



# The Victoria Unitarian

FIRST UNITARIAN CHURCH OF VICTORIA  
*Growing in Spirit, Living with Compassion, Inspired to Serve*

## SERVICES IN APRIL

April's Theme

What does it mean to be a people of

# WHOLENESS?

**SUNDAY SERVICES BEGIN AT 10:30am**

Date	Title / Topic	Homilist	WA
2019-04-07	The Whole Picture	Rev. Shana	Kressa
2019-04-14	Earth Day	Arran Liddel	Shelley
2019-04-21	Passover & Easter	Rev. Melora	Lynne
2019-04-28	One Piece of a Larger Whole	Rev. Shana	Morgan

**DATE: April 7 2019**

HOMILIST: Rev. Shana Lynngood

WA: Kressa Sisu

As we begin our exploration of the theme of wholeness we explore both its power and its limitations as a vision of becoming. On the one hand, wholeness is an image that helps us envision what it might be like to live in such a way that encapsulates the many components of our being. On the other hand, the concept of wholeness sometimes leaves people struggling with illness or ability challenges feeling less than. How can we honour the possibilities of wholeness without being constrained by it?

**DATE: April 14 10 2019**

HOMILIST: Arran Liddel and E.A.T.

WA: Shelley Motz

Join us for a multifaceted reflection on how the Earth, Sky, and Sea sustain us and how we can sustain them.

**TITLE: The Whole Picture**

CHOIR: Chalice Choir

**TITLE: Earth, Sky and Sea**

CHOIR: No choir

**Note:** Our ministers have Monday off as well as one weekend per month (as is standard for UU ministers). This is their April weekend off. They are back at work on Tuesday, April 16.

Livestream begins each Sunday by 10:25 am. To view [please click on this link](#). To view past worship services (as of Jan. 27) [click on this link](#).

*Services continued next page...*

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**DATE: April 21 2019**

HOMILIST: Rev Melora Lynngood  
WA: Lynne Bonner

This year, Easter and the week of Passover coincide. As Unitarian Universalists, we draw wisdom from many of the world's religions, including Judaism and Christianity, from which our own faith tradition descended. A story of fleeing from slavery, a story of persecution and resurrection --what inspiration might we draw from these enduring tales of struggle and resilience this year?

**DATE: April 28 2019**

HOMILIST: Rev. Shana Lynngood  
WA: Morgan Reid

**TITLE: Passover and Easter**

**CHOIR: Chalice Choir**

**TITLE: One Piece of a Larger Whole**

**CHOIR: No choir**

On this Sunday when we acknowledge and uplift our congregation's connection to a larger Canada-wide community of Unitarian Universalists, we contemplate how that impacts our sense of the whole. At times, we get so caught up in our own dilemmas and challenges and successes that we forget to look at how we fit into the big picture. What is the state of the CUC? How do we fit in?

Livestream begins each Sunday by 10:25 am. To view [please click on this link](#). To view past worship services (as of Jan. 27) [click on this link](#).

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**Message from the Worship Committee:** The May 2018 ministerial evaluation revealed that many of you wanted to experience a variety of presentation styles to explore themes. For that reason, summer services were intentionally diverse. Please share your impressions about what worked well and what could be improved by email to [worship@victoriaunitarian.ca](mailto:worship@victoriaunitarian.ca) with **Summer Worship Feedback** as the subject. Thank you! (Madelaine Clarke – Co-chair).

## COMMITTEE ON MINISTRY

Talk to us. Do you have a concern about our church that you would like the ministers to know? One purpose of the Committee on Ministry (CoM) is centered on developing a strong, healthy relationship between the Minister(s) and the Congregation. Members of the CoM are: Suellen Guenther, **Chair**; John Hopewell, Mark Danley, Jeri Dause, Andy Lee, Mary-Ellen Nicol.

**Spiritual Exploration & Learning: What Does It Mean To Be A People of Wholeness?**

Long ago there was a group of birds that decided they needed a leader to make their community stronger. Every type of bird from large eagles to tiny hummingbirds gathered together to discuss the issue and figure out who they would like their leader to be. By the end of the meeting, they had a list of requirements.

The list was long and included that the leader will be wise and caring, they will believe everyone is important, big or small. They will help us get along better together and to share what we have...

They will guide us to do the right thing and make us feel safe. When they looked over the list the birds began to feel a little anxious. Where will they find such a leader? But before their fears could take over the hoopoe bird jumped up and said: "I know where you can find such a leader!" The others encouraged her to share and so she told them the leader they needed is the Simorgh, but it lives far away from their land.

Well, the birds were very excited about finding this leader and the new community they would create. Even though a few of the birds were scared by such a big adventure, they all agreed to set off and find the Simorgh.

They flew at night. They flew in sunshine. Days and days passed. Some birds got tired and left the group. Other birds were filled with doubt. How did they know the Simorgh really existed? Only the hoopoe had ever heard of this bird. Some of the doubters dropped out, but others kept flying.

One valley was filled with fiery mountains. All the birds were afraid. "I'm too small to make it over that mountain," lamented the sparrow. "No, keep flying. We can make it together. We will help you." And they did. The strong flyers helped the weaker flyers. The birds with good vision helped find food for the group. Along the journey, the birds learned how to better respect, share and care for each other. It seemed that every bird had something special and unique to offer that made the journey easier.

Finally, the hoopoe announced, "We are here!" The other birds look around in anticipation. "Where is the Simorgh? We don't see it!" they cried. "Come. It is over here," said the hoopoe.

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## *SEL-CY Continued from previous page...*

The birds stood beside hoopoe and realized they were on the edge of a lake. They looked in... and saw their own reflections. Then, they understood. The Simorgh was not another bird. The Simorgh was all of them, and all of them were the Simorgh. They remembered that each of them had something good and strong and special inside of them and that each bird had gifts to bring to the community. They were all that was needed to keep the community strong. They knew now that together they could do anything.

If we look at our community as already whole, already containing what we need to support each other, What would we see?

This story is inspired by the ancient epic poem "The Conference of the Birds", by the Persian Sufi Muslim writer Fariduddin Attar.

## **CHILD HAVEN BANQUET CANCELLED**

**Child Haven Banquet has been cancelled due to illness of Dr. Surinder Kumar. He and his family were in charge of the cooking. But we plan a casual event, if possible, around that time to replace it as the guest speakers will have just returned from Child Haven and have photos and news to share. Watch out for details of this event. Tentative alternative plan is same date April 27 in the early evening in Lion Hall.**

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**DEADLINE FOR MAY  
NEWSLETTER  
IS APRIL 16**

# Community Dinner

## A Special Jewish-themed dinner with



entertainment by accordion virtuoso Martin Hergt

# Friday April 12 at 6pm



Community Dinner is a multi-generational event and an opportunity to meet new people or catch up with friends over a casual, fun delicious meal.

Everyone is welcome! Please bring a salad or dessert to share.

There will be alcohol (beer and wine) for purchase.

### ABOUT MARTIN HERGT by Peter Hancock

I met Martin in the early 1980's when we were both raising young families on opposite sides of a street in East Saanich called Smugglers Cove. Back then Martin was working for his father and partners at a funky music store on West Burnside called Tempo Trends. Martin taught accordion, sold and repaired them and lent out musical instruments. Forty years later Martin is now the owner of Tempo Trends. In fact Martin is a rare individual that has worked his entire life at one place.

Now you are probably wondering how someone in Victoria can make a go of it specializing in accordions when the last person you saw on TV playing one was Lawrence Welk. Well, every summer Martin loads up the vehicle with his instruments and heads for the Washington and Oregon State fairs, where people who appreciate a good polka played on an accordion can be found. And there Martin plies his trade, giving demonstrations, repairing instruments and showing others how the accordion can still be the "life of the party."

**For our community dinner Martin will be playing French and Italian cafe music and will be accompanying the Men's choir singing "Oseh Shalom".**

# THEME QUESTIONS AND SPIRITUAL PRACTICES

## What Does it Mean to be a People of Wholeness?

I confess to feeling somewhat conflicted about wholeness as a spiritual concept. I used to view it in a completely positive light. In a fragmented world with our beings and our days pulled in so many different directions, who doesn't long for wholeness? Much like balance, we all want to feel as though we are living in such a way that allows us "fully human all of the time" (as someone said at one of the opening events at my seminary as I was beginning the journey to ministry). We want to be whole in the sense that we want to think and feel and embody. To the extent that we want to live lives that embrace the fullness of our experience, we long for wholeness.

