



# The Victoria Unitarian

## FIRST UNITARIAN CHURCH OF VICTORIA

*Growing in Spirit, Living with Compassion, Inspired to Serve*

### SERVICES IN NOVEMBER

#### November 4

#### When Doing Good Doesn't

HOMILIST: Rev. Melora Lynngood

CHOIR: Chalice Choir, Men's Choir, Farmhouse Ringers, Chamber Choir

WORSHIP ASSOCIATE: Morgan Reid

As Unitarian Universalists, we want to help heal what is broken in our world – locally and abroad. We want to help people who are hurting. But, when we consult our collective “memory,” we see that history is full of examples of people trying to “help” who end up doing more harm than good. The landscape is especially fraught when people of one culture, especially those of a dominant culture, try to “help” people of another culture. This month’s theme calls us to be “a people of memory”; so, what lessons can we learn from the past? Is there a way to do “helping” work across cultural differences that is actually, genuinely, “helpful”? Is the very paradigm of “helping” flawed?



#### November 11

#### Remembrance Day

HOMILIST: Rev. Shana Lynngood

CHOIR: Chalice Choir, Men's Choir, Farmhouse Ringers, Chamber Choir

WORSHIP ASSOCIATE: Samantha Magnus

In this solemn and contemplative service we will offer our sincere gratitude to all who have served in the military and those whose lives were lost in wars and conflicts. We will also lift up our continuing prayers for a peaceful world and hope that a future may come to pass in which no such future sacrifices are necessary. We will have a guest trumpeter to play the Last Post and offer special music.

#### November 11 7-8 pm

#### Jazz Vespers

Chris Millington Trio

Rev. Shana

See Page 2

#### November 18

#### Insights of Memory

HOMILIST: Rev. Melora Lynngood

CHOIR: Chalice Choir, Men's Choir, Farmhouse Ringers, Chamber Choir

WORSHIP ASSOCIATE: Lynne Bonner

What is your earliest memory? What memories do you most cherish? We often talk about the spiritual practice of being in the moment. How might we approach memory as a spiritual practice? What insights might we uncover? How might it help us grow? Comforting or challenging, how might the practice of memory help us lean into being the kind of people we long to be?

#### November 25

#### The Landscapes of Our Lives

HOMILIST: Maureen Gruben, Artist in Residence, and Rev. Shana Lynngood

CHOIR: No Choir

WORSHIP ASSOCIATE: Samantha Magnus

Inspired by some of the artwork of Maureen Gruben, and her home region of Tuktoyaktuk, NWT, we will reflect together on the power of place. How does the landscape of our home shape us? How can we honour the homes of others, especially Indigenous people? As we reflect on what it means to be a people of memory, this Sunday we will explore how we can re-member who and where we are from, and honour those who have been forcibly removed from the landscapes they called home.

## **SPIRITED JAZZ**

### **Fall Unitarian Jazz Vespers**

Enjoy jazz with a splash of spiritual inspiration

**Sunday, November 11, 7-8 pm**

**Chris Millington Trio**

*Chris Millington – Saxophone; Tony Genge – Piano; Peter Dowse – Bass*

*Theme: Special Remembrance Day Tribute*

**First Unitarian Church of Victoria**

**By donation and greatly appreciated**

Those who have been appreciating the short trip on a country road to a beautiful setting with top jazz musicians, completed with the musings of Reverend Shana, will be sure not to miss this upcoming vespers with the Chris Millington Trio. The Trio will be doing a special Remembrance Day Spirited Jazz salute to the contributions of music and musicians in war efforts.

Chris Millington graduated from the University of Ottawa with a bachelor of music in performance. He then entered Boston's prestigious Berklee College of Music. There Chris studied with world renowned instrumentalist Joe Viola. At age 22, Chris won an audition for the principal saxophone position in the Central Band of the Canadian Armed Forces, Canada's premier military band. Chris performed for ten years in the Canadian government's top diplomatic musical ensemble. In 1988, Chris was promoted and posted to the Naden Band of Maritime Forces Pacific, Victoria BC, where he assumed the position of Director of the navy's jazz ensemble, The Tradewinds Jazz Orchestra.

Throughout Chris's career he has toured with and led musical ensembles across North America, Europe, Cyprus, the Pacific Rim and Russia. He has performed for the CBC, CTV and Global television networks, numerous radio jingles, theatre shows, and jazz festivals. Chris produced his premier release "day waves," followed by "Boppin at the Bengal Lounge," "The Christmas Album," and his latest "Back to the Basics." Chris's music can be heard daily on Stingray Smooth Jazz.

Chris has performed for numerous dignitaries including Her Royal Majesty Queen Elizabeth II, Prime Ministers Jean Chretien and Margaret Thatcher, and President Bill Clinton. He has performed with Sonny Stitt, Maureen Forester, The Jimmy Dorsey Orchestra, Juliette, David Foster, Hugh Marsh, Tommy Banks, Louise Rose, Joe Turner, The Temptations, Hugh Fraser, Ian McDougall, Bill Ramsay and Pete Christlieb.

Website: <http://seamill.com/live-music-bands>

Enjoy jazz with a splash of spiritual inspiration in venues with exquisite sound and setting. These hour-long evening services are a unique blend of jazz and spirituality. Each service brings together live music from popular local jazz musicians, a brief meaningful message, and a little of the history of the music performed.

