



The Victoria Unitarian
FIRST UNITARIAN CHURCH OF VICTORIA
Growing in Spirit, Living with Compassion, Inspired to Serve

SERVICES IN JANUARY 2021

SUNDAY SERVICES BEGIN AT 10:30 am



Sunday, January 3, 10:30am

***Exploring the World: A Way Home* Pablo Gándara Vázquez**

When the connection between culture and identity is so strong, what can learning about others teach us about ourselves? And what can learning about ourselves teach us about the world around us? Pablo will guide us on a journey of self reflection and inner discovery, discussing how exploring the wisdom of the Indigenous peoples of British Columbia has helped him understand where he comes from and where he wants to go.

Pablo Gándara Vázquez is a Spanish Sociologist who came to Canada to study English in 2014. Here, he met his wife and became a community organizer for Greater Victoria Acting Together (GVAT). In his spare time, Pablo is dedicated to learning about the culture around food and improving his cooking skills.

Sunday, January 10, 10:30am

***Imagination as Spiritual Practice* Rev. Melora Lynngood**

We delve into this month's theme of imagination by considering how imagination might deepen our spiritual lives. From imaginary friends, to the soundtrack that plays in your head, to talking to trees, to dream fragments -- how can imagination lead to insight? How might imagination give us the comfort or encouragement that empowers us to live in the world as the people we wish to be?

Continued next page...

Livestream begins each Sunday by 10:25 am. To view [please click on this link](#). To view past worship services (as of Jan. 27) [click on this link](#).

Services continued from previous page

Sunday, January 17, 10:30am

Religious Naturalism

Rev. Shana Lynngood

This year a member of our community asked me to reflect on the concept of religious naturalism as the auction sermon assignment. Religious naturalism, at base, is a view that finds spiritual/religious meaning in the natural world and rejects the idea of any supernatural realm. Many of you often say the natural world is at the heart of your spiritual practice and is where you turn for solace and meaning. How is that a religious or spiritual worldview? What does it mean to place the natural world at the heart of your spirituality?

Sunday, January 24, 10:30am

Somebodies and Nobodies

Rev. Melora Lynngood

Have you ever felt like a 'nobody,' like someone was dismissing you as 'less than?' Less intelligent, less worthy of attention, less worthy in general? In this service, we explore the idea of 'rankism,' as posited by Robert Fuller, the dismissal and discrimination of those with less power or status by those with more power or status. Rankism includes classism, racism, sexism, colonialism, and also much more. We'll consider when we've been dismissed, and when we have (even unintentionally or subconsciously) dismissed others. And we'll look at the practice that combats rankism: the practice of dignity, which is a deeper living of our first Unitarian Universalist principle, 'we covenant to affirm and promote the inherent worth and dignity of every person.' Imagine what the world would be like if we all really did that! This topic was chosen by the winner of the 'topic on a sermon of your choice' in last June's service auction.

Sunday, January 31, 10:30am

Be Realistic... Demand the Impossible!

Arran Liddel

Einstein said, "We cannot solve our problems with the same thinking we used when we created them." In this last year, facing a global pandemic, we very quickly made many changes that seemed impossible to protect one another. To address the problems of climate destruction, racial injustice, housing, and food insecurity, and other oppressions we will need a similar level of 'impossible' change, though of a very different kind. What part can creativity, art, stories, fantasy, and utopias play in generating potential ways to move forward? Let's flex our imagination muscles together to get us strong enough to dream 'impossible' solutions into future realities.



2021 CONGREGATIONAL BUDGET MEETING



Mark your calendars for Sunday, January 24 at 12:30 pm

Plan to attend this Zoom meeting to approve a budget for the coming year.

COMMITTEE ON MINISTRY

Talk to us. Do you have a concern about our church that you would like the ministers to know? One purpose of the Committee on Ministry (CoM) is centered on developing a strong, healthy relationship between the Minister(s) and the Congregation. Members of the CoM are: Andy Lee, Chair, Lorna Anthony, Jeri Dause, Bill Glassman, Jan Thomson, Shelley Motz.

MINISTERS' SABBATICALS by the Committee on Ministry

Did you know that the ministers accumulate one month of sabbatical for each year of ministry? In order to avoid a long absence during their next sabbatical, they are experimenting with shorter sabbaticals taken more often. The Board approved a two-month sabbatical in May and June of 2021 and a three-month sabbatical in February, March and June of 2023. The ministers are planning a fine roster of speakers for the weeks they will be away, so be sure to tune in! More details will follow. Questions? Contact Andy Lee, andrew.lee@firley.ca or 250-858-5155.

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Theme Questions

This month we explore what it means to be a people of **Imagination**.