In another way, however, wholeness can feel oppressive. Some days it is all any of us can do to get a partial something done. Wholeness can feel not only a long way off but like an unachievable vision. Worse yet, it can even feel like a sort of ideal set up that only some can attain. If I have a disability or other way in which I am sometimes made to feel less than, is wholeness even an option for me? Are there times when wholeness feels like a stand-in for perfection? Perhaps for some of us wholeness feels like a false or misleading goal.

As we explore wholeness this month, I encourage you to consider the following questions as your spiritual homework. A question or two from me and some from our Soul Matters Network Circle. Pick the one that most resonates with you and spend some time with it:

Is wholeness a goal you have for yourself? If yes, what would it look like or mean for you? How would someone know if you were living in a whole way?

When were you first invited into a circle that helped you feel whole? How does that story still direct you today?

Is wholeness for you a solitary or relational journey?

When did you first discover that repairing the world is one of the best ways to put yourself back together?

In what *space or place* do you feel most whole? How often do you spend time there?

Who taught you that wholeness does not mean perfection? Who helped you with the work of embracing brokenness, rather than trying to fix or hide it? How have you passed on that lesson? Does someone in your life need that lesson now?

How has your understanding of wholeness changed with age?

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What was your proudest moment of maintaining and standing up for your wholeness?

What part of yourself hasn't been let out in a while?

Masks hide our wholeness but sometimes they keep it safe. Has that ever been true for you?

Was it ever easier for you to live through someone else than to become complete yourself?

Can you name the three most prominent aspects of your shadow side? What are you learning about accepting and embracing them? If your child or a significant young person in your life asked you about facing their shadow, what advice would you give?

When was the last time you felt "most me"? Did you promise yourself anything in that moment? Did you tell yourself something to never forget?

Has empathy ever been a doorway to wholeness for you?

What if it's about belonging not becoming? What if wholeness is a matter of noticing we've already arrived?

## ARTIST OF THE MONTH      TANTA DESTAFFANY PENNINGTON



Tanta DeStaffany Pennington is based in Victoria BC Canada and is a Fine Arts Diploma and Independent Studio Program graduate from the Vancouver Island School of Art. Tanta has exhibited work at the Art Gallery of Greater Victoria, Victoria International Airport, The Victoria Conference Centre, among other local galleries. Tanta has shown internationally, participating in the International 2011 Florence Biennale. Her work is featured in private collections in Western Canada, Hawaii, California, and Italy. Tanta's practice combines contemporary ideas with traditional methods of execution such as painting and drawing. Her art examines a world composed of

fragments of geometry, architecture and fantasy. Through unconscious acts of art making she creates abstract psychological and emotional maps of her internal conversations and memories. This design conjuring allows Tanta to refine, edit and apply her own sense of wonder in each new work as she explores the boundaries linking art and the everyday.

This has been a month for confirming many new teams to further the work of our church. It is gratifying to see so many putting their names forward for board and committee positions. FUCV is remarkably blessed with talented volunteers.

Earle Anthony was elected as Treasurer for the 2018-19 church year. With the assistance of a committee of former treasurers, he prepared a new job description for the treasurer's position and modified a number of procedures. Unfortunately he was unable to complete his term due to health issues. Jane Wilson has taken on the interim treasurer position until the May AGM. We consider ourselves very fortunate to have the expertise of Jane and Earle. They have both made extraordinary contributions. Thank them when you see them.

### **ABC Committee for 2020 pledges:**

Barbara Boyle has stepped down as Chair of ABC after submitting her comprehensive final evaluation to the Board. Thank you, Barbara. Members of the 2019 Committee are Shirley Travis, Jen Young, Barry Wiebe and Steve Sharlow. We are talking about the Treasurer of the Board supporting the process of reconciling pledge amounts before Finance determines its 2020 Budget. We thank these folks for the huge tasks of generating the major portion of funds for 2020 budget requests while bringing loads of wit and fun to our congregation.

The FUCV Board hopes to assist the ABC and the Finance Committee with a clear priority focus for 2020. Church Committees are being asked to submit strategic priorities for 2020 to the April board meeting.

**Long Term Planning Committee Membership** includes Bruce Nicol, Kent Hayden, Allan Dakin, Susanne Beauchamp, Isabelle Grenon. Thanks to Bruce for finalizing this membership. We expect this Committee will have a first meeting in the near future.

### **Strategic Priorities of FUCV**

**The Location Task Force** has been busy analyzing the many responses received in the recent church survey. Be sure you mark your calendar to attend the March 31 Location Task Force meeting of the Congregation after service to discuss their findings.

Rev. Melora reported that the Family Ministry team recently met and will conduct a series of experiments, starting with Neighbourhood Groups, to deepen connection across generations and increase "warmth."

Rev. Shana reported that the next Membership committee meeting is April 11 and the committee will discuss Rev. Shana's reflection paper on membership issues.

### **Presentation on One Planet Saanich:**

Glenyss Turner presented the One Planet Saanich initiative and the board approved FUCV joining as a member of this project. First Unitarian is the first church in the world to join the One Planet movement and are pleased the newly formed FUCV team will be building close ties with Saanich.

# ABOUT OUR BOARD MEMBERS

## Rebecca Mellett – Chair, Spiritual Development Council

Rebecca is happily deepening her commitment to Unitarian Universalism through her role on the FUCV Board of Directors as Chair of the Spiritual Development Council. This is her favourite of all Boards, having served on many. Like most UUs, her path to Unitarianism has been circuitous and she shows up for the music, kids' program and connection to the values and principles we share.



The first Unitarian that Rebecca ever met popped out of a coffin dressed as Dracula with a bowl of chocolates when she was six on Halloween. That was Brian Kieley who would later become CUC President. Raised as a "holiday Catholic", as a teen Rebecca mother's efforts to warm her to UU Youth didn't stick although they were lucky to have family friendships with UU Rev. Dave Johnson of Tucson, Boston.

It wasn't until being married and facing her own challenges of going from the easy responsibilities of cats to suddenly having step-children in their teens and one with Asperger's that Rebecca and her hubby Russ ran back to Unitarianism to find peace and grounding once a week with the Ottawa Congregation. Prior to that, Russell would break into a rash at the thought of organized religion due to strict yet loving Baptist upbringing. Their UU connections blossomed into an appreciation for the fabulous O.W.L. program for their teenage (step)son and Rebecca rounded out her spiritual learnings through teaching U.U. Sunday School programs.

Rebecca spent her childhood in Montreal and teen years in Toronto, raised by her single Mom nurse-therapist-educator and hippie. She spent every summer with her dad's extended family in Hamilton with doting strong matriarchs. She values diversity and inclusion in all senses of the terms, especially keen on different perspectives and alternative viewpoints which make people and the world more interesting. She loves observing patterns, commonalities and differences between people and faiths, origin stories and mysteries of life.

A lifelong learner, it seems that the threads connecting her winding studies touch on multi-disciplinarity, action-oriented social change and systems theory from her B.A. (linguistics), M.A. (soc-anth and Native Studies) from Carleton University, and a MSc. from the London School of Economics (management of aid), a Graduate Certificate in Sustainability Management from Harvard, and a Certificate in Evaluation Practice from The Evaluator's Institute. Her 25-year career as a public servant was unintended although rewarding, and she had opportunities to represent Canada at the UN, OECD, Organization of American States and was posted to Honduras and Peru to manage Canada's aid program.

She now lives in Brentwood Bay with her best friend and husband Russell, and their amazing son Natnael. They miss the rest of their children, besties and family in Ontario, Nova Scotia and around the world. They love nature, music, humour and pic nics and need to spend more time on all of these.

## *About Our Board Members continued...*

### **NANCY DOBBS CHAIR CONGREGATIONAL LIFE COUNCIL**

I grew up in upstate New York. In 1970, disillusioned by the U.S. participation in the Vietnam War, my first husband and I immigrated to Victoria (after discovering it in the encyclopedia). In 1977, my second husband (Bob) and I moved to Ottawa where we lived for seven years. My life was mostly taken up with my own two children, three stepchildren and a couple of other teens that ended up living with us. Happily, Bob was transferred back to Victoria in 1984 and we settled in Brentwood Bay.

While life continued to revolve around family, closely related was my work as a volunteer. Starting with Girl Guides, I began to understand and appreciate the value of both volunteering and community. In 1995, I became both an Early Childhood Educator and a Unitarian. During my last 15 years as an educator I worked in parent participation preschools where parent volunteers administered the school and assisted in the classes. In our Unitarian Community, both Bob and I became heavily involved in volunteering. Some of my volunteer activities included Children's Choir leader (20 years), adult choir, Music Committee, Canvass Committee, Co-ordinator of Neighborhood Groups, Nearby NG Convenor, co-ordinator of the Memorial Team (supporting NGs with hosting Memorials).

