



The Victoria Unitarian
FIRST UNITARIAN CHURCH OF VICTORIA
Growing in Spirit, Living with Compassion, Inspired to Serve

SERVICES IN OCTOBER

October 7 (Thanksgiving) TITLE: The Sounds of Gratitude
 HOMILIST: Rev. Shana Lynngood & Jazz-in-the-Morning musicians
 WA: Madelaine Clarke

Join Rev. Shana and congregational musicians David Vest (piano/vocals), Gary Theal (guitar), Bradley Clarke (drums/vocals) and guest bassist Ryan Tandy for a musical look at the forms and types of gratitude we experience. This Thanksgiving weekend we'll explore what gratitude means in our lives through music, word, and silence.

October 14 TITLE: A People of Sanctuary
 HOMILIST: Rev. Melora Lynngood WA: Olivier Belisle

The world can be a harsh, dispiriting place. In what ways can we make our Unitarian Universalist community a 'sanctuary' for one another – a place where we can find comfort in hard times, strength to help us through our days, and nourishment for our spirits, that we might be better able to go back out into the world and make it less harsh, less dispiriting. In what ways might we, as Unitarian Universalists, offer the gift of sanctuary to those who need it beyond our walls? As this is Pledge Sunday, we consider as well, what we can do to sustain this work of being sanctuary, within and beyond our walls.



This is Pledge Sunday – you are invited to stay for the Community Lunch in which we consider our financial pledges for the 2019 fiscal year. Lunch will be served at noon in the Sanctuary. All are welcome.

October 21 TITLE: What We Can Build
 HOMILIST: Rev. Shana Lynngood WA: Madelaine Clarke

There is something remarkable about a spiritual community. So many people offer so much to make it all happen. What have we learned here about what it takes to create and maintain a community for over 50 years? What new things do we need to learn for the next 50?

October 28 TITLE: Samhainn
 HOMILIST: Arran Liddel, SEL-CY Director WA: Samantha Magnus

Samhainn is a Celtic celebration to mark the start of winter. A time to take stock of the resources we have to sustain us through the longest nights, to share the warmth of the sacred fire and to find Sanctuary in community past and present. This first night of winter is when the ancestors and spirits are closest. Disguises were worn to confuse malevolent spirits when travelling at night. To honour this tradition costumes are most welcome (for folks of all ages).

What does it mean to be a people of Sanctuary?

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DEADLINE FOR THE NOVEMBER ISSUE IS OCTOBER 16!

COMMITTEE ON MINISTRY

Talk to us. Do you have a concern about our church that you would like the ministers to know? One purpose of the Committee on Ministry (CoM) is centered on developing a strong, healthy relationship between the Minister(s) and the Congregation. Members of the CoM are:

Suellen Guenther, chair, John Hopewell, Mark Danley, Jeri Dause, Andy Lee

What Does it Mean to Be a People of Sanctuary?

The space where we gather each Sunday is called a sanctuary. Movements that have tried to help refugees and others on the run from dangerous circumstances in their home countries have often been called sanctuary. In a world full of constant bombardment of various types and in which we often long to pause and connect; we need sanctuary.

This month we ask, along with many other UU communities across North America, what does it mean to be a people of sanctuary? I think it is a powerful question in part because it implies that there is a form of sanctuary which can only be offered communally. What kind of sanctuary can we offer together? How much of the sanctuary that we can extend to others has to do with a physical location? As we consider both the current state of our world and congregation, how might our sense of who we are and what we have to offer shift? Stay the same?

Sanctuary is a place of safety. It is also a place in which one can explore. As we also have our annual pledge campaign for the 2019 fiscal year this gives us a chance to reflect on the ways we have welcomed in the past and the new ways that we might welcome in the year to come. I invite you to explore the questions below and the resources our Soul Matters network offers to deepen our engagement with the theme throughout October.

See you in the sanctuary, Rev. Shana

Questions for Reflection:

- When did you first discover that “sanctuary” was more than a physical place?
- Which of your homes has felt most like “home”? How are you recreating that experience in your life right now?
- Who is sanctuary for you? Have you told them lately how great of a gift that is?
- Have you ever found sanctuary for yourself in the midst of offering it to others? Might that again be the path back to sanctuary for you today?
- What if sanctuary is something we build rather than something we find?
- What do you want your children or grandchildren to know about “sanctuary”?
- What if your place of sanctuary is not just saying “Come and rest” but also “Be filled and go”?
- What if sanctuary isn’t a place, but that moment when you realize that you don’t have to keep trying to prove yourself? What if sanctuary is the awareness that we’ve already “arrived”? That we’re already enough?

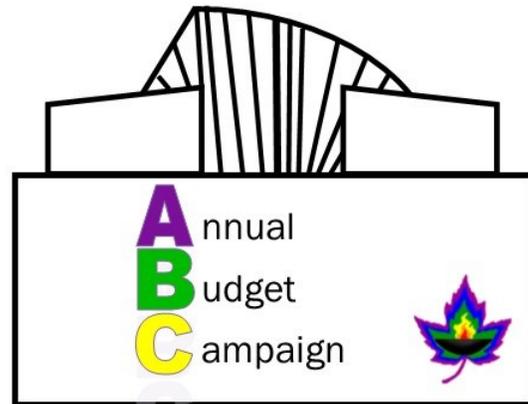
A reminder that, this year, we are choosing themes that synch up with those that other Unitarian Universalist congregations in the Soul Matters Network are using. This allows worship leaders and religious educators – and you-- to network with each other around the common themes.