First Unitarian Church of Victoria 5575 West Saanich Road (250) 744-2665

Program of First Unitarian Church Victoria; [www.victoriaunitarian.ca](http://www.victoriaunitarian.ca)



**Chris Millington**

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**DEADLINE FOR THE DECEMBER ISSUE IS NOVEMBER 13!**



### COMMITTEE ON MINISTRY

Talk to us. Do you have a concern about our church that you would like the ministers to know? One purpose of the Committee on Ministry (CoM) is centered on developing a strong, healthy relationship between the Minister(s) and the Congregation. Members of the CoM are:

Suellen Guenther, **Chair**; John Hopewell, Mark Danley, Jeri Dause, Andy Lee, Mary-Ellen Nicol.

## Theme Questions and Spiritual Practices

This month we explore what it means to be a people of **Memory**.

Here are some questions to spark your thinking. Discuss the questions at coffee hour with a fellow congregant, at the dinner table with a friend or with family, and/or journal about them on your own. If the list is overwhelming, scan it, and simply **choose one question** to ponder and revisit over the course of the month. See what insights might come from living with the question over time. Pick the one question that speaks to you most and let it lead you where you need to go. The goal is to figure out what being a part of a people of memory means for you and your daily living. Which question calls out to you? Which one contains “your work”? Where is it trying to lead you?



- 1. What memory has been with you the longest?** Why? What is it trying to tell you? What does it want from you so badly that it has held on this long?
- 2. How has your memory changed as you've grown older?** Do you think of childhood memories more or less? Is it stories or images you now remember more? Has your confidence about the accuracy of your memory grown or lessened? Or is that no longer a question you worry so much about, as long as the “truth” of those memories remain?
- 3. Has memory ever made you smarter?** We think of memory as a warehouse or scrapbook, but for many of us it serves as a teacher and tutor. How has that been true for you?
- 4. Has memory ever set you free?** For some of us, all it takes is seeing that swing from our childhood in our mind's eye. Or our favorite dog running with abandon. Or that image of staring at the purple sunrise on the river while fishing with our grandfather. When life starts feeling small, depleted or threatening, what memory do you turn to remember a sense of expansiveness and possibility?
- 5. What memories have been entrusted to you?** Families pass down stories. Old friends look to one another to remember each other's childhoods. Spouses safely house their vulnerable stories and secrets with each other. We are all protectors and sustainers of memories that keep pieces and parts of others alive. What precious memory have you been asked to keep alive?
- 6. What memory will die with you if you don't pass it on?** Is there a memory you would like to share so that it lives on the memory of another?
- 7. What memory holds your truest self?** For some, it comes from childhood, like that time we were handed a paintbrush and canvas and felt a strange sense of home. For others it is from our adult adventures, maybe that time we bravely walked away. We don't just have personality traits, we hold tight to our defining traits through memory. What memories help you hold on to yourself?
- 8. What is your favorite shared memory?** Memory is the glue that binds our friendships, marriages and partnerships. Is it time to take your friend or partner out for lunch to reminisce and toast the way that memory's magic has held you together?
- 9. What is the significance for you of the fact that your memory may not be the complete picture of what happened?**
- 10. What if the question isn't, “Did it really happen that way?”** but instead, “Why do you want to remember that it happened that way?”
- 11. Are you ok with the person you used to be?** Have you been working a bit too hard to wipe the “previous you” from your memory? They say none of you gets to walk through the door unless you're willing to bring all of you in.

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**12. What do you do to remind yourself that you did not make yourself?** What practice do you use to remember that you stand on the shoulders of countless others?

**13. Have you figured out the story you want to be remembered by?**

**14. What has life taught you about memory and pain?** It is said that time does not heal all wounds but gives us the tools to endure them. Has this been true for you? You might ask your friends if it has been true for them.

## **Spiritual Practices**

In this month of “memory,” you might consider choosing one of the following “Spiritual Practices.”

### ***Option A: Ten Things to Remember***

From a spiritual perspective, memory is not just about holding pictures of the past in our head; it’s also about holding on to our core values. There’s a reason we say, “I need to remember who I am.” Indeed, this has long been the way UUs think about church. Church, for us, is the place where we come to remember who we are.

To honour and engage this, you are invited to spend some time this month “reminding yourself who you are” by making a simple list of “10 Things to Remember.” Think of it as self-talk. As your better self—helping your forgetful self—return to your center. Pull out a sheet of paper or pull up a document on your computer and type out a list numbered 1-10. Then spend the month filling it in with 10 pieces of wisdom or advice that are important to you but that you also often forget.

At the end of the month, share your “spiritual reminder list” with a friend or loved one. Note which were the most surprising or engaging. Ask what they might put on their list.

Here are some example “note to self” reminders to get you thinking:

1. Remember that failure stings but regret haunts. Go ahead, risk failure.
2. Remember to “want what you have”; keep your eyes open for anything in your life you genuinely appreciate—even the smallest things.
3. Remember that everyone is carrying pain, even if you can’t see it; walk with gentle care and kindness.

### ***Option B: The Memory Shared at Your Memorial***

Our dance with memory is about looking forward as well as looking back. Our life is driven not just by the desire to collect good memories, but also by the hope that we will be remembered well. Memory’s question is not just “Do you remember?” but “How do you want to be remembered?”

So this month, you are invited to become a bit more aware of how you want to be remembered. Here’s your focus question:

*If you had to limit the memories shared at your memorial to 3,  
what would they be?*

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And here's the additional twist:

Before you answer that question, make room for 3 conversations.

Ask 3 important people in your life what one memory they would share. (Possible people to ask: partner, adult child, parent, newest friend, oldest friend.)

After comparing the results of all 3 conversations, make your 3 picks. Of course, the exercise is less about what you pick and more about the similarities and differences between everyone's selections.

### ***Option C: Remembering Where You Came From***

Remembering who we want to be is tied up with remembering where we've come from. Holding on to our roots keeps us rooted. It also keeps us connected to gratitude and humility. To remember where you've come from is to remember that you didn't create yourself or earn your successes all on your own. Remembering where you've come from is also a way to celebrate your uniqueness.