In May 2016, Bob had a stroke while driving on the Pat Bay Highway. He died 2 weeks later. I was the passenger in the car and my neck was broken. For 5 weeks while I healed, volunteers from our church community fed, drove, and cared for me. Since that difficult time, community and family, both inside and outside our church, continue to sustain me and bring me joy.

When I retire from the board, I am thinking I will walk across Canada.



### **Share The Plate**

**Thank you for all your generous contributions to these Sunday service plate charities**

**Collections:**

**December 2018 - Dandelion Society \$1,145 and Bridges for Women Society \$1,045**

**January - \$1,525 for GVAT**

**February - \$901 for PEERS (3 sundays)**

**February 17 – \$711 for USC Canada (single Sunday special)**

**March 10 – cheques yet to be tallied with cash – UU-UNO (single Sunday special)**

**Jim Willis**

# Auction Fever 2019

Putting the FUN back in Fundraising

**Don't Miss It**

# FRIDAY APRIL 26

**Silent Auction — 6pm**

**Live Auction — 7pm**

**At the Church**

**Payment by cash/cheque only**

# Auction Fever 2019

## How to Catch Auction Fever

Come on Friday at 6:00 p.m., sign in, and pick up your bidding number.

Cruise the Silent Auction to start catching the fever.

Check out the Early Bird Specials. They have limited spaces, set prices, and fill up quickly.

Check out the Unlimited Editions. They have set prices and many spaces.

Browse the services and handmade/homemade items in the Silent Auction.

Note that some have more than one winner. Make a bid for the items you want.

If an item has three winners, the three highest bids will each win.

Buy a raffle ticket for a chance to win the basket full of treasures.

Buy a ticket for the Cake Walk. The person on the winning number when the music stops, gets the cake!

If you are not on the winning number, pick up your consolation cookie.

Enjoy the complimentary refreshments and the cash bar.

Find a convenient place to sit.

**Please keep the noise level down when the live bidding starts.**

**Live Auction starts at 7:00.**

Watch the screen as each service is announced and the fever builds.

Hold up your number to bid on something you want.

If it is an item with several spaces, hold up your other hand with the number of spaces you want.

The person with the highest bid is the winner and gets the number of spaces they want.

If there are several spaces in the event, those willing to pay the same amount will also win, until the event is full.

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**Live and Silent Auction Samplers:  
Check Pages 25 to 28**

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## AUCTION FEVER TIMELINE

**FRIDAY APRIL 26**

6:00 Doors open. Silent Auction opens.  
Bar opens. Snacks available.

6:45 Cake Walk begins.

7:00 Live Auction begins.

8:00 Silent Auction closes.

8:20 Bar closes.

9:00 Raffle Basket draw.

Auction over.

Home with your treasures.



### Will You Help Fill a Raffle Basket?

We are preparing a raffle basket for the Auction on April 26 and we need your help. Could you contribute small decorative items, toiletries, wine or spirits, jams & preserves, chocolate, treats? What would **you** like to find in a raffle basket?

Please bring your items to the church office and put them in the container marked, Raffle Basket.  
Help us fill an amazing basket with small treasures!

# What should I donate to Auction Fever 2019???



*We can help! Contact Suellen at 250-727-0454 for ideas.  
Already know what you want to donate?  
Email Fran at [hancockf@telus.net](mailto:hancockf@telus.net).*

### Let's Talk Diversity – The Victoria Multifaith Society

On February 6<sup>th</sup> The University of Victoria, Equity and Human Rights Department and the Victoria Multifaith Society sponsored a wonderful evening of discussion on the theme of our various spiritual traditions and reconciliation with First Nations. The keynote was given by Dr. John Borrow, Canada Research Chair of Indigenous Law Program at the University of Victoria. This short clip is well worth your time.

<https://www.youtube.com/embed/pdEmu3N86Hc>

The program also included presentations from students describing their spiritual beliefs and what it says about diversity. We heard from Jewish, Muslim, Baha'i, Christian, Agnostic, atheist and other perspectives. These young people are certainly our hope for the future. Relationships and dialogue as our key strategy emerged with all spiritual beliefs working for peace and understanding.



## Our Neighbourhood Groups



All members, friends and newcomers to the church are invited to be part of the Neighbourhood Group where they live. Groups meet with different frequency for social activities, organizing one Souper Sunday per year and making goodies for Sunday coffee one month per year. The Care & Concern contact for each N.G. keeps tabs on members who may need extra assistance. If you don't know which group you are in, please phone the church office. The NG conveners are:

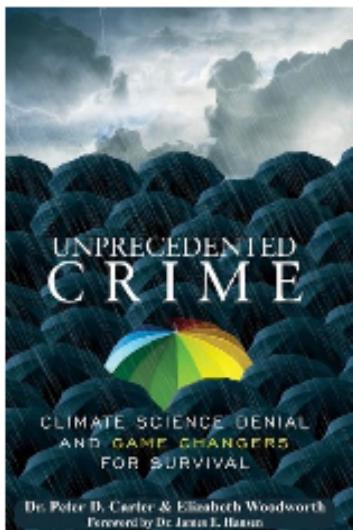
- ♦ Oak Bay: Convener Mary Burcher 778-977-5394
- ♦ James Bay: Convener Lynn Hunter 250-220-2240
- ♦ Gordon Head: Convener Mary Cramer 250-477-1615
- ♦ Western: Convener Susan Lean 250 478-5261
- ♦ Nearby: Convener Nancy Dobbs 250-652-5438
- ♦ Cadboro Bay: Convener Val Roberts 250-477-7192
- ♦ Royal Oak West: Convener Martha McDougall 250-477-1541
- ♦ Royal Oak East: Convener Hanny Pannekoek & Hugo Sutmoller 385-2299
- ♦ Grand Central: Convener Jane Wilson 250-598-4348
- ♦ Fairfield: Convener Lynn Beak 250-598-3584
- ♦ Far Out (Sidney/North Saanich): Convener Phyllis Aherne 250-655-7149
- ♦ Esquimalt: Convener Maureen Sherlock 250-384-6492



First Unitarian Church of Victoria  
Environmental Action Team Presents

# Climate Change: The Unvarnished Truth

*...and game changers for survival*



## Guest Speakers: **Dr. Peter D. Carter & Elizabeth Woodworth**

Dr. Peter Carter is founder of the Climate Emergency Institute. He served as an Expert Reviewer for the UN's Intergovernmental Panel on Climate Change's 2014 and 2018 climate change Assessment Reports.

Elizabeth Woodworth is a writer on climate change science and activism and co-producer of the COP21 video "A Climate Revolution for All."

Praise for their recent book *Unprecedented Crime*:

"An overwhelming case that young people are victims of 'unprecedented crime'...but Carter and Woodworth offer many solutions." - *Dr. James E. Hansen*

"A fascinating exposé of the climate crisis."  
- *Dr. Margaret Klein Salamon, Common Dreams*

"An indispensable read for citizens and policy makers."  
- *Lawrence Torcello, Rochester Institute of Technology*

**When:** April 14, 2019, 12:00 PM

**Where:** First Unitarian Church of Victoria, 5575 West Saanich Road

*All welcome. Complimentary snacks will be provided.*

In the month of April your Environmental Action Team (EAT) has recommended that the congregational offerings be shared with the Society Promoting Environmental Conservation. SPEC is the oldest environmental non-profit in Canada, founded in Vancouver by Gwen and Derek Mallard in 1969. For 50 years SPEC has brought a range of environmental concerns to the attention of policy makers, industry and the public.

We are connected to SPEC via the founding parents of SPEC, Derek and Gwen Mallard, who retired to a property just north of our ‘house of gratitude’ where they opened a vegetarian café on West Saanich Rd. They immediately became involved with the protection and conservation of the Todd and Saanich Inlet. Their big success was partnering with other groups to create the Gowlland Todd Provincial Park on July 22, 1995. Through a new society called Citizens Association to Save the Environment they continued the work of SPEC locally. Some of the things that we now take for granted like ‘blue boxes’ for recycling, and recycling depots were started by Gwen and Derek Mallard via SPEC.

Your Environmental Action Team (EAT) wants to honour SPEC in memory of Gwen and Derek Mallard during the 50<sup>th</sup> Anniversary Celebration. I have asked that our support be mentioned on the SPEC website. From the start this loving couple worked as if our ‘one planet’ really matters. Many of their campaigns were successful like the moratorium on offshore oil exploration, founding the Recycle Council of BC, the campaign to reduce the use of hazardous pesticides, including the banning of DDT, the lobbying struggle for a provincial land commission to protect agricultural land, and the campaign to stop the proposed Vancouver Island nuclear plants.