Here is a link to the Soul Matters Facebook page that’s open to all <https://www.facebook.com/soulmatterssharingcircle> .

And you can access Themed Soul Matters Spotify Playlists here: <https://www.soulmatterssharingcircle.com/spotify-lists.html> . Scroll down to October’s theme of Sanctuary. You can also listen to playlists on past themes like “Hope,” “Perseverance,” and “Balance.”

Annual Budget Campaign (ABC)

2018-2019



Our Annual Budget Campaign (ABC) is underway.

You will have received an invitation to our 'Community Lunch' on Sunday, October 14th. Have you sent in your reply? Please do!!

Enjoy good food. Connect with friends both old and new. Enjoy a few brief presentations. Before leaving, complete your pledge form with your financial commitment to our congregation for 2019.

Pledge forms and an accompanying information letter on church goals and finances will be handed out on the Thanksgiving Sunday, October 7th, to enable each of us to discern how much we are able to financially commit. Please bring your Pledge form with you to our 'Community Lunch' on the 14th.

If you have any questions or comments, please contact Barbara Boyle at 250-381-0264 or email barbara.boyle@shaw.ca.

Looking forward to seeing you,

Your ABC Team

Barbara Boyle, Marion Sollazzo, Barry Wiebe, Jen Young

SPIRITED JAZZ

Fall/Winter/Spring Unitarian Jazz Vespers

Morning Service of Jazz Vespers, October 7

10:30 AM

David Vest & Friends Theme:

Three Faces of Gratitude

David Vest - piano and vocals,
Gary Theal - Guitar, Ryan Tandy - Bass,
Bradley Clarke - Drums

By Donation and greatly appreciated



The congregation and visitors of the First Unitarian Church Victoria will be treated to a morning service of Jazz Vespers in the October Spirited Jazz. The community and jazz lovers are extended an open welcome to this service.

Although he's a Maple Blues Award winner who now lives in Canada, David Vest is an authentic, Southern-bred boogie-woogie piano player, blues shouter and world-class entertainer.

Born in Huntsville, Alabama in 1943, David grew up in Birmingham near Tuxedo Junction. He played his first paying gig in 1957, and by the time he opened for Roy Orbison on New Year's Day 1962, he was a seasoned veteran of Gulf Coast roadhouses and honky-tonks.

"An amazing pianist -- rolls out the boogie like the players of old who'd tear up juke joints and turpentine camps." *Cascade Blues Association*



He saw Bo Diddley, Jimmy Reed, and John Lee Hooker in the prime of their careers. About the time he turned 21 he found himself onstage with Big Joe Turner, who said that David Vest's playing made him feel like he was back in Kansas City. His first Canadian recording, *East Meets Vest*, was named one of the best blues albums of 2012 by Holger Petersen of CBC's Saturday Night Blues and earned a Maple nomination for Recording of the Year. Website: <http://www.davidvest.ca>

Time has done little to diminish David's energy, skill and creative drive. Working solo or with his band, he continues to bring audiences to their feet and to demonstrate why he has been called "one of the greatest living boogie-woogie piano players."

First Unitarian Church of Victoria, 5575 West Saanich Road
250-744-2665 www.victoriaunitarian.ca

Who Are The People in Your Neighbourhood?

Well, it may not be Mr. Rogers but there are friendly folks waiting to welcome you. All members, friends and newcomers to the church are invited to be part of the Neighbourhood Group where they live. Groups meet with different frequency. If your group is missing from this column, there was nothing to report this month. If you don't know which group you are in, please phone the church office.

Oak Bay: Convener Mary Burcher 778-977-5394 ~~ Oak Bay said farewell to summer and welcomed fall and the new church year with savouries and sweets on September 21st. A potluck will be held in October with a discussion of the role of care & concern.

James Bay: Convener Lynn Hunter 250-220-2240 ~~ James Bay has been meeting monthly with Capital UU Congregation members at the Ross Bay Pub. A number of the JB group also attends the monthly pub nights at the Canoe Club. With the Western group, they organized the first Souper Sunday of the church year on September 20th.

Western: Convener Susan Lean 250 478-5261 ~~ With James Bay, the Western group organized and hosted our Souper Sunday on September 20th.

Cadboro Bay: Convener Val Roberts 250-477-7192 ~~ Cadboro Bay is busy baking and providing goodies for after-service coffee treats in October.

Royal Oak West: Convener Martha McDougall 250-477-1541 ~~ R.O. West provided the wonderful goodies for September. If anyone would like to host an event, please let Martha know.

Royal Oak East: Convener Hanny Pannekoek & Hugo Sutmoller 385-2299 ~~ R.O. East meets four times a year and had their first potluck of this church year on September 18th. It was generously hosted by new members, Shirley and Giselle. With Fairfield, they will be organizing the November 4th Souper Sunday.

Grand Central: Convener Jane Wilson 250-598-4348 ~~ Jane has recently taken over the convener's role from Marya Nijland. Many many thanks to Marya as we wish her well on the road to recovery from her recent cancer surgery and treatments.

Fairfield: Convener Lynn Beak 250-598-3584 ~~ Lynn and John are hosting a finger food pot-luck at their home on the afternoon of October 28th. Guests will share memories that are triggered by the Fall time of the year.

Far Out: Convener Phyllis Aherne 250-655-7149 ~~ Far Out is planning a pot-luck for October. Phyllis will be contacting the group.