So this month, spend some time teasing out the unique roots that make you who you are...***by writing a poem about where you've come from!***

Don't worry; it's not as intimidating as it first may sound. Poet George Ella Lyon has already laid the ground for us with her poem, "Where I'm From." Following her poem's structure, hundreds of writers and students have written their own.

***Here's Lyon's poem:***

[http://www.smithsonianeducation.org/educators/professional\\_development/workshops/writing/george\\_ella\\_lyon.pdf](http://www.smithsonianeducation.org/educators/professional_development/workshops/writing/george_ella_lyon.pdf) Read by author: <http://www.georgeellalyon.com/audio/where.mp3>

***Here are examples of the poems others have made using Lyon's as a guide:***

<https://www.youtube.com/watch?v=c02hS9vcsWM>

<https://www.youtube.com/watch?v=QGb4oiUqlhA>

***And if you want, click here to get a cheat sheet to guide you on your way:***

<https://onthesamepageelt.wordpress.com/2017/08/28/where-im-from/>

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### Where I'm From

by \_\_\_\_\_

I am from \_\_\_\_\_

*(everyday item in your house)*

from \_\_\_\_\_ and \_\_\_\_\_

*(product name)*

*(product or everyday item in your house)*

I am from the \_\_\_\_\_

*(home description including an adjective)*

I am from the \_\_\_\_\_, the \_\_\_\_\_

*(plant, flower, tree)*

*(plant, flower, natural detail)*

I am from \_\_\_\_\_ and \_\_\_\_\_

*(family tradition)*

*(family tradition)*

from \_\_\_\_\_ and \_\_\_\_\_

*(name of family member)*

*(another family name)*

From \_\_\_\_\_

*(something you were told as a child)*

and \_\_\_\_\_

*(a song or saying you learn as a child)*

I'm from \_\_\_\_\_

*(place of birth)*

\_\_\_\_\_ and \_\_\_\_\_

*(a food item representing your family)*

*(another food item)*

From the \_\_\_\_\_

*(specific family story about a specific person and detail)*

and the \_\_\_\_\_

*(another detail)*

I am from \_\_\_\_\_

*(location of family pictures, mementos, archives, etc.)*



# *Songs for a Winter's Night*

**Saturday December 8 at 7pm**

**First Unitarian Church of Victoria**

**Featuring our Choirs and Bell Ringers  
plus a few surprises**

**Admission by CASH donation (no food)**

**All proceeds to the Food Banks**

**Reception to Follow**



## Spiritual Exploration and Learning: A People of Memory

*Sankofa* is a word in the [Twi language](#) of [Ghana](#) that translates to "Go back and get it" (*san* - to return; *ko* - to go; *fa* - to fetch, to seek and take) and also refers to the [Asante Adinkra symbol](#) represented either with a stylized heart shape or by a bird with its head turned backwards while its feet face forward carrying a precious egg in its mouth. *Sankofa* is often associated with the proverb, "*Se wo were fi na wosankofa a yenkyi*," which translates as: "It is not wrong to go back for that which you have forgotten."

[https://en.wikipedia.org/wiki/Sankofa#cite\\_note-1](https://en.wikipedia.org/wiki/Sankofa#cite_note-1)

This boils down to the idea that we should reach back and gather the best of what our past has to teach us, so that we can achieve our full potential as we move forward. Whatever we have lost, forgotten, forgone, or been stripped of can be reclaimed, revived, preserved, and perpetuated.

After the term made its way to the United States, African-American scholars embraced *Sankofa* to structure and inspire their work. In fact, in our own UU culture, the "[Sankofa Special Collection](#)" at Meadville Lombard Theological School tells the story of UU's of color.

This month, we, too, are using this idea of reaching back our children's program, we will be learning about:

- Reclaiming an honest history.
- Remembering those who have gone before and the guidance they have for us today.
- Remembering and noticing all of life's gifts that lay all around us.
- Remembering our values in a world where buying stuff is more important than being good people.

Learn more about upcoming sessions here: <https://victoriaunitarian.ca/children-youth/curriculum/>

Warmly,

Arran Liddel

*Director of Spiritual Exploration and Learning for Children and Youth*

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## Trees, Animals, and the Sacred Balance of All Living Things

We would like to thank Munro's Books, The David Suzuki Foundation, and Greystone Books who generously provided tickets for the middle school youth in our *Arts and Activism* program to attend the talk "Trees, Animals, and the Sacred Balance of All Living Things" with author-activists David Suzuki & Peter Wohlleben on October 4. The event was very popular (sold out) and gave us great food for thought as we explore our relationship to art and activism as we move forward in the program. Learn more about the program here: <https://victoriaunitarian.ca/children-youth/curriculum/art-and-activism/>

# Board Report for October 2018

Submitted by Marion Pape

**2019 Budget:** The Finance Committee is preparing the budget to present for discussion to the November board meeting and for decision at an extraordinary December Board Meeting to recommend a budget to bring to the Congregational Meeting on January 27 for approval.

## **Strategic goal areas:**

The *Location Task Force* has formed its initial team guided by John Hopewell and Liz Graham. They will develop a work plan in the near future and are targeting work through 2019 reporting to the 2020 Congregational meeting.

*Family Ministry* requires new approaches and resources to determine how to attract and retain children, youth and families. Rev. Melora and Arran Liddell are developing their Task Force Terms of Reference and membership on it.

Rev. Shana and the Membership Committee are guiding the *Membership* Strategic Priority on retaining existing members and attracting new members. The committee is trying some new approaches, including a “welcome back” gathering and dinner to discuss how people want to connect and get involved in the congregation.