I knew the Mallards personally. A more lovely couple, a more committed pair would be hard to find. I think that it is really fitting, however much of a happy coincidence it was, that the first environmental association in Canada was founded by a pair of Mallards.

They were as beautiful as the birds with whom they share a name.

### SONG CIRCLE – EVERYONE WELCOME

Nancy Dobbs and Jewel Spooner

In the Sanctuary: 2:30pm-4pm. Fridays, May 3, May 31, June 28



Join us for songs of peace and joy...familiar, new, folk, world songs, light hearted, chants.

Jewel will also lead an (optional participation) sacred dance.

**FUCV at UVic's IdeaFest**

On March 8, Jim Willis and I joined other One Planet Saanich stakeholders for an Open House at UVic's IdeaFest. Some of the participants were: Halliburton Farms, Creatively United for the Planet, Bumblebee Electric Vehicles and Solar Energy, VanCity Credit Union, and the District of Saanich. It was a great opportunity for networking, church outreach, and interesting conversations!

**Thanks to our new volunteers!**

The FUCV Volunteer Fair, held on March 3, was well attended and the Environmental Action Team wants to send a big shout-out to our new volunteers! Welcome aboard!

**Saanich Climate Plan**

On March 12, I will be attending a sneak preview of the updated Saanich Climate Plan at Cedar Hill Golf Course. The District of Saanich held public workshops on their revised Climate Plan in December 2018 and they have incorporated this public feedback into their latest plan. Further public consultation is planned.

**Decision Time at FUCV**

The FUCV Board is voting on whether to officially join the One Planet Saanich initiative on March 14. Stay tuned!

**A New One Planet Saanich Team**

The Environmental Action Team has established a team to work on One Planet Saanich. Volunteers to date are: Wally du Temple, Bernhard Spalteholz and myself. We have decided to save time – and burning fossil fuels – by conducting our meetings online through Zoom. If you'd like to help our church and its members lower their eco-footprint, you would be most welcome to join us.

**RUTHLESS BASEMENT CLEANOUT!**

If you or your committee are storing items under the sanctuary that you want to keep, please tape letter-size pieces of paper to them saying "KEEP", and put your name and date on them.

Spring cleaning starts Friday, April 12. We will give away, recycle, or trash everything you haven't marked.

Need more info? Contact Andy Lee at (250) 858-5155 or e-mail: [andrew.lee@firley.ca](mailto:andrew.lee@firley.ca)

# HONOURED VOLUNTEER

MARIKO MATSUMOTO

The President and Councils of the Board are asked to nominate volunteers who have made significant contributions to the life of the church and Unitarian community. Mariko Matsumoto has been nominated by Rebecca Mellett, chair of the Spiritual Development Council. She will be honoured at the Service on April 21<sup>st</sup>.



## Mariko wrote:

My Unitarian history goes back to 1997 on Xmas eve in Winnipeg.

I run into a man who was a Unitarian at a mid-night service at United church. He and I had an opportunity to chat while waiting for the service. What he shared with me was inspirational and the philosophy he shared resonated with me. I was a member of a Protestant Church then, but I had a desire to grow in a theologically free environment. So, I found a Unitarian Church and I became a member in 1998.

I moved to Victoria in 2003 and naturally looked for a suitable congregation, and here I am. I loved singing so I immediately joined the choir. I also joined a chalice circle so I could get to know some people.

I was still working as a Registered Nurse at RJH so my involvement then was just the choir and the chalice circle. Getting to know some people really enriched my life. I was a single parent then so connecting with other people was very important. I have 2 boys who are now in their 30's.

I retired in 2013 and so I had more free time to work with the church program. I worked with Arts and Aesthetics Committee, Care and Concern Committee, and the Music Committee. I became a convener for a Chalice Circle and our group is still thriving.

I also serve coffee on some Sundays and serving helps me to get to know some more people. (And I also learned how to use a commercial dishwasher. LOL.)

One of my big dreams was to go to the Child Haven International Orphanage in Kathmandu. This charity was sponsored in several ways by some members of the congregation. Hearing the experiences of many members who had participated as volunteer interns in the past helped me to decide to go. My younger son and I went to serve there for 3 months, 2 years ago. I "gained more than I gave" in Kathmandu and I will highly recommend it to others who want to have once (may be more than once) in a lifetime experience.

Our church supports many workshops, events and groups such as Neighbourhood Group that promotes fellowship, and it is great to be with like-minded and supportive people. They are my families. I now visit one elder shut in nearby on weekly basis and she gives me great pleasure. Her wisdom and strength are a source of energy for me.

Our refugee family is a focus of my life these days. They arrived last September from Syria (via Jordan). I am taking care of their medical and dental needs because of my nursing back ground. I am learning lots about their culture and what they have gone through. The Zoe Gardner Fund committee is another of my challenges and I am just learning.

I guess, life is all about learning and I am very grateful to be in such a wonderful congregation who guide me in experiences that are so rich and rewarding.

## **Honoured Volunteer Mariko Matsumoto continued...**

### **Kristina Stevens wrote:**

Mariko has been a real asset to the Refugee Sponsorship Committee. As a retired nurse, she has taken charge of helping the family get health care, including dental care and glasses. This has entailed a lot of logistics, since a translator has been needed for each medical appointment. Mariko has juggled everyone's schedule with good humour to access the needed services, based on her medical knowledge. She is also great at playing with the two children! I enjoy another aspect of Mariko as well: her cheerful presence singing in the Chalice Choir.

### **Jennifer Young wrote:**

Mariko has been involved with the First Unitarian Music Program for many years. She has participated on the Music Committee since 2016. During that time, I have seen her bring a positive, engaged and empathetic presence to our community. She is the first person to suggest cards, gifts or flowers for members of the Music Program who have made special contributions or are experiencing difficulties in their lives. She is constantly looking for ways to bring our music community closer together. Mariko is always committed to finding solutions to problems as they arise and is never bogged down by politics or negativity. Beyond that, she is an organizational wizard! For the past two years, she has been the logistics person for our concerts. In this role, she ensures that the venue is set up, volunteers recruited, food donated, gifts and thanks orchestrated and clean up finished in a timely manner. It is every detail outside of the performances and it is critical to the success of our concerts. Mariko approaches this enormous job with the same calm, reliable and pleasant demeanour that she brings to our meetings. In everything she takes on, Mariko can be trusted to get the job done. Our Music Committee is lucky to have her skills. We are also very aware that Music is but a small part of the vital role that Mariko plays in the volunteer life of our church community. She has very much earned the title of Honoured Volunteer.

### **Hanny Pannekoek wrote:**

I know Mariko through a variety of activities: we worked together on the arts and aesthetics team, we sing in the chalice choir and often carpool, and we are in the same neighbourhood group. I very much appreciate Mariko's caring and cheerful personality. She likes to have fun, has a ready laugh and makes herself available to those who need help and support. She comes forward with unexpected attentiveness, is dependable and is a good friend.

### **DID YOU KNOW:**

that our ministers accrue one month of sabbatical for every total year they serve us? They have served us since September 1, 2010 and they used four months of sabbatical in 2017, March to June. At the end of the 2019-2020 church year they will have a balance of five months sabbatical. They are considering shorter sabbaticals a little more frequently so they aren't away as long each time. You will be kept informed as plans develop. Stay tuned!



## **DEPRESSION & ANXIETY SUPPORT GROUP**

The Depression & Anxiety support group has been meeting for the past three years (all year around) on the first and third Saturdays of the month, from 10 AM to 11:30 AM, in the church library. The week of the meeting, an email is sent to everyone on our list announcing the meeting. We range in size from two of us to five of us at our meetings.

The first part of the meeting is for everyone to have a 5 minute check-in, and we ask that others not interact with that person during the check-in period. Sometimes, people elect not to check-in and that's OK. After the check-in is done, the meeting is open to anyone who feels the need for a more in-depth discussion of their issues. During this discussion, the "floor" is open. Someone else might discuss the issues facing the person, or rather discuss how this particular issue has impacted their own situation. Sometimes, we discuss more general mental health topics.

All of us attending the meetings has a mental health challenge and we're not professionals and we don't give medical advice, but we do all support one another. Everything discuss is kept confidential.