Esquimalt: Convener Maureen Sherlock 250-384-6492 ~~ Esquimalt is preparing to host the Celebration of Life on Oct. 13th for beloved member Elizabeth McGugan. Deepest condolences to Archie and the McGugan family. Also, a pot-luck is planned for October or early November.

With gratitude to the hosts and organizers of the above events,

Lorna Anthony, Neighbourhood Group Coordinator.



Spiritual Exploration & Learning: A People of Sanctuary

The theme this month is “How are we a people of Sanctuary?” We call the meeting room for the adults the “Sanctuary.” Christians call their meeting room a sanctuary as well. It means a holy place. In the old days, medieval days, the builders of cathedrals included stained glass as a way to create a sanctuary which was filled with the light of God. We UU’s don’t usually think of our sanctuaries as a home of God, but rather as a place that is made holy by the gathering of our community to worship. Sanctuaries reflect our values. The seating, the walls, the windows - all are part of what we want to say about what we find holy.

This month our children and youth programs will look at how our church can offer us sanctuary and how our world itself is a sanctuary that supports and sustains us all. We will also explore how we can find sanctuary within ourselves away from the noise and distractions of daily life.

Warmly,

Arran Liddel

Director of Spiritual Exploration and Learning for Children and Youth

Welcome Back!



Welcome Back Gathering

Are you relatively new to the congregation and feel you are still figuring out how you want to connect here? Still confused about all of the programs and ways to get involved in the congregation? Have you been here for several years and want an opportunity to connect with a smaller group of people in the congregation and ask a few questions?

If you answered yes to any or all of these questions, please join Rev. Shana and members of the Membership Committee for dinner and conversation on Thursday evening, October 11th from 5:30 to 7:30pm in the Farmhouse Common Room. If you have questions or wish to RSVP so we can make sure we have enough food to go around please email Rev. Shana at rev.shana@shaw.ca.

The board was happy to receive a delegation from Arran Liddel who asked if we would be willing to approve basic sponsorship to him as an Aspirant to the Ministry. The Board agreed to provide this form to UUA and Arran will write a Newsletter article about his spiritual journey. FUCV is fortunate to have a person so motivated to be working with us and our children at FUCV.

FUCV Strategic Plan and three Strategic Initiatives:

a) **Membership as a Strategic Priority of FUCV:** Martha McDougall and Rev. Shana brought together the Membership Committee with Ushers and Greeters to discuss how we can collectively welcome and connect with new visitors to our church.

Strategic Priority on Location: The Board passed the revision of the Terms of Reference for the

b) **Task Force on Location:** Co-Chairs of the Task Force will be John Hopewell and Liz Graham. The Executive has appointed Steve Sharlow as Board Liaison and Rebecca Mellett as a resource. Co-chairs will bring in other congregation members and subject specialists as needed. The Task Force will be launched soon and complete the work of presenting the board with options and recommendations by the end of 2019 for a special congregational meeting early in 2020.

c) **Strategic Priority on Family Ministry:** Rev. Melora and Arran Liddel are setting up a Task Force (similar to the Task Force on Location) to develop strategies to further move toward a Family Ministry model. They propose that the team will consist of Rev. Melora, Arran, board members Steve Sharlow as Board Liaison and Rebecca Mellett as Resource, and 2 parents from the Congregation. One of the first tasks will be to hold a one-day Family Ministry workshop for Board Members and other leaders in the church in Jan. or Feb. 2019.

Endowment Fund for Bequests: The Board passed a motion to establish a policy stating that the Board accepts the Legacy Team proposal that all undesignated bequests be deposited into the Endowment Fund. This will provide clarity to the many church members who are considering bequests to FUCV in the future.

Appointments to Committee on Ministry: The Board appointed Jeri Dause and Andy Lee to the Committee on Ministry.

New Mortgage: The Board accepted a Finance Committee recommendation to renew the church mortgage with a 10-year amortization period. This will effectively reduce the mortgage payments to the joy of the Finance Committee and Board.

The Human Resources Committee submitted a report to the board recommending that Natalie Brake has successfully completed her probationary period. The FUCV Board accepted this recommendation. Welcome Natalie.

The Board received the final report from the Internship Committee. Chris Wulff came to First Unitarian Church of Victoria in September 2016 and met his requirements and contractual obligations working half time over a two year period. All of us who worked with Chris were blessed by his enthusiasm and achievements. Thank you, Chris.

Attend the ABC Celebration Lunch on Oct. 14: The 2019 Annual Budget 3-week Campaign begins on Oct. 7. Hope you can make this event and pick up your pledge form. Very important, however, is not to miss the yummy lunch on Oct. 14.

BY STU WHITNEY

Due to my hearing loss, I have personally been affiliated with this wonderful organization for well over 25 years. I have seen first-hand the work they do and how they reduce barriers for individuals dealing with isolation. I have been a recipient of their expertise in selecting and using hearing assistive equipment of all kinds including the installation of the 'Hearing Loop' in our church. Being able to hear better has allowed me to have a full career as a research scientist and to enjoy a great family and community life.

The Island Deaf + Hard of Hearing Centre (IDHHC) is the only specialized social service agency on Vancouver Island and the Gulf Islands providing services to the Deaf community and to individuals with a hearing loss who are faced with this invisible barrier.