**Long Term Planning Committee:** In addition to the strategic priorities, the board has identified an important gap. While our budget cycle is developed along a 3-year time span, we recognize that the implications of decisions today can have a longer-term impact several years down the line. The board has approved the creation of a Long Term Planning Committee to research economic and social trends that can affect our membership, revenue and expenditures.

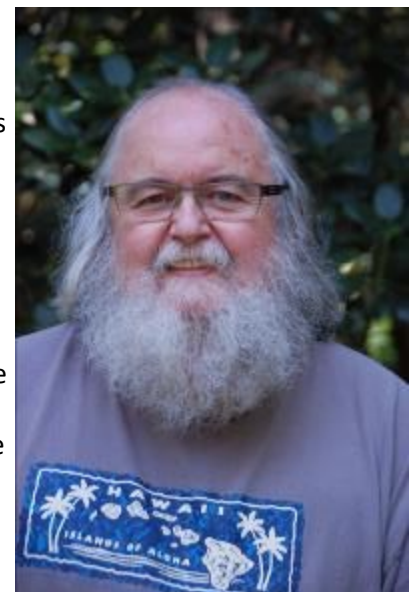
**Treasurer Job Description:** Earle Anthony, as current Board Treasurer, is serving a 1 year term to streamline Treasurer functions. The Board has approved a new job description for the Board Treasurer to define the required roles.

**Financial picture:** At the three-quarter mark of the church fiscal year, the income is at 80% of budget and the expenses are at 71% of budget, so there is a surplus of about \$20,000. The new mortgage is in place with a \$922/month reduction in mortgage payments. The mortgage is for a 5-year term, with a 10-year amortization period.

**UU Islands Network:** We need 2 more FUCV representatives to help this Network do its important work. Contact Martha McDougall if this would be interesting to you.

**Getting to Know Board Members:** The Board consists of many people who are not well known in the church and we would like to introduce them to you. The first selected the guinea pigs. Hope you find them informative and interesting.

**Steve Sharlow:** term as Vice President of the Board, usher, board rep on the Location Task Force and member of the Family Ministry Task Force. Steve is a big guy with a beard who loves to cook and entertain. Before he attended university, he worked as a Correctional Officer in the NWT and a drug and alcohol counselor with the Indigenous people in the Nicola Valley. He earned a criminology degree from SFU which led to work as a probation officer and then to a career in risk management in the area of sexual abuse, including training those who work on treatment and protection issues. He worked with numerous organizations with potential victims, including churches, schools, sports organizations and institutions of various kinds that care for vulnerable people. He was the stewardship coordinator for the Montreal and Ottawa Conference of the United Church of Canada a role that included responsibility for investigating allegations of sexual abuse within the conference. Steve has thrice attempted to scale Mt. Everest until he came to the realization that what he really wanted to do was join the FUCV Board.



## REFUGEE REPORT - from Carol Smith

Khaled, Raweah, Mohammad and Wasan are settling into Victoria. The Thanksgiving and welcome potluck at the church meant that approximately 40 Unitarians had a chance to meet them as well as their Syrian relatives and their children. Nancy led a delightful sing-along of children's songs, and Khaled showed pictures of his former Syrian house and city, all largely destroyed.

The family has four bicycles from our collection and enjoyed a local park visit and ESL classes with Andy. The parents are studying diligently and learning fast. Lynne will link the family with more volunteers to help with recreation and learning. Kristina and Mariko are assisting with government and medical arrangements. Many thanks to all donors and volunteers - the family is very grateful.



## SONG CIRCLE – EVERYONE WELCOME

Nancy Dobbs and Jewel Spooner



*In the Sanctuary: 2:30pm-4pm Fridays, November 2 and 30.*

Join us for songs of peace and joy...familiar, new, folk, world songs, light hearted, chants. Jewel will also lead a (participation optional) sacred dance.



### Delbosco. Y.

For three generations the painting name Delbosco has been used in the André family.

The name Delbosco began with my grandfather, Ernest André dit Delbosco (1900-1953). He was a French symbolist painter, renowned for his colour palette and dramatic compositions. The critiques called his work "l' Art magique de Delbosco".

Ernest chose his painting name to honor his wife and mother. His wife was Italian, and his mother's maiden name was DuBois. Translated in Italian this becomes Delbosco. It means "of the woods" a theme that dominated my grandfather's work.

After his death, his middle son, Roland André, carried on the name as Delbosco fils. (French: son of Delbosco.) He is a successful landscape painter and artist, living today in the south of France.

I feel privileged and honored to continue the heritage of our family painting lineage by signing my work Delbosco. Y.

Thank you for your interest.

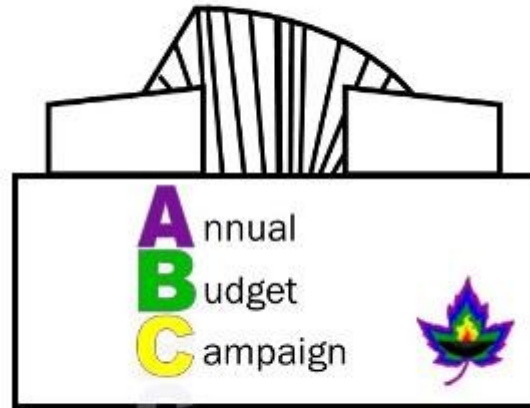
Yvette André

[bluedragonstudio@shaw.ca](mailto:bluedragonstudio@shaw.ca)





## Annual Budget Campaign (ABC) 2018-2019



Our Annual Budget Campaign (ABC) is well underway!  
Our Community Lunch is now a distant memory!

If you have completed and returned your **Pledge Form**, thank you, thank you, thank you!