If you have any questions or concerns, please feel free to either email or call John Tiffany (group facilitator) at [johntiffany0705@gmail.com](mailto:johntiffany0705@gmail.com) or 778-432-0881.

## **Location Task Force**

**Thanks to everyone who completed the survey. More than half the congregation responded, which gives us lots of valid data and ideas to work with. The Task Force is busy analyzing and organizing so we can present the survey results to you after the service on Sunday March 31st. Please plan to stay for that, and we promise not to keep you for more than an hour.**

**Liz Graham, John Hopewell, Shirley Travis, Steve Sharlow.**



## ARE YOU INTERESTED IN BECOMING A LAY CHAPLAIN?



On behalf of the church, the Lay Chaplaincy committee is recruiting a lay chaplain.

The work of a Lay Chaplain is to prepare and present ceremonies, including child dedications, marriages, memorials and other rites of passage to mark life's significant events. Typically the term at Victoria Unitarian is for 6 years, and our current lay chaplains are due to retire in the near future... one in each of the next three years.

We are seeking expressions of interest from people in our community who are actively engaged members of our congregation interested in deepening their connection to our faith tradition and sharing its meaning and message through leading rites of passage.

Candidates should have a solid working knowledge of Unitarianism; good judgment and communication skills; compassion and empathy; and a willingness to participate in a training program prior to appointment and ongoing training as a Lay Chaplain.

Preparation for the role consists of a CUC training course offered annually, job shadowing with active lay chaplains, mentoring, and membership in the lay chaplaincy committee.

While weddings take place primarily on summer weekends and availability at that time is important, you would be a member of a three-person team so summer time off is possible.

Lay Chaplains receive a fee for their services, but it is not intended that the honoraria be a significant source of income.

If you are interested in knowing more about the role, please speak with our current Lay Chaplains: Kjerstin Mackie, Anne Vaasjo, or Oceanna Hall or former Lay Chaplains, Liz Graham or Fran Pardee, to learn what our Lay Chaplains do, why they do it, and whether it's a role you'd be interested in.

An Expression of Interest form is available by emailing Liz Graham [hello.liz.graham@gmail.com](mailto:hello.liz.graham@gmail.com).

Interviews with interested candidates will take place in early May, 2019.



### House sitting opportunities

I am returning to BC May 1st of this year after a two-year journey of research and writing, and am looking to housesit for the next year and a half. May 1, 2019 to November 2020 — not necessarily all in one place. I have a car and am living out of a suitcase so can change residences easily. References available.

# SPIRITED JAZZ

Winter/Spring Jazz Vespers Series

**Enjoy jazz with a splash of spiritual inspiration by Reverend Shana.**

**Jon Miller Quartet;** Theme: Taking Risks

April 28<sup>th</sup>, Sunday, 7 - 8 PM

First Unitarian Church Victoria



Spirited Jazz once again brings exceptional variety and musicians to the rural beauty of the Unitarian Church on W. Saanich Road.

The Jon Miller Quartet is a top-rated jazz group from Victoria that has been making waves on the B.C. jazz scene for several years running, both for its engaging live performances and for the depth and variety of its original compositions. The group's most recent iteration (AKA the Parallel Universe Band) features the amazing Tony Genge on Hammond B-3 Organ along with jazz guitar great Rob Cheramy, saxophonist extraordinaire Monik Nordine and leader Jon Miller on drums. The quartet's repertoire alternates original material by group members with classic organ-jazz in the vein of giants of the genre – Jimmy Smith, Brother Jack McDuff, Joey DeFrancesco and Larry Goldings.

Hard hitting and soulful, with an emphasis on swing, groove and blues inflected jazz, the Jon Miller Quartet (AKA Parallel Universe Band) invites audiences everywhere to join in their unique musical vision.

The band's leader and drummer Miller is a graduate of McGill University's jazz programme and a participant in Banff Centre's Jazz Programme under the direction of Dave Holland. Upon graduating he played drums with a wide variety of Montreal based groups before going on to spend the 90's in Europe and the US, playing with successful bands and sometimes freelancing with other artists including Charlie Hunter and Terry Mann in France, the Netherlands, Monaco, Germany and the US. He has studied drums with Pete Magadini, Alan Dawson and Marvin "Smitty" Smith. In addition to writing for and leading his quartet, Miller is also a member of the Victoria Jazz Orchestra.

*"Whoa! Where have you been hiding, Jon Miller Quartet? ...on behalf of sun-deprived Canadians everywhere, thanks for this much needed dose of Vitamin D."* -Robert Rowat, CBC Music

*"This has got to be one of the best jazz acts in the city"* -Adrian Chamberlain, Times Colonist



Enjoy jazz with a splash of spiritual inspiration in venues with exquisite sound and setting. These hour-long evening services are a unique blend of jazz and spirituality. Each service brings together live music from popular local jazz musicians, a brief meaningful message, and a little of the history of the music performed.

First Unitarian Church of Victoria 5575 West Saanich Road (250) 744-2665

Program of First Unitarian Church Victoria; [www.victoriaunitarian.ca](http://www.victoriaunitarian.ca)

## HOW 2019 – two local people projects

Our HOW campaign for this year begins March 3 in support of two local projects. The first will aid immigrants and refugees and the second will support those who suffer from Borderline Personality Disorder.

The first project was suggested by church member Kristina Stevens and the registered Canadian charity involved is the Vancouver Island Counselling Centre for Immigrants and Refugees. This project has a target of \$5,000 to support translation services. Most of the money will go compensating volunteer interpreters for their clinical hours and related administration. The primary reason is that VICCIR interpreters tend to be younger and newer to Canada, so more in need of compensation.



The second project has been proposed by church member Lynne Bonner and the registered Canadian charity involved is the Borderline Personality Disorder Society of BC. The target here is \$4,550, most of it for the rebuilding of an antiquated website, one which cannot be reached by many modern devices. Thus many sufferers and their families may be unaware of the help available.

Borderline Personality Disorder (also known as Emotional Dysregulation) is a serious mental illness that centres on the inability to effectively manage emotions and thoughts. Most people who have this disorder cannot regulate their impulsive and sometimes reckless behavior and unstable relationships. Despite the seriousness of the disorder, recent research indicates that treatment can lead to considerable improvement over time and there is hope for healing and recovery.

There will be no congregational vote on preference. Based on past experience, the HOW committee judges that reaching both goals is likely, based on the congregation's past response to HOW projects. The campaign runs from the beginning of March to the end of July.

To contribute to these HOW projects, please make your cheque payable to First Unitarian Church of Victoria and on the memo line write: HOW. If you choose, you can specify which single project you want to support by adding the word "translation" or "disorder" after the word, HOW. Otherwise contributions will be divided evenly between the projects.

– Don Vipond

*You're invited to join  
Anne Swannell and friends to  
see her latest  
**MOSAICS**  
Easter Sunday April 21<sup>st</sup>  
1– 3 pm.  
in the lobby of  
Langham Court Theatre  
(off Rockland, between Linden and Moss)  
open bar — music by Previous Condition*



# Power & Leadership: Returning to the Future

June  
26 - 30, 2019

6pm Wednesday - 11am Sunday



**Program Fee:** \$150  
**Housing & Veg! Meals:** \$188 - \$340

*Accommodation rates vary based on type of housing:  
tent, sleeping cabins, and plumbing cabins available*

Indralaya Retreat Center  
Orcas Island, WA  
Register Online at [www.indralaya.org](http://www.indralaya.org)

Your leadership can facilitate power in a way that encourages interdependence, democracy, and the equitable change that is necessary for the future of life on this planet. In this retreat, develop your own regenerative leadership rooted in relationship with your body, with one another, and with the creative potential—power—that lives within and around us. We will draw on spiritual, secular, and somatic traditions, and integrate physical movements each day to encourage embodied learning, including Taoism, Taiji, and Qigong. Any body can participate regardless of ability or experience. By the end of this retreat, you will:

—Be able to articulate your own relationship to power and leadership.  
—Have an embodied understanding of how authority, agency, and consent influence leadership and power.

—Have more tools for moving energy in an intentional and equitable direction.

