

Do you have a friend in need ... of a ceremony?  
 A wedding, child dedication or memorial?



Tell them about FUCV's  
**Lay Chaplains**

It's what we do!

Email: [laychaplains@victoriaunitarian.ca](mailto:laychaplains@victoriaunitarian.ca)

**We Care!**

**Care and Concern Committee**  
 for hospital and home visits, or just to talk...

Barbara Boyle at 250-381-0264

Val Roberts at 250-477-7192

or your Neighbourhood Group Care & Concern person

**RAFFLE BASKET**

Thank you to everyone who bought tickets for our beautiful holiday gift basket, donated by  
 Butchart Gardens.

The raffle raised \$373.50 for the church! The lucky winner was Kit Filan!

Ads appearing in this issue are not necessarily endorsed by the church.

**Astrid Firley-Eaton**  
Design

interior design  
colour consultation

250-384-3405  
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**NEWSLETTER ADS**

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Phone: 250-744-2665  
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Copy should be sent to  
[newsletter@victoriaunitarian.ca](mailto:newsletter@victoriaunitarian.ca).



For those without e-mail, copy may be left at the church  
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### **Staff**

Barbara Nyland & Jen Young (editors); Doreen Burgess  
and Myra Rippon (proof-readers); and Nadia Kozak  
(production, distribution and paid advertisements).