If you have not yet completed and returned your Pledge Form, your ABC Team urges you to do so as soon as possible. **Calling on all procrastinators to please take action!** Thousands will cheer; well at least several hundred; actually for sure the follow-up phone call team of 12!

**Please complete and return your Pledge Form** by whatever means works best for you: **snail mail, hand in or try out our easy-to-use online option** by opening the link below: <http://victoriaunitarian.ca/annual-budget-campaign/>

This is the time of year to build our financial commitment together!

Your ABC Team

Barbara Boyle, Marion Sollazzo, Barry Wiebe, Jen Young



The Environmental Action Team has recommended RAVEN (Respecting Aboriginal Values and Environmental Needs) as the recipient of the November Share the Plate. We feel that this charity is very effectively addressing some major environmental issues, including climate change, in the process of defending aboriginal rights. The following information is taken from their website. <https://raventrust.com/>



RAVEN is a small but mighty registered charity with a mission to raise legal defence funds to help Indigenous Peoples in Canada defend their treaty rights and the integrity of their traditional lands and cultures. They stand shoulder to shoulder in support of the rights of Indigenous Peoples, so that they can achieve equity for the people on whose land we live.

RAVEN's vision is a country that honours the ancestral laws, rights and stewardship values of Indigenous Peoples and their equitable access to the justice system within a thriving natural environment. They hope for a day when their vision is realized and their services are no longer needed because constitutional democracy is flourishing. Until then, they do their best to level the playing field.

The environmental challenges that face many Indigenous Peoples in Canada are really challenges for the entire world. Fundamentally, they believe these are issues of human rights and climate change – they are seeking social and environmental justice for all. The constitutional rights of Indigenous Peoples are the strongest environmental laws in Canada (and possibly the world), especially now that the Canadian government has gutted national environmental protection legislation. The law is clearly on the side of Indigenous Peoples: their victories protect us all.

Since 2014, support by RAVEN has resulted in the cancellation of permits for the Enbridge Northern Gateway pipeline, fended off several efforts by Taseko Mines to destroy Teztan Biny (Fish Lake) for an open pit gold mine, helped halt construction of the Trans Mountain pipeline, and ensured the Beaver Lake Cree litigation has the funds to continue to try to stop the degradation of their traditional lands by the tar sands industries. They currently support 15 Nations in seven different legal actions, with more campaigns pending.

RAVEN's support also means that Indigenous nations do not have to divert funds away from critical community resources like housing, addiction services, infrastructure and health care.

More information at the RAVEN website.

## FUCV FOUNDATION PRESENTATION



On behalf of the First Unitarian Church Foundation, Lynn Beak presents to Shane Baker one of four bursaries for First Nation students to attend Camosun College. Shane is from the Gitksan and Metis nations. He is in the first year of the Indigenous Studies program and plans to obtain his undergraduate degree in Child and Youth Care at the University of Victoria. Congratulations.

## TRUTH AND RECONCILIATION SERIES

“Can We Fix It? Is Reconciliation Possible in our Time?”

Presenter: Dr. Martin Brokenleg

Sunday, November 4, 12:15 – 2:15 in the Farm House Common Room

The fourth is Souper Sunday so enjoy some lunch (fairly quickly) before heading to the workshop.

We are excited and honoured to welcome Dr. Martin Brokenleg to First Unitarian. He holds a doctorate in psychology and is a graduate of the Anglican Divinity School. He was a professor at Augustana University in South Dakota for 30 years and most recently was Director of Native Studies and Professor of First Nations Theology at Vancouver School of Theology. The father of three children, he is now retired and lives in Victoria.



## HOW PROJECT



Meet Rosemarie from Dumaguete in the Philippines. From money donated to the 2009 HOW project we recently lent her money to build a sanitary toilet for her family. In 2009 HOW deposited \$3,650 to Kiva.org to make microloans to women entrepreneurs. Since then our money has been recycled over and over again – to date we have lent \$46,300 on 1847 loans in 62 countries!

<https://www.kiva.org/lender/healourworldproject>

Want more info? Contact Lisa Greenly  
[greenlygrove2@gmail.com](mailto:greenlygrove2@gmail.com)

## Ice Melt, Sea Level Rise and Superstorms

This Green Corner reports on recent research on ice melt, sea level rise and related storm phenomena. Dr. James Hansen and his co-authors have published a scientific paper [1] on this subject using computer climate models, paleoclimate data from previous ice ages and modern observations. Hansen is a renowned climate scientist, working for NASA and associated institutions.

The implications of his paper include a sea level rise of several meters in this century or at the latest in the next, based on rapidly increasing ice melt observed in Greenland and to a lesser extent in Antarctica, assuming no reduction in fossil fuel use. Ice melt may be doubling every 10-20 years. If ice sheet mass loss has a 10-year doubling time, multi-meter sea level rise would be reached in about 50 years. A 20-year doubling time would require about 100 years. Increasing ice melt is not accounted for in the models used by the UN International Panel for Climate Change (IPCC), which predict a 0.3-0.6-meter sea level rise by 2100. He also compares this to the rapid meltdown of ice in a previous interglacial period 118 thousand years ago (the Eemian period) with similar conditions, resulting in a rapid sea level rise of 6-9 meters relative to today.

He notes that the freshwater melt from Greenland, which is less dense than salt water is forming a region of cold surface water SE of Greenland, which could shut down the oceans overturning circulations in the North Atlantic (manifested on the surface as the Gulf Stream) and the Southern Ocean, as happened [in the Eemian](#). With colder surface water SE of Greenland and warmer surface water at lower latitudes, the potential for very large storms in the Atlantic increases, as we are beginning to observe with Hurricane Sandy devastating New York City in 2012 and this year's Hurricane Florence in the Carolinas. Recent evidence shows that huge storms were present in the Eemian period.