SERVICES PROVIDED BY IDHHC

Family and Community

- + Home based sign language for young Deaf children
- + Role model support for Deaf and Hard of hearing children and youth
- + Communication strategies & Life skills coaching
- + Consultation with other community service providers



Hearing Health

- + Supports individuals by developing coping strategies to manage difficult listening situations
- + Develops and trains individuals in speech reading and auditory skills
- + Offers demonstrations, loans and sales of assistive devices for the TV and phone
- + offers Sound of Change, a program of gifting free refurbished hearing aids to low income people

Employment

- + Assessments of interest and abilities for training and educational plans
- + Instruction in job search skills, resume writing and interview techniques
- + Access to wage subsidies for on the job training
- + Information to employers and their staff about hearing loss



Interpreting and Captioning

- + On a cost recovery basis, arranging Sign Language Interpreters to provide barrier free communication at meetings, events, workshops, interviews etc. when Deaf individuals are in attendance
- + Captioning services arranged to ensure full access to the spoken word by providing real time access on a large screen, or on a personal laptop or tablet while in attendance at meetings, events, training sessions, medical and legal appointments etc.

IDHHC works hard to increase accessibility, reduce withdrawal and the isolation that can result from hearing loss and strives to build a connected and healthy community through leadership, innovative solutions and services.

Help us fight isolation and assist individuals to stay connected with their families and communities!!

COMMUNITY DINNER

FIESTA NIGHT OCT 19 at 6pm

COMMUNITY DINNER WITH MUSIC!

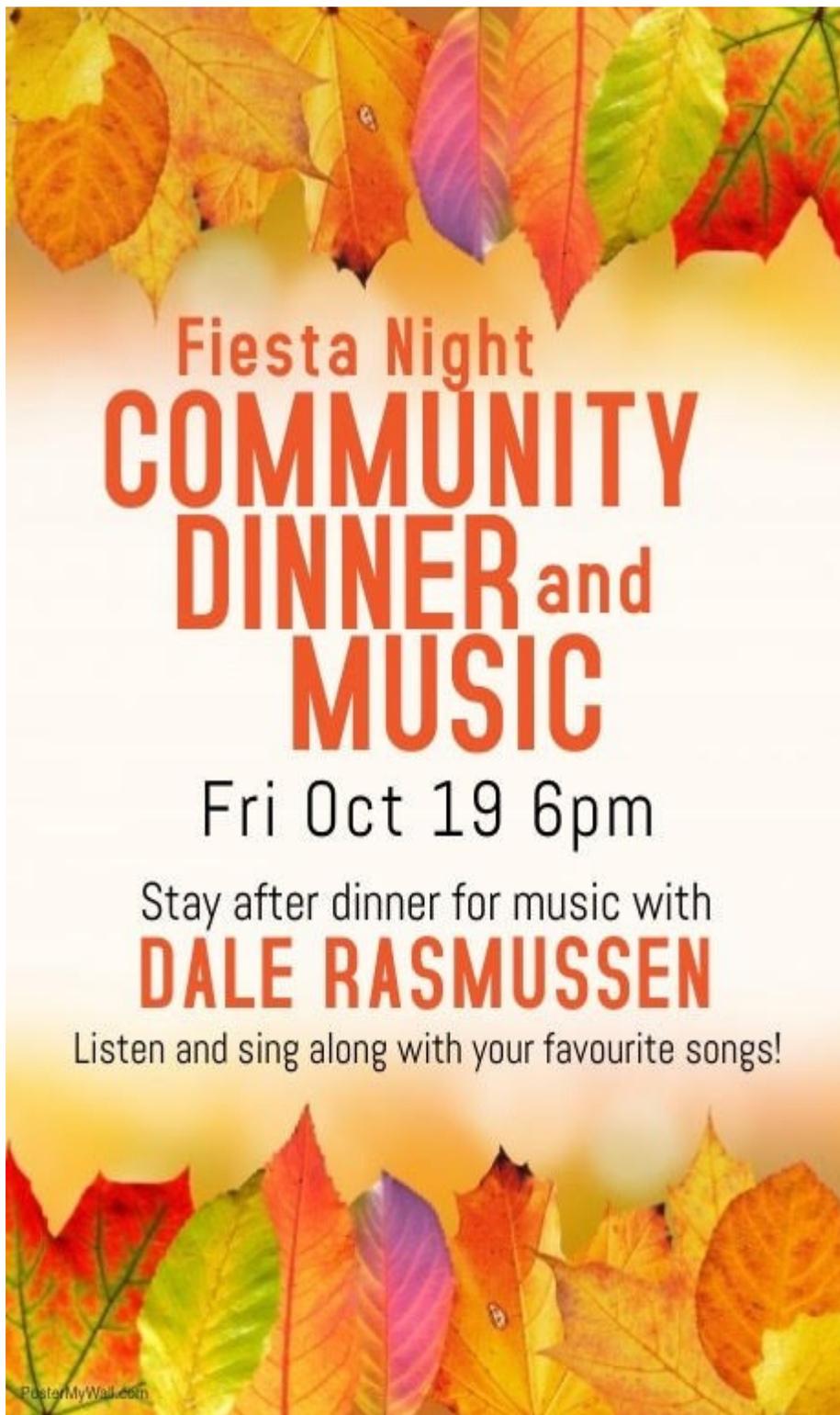


Bring your friends, your appetite and your singing voice and join us at the next community dinner for “Fiesta Night,” as we start the season off with **something special**.