J. Tyson Casey is a professional coach, facilitator, and educator whose work centers on a simple truth: *leadership is an action anyone can practice.*

*His vision is to cultivate just, equitable, accessible, and regenerative communities—where power is dispersed, where agency is available, where informed consent is the status quo.*

*He has a Master of Arts in Social Change from the Unitarian Universalist Starr King School for the Ministry where he is also a Visiting Professor of Leadership and Movements.*

# Auction Fever Sampler

## lots more to come...

**Don't Miss It!**  
**Friday April 26**  
**Silent Auction: 6pm**  
**Live Auction: 7pm**

**September Already! Barbecue on the Deck.** Come to a soirée to commiserate on how quickly the summer flew by. Join Jen and Lance Young for dinner on the deck featuring barbecued kebabs and a refined menu of side dishes and desserts to tempt your palate. Dairy Free, Gluten Free and Veggie options available. Beer and wine included. Room for 14 guests on Sunday September 1 at 5pm

**Chef Bongo Sampler.** Jen Young will serve an array of delicious gourmet dishes, using recipes from Chef Victor Bongo's cookbook featuring the chef's fusion of his Congolese childhood with a high-profile career in fine Canadian dining. Expect inspired cuisine featuring fresh ingredients, complex flavours and a little heat. Dessert will be Jen's own creation. Lance will do the dishes. Wine and Beer included. 10 guests on Friday June 14 at 6pm.

**Grey Cup Party.** Sunday, November 24 @ 3 p.m. Football, food, fun for eight people. Donated by Earle and Lorna Anthony.

**Dinner at the Union Club:** Join Karen and Steve Sharlow as their guests for a classy dinner at the Union Club on a mutually agreeable evening. Delicious menu featuring fresh, locally sourced food. Drinks included. Play billiards, if tables are free. Also includes a tour of the facility, which is in a historic part of Victoria. Offered for four guests.

**Authentic Chinese Food.** Six lucky people will have the unique opportunity to spend an evening with Jany and Tiff, enjoying a meal of homemade Chinese soup and dumplings, both savoury and sweet. Tiff says he never orders dumplings in a Chinese restaurant because Jany's are so much better! 6:00 on Saturday November 23.

**Handyman Services:** "Have tools, will travel." Three hours doing cleanup, gardening, hedge pruning, or small household repairs for each of three different bidders. Minimum bid is \$75. Offered by Andy Lee.

**Bed & Breakfast:** Be a tourist in your own town! Lynn Hunter and Don Armstrong are offering two nights in their beautiful waterfront condo on the harbour, with easy walking distance to nearby restaurants, the Museum, the Legislature, and downtown shopping. Queen size Murphy bed and your own bathroom. Put up your out-of-town guests or treat yourself to a unique experience close to home. Congenial hosts and no travel costs!

**Decluttering:** Kressa Sisu will provide one hour of decluttering.

**Picnic at Sidney Spit.** Travel by ferry to beautiful Sidney Spit for an old-fashioned picnic of deviled eggs, chicken, potato salad, watermelon, and more, with cookies by Jen Young. Easy access to the picnic area and hiking trails. Thursday, July 18. You pay for the ferry (Adults \$19, Seniors \$16) and we'll bring the feast! 10 spaces. Offered by Suellen Guenther and Jen Young.

**History Tour of Victoria:** Enthusiastically presented by Peter Scales, MA. Two hours. Three spaces available. Value \$50 each.

**Hornby Island is a great place to visit;** swim at sandy beaches, walk, bike or kayak in many beautiful areas. Stay on our treed acre, near the ocean, for a week in the summer of 2019. There is electricity, an outhouse and a simple one-room cabin (queen hide-a-bed) with shower and toilet. Also, there is a 23-ft travel trailer (sleeps two adults and two kids) and a grassy area to set up tents. To find out more, contact the Dakins at 250 744-1357. Offered by Elaine and Allan Dakin.

**Sermon:** Rev. Shana will offer a 'sermon on a topic of your choice'. Offer includes a meeting with the minister to discuss the topic chosen.

**Sermon:** Rev. Melora will offer a 'sermon on a topic of your choice'. Offer includes a meeting with the minister to discuss the topic chosen.

**"Watercolour Painting of Your Home** offered by artist Betty Sherwood. May it elicit warm and joyful memories of lives shared in a loving place...

**Peninsula BBQ:** Join Nancy Dobbs, Francois Duruisseau and Isabelle Grenon for a chicken BBQ, with Peninsula corn, salads and dessert, Saturday, July 27. Available for 8 guests. Perhaps there will be a sing-a-long? Offered at Nancy's home in Brentwood Bay.

**Julia Child Dinner.** Appies and Wine: Light Hors d'oeuvres and wine. First Course: Charcuterie plate 'Terrines and Pâtés', mostly homemade (similar to Chou-Chou Charcuterie or Fol Épi). Entrée: Bœuf Bourguignon, Roasted Garlic Mashed Potatoes, Vegetable. Salad: Fresh Greens from the garden. Dessert: "Tarte Tatin and Clafoutis." Coffee, tea. Saturday, November 9. 7 guests max. Offered by Isabelle Grenon and Francois Duruisseau.

# Auction Fever Sampler cont'd

**Barbecue Dinner:** Featuring Local Beef Burgers and Homemade Ice Cream for 14 guests featuring hamburgers with Island grown beef from Carnivore in Brentwood Bay (hormone and steroid free) with potato salad, baked beans and dessert including home-made ice cream and toppings. Saturday at 4:00 pm on June 15th. Hosted by Mary Cramer, Pat Conroy, Mike and Lisa Greenly.

**Edmonton Getaway.** Sylvia and Alan will book the party room in their centrally located apartment complex for your stay. Includes kitchenette, bathroom, and beds for up to 6 people. Available mid-April to end of Oct. for up to 5 days. Dates are negotiable. Would you like to visit Edmonton in August to take in the Fringe Theatre Festival or the Folk Music Festival? If so, one may then travel to Jasper National Park and Banff on the way home! Donated by Sylvia Krogh and Alan Boyle, Apt. 101 The Woodcroft Condo, 11561 – 136 Street NW, Edmonton, Alberta, phone 780-454-6216.

**Countryside Lunch:** Enjoy a delicious lunch followed by decadent German desserts, surrounded by Astrid's country garden. Admire the fragrant orchids, wander the flower and veggie garden and pet the donkeys. 8 guests. Saturday August 10. Offered by Astrid Firley Eaton.

**Progressive Dinner:** Enjoy appetizers at the home of Pauline Kenneally in James Bay, then move to the neighbouring building for the main course at Lynn Hunter's water front home. Finish with dessert at Carol Smith's which is a four block walk. Offered on Saturday, June 1st with 8 spaces. Exterior parking is available on the street as well as visitor parking at Lynn's.

**BBQ Chicken Dinner:** A delicious BBQ Chicken Dinner will be prepared in a lovely waterfront setting overlooking the Victoria Harbour for 8 people at 101-847 Dunsmuir Road on Sat. Aug. 17th @ 6:00 pm. Offered by Gloria and John Hopewell.

**Indonesian Gourmet Dinner.** Four guests at noon-time in October. Offered by Philip Symons and Marya Nijland.

**Bridge and Lunch:** Four spaces at the table on Saturday, May 11 at 12:00. \$25 per person. Offered by Myra Rippon.

**Lunch at Shirley Delicious Cafe:** We will take you on a scenic drive to Shirley Delicious Cafe, just past Sooke, for delicious homemade soups, sandwiches, and brunch at reasonable prices. Vegan and GF options. Wednesday, July 10. We'll provide the transportation and you pay for your lunch. 9 spaces. \$12 each. Offered by Nancy Dobbs, Jen Young, and Suellen Guenther.

**Gourmet Paté:** Killer chicken liver paté, lovingly made by Katherine Maas using organic chicken livers. Contains butter, cream cheese, garlic, spices, egg, and brandy. Eighteen 125 g jars. \$7.50 per jar. Paté orders placed will be delivered to the church on Sunday, May 5. Or alternatively, you can place a Christmas order, for delivery to the church Dec. 22.

**Delectable strawberry jam** made by Katherine Maas using Galey Farm berries, organic sugar, and pectin. Thirty 250 g jars at \$7 per jar, will be delivered to the church for pick up Sept. 15th.

**Art Tour & Tea:** Rev. Fran Dearman is offering a tour of her art collection, gathered in the course of her various ministries from coast to coast. Come enjoy the art pieces and the stories that go with them. Relax in the garden with a cup of tea and a slice of Suzanne's famous carrot cake. Saturday, August 24. 2- 4pm. 10 spaces. \$12 per person.

**Oak Bay Tea Party:** Gather at Suzanne Dearman's heritage house at 10:30am on Saturday, June 1 for a front row place to watch the Oak Bay Tea Party Parade. After the parade, Suzanne will serve a delicious lunch of homemade soup and sandwiches. 6 people at \$15 each.

**Cheesecake Tea Party:** Celebrate summer with a Cheesecake Tea Party at my house in Esquimalt. I will have a gluten free, dairy free alternative available. Maximum 10 people. \$12 per person. June 22nd at 2pm. Feel free to bring reading, music, poems or just yourself!