The effect of sea level rise locally can be illustrated with the mapping tool in reference [3]. For instance, a sea level rise of 9 meters would flood low lying parts of Victoria and Sidney. Similarly, on the Lower Mainland, much of Richmond, Delta and the Fraser Valley would be flooded affecting the major transportation corridors in Tsawwassen and the Fraser Valley (highways, ferries and shipping facilities). As well, storm surges at high tide would exacerbate the flooding situation as we have seen with Hurricane Florence.

**A recent news release from the U.N. IPCC warns that we have 12 years to get off fossil fuels to stay under 1.5°C warming.**

### References:

1. Hansen et al, 2016: [Ice melt, sea level rise and superstorms:/ evidence from paleoclimate data, climate modeling, and modern observations that 2 C global warming could be dangerous](#) *Atmos. Chem. Phys.*, **16**, 3761-3812. doi:10.5194/acp-16-3761-2016.
2. James Hansen: Summary of Paper, <http://csas.ei.columbia.edu/2016/03/22/ice-melt-sea-level-rise-and-superstorms-the-threat-of-irreparable-harm/>
3. Sea Level Rise Mapping: <http://flood.firetree.net/>



Hurricane Florence

## AROUND THE NEIGHBORHOOD



**All members, friends and newcomers to the church are invited to be part of the Neighbourhood Group where they live. Groups meet with different frequency. If your group is missing from this column, there was nothing to report this month. If you don't know which group you are in, please phone the church office.**

Oak Bay: Convener Mary Burcher 778-977-5394 ~~ A potluck was held in October with a discussion of the role of care and concern.

James Bay: Convener Lynn Hunter 250-220-2240 ~~ James Bay has been meeting monthly with Capital UU Congregation members at the Ross Bay Pub. A number of the JB group also attends the monthly pub nights at the Canoe Club.

Gordon Head: Convener Mary Cramer 250-477-1615 ~~ Gordon Head are making goodies for the November after-service treats. A pot-luck is being planned for prior to the end of the year.

Western: Convener Susan Lean 250 478-5261 ~~ With James Bay, the Western group organized and hosted our Souper Sunday on September 20.

Nearby: Convener Nancy Dobbs 250-652-5438 ~~ Nancy is coordinating volunteer drivers from Nearby, Far Out and Royal Oak West to help Brad Clarke get to appointments while he is unable to drive. Brad broke his collar bone when he was on his motorbike and collided with a deer. Laura and Nellie will be hosting an American Thanksgiving dinner on November 23.

Cadboro Bay: Convener Val Roberts 250-477-7192 ~~ Cadboro Bay provided goodies for after-service coffee treats in October. Peter and Francis Hancock welcomed the group to their new home with an afternoon gathering on October 27.

Royal Oak West: Convener Martha McDougall 250-477-1541 ~~ R.O. West provided the wonderful goodies for September. If anyone would like to host an event, please let Martha know. With Nearby and Far Out NGs, they are providing rides for Brad.

Royal Oak East: Convener Hanny Pannekoek & Hugo Sutmoller 385-2299 ~~ ROE had their third pot luck of the year on September 18 at Hanny and Hugo's. Hanny writes, "Everyone made themselves at home, including in the kitchen, with lots of conversation and laughter. Adding to the joy, our three 'group children' made it feel like one large and happy family. Our fourth and last gathering of the year will be on November 20 kindly hosted by Shirley and Giselle." With Fairfield, they will be organizing the November 4 Souper Sunday.

Grand Central: Convener Jane Wilson 250-598-4348 ~~ Three members of this group (Jane, Marya and Sandra) hosted a progressive lunch on October 20 as their contribution to the 2018 service auction.

Fairfield: Convener Lynn Beak 250-598-3584 ~~ Fairfield is serving soup with Royal Oak East on November 4.

Far Out: Convener Phyllis Aherne 250-655-7149 ~~ Phyllis writes, " We have good news and sad news from our neighbourhood group this month. Our member Linda Nicholson-Brown's memorial was held October 23. Her long struggle with cancer has come to an end and we were pleased to be a part of that service and give support to her family. Our Fall pot-luck lunch was September 29 and although many of our members were not able to attend those that did enjoyed a lovely day with good conversation and 'catching up' since our last gathering in June. We are hoping for a coffee morning in November to meet new and greet old friends."

Esquimalt: Convener Maureen Sherlock 250-384-6492 ~~ Esquimalt hosted the Celebration of Life on October 13 for beloved member Elizabeth McGugan. This busy group will be preparing goodies for December after-service coffee. Also, a pot-luck is planned for October or early November.

As a group, the conveners will be meeting on January 6 to organize the schedule for each of the neighbourhood groups to meet after church with one of our Ministers. The Committee on Ministry asked that we plan six per year as a response to the recent Ministerial survey where some members/friends expressed concerns about strengthening connections. The conveners will be contacting their groups with dates and more information.

**With gratitude to the hosts and organizers of the above events, Lorna Anthony, Neighbourhood Group Coordinator.**



The President and Councils of the Board are asked to nominate volunteers who have made significant contributions to the life of the church and Unitarian community. Fran Hancock has been nominated by Marion Pape, President of the Board. She will light the chalice at the November 4 Service.

Fran wrote:

My mother was a Bostonian and my father was from New York. One day I heard her say, "If there was a Unitarian Church here, I'd go to it" (rather than the Methodist one which we attended). She was appalled by the inequity between the sexes in school team sports and how access was denied to girls, so she became active on the School Board as well as the League of Women's Voters.