Right after our “fiesta-style” dinner, the evening will kick into high gear with live music featuring Dale Rasmussen on piano, guitar and vocals. Dale will perform some solo songs and lead everyone in a rousing sing along of favourite uplifting songs.

Please bring your own plate and utensils, a salad or dessert to share. Dinner is by donation.

It starts at 6pm at First Unitarian Church of Victoria. (**NOTE THE NEW DATE: Oct 19)**



Love Books? Love the Annual Book Sale?



We need a volunteer to coordinate the Book Sale. We have an army of enthusiastic volunteers who will help you out. We have brilliant 'how-to' notes from Suellen. We have gratitude and appreciation for your efforts.

YOU have the opportunity to keep this very successful and very popular fund raising event going. Interested?

Call Suellen at 250-727-0454 or Jen Young at 250-888-4746

TRUTH AND RECONCILIATION SERIES

Why Don't They Get Over It? – Intergenerational Trauma Covered by the Residential School Era”

--Presenter: Dr. Martin Brokenleg Sunday, October 21, 2018, 12 noon to 2 p.m., Sanctuary

We are excited and honoured to welcome Dr. Martin Brokenleg to First Unitarian. He will be presenting two separate workshops – October 21st and a second workshop on November 4 (topic “Can We Fix It? Is Reconciliation Possible in our Time?”).

Dr. Brokenleg holds a doctorate in psychology and is a graduate of the Anglican Divinity School. He was a professor at Augustana University in South Dakota for 30 years and most recently was Director of Native Studies and Professor of First Nations Theology at Vancouver School of Theology. The father of three children, he is now retired and lives in Victoria.

On October 21st, Dr. Brokenleg will be welcomed, in SENĆOTEN and English to the WSÁNEĆ territory by Grace Blackwood, a grade 5 student of the ŁÁU,WELNEW Tribal School on the Tsartlip reserve.

OCEANS OF PLASTIC

By now, most of us have heard of the Great Pacific Garbage Patch where plastic straws, cigarette butts, fishing nets and everything made of plastic has found a home in our oceans. Even in the Arctic, researchers have found an alarming amount of plastic particles deep in the ice. A report by the Helmholtz Center for Polar and Marine Research raises concerns about the impact on human and sea life.



We have recently become very aware that plastic straws rank in the top 10 for marine debris and 44 percent of all seabird species and 22 percent of cetaceans have ingested plastics. Many campaigns have begun to encourage us to find alternatives to plastic in our daily lives to reduce the risk of polluting our oceans further. Innovative scientists are working to invent ways of cleaning up our oceans. It is imperative for us to do what we can by choosing alternatives to plastics as much as possible and encourage businesses to do the same. A recent article in the September 5th Guardian by George Monbiot however, takes a different approach.

“The problem is not just plastic—the problem is mass disposability. Our problem is pursuing, on the one planet known to harbor life, a four-planet lifestyle. Regardless of what we consume the volume of consumption is overwhelming the Earth's living system. Our greed for plastic is a major environmental blight. We cannot address the environmental crisis by swapping one overused resource for another. What should we use instead?” Monbiot says we should be asking the right question. “How should we live?” His answer is “simply.”

“One planet living means not only seeking to reduce our consumption but also mobilizing against the system that promotes the great tide of junk. This means fighting corporate power, changing political outcomes and challenging the growth-based world-consuming system we call capitalism. Disposable coffee cups made from new materials are not just a non-solution, they are perpetuating the problem. Defending the planet means changing the world....”

For the complete article by George Monbiot called Plastic Soup:

<https://www.monbiot.com/2018/09/12/plastic-soup>





Oils By

Joane Moran AFCA

Award winning artist, Joane Moran, began painting in oils to fulfill a creative urge. Growing up on the North Shore of Vancouver, with its beautiful surroundings, has given her endless inspiration. Subjects of interest for her are landscapes, seascapes, botanicals and sometimes animals.

Strong strokes of colour, light and contrast are qualities you will see in Joane's work.

What makes Joane's work unique is her ability to capture a moment, the vibrant light through an abundance of flower blossoms, the crashing waves of the West Coast, a glimpse of a sunset over the Cowichan Valley, or her highly praised work of cats and dogs in her pet portraiture collection.

Joane now resides in Cobble Hill and when she's not painting she is usually exercising or gardening.

Taking part in numerous F.C.A. art shows and exhibits and recently receiving AFCA status, as well as participating in regional charity benefits and invitational events she enjoys the time showing her work and meeting new people.

Joane Moran

www.joanemoran.ca

smoran@shaw.ca



The Recognition and Awards Committee asks the Councils of the Board, and the President, to nominate volunteers who have made significant contributions to the life of the church. This month the Property Management Council has nominated Lesley Duthie.

October's Honoured Volunteer: Lesley Duthie

I was born into an extended family of the more-or-less atheist persuasion and so my evolution into the Unitarian faith had to be a round about one. My dear mother-in-law Jessica was a member of the congregation in Kingston, Ontario and spoke very highly of her experiences there. And when my daughter was little I felt a need to connect her with the wisdom of many religions. My father-in-law's Unitarian memorial service touched me deeply. And so the ground was prepared for a seed to fall.



But it was really the Red Barn that drew me in. We live near West Saanich Road, and so on grocery shopping jaunts to the RB, I would peruse the roadside stand outside our church. I was impressed with the bits of whimsy and insight that those very succinct chunks of text brought into my day. I talked Kent in to dropping by and we both felt right away that we had found “our place”.