Offered by Maureen Sherlock.

**Deep Singing WOMEN'S SONG CIRCLE & TEA:** Friday May 10, 2:00-4pm at Jewel's home at 10224 Summerset Place Sidney where we may catch a glimpse of the famous Eagles in flight. 250-656-1047. 10 spaces offered at \$10.00 each. Offered by Jewel Spooner.

**BELLS101 – Invitation from the Farmhouse Ringers:** Try Out the Hand Bells: Experience the joy of ringing hand bells in a one-hour workshop led by Hanne Fair, assisted by the Farmhouse Ringers. Learn about the bells, listen to them ring in your hands, and enjoy your own part in a bell choir song. Thursday, May 9, 6:00 p.m. \$15 per person. 8 spaces. Minimum age is 12.

**Beer, Bocce and Burgers.** Play Bocce followed by dinner with an array of drinks, appetizers, salads, desserts and burgers (vegetarian and vegan upon request). Saturday, July 6 at 3:00 p.m. Hosted by Fran and Peter Hancock at 2411 Queenswood Drive. 16 spaces available. \$40 per person.

**Antarctica,** a trip of a lifetime! Marion Pape shares her experiences about the impact of climate change on the melting glaciers, local penguins and other wildlife as well as a video and slides from the "Climate Expedition in 2018" sponsored by Nature Conservancy and Rockefeller Brothers Foundation. **May 17** in the Lion Hall, doors open at 7:00 pm. Refreshments will be served including Argentinian Appetizers and non-alcoholic drinks,\$15/person or \$25/family. Hosted by Marion Pape and the Esquimalt NG.

**Landscaping Advice:** Horticulturist Val Roberts will give you two hours of expert advice on how to design your garden and which plants to choose. After the work is done, she will do a follow-up consultation. Places for **two** bidders.

**1/2 day of babysitting:** An outgoing and friendly retired elementary teacher and college writing instructor, Sheenaugh McMahon, says, "I love being with kids!" *Elle parle français aussi.* Four spaces at 1/2 day each.

# Auction Fever Sampler cont'd

**Closet Magic:** Jan will help you transform one of your cluttered closets from chaos to order. She will help you decide what to keep and what to do with the things you don't want to keep. She'll take unwanted clothes to suitable charities. Minimum bid: \$50.

Offered by Jan Thomson

**Alterations:** 2 items of clothing (hemming, mending or taking in). Zipper replacements or repairs not included. Services offered to the top two bidders. Offered by Thea Revoy.

**Full Day of Babysitting:** An energetic and enthusiastic retired elementary teacher and college writing instructor, is donating a full day of babysitting as she "loves kids and likes to get down on the floor to play and then go outside for fun!" Offered by Sheenagh McMahon.

**Voice Instruction:** A gift certificate for two hours of individual voice instruction. Can be taken as one two-hour session, **two one-hour sessions** or 4 half-hour sessions in the September-December period. Any age, **any skill level** welcome. **\$140** value. Offered by **Singer and Vocal Coach** Melaney Black.

**Violin Lessons.** Four introductory violin or viola lessons. You provide your own instrument. \$200 value. Offered by Ernest Kassian.

**Strolling Violin.** Liven up your social event with 30 minutes of violin entertainment. \$100 value. Offered by Ernest Kassian.

**Have Trailer—Will Haul.** One trailer load 40 km roundtrip. The bidder helps to load and unload and pays tipping fees. Minimum bid \$50. Offered by Doug McGuiness.

**Chiropractic Treatments.** Gift certificate for \$100 worth of treatments with Dr. Garth Edgar, Chiropractor. 1744 Richmond Ave. See Suellen Guenther for a recommendation.

**Massage Therapy.** Gift certificate for a one hour therapeutic massage by Joanne Pearson, an experienced, Registered Massage Therapist. Value \$100. Valid until April 26, 2020. 1744 Richmond Ave. See Suellen Guenther for a recommendation

**The Butchart Gardens:** Three pairs of tickets for one-time complimentary admission to The Butchart Gardens. Not valid on Firework Saturdays or Special Events. Adult admission value: \$68 during Summer season, \$56 during Christmas season, and +/- \$60 during shoulder seasons. Three pairs of tickets available. **One pair of tickets to each of the three highest bidders.** Donated by Bradley and Madelaine Clarke, both long-time employees of The Gardens. Minimum Bid: \$30

**Gift Certificate for \$25** towards prescription eyewear or sunglasses at the **Cadboro Bay Optometric Clinic.** Offered by Dr. Amanda Weinerman & Dr. Nicole Sehn, 258. Penrhyn St. Victoria

**My Sister's Closet:** \$25 gift certificate.

**Thai Lemongrass Restaurant** in Cadboro Bay Village: \$50

**Home Depot:** \$50 gift certificate for any store in the Victoria area.

**Gift Certificates:** \$25 gift cards donated by Mosi's Bakery & Cafe, conveniently located near the church

**Gift Certificate for \$25** towards prescription eyewear or sunglasses at the **Cadboro Bay Optometric Clinic.** Offered by Dr. Amanda Weinerman & Dr. Nicole Sehn, 258. Penrhyn St. Victoria

**Peppers Foods:** \$25 gift card

**My Sister's Closet:** \$25 gift certificate.

**Gift Certificates:** \$25 gift cards donated by Mosi's Bakery & Cafe, conveniently located near the church

**Dutch Apple Pie:** Two of Marya's popular large Dutch Apple pies with apples, walnuts and cranberries. Pie serves 12-16. One pie each to the two highest bids. Offered by Marya Nijland.

**Sugared Nuts:** A tin of my delicious sugared nuts (filberts, almonds & walnuts) from an old family recipe. Minimum bid: \$20. One tin each to the 2 highest bidders. Offered by Suellen Guenther.

**Christmas Pudding:** Traditional English Christmas Pudding in a 6" bowl with hard rum sauce delivered in December. The purchaser will need to steam it for about 3 hours the day it's eaten. One pudding each to the two highest bidders. Offered by John Hopewell.

**Almond Macaroons:** A batch of Nanw's famous almond macaroons.

**Cold Comfort Ice Cream:** A custom-made pint and delivery of Cold Comfort Ice Cream. Treat yourself or give it as a unique gift.

Cold Comfort Ice Cream is made in small batches with local, natural, organic ingredients. Dairy-free also available. \$25 value.

Offered by Autumn Maxwell (daughter of Karen Furnes)

**Homemade Ice Cream or Sorbet:** I will make a batch (approximately 14 half cup servings) of ice cream or sorbet (dairy free) in the flavour you choose. I have made vanilla, chocolate and mint chocolate chip ice cream and several fruit sorbets but am willing to attempt other flavours. I can prepare this for your special occasion with approximately two week's notice. Offered by Mary Cramer.

**Butterscotch Cinnamon Rolls:** These were a favourite at a Royal Oak West NG gathering. Made by Glynnis Turner using her mother, Eileen's, recipe.

**For Good Measure Gift Basket:** Energizing treats from the premium bulk food store in Cadboro Bay.

**Starbucks Gift Bag:** A bag of PIKE PLACE medium roast beans and insulated large drink container with a screw-on lid and a permanent straw. Offered by Starbucks in Cadboro Bay.

**The Devil's Ruse.** Written and donated by Ruth Welburn. \$18.95 value.

**Bedbug's Big Adventure, The Way of Saint James.** Picture book. \$15 value. Written and donated by Ruth Welburn.

# Auction Fever Sampler cont'd

**Silver earrings and necklace:** donated by Kit Filan

**1 wool hat (toque), dark brown with grey design, hand knit:** offered by Thea Revoy

**Silver Chalice Necklace:** Sterling silver chalice and chain. \$50 value. Donated by Marya Nijland and Lorna Anthony. Minimum Bid: \$20.

**Silver Chalice Lapel Pin:** Two sterling silver lapel pins. \$30 value. One each to the two highest bids. Donated by Marya Nijland and Nellie Van Leeuwen. Minimum Bid: \$10

**Merchant Ship's Painting by Allan Milne** donated by Frances and Peter Hancock

**Gumboot Girls.** A collection of 34 memoirs, compiled by Jane Wilde and edited by Lou Allison. Adventure, Love & Survival on BC's North Coast. Includes Suellen's story of the five years her family lived in a tent on Porcher Island. Donated by Suellen Guenther.