I was raised on the southern shores of Lake Michigan, now in a National Park, part of which was named after my mother who was a naturalist and conservationist. We searched for frogs, amphibians and orchids in Cowle's Bog, where the "father of ecology" did his research. We lived on the Great Lakes' migration flyway between Canada and Mexico, where hunting was rampant and injured birds were brought to our house for care. Surgery was performed on our dining room table and a recuperating "one-winged" rough legged hawk became one of our childhood pets.

My mother volunteered as a Girl Guide leader, including the younger Brownies, in a segregated city 30 minutes away. She invited two of the younger black girls to see the lake for the first time and they screamed as they ran down to the water's edge and then retreated in terrified delight as an oncoming wave rippled after them. Our home was in a restricted, gated community, where a group of whispering women watched us, one of whom eventually walked over to my mother and asked, "Lois, what are THEY doing here?" to which my mother responded, "THEY are my guests." Turning to me, she said, "Frances, EVERYONE should be able to enjoy the beach." Fortunately the young girls were unaware of the racial bias displayed that afternoon.

Respect and love for nature, a sense of equity, social responsibility and ethics were values from my childhood so it was an easy transition to the Unitarian church when I immigrated to Canada in the 70s. Five of us teachers in Victoria sponsored a refugee from Sierra Leone which became a charity that the church, through the HOW project, supported by helping to build a well and a school in that refugee's village. I serve on the board of the Zoie Gardner Overseas Fund, whose donations are given to charities supporting girls' education in Asia and Africa, a cause in which I firmly believe. That fund dispenses over \$78,000 annually including 5% to the church.

Later serving on the church board in HR was inspiring as so many members volunteered countless hours on worthwhile projects, one of which was the church's Foundation Board which I joined. I felt that two bursaries given annually to First Nations students at Camosun was a worthwhile cause to support, given the horrific toll that colonialism and the residential school system had imposed on Indigenous people. It was my lucky day when I entered the Unitarian Church and found a strong sense of community and shared values!

**John Hopewell wrote:**

I've worked with Fran on the Legacy Team and FUCV Foundation for many years. She is always upbeat, full of great ideas, and willing to work. She is so easy to work with. She has been essential to the ongoing work of both of these groups.

Suellen Guenther wrote:

I have known Fran Hancock since the 1980s, when her son, Justin, was in my Sunday School class for many years. Fran and Peter were always welcoming about hosting the youth group when we had parties there. In more recent times, Fran was convenor of the Royal Oak West Neighbourhood Group for many years and was especially welcoming to children and families. Fran was a French Immersion Kindergarten teacher and always had interesting activities for the children to do while the adults were visiting. Often, Fran or Peter would occupy the children, instead of sitting with the adults.

*Continued next page*



*Continued from last page*

Of course, Peter also invited anyone who wanted to come early to help feed the horses, a very unique experience.

Fran is an adept organizer and shepherded our NG through many successful Souper Lunches. She always made a point of inviting people who needed to attend a meeting to come to the front of the line and get their soup first.

When Fran and Peter moved to Royal Oak West, they still attended the Ten Mile Point NG (now Cadboro Bay), and now that they have moved back to Cadboro Bay, they still socialize with Royal Oak West. They have been loyal friends of both groups.

Perhaps Fran's greatest gift is that she is particularly gracious and always quick with a heart-felt thank you.

Lesley Duthie wrote:

I first met Fran when our family moved from Vancouver to Victoria ten years ago, and I needed a place to keep my horse. Fran and Peter's farm was the first one I looked at, and when I met Fran I stopped searching. Imagine my delight when we first visited the church and discovered Fran and Peter were lifelong members! Fran has had many, many roles in all aspects of the church but I know her best as organizer for our neighborhood group. For many years Fran graciously prompted, guided, and cajoled our Royal Oak West group to make soup, bake muffins, host parties and help out with end of life ceremonies. She and Peter have hosted more than their share of dinners and lunches at their home, and each one has been memorable. Fran is one of those rare folks who make every social gathering feel smarter, funnier, kindlier, and more spirited. I feel blessed to share our church with her.



## LEGACY TESTIMONIAL



There are many reasons that I have included the church in my will. I have always felt very connected, largely because of the openness and acceptance of our church where we have the freedom to believe what we believe. Also, many people in the church have been very helpful and supportive of me, and that has been truly appreciated. I really like our ministers and their homilies, and I enjoy being part of a Chalice Circle. And finally, as my annual pledge cannot be large, this is my way of giving back financially. It's because of these reasons, and many others, that I want to give more than I can during my lifetime.

Louise de Lugt

# Calendar Highlights

# November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 6:30   Men's Choir 7:30   Chalice Choir	2 2:30   Song Circle	3 12:45   Buddhist Meditation
4 <b>10:30   Sunday Service*</b> 11:30   Coffee & Tea Time 11:30   Souper Sunday 12:00   Dr. Martin Brokenleg 12:00   AHA Meeting 12:15   Considering Membership	5 10:00   Farmhouse Ringers' Rehearsal	6	7	8 6:00   Choir Rehearsal 7:30   Chalice Choir	9 6:00   Community Dinner	10 12:45   Buddhist Meditation
11 Remembrance Day <i>Church Office Closed</i> <b>10:30   Sunday Service*</b> 11:30   Coffee & Tea Time 12:00   THR Program 12:45   Buddhist Meditation	12 <i>Church Office Closed</i> 10:00   Farmhouse Ringers' Rehearsal	13 11:00   Sandy Merriman Cooking 12:30   Music Committee Mtg 2:30   SRC Meeting 5:00   Board Meeting	14 1:00   Care & Concern 6:30   <i>Angry Inuk</i> film & discussion	15 6:30   Men's Choir 7:30   Chalice Choir	16	17 10:30   Depression & Anxiety Support 12:45   Buddhist Meditation
18 <b>10:30   Sunday Service*</b> 11:30   Coffee & Tea Time 12:00   Artist in Residence	19 10:00   Farmhouse Ringers' Rehearsal 1:00   ABC Meeting	20 11:00   Committee on Ministry Meeting	21	22 6:00   Worship Associates Mtg 7:30   Chalice Choir	23	24 12:45   Buddhist Meditation
25 <b>10:30   Sunday Service*</b> 11:30   Coffee & Tea Time 12:00   Artist in Residence 12:00   EAT Mtg	26 10:00   Farmhouse Ringers' Rehearsal 1:00   ABC Meeting	27	28	29 6:30   Choir Rehearsal 7:30   Chalice Choir	30 2:30   Song and Circle	

\*Children and youth programs run concurrently with the service.