My favourite parts of the church have been the Soul Matters and covenant groups, the singing on Sunday mornings, our beautiful physical space inside and outside the church, the warm and intelligent conversations in our neighborhood group, and all the good hearts and keen minds that seem to be everywhere here. I loved making coffee after the services during my first year, and a bit reluctantly gave that up to join Faye in working on the programs for children and youth. But the biggest challenge and joy for me have been working with her and the staff at the school to revision the playground into a space where children can experience respect for the interdependent web of all existence of which we are a part. The Nature Playground has been a bit of a madcap adventure with equal parts Pinterest-fueled daydreams, sweat and blisters, and enjoying the many contributions of volunteers from the church and the school. We've been at it for a couple of years now, and I hope people feel that the environment for everyone has been enriched by our efforts. It feels like the playground project is maturing and I'm curious about where my interests will take me for my next project within the church.

Fran Hancock says: Lesley's refreshingly positive outlook is contagious. She is curious, reflective and attempts to understand those whose political and social views are different from her own: rather than judging others, she attempts to understand them. She lives her life according to her values and leads by example: “to care about others, one must model it oneself”. Her warm hearted and deep attachment to others and to her family extend to her beloved horse, pony and chickens who live in her backyard.

Hugo Sutmoller says: Lesley joined the coffee hospitality team with great enthusiasm, immediately made herself very useful and added to the cheerful team work for this (in my humble opinion) essential service of the Sunday morning church experience. We regretted to see her leave, but we know that her considerable talents were used, to good advantage, in the children's programs.

Continued on the next page...

Honoured Volunteer continued from the previous page...

Faye Morgensen says: Lesley joined the SELCY team out of her passion for children. We quickly found we had much in common, both with a love for art education and time spent in nature. Lesley is warm, playful, willing to work, and offers the great gift of thinking outside the box. She is persistent and gently insistent, all the while being very open to others' ideas. With her wealth of knowledge about childhood development and huge enthusiasm for creating joyful spaces, she has contributed immensely to the Nature Playground project. Working with her has been, and continues to be, a great joy.



There will be a
Celebration of Life

for

Elizabeth McGugan

on Saturday, October 13 at 11:00am in the Sanctuary

Esquimalt NG will host a reception in Lion Hall after the service



SONG CIRCLE – EVERYONE WELCOME

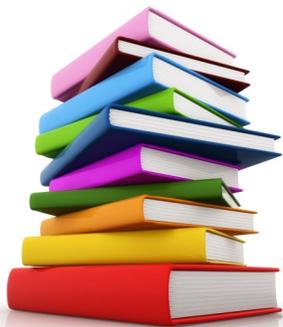
In the Sanctuary: 2:30pm-4pm Friday, October 5

**“Come join with me in a circle of song, the young and the old, the weak and the strong.
Singing with one voice, though we may speak different tongues, in the circle of song we are one”
Circle of Song by Tony Turner**

Last spring Chris Wulff (our ministerial intern), Jewel Spooner and Nancy Dobbs hosted five “Singing Around Circles”. The goal of the circles was to share favorite songs that we could learn from Chris, and that Chris could take with him. The congregation was invited to join us.

Jewel and Nancy have had requests to continue with Song Circles. You are invited to join us for songs of peace and joy...familiar, new, folk, world songs, light hearted, chants. Jewel will also lead a (optional participation) sacred dance.

-Nancy Dobbs and Jewel Spooner



Another successful Giant Book Sale & Bake Sale

Books \$3472.85

Bake sale \$650.75

Total: \$4123.60

Thanks to all the Volunteers who made it happen

New Volunteer opportunity! Making a Difference Together!



Our Place Society is embarking on a new multi-faith project to broaden the spiritual care presence on a daily basis to those in need at OPS. It envisions seven faith/spiritual groups (or more) in Victoria each taking ownership for providing the spiritual care volunteers on one given day of the week, with each volunteer filling a two hour shift.



First Unitarian Church of Victoria has been invited to take part in this project, giving our church the unique opportunity to enrich our bridges of understanding of Greater Victoria's most vulnerable citizens while augmenting the compassionate, loving ethos that forms the basis of Our Place Society's mission, as well as our own.

Are you seeking a place to actively live out the principle of unconditional love?

Do you strongly believe that hope and belonging are critical values that can provide support and new beginnings for all people?

*Do you have a desire to serve, learn, celebrate and be part of something **BIG** that seeks healing, wholeness and connection through relationships of trust and well-being?*

We are seeking 4 to 6 individuals who wish to exercise the following traits and values:

- Ability to listen and interact deeply from the place of an open, non-judgmental heart
- Ability to be a compassionate and loving presence
- Ability to show respect and uphold the dignity of each person
- Ability to remain grounded in the mix of turmoil and uncertainty, pain and suffering
- Ability to remain positive and hopeful, while recognizing and being able to celebrate the unique gifts of every individual who is part of the Our Place Family

Please contact Larry Boldt - lwboldt@shaw.ca or Dar Gareau-Levy—darlevy@gmail.com if you are interested in joining our team!

**National Orange Shirt Day
Sunday, September 30, 2018
Every Child Matters**



Wear an orange shirt on Sunday, September 30th to walk with and show your support for Indigenous and Non-Indigenous reconciliation, acknowledge the Indian Residential School experience and affirm that Every Child Matters.