**Abstract Painting** by Christine Gollner donated by Dolores Appleton

**Child's Sweater:** Size 4. Very soft acrylic yarn. Pastel stripes. Knitted by Suellen Guenther.

**Silver Pin:** A brown stone, set in handcrafted sterling silver in the shape of a fish. Donated by Suellen Guenther.

**Maroon Table Runner:** Handwoven in Guatemala. Donated by Suellen.

**Thread Catcher and Pin Cushion:** Keep your sewing table tidy while you sew with this colourful thread catcher. Donated by Lorna Anthony.

**Giant Bear:** Great big friendly bear comes with his own delicious jar of Paddington Bear marmalade. Donated by Kit Filan.

**Two Linen Dress Panels:** Original block print dress panels, handmade in St. Lucia. Donated by Suellen Guenther

**Small Linen Table Mat:** Original block print, handmade in St. Lucia. Donated by Suellen Guenther.

**Bowl Cozy:** Complete with bowl. Carry hot food without burning your fingers. Donated by Thea Revoy

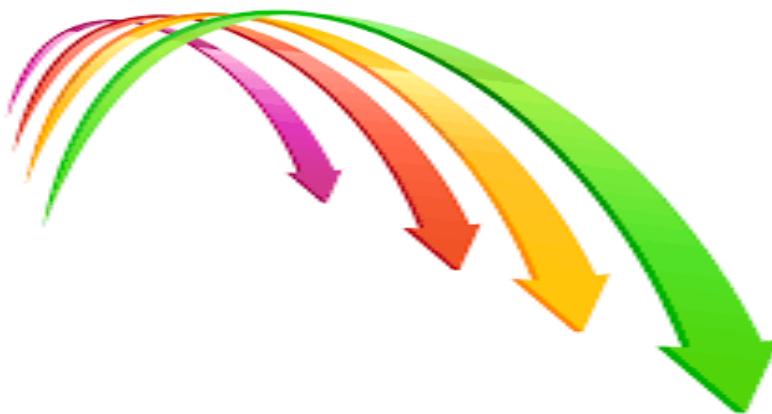
**Aliens Among Us.** Written and donated by Alex Van Tol. For children ages 8-12 about invasive animals and plants in B.C. with beautiful illustrations. \$19.95 value.

**Great Bear Rainforest.** A sneak peek into the making of the Giant-Screen Adventure in the Land of the Spirit Bear. By Ian McAllister and Alex Van Tol. \$29.95 value. Donated by Alex Van Tol.

**Hand Knit Sweater:** Hand knit washable men's sweater, size medium. Minimum bid: \$100. Offered by Marya Nijland.

**Hand Knit Sweater:** Hand knit washable men's sweater, size large. Minimum bid: \$100. Offered by Marya Nijland.

**Woman's Sweater:** Shades of blue with navy trim. Size XL. Looks hand knit. Donated by Ruth Pozer-Telford.



**More to come! What are you willing to offer?**

**Contact Suellen Guenther ([sguenther@shaw.ca](mailto:sguenther@shaw.ca))  
or Fran Hancock ([hancockf@telus.net](mailto:hancockf@telus.net)) with your donations.  
Deadline is April 22**

**Watch for the complete list in your inbox on April 23**

**Printed lists will be available at the Auction**

First Unitarian Church of Victoria

Request for an official donation receipt for income tax purposes

For the eligible amount of gift certificates, gift cards and performance tickets

Donated by the purchaser to the auction to be held April 26, 2019

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

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Phone number: \_\_\_\_\_

Email address: \_\_\_\_\_

Description of item: \_\_\_\_\_  
\_\_\_\_\_

Amount paid by purchaser: \_\_\_\_\_  
(Original receipt for this amount must be attached to this request;  
the CRA does not accept copies of credit card statements)

Disposition of receipt:

Mail to the above address

Hold for pickup at the church office

*For office use only:*

Receipt #

## **2019 AUCTION FEVER ABSENTEE BID FORM**

You don't have to be at AUCTION FEVER to bid on the items you want. Use THIS FORM to enter your bids for items in both the Live and Silent Auctions.

This form must be turned into the church office by Tuesday April 23.

You may also email your completed form to: [hellojenyoung@gmail.com](mailto:hellojenyoung@gmail.com)

Name: \_\_\_\_\_ Email: \_\_\_\_\_

**BIDDING  
NUMBER**

## **Regular Bid Items**

Enter your bids here for the items you want. You will pay the final bid amount as long as your maximum bid is higher. If the bidding goes above your maximum, you lose. If you want it, you should bid "WIT" (whatever it takes). You will only pay what everyone else pays.

\* We will fill in the list number of the item you have described and assign your bidding number.

**PAYMENT PLAN -- Please make arrangements before the auction.**

- I will send a cheque or cash with someone who will be attending the auction.
  - I will ask someone who is attending the auction to pay for my purchases that night.
  - I will retrieve my envelop and pay for my purchases at the office as soon after the auction as possible.

**THANK YOU AND GOOD LUCK WITH YOUR BIDS**

## Board Members on Duty

April 7 - Lorna Anthony

April 14 - Lynn Hunter

April 21 - Marion Pape

April 28 - Susan Layng

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## CALENDAR

**CLICK HERE**

Press CRTL/CLICK on the  
Button Above



## April Birthdays

- |    |   |
|----|---|
| 2  | Sarah Kendall, Ross Beauchamp                 |
| 5  | Earle Anthony                                 |
| 6  | Barbara (Bobby) Kovar                         |
| 9  | Martha McDougall                              |
| 13 | Maureen Sherlock, Desmond de Schepper         |
| 14 | Jan Thomson, Cathy Haynes                     |
| 15 | Nokuthula (Tuli) Porcher                      |
| 16 | Michael Fibiger-Crossman,<br>Isabelle Grenon  |
| 17 | Suzanne Beauchamp                             |
| 18 | Joyce Berry                                   |
| 19 | Nille Fibiger-Crossman, Sue Clement<br>Thorne |
| 21 | Barbara Nyland, Luke Walrafen                 |
| 24 | Barbara Boyle, Catherine Cardinal             |
| 25 | Leslie O'Hagan, Chris Cook                    |
| 28 | LeAnn Andersen                                |
| 30 | Erin Kinrade                                  |

# First Unitarian Church of Victoria

5575 West Saanich Road • Victoria BC • V9E 2G1 • 250-744-2665

churchoffice@victoriaunitarian.ca • www.victoriaunitarian.ca

Office hours: Monday thru Thursday 11 - 4; Sunday 9 - 1; closed statutory holidays on weekends

## Ministers

Reverend Melora Lynngood

Cell phone: 250-891-6330

rev.melora@victoriaunitarian.ca

Reverend Shana Lynngood

Cell phone: 250-891-6331

rev.shana@victoriaunitarian.ca

*The ministers' day off is Monday.*

## Minister Emerita

Reverend Jane Bramadat

250-652-1272

## Lay Chaplains

laychaplains@victoriaunitarian.ca

Oceanna Hall 250-886-1077

Kjerstin Mackie 250-598-5975

Anne Vaasjo 250-385-1603

## Director of Spiritual Exploration and Learning for Children and Youth

Arran Liddel 250-744-2695

arran@victoriaunitarian.ca

Arran is in the office Tue, Wed, Thu and Sun

## Director of Music

Nick Fairbank

music@victoriaunitarian.ca

## Church Administrator

Nadia Kozak

churchoffice@victoriaunitarian.ca

## Communications Assistant

Shannon Oatway

communications@victoriaunitarian.ca

## Officers

President	Marion Pape
Past President	Lorna Anthony
Vice President	Steve Sharlow
Treasurer	Earle Anthony
Secretary	Kathleen Zimmerman

## Board Members

Trustee	Bruce Nicol
Trustee	Nancy Dobbs
Trustee	Lynn Hunter
Trustee	Rebecca Mellett
Trustee	Susan Layng
Trustee	John Tiffany
Trustee	Mike Graham

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A wedding, child dedication or memorial?

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## Lay Chaplains

It's what we do!

Email: [laychaplains@victoriaunitarian.ca](mailto:laychaplains@victoriaunitarian.ca)



## We Care!

### Care and Concern Committee

for hospital and home visits, or just to talk...

Barbara Boyle at 250-381-0264

Val Roberts at 250-477-7192

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Email: [samvic@shaw.ca](mailto:samvic@shaw.ca)

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Sliding scale available.

Ads continued next page

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Copy should be sent to  
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For those without e-mail, copy may be left at the church office. All copy is subject to editing.

**Staff :**Barbara Nyland and Jen Young (editors); Nadia Kozak and Shannon Oatway (production, distribution and paid advertisements).