For a comprehensive listing of First Unitarian Church of Victoria events and locations, please visit [www.victoriaunitarian.ca/members/events](http://www.victoriaunitarian.ca/members/events).



## Members' Birthdays:

- 1 Gloria Turner, Lynne Bonner
- 2 Linda Nicholson-Brown, Thomas Andersen
- 3 Lance Young, Angelina Templeton
- 4 Marion Sollazzo, Harry Moore
- 6 Laura Porcher
- 7 Louise Parsons
- 8 Penny Furnes
- 9 Lorna Anthony, Andy Lee
- 10 Faye Mogensen, Bobbee Engel
- 11 Reese Willis, Barbara Rintoul
- 12 Brock Brown, Pauline Kenneally
- 15 Sam Wilmott
- 16 Hanne Fair
- 17 Kit Filan
- 19 Doug Seeley, Lila Watson
- 20 Diana Black, Willow Mak
- 22 Bob Van Alstyne, Simon Williams
- 23 Terri (Tera) Ziegler
- 25 Naida Hyde
- 26 Anna Tilson
- 28 Robert Gifford



## Members and Friends Changes

*New member:*  
 Barbara Guyton  
 655 Douglas Street  
 Victoria, BC V8V 0B6  
 (James Bay Neighbourhood Group)  
 813-956-4070  
[barbara.gyuton@gmail.com](mailto:barbara.gyuton@gmail.com)

*Resigned:*  
 Andrew and Lisa Niven  
 Forest and Diana Smith

## Contact Info Changes

Thea Revoy (*new address*)  
 4—1144 Verdier Avenue  
 Brentwood Bay, BC V8M 1K2  
 (remains in Nearby NG)

Lynn Beak (*new email*)  
[lynnbeak@gmail.com](mailto:lynnbeak@gmail.com)

## Board Members on Duty

November 4 – Marion Pape  
 November 11 – Kathleen Zimmerman  
 November 18 – John Tiffany  
 November 25 – Mike Graham  
 December 2 – Nancy Dobbs

## Deceased

Jean Foxall  
 Elizabeth McGugan  
 Linda Nicholson-Brown

## First Unitarian Church of Victoria

5575 West Saanich Road • Victoria BC • V9E 2G1 • 250-744-2665

churchoffice@victoriaunitarian.ca • www.victoriaunitarian.ca

Office hours: Monday thru Thursday 11 - 4; Sunday 9 - 1; closed statutory holidays on weekends

### Ministers

Reverend Melora Lynngood  
Cell phone: 250-891-6330  
rev.melora@victoriaunitarian.ca

Reverend Shana Lynngood  
Cell phone: 250-891-6331  
rev.shana@victoriaunitarian.ca

*The ministers' day off is Monday.*

### Minister Emerita

Reverend Jane Bramadat

250-652-1272

### Lay Chaplains

laychaplains@victoriaunitarian.ca

Oceanna Hall 250-886-1077

Kjerstin Mackie 250-598-5975

Anne Vaasjo 250-385-1603

### Director of Spiritual Exploration and Learning for Children and Youth

Arran Liddel 250-744-2695  
arran@victoriaunitarian.ca

Arran is in the office Tue, Wed, Thu and Sun

### Director of Music

Nick Fairbank  
music@victoriaunitarian.ca

### Church Administrator

Nadia Kozak  
churchoffice@victoriaunitarian.ca

### Communications Assistant

Natalie Brake  
communications@victoriaunitarian.ca

### Officers

<b>President</b>	Marion Pape
<b>Past President</b>	Lorna Anthony
<b>Vice President</b>	Steve Sharlow
<b>Treasurer</b>	Earle Anthony
<b>Secretary</b>	Kathleen Zimmerman

### Board Members

Trustee	Bruce Nicol
Trustee	Nancy Dobbs
Trustee	Lynn Hunter
Trustee	Rebecca Mellett
Trustee	Susan Layng
Trustee	John Tiffany
Trustee	Mike Graham

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A wedding, child dedication or memorial?

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## We Care!

### Care and Concern Committee

for hospital and home visits, or just to talk...

Barbara Boyle at 250-381-0264

Val Roberts at 250-477-7192

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Postage paid at Victoria, BC  
5575 West Saanich Road  
Canadian Publications Mail  
Sales Product Agreement No. 40010260

## ***THE VICTORIA UNITARIAN***

is the monthly publication of the  
First Unitarian Church of Victoria.

The **deadline** for submissions to  
the **December** issue is **November 13**.

Copy should be sent to  
**[newsletter@victoriaunitarian.ca](mailto:newsletter@victoriaunitarian.ca)**.



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office. All copy is subject to editing.

**Staff** Barbara Nyland and Jen Young (editors);  
Doreen Burgess and Myra Rippon (proof-readers);  
Nadia Kozak and Natalie Brake (production,  
distribution and paid advertisements).