National Orange Shirt Day, held on September 30th annually, is a legacy of the St. Joseph Mission (SJM) Residential School commemoration event held in Williams Lake, BC, in 2013. It grew out of [Phyllis Webstad's](#) account of having her new orange shirt being taken away on her first day of school at the Mission. It has become an annual discussion on all aspects of residential schools and sets the stage for anti-racism and anti-bullying policies for the coming school/church year.

[Orange Shirt Day](#) is an opportunity for Indigenous Peoples (First Nations, Inuit, and Metis), local governments, schools, churches, and communities to come together in the spirit of reconciliation with hope and begin to take steps to make lasting changes for generations of children to come.

For more info, you may also go to Facebook: Orange Shirt Day-Every Child Matters. Post pictures, share your story, enjoy others sharing their experiences, and **take action** by showing your support.

**Wear an orange shirt Sunday, September 30th!
Please post your picture to the CUC's [Love and Justice](#) Facebook page!**

The CUC's Truth, Healing and Reconciliation Reflection Guide Team



Truth, Healing
& Reconciliation

REFLECTION GUIDE

“COFFEE ON ME”

this a reminder and an invitation:

We would like to remind you about the opportunity to celebrate someone, or a special occasion, by donating \$30 towards Sunday coffee.

Your gift will be acknowledged on a poster placed on the hospitality (goodies) table. please see Nadia in the office and she will take care of your contribution and your poster.

With warm thanks from Hanny and Hugo,
coffee and tea hospitality coordinators.



Are you ready for the referendum on electoral reform?

**Voting on B.C.'s referendum by mail-in ballot begins this month,
October 22nd and ends November 30th.**

The three Proportional Representation (PR) voting systems that the B.C. government is proposing on the ballot were described in last month's newsletter. More information is available in a hand-out on the SRC Shelf in the hallway at the church—please take one!

Are you ready to vote on the two questions in the referendum: 1. Which do prefer PR or First Past the Post, and, 2. Which of three PR systems do you prefer? Here's a brief quiz with which you can test yourself.

1. Must you answer both questions on the referendum ballot, yes or no?
2. What would you say is the main difference between Proportional Representation (PR) and a plurality voting system like First Past the Post?
3. How many PR voting systems can you name? If five (which have been named in this series of articles), pat yourself on the back; if you can name 4, or the 3 that will be on the ballot, excellent! If only two or less, you need more study!
4. Name three myths that opponents of PR frequently raise to claim FPTP is better than PR. Six myths have been described in past newsletters.



Making democracy better in BC

**Proportional
Representation**

There will be a Question and Answer session with activist Connie Foss More from Fair Vote Canada after the service, noon till 1:30 pm, on Sunday, Oct. 28th.

If you have trouble deciding which of the three PR systems proposed by the B.C. government you should vote for, come and learn that understanding the advantages and disadvantages of various PR systems is a piece of cake!



WHAT MATTERS TO YOU? LET YOUR VOICE BE HEARD! TELL US YOUR STORIES.

GVAT will be conducting further listening sessions over the next month at a location of your choice. Starting on September 23rd you will have the opportunity to sign up for specific dates and locations to further create the groundwork for deeper and meaningful relationships empowering us all to work together. After this service there will be posted sheets for congregants to sign up for the remaining weeks left in our Listening Campaign. On the 21st and 28th of October, congregants will have the opportunity to determine where their passions lie and what projects they are committed to either as members of FUVC and/or the larger Victoria community. Our core team is working on gathering this information from all the listening sessions and channeling these topics into themes. Once the voting is complete, the results will then be discussed and negotiated at a Discernment workshop with all the other member organizations to determine what GVAT will take action on.

What is GVAT?

We are an alliance of unions, congregations, environmental, education and frontline service organizations. We understand the incredible power of civic organizations when harnessed for the Common Good.

Our member organizations are made up of pro-active, everyday people dedicated to working together to tackle some of the toughest issues in Greater Victoria.



Members' Birthdays:

- 1 Cedar Thokme, Karen Sharlow
- 5 Stella Hagan-Braun
- 6 Francois Duruisseau
- 8 Karen Furnes, Sarah Harris
- 11 Mariko Matsumoto
- 12 Margaret McKelvie
- 13 Barry Wiebe, Scott Branch
- 14 Doreen Burgess, Stu Whitney
- 15 David Smith
- 16 Trish Henry, Maria Hoffman,
Bruce Edwards, Rebecca Mellett,
Shirley Marcuse
- 18 Rowland Mak
- 19 Bonnie Halvorson
- 20 Lorna Shaw,
- 22 Sharon Boldt
- 25 Virginia Daniel, Marion Pape,
Zoe Brimacombe
- 26 Fran Hancock
- 27 Allen Milne, Don Armstrong
- 28 Susan Lean
- 30 Diane Berry, Helga Jacobson, Kent Haden
- 31 Ruth Ellen Pozer-Telford, Doug McGinnis,
Nicholas Fairbank



Board Members on Duty

- October 7 Susan Layng
- October 14 Steve Sharlow
- October 21 Bruce Nicol
- October 28 Lorna Anthony

Members and Friends Changes

New member:

Barbara Guyton

655 Douglas Street

Victoria, BC V8V 0B6

813-956-4070

barbara.gyton@gmail.com

Resigned:

Andrew and Lisa Niven

Forest and Diana Smith

Contact Info Changes

Galina Coffey-Lewis and Jim Lewis have a new address:

4125 Interurban Rd.

Victoria, BC. V8Z 4W8

NG is: Royal Oak West

Kym Hines has a new phone number:

250-516-2333

Marg Rose has a new address:

224 St. Andrew Street.

Victoria, BC. V8V 2N2

Forest and Diana Smith have a new address:

18 Metcalfe St.

Guelph, Ontario, N1E 4X1

First Unitarian Church of Victoria

5575 West Saanich Road • Victoria BC • V9E 2G1 • 250-744-2665

churchoffice@victoriaunitarian.ca • www.victoriaunitarian.ca

Office hours: Monday thru Thursday 11 - 4; Sunday 9 - 1; closed statutory holidays on weekends

Ministers

Reverend Melora Lynngood
Cell phone: 250-891-6330
rev.melora@victoriaunitarian.ca

Reverend Shana Lynngood
Cell phone: 250-891-6331
rev.shana@victoriaunitarian.ca

The ministers' day off is Monday.

Minister Emerita

Reverend Jane Bramadat

250-652-1272

Lay Chaplains

laychaplains@victoriaunitarian.ca

Oceanna Hall 250-886-1077

Kjerstin Mackie 250-598-5975

Anne Vaasjo 250-385-1603

Director of Spiritual Exploration and Learning for Children and Youth

Arran Liddel 250-744-2695
arran@victoriaunitarian.ca

Arran is in the office Tue, Wed, Thu and Sun.

Director of Music

Nick Fairbank
music@victoriaunitarian.ca

Church Administrator

Nadia Kozak
churchoffice@victoriaunitarian.ca

Communications Assistant

Natalie Brake
communications@victoriaunitarian.ca

Officers

President	Marion Pape
Past President	Lorna Anthony
Vice President	Steve Sharlow
Treasurer	Earle Anthony
Secretary	Kathleen Zimmerman

Board Members

Trustee	Bruce Nicol
Trustee	Nancy Dobbs
Trustee	Lynn Hunter
Trustee	Rebecca Mellett
Trustee	Susan Layng
Trustee	John Tiffany

Do you have a friend in need ... of a ceremony?
A wedding, child dedication or memorial?

Tell them about FUCV's

Lay Chaplains

It's what we do!

Email: laychaplains@victoriaunitarian.ca



We Care!

Care and Concern Committee

for hospital and home visits, or just to talk...

Barbara Boyle at 250-381-0264

Val Roberts at 250-477-7192

or your Neighbourhood Group Care & Concern person

Calendar Highlights

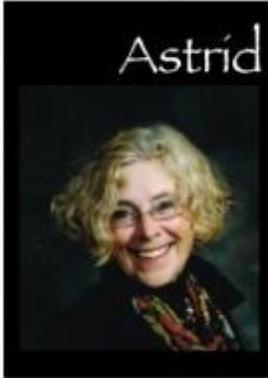
October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10:00 Farmhouse Ringers Rehearsal 6:30 FUCV Pub Night	2	3 12:30 Staff Meeting	4 6:30 Men's Choir 6:00 GVAT Listening Campaign 7:30 Chalice Choir	5 2:30 Song Circle	6 10:30 Depression & Anxiety Support 12:45 Buddhist Meditation
7 10:30 Sunday Service* 11:30 Coffee & Tea Time 12:00 Abuse Prevention Training 12:00 AHA Meeting	8 Thanksgiving Day (church office closed)	9 12:00 Board Meeting 2:30 SRC Meeting	10 1:00 Care & Concern	11 5:30 Welcome Back Membership Event 7:30 Chalice Choir	12	13 11:00 Elizabeth McGugan Memorial 12:45 Buddhist Meditation
14 10:30 Sunday Service* 11:30 Coffee & Tea Time 11:30 Pledge Sunday & Lunch 1:15 Share the Plate Mtg	15 10:00 Farmhouse Ringers Rehearsal	16 11:00 Committee on Ministry Meeting	17	18 6:30 Men's Choir 6:00 GVAT Listening Campaign 7:30 Chalice Choir	19 6:00 Community Dinner	20 10:30 Depression & Anxiety Support 12:45 Buddhist Meditation
21 10:30 Sunday Service* 11:30 Coffee & Tea Time 11:30 GVAT Group 12:00 Newcomer Orientation 12:00 THR Programming	22 10:00 Farmhouse Ringers Rehearsal 1:00 ABC Meeting	23	24	25 6:00 Worship Associates Meeting 7:30 Chalice Choir	26	27 12:45 Buddhist Meditation
28 10:30 Sunday Service* 11:30 Coffee & Tea Time 11:30 GVAT Group 12:00 Referendum & Electoral Reform Q&A	29 10:00 Farmhouse Ringers Rehearsal 1:00 ABC Meeting	30	31			

*Children and youth programs run concurrently with the service.

For a comprehensive listing of First Unitarian Church of Victoria events and locations, please visit www.victoriaunitarian.ca/members/events.

Ads appearing in this issue are not necessarily endorsed by the church.



Astrid Firley-Eaton
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Sandra Jacobsen, BScN, MA

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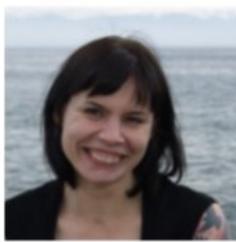
Call: **250-893-3214**
Email: hellolanceyoung@gmail.com
or talk to me at church



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Mary Burcher

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For those without e-mail, copy may be left at the church
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