Here are some questions to spark your thinking inspired by the UU Soul Matters Network. Discuss the questions with a fellow congregant, on the phone or zoom with friends or family, and/or journal about them on your own. If the list is overwhelming, scan it, and simply **choose one question** to ponder and revisit over the course of the month. See what insights might come from living with the question over time. Pick the one question that speaks to you most and let it lead you where you need to go. The goal is to figure out which question is “yours.” Which question captures the call of your inner voice? Which one contains “your work”? What is it trying to get you to notice? Where is it trying to lead you?

1. Have you become more or less imaginative with age?
2. Is your imagination kind or cruel to you?
3. What is the opposite of imagination?
4. We all live with a voice that says “One day I will...” What “possible life” has been with you the longest?
5. Did you have a childhood imaginary friend? What might you thank them for? What else would your adult self say to them?
6. What “made up” cultural stories do you think cause our society the most damage and suffering?
7. Do you use your imagination to enhance reality or to flee from it?
8. Albert Einstein said, “Imagination is more important than knowledge.” Do you agree?
9. Is there more to see in your “enemy” than what you’ve been imagining?
10. **What’s your question?** Your question may not be listed above. As always, if the above questions don't include what life is asking from you, spend the month listening to your days to hear it.

Continued next page



You can either think that the world is getting better or that the future will be much better than it is now, or you can think that the world is getting worse.

But that continuum isn't as important to me, actually, as this idea of, do you think you have agency in this world that is either getting better or worse?

Angela Oguntala

This Month's Spiritual Exercises

These suggested spiritual exercises are some of those suggested by the Unitarian Universalist Soul Matters Network this month (If you are in a Soul Matters Small Group at our church, see your packet for more resources).

Option A

Imagine Your Gravestone

It's not something we like to do: imagine our deaths. But it's also something many [wisdom traditions](#) encourage. It isn't just a way to not take our days for granted, it's also a way of taking control of the story of our life. Imagining how we want to be remembered increases the likelihood that we will actually live in a way that is worthy of that. So many spiritual guides encourage people to imagine their funerals and write their own eulogies.

That's a pretty intense and time-consuming task. So to simplify things, we invite you to simply imagine a few epitaphs for your gravestone.

Of course, it's not really simple at all. Take your time with it. Don't try to do it in one sitting. Chew on it as you take your morning walk. Spend an evening thinking about it as you listen to music. Take a friend out to lunch and ask them what they might want theirs to read.

Here's a wonderful piece by UU minister, Victoria Safford, to spark your imagination and guide you on your way: https://www.youtube.com/watch?v=qhv1AeD_PPQ (also [HERE](#)). And you might also want to check out what epitaphs this blogger came up with when he took up the challenge:

<https://blog.excastle.com/2009/12/05/eulogy/>

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Option B

Imagine the Colors & Location of Your Happiness

The creative folk at Soul Pancake came up with this exercise. Inspired by art therapists, they asked people to color code all the things in their lives that bring them comfort and happiness. And then with those colors in mind, the participants imaginatively located those sources of happiness on their bodies.

Here's the video to guide you on your way:

<https://www.facebook.com/soulpancake/videos/10155393464706117/?v=10155393464706117>

Unlike those in the video, you may not have access to a giant sheet of paper on which to trace your entire body. No worries. Just pull out whatever size paper you have and trace out a smaller figure of yourself on it. The important part is not the size of your creation, but the location on which you place your meaning-filled colors.

Just as the art therapist encourages in the video, be sure to pay attention to which color you start with, which color anchors your effort and you.

Share with a friend or fellow congregant what you learned and the journey of your colors.

Option C

Imaginatively Replace Every Other Line

It's a common exercise for writers and poets: Imaginatively deconstruct a poem to create something new. For this exercise, you are asked to engage a particular version of it. Here are the instructions: Take a poem, cross out every other line, and then rewrite the poem filling in the crossed out lines with lines of your own. You can take it to the next level by taking the new poem you've created and crossing out the remaining original lines (leaving the ones you wrote) and then filling in the crossed out lines with new ones of your own, making it a completely original poem.

We suggest you use the poem, [Delusions of Grandeur](#), by Darnell Arnoult. But of course you might also want to pick a poem of your own.

To help you on your way, here's a blog post showing how one poet did the exercise using Arnoult's poem:

<http://asclepion.blogspot.com/2011/02/poem-delusions-of-grandeur.html>

Option D

Listen to Shel Silverstein

Carve out an evening just for yourself. Put on a favorite music playlist, one whose songs leave you feeling like you're sitting with a long-time friend. Find a 3*5 card and grab a pen. Heat up a kettle and make yourself a cup of tea. Once the warmth of the music and tea have settled in, read Shel Silverstein's masterful children's poem a few times aloud:

Listen To The Mustn'ts

Listen to Mustn'ts, child, listen to the Don'ts.

Listen to the Shouldn'ts, the Impossibles, the Won'ts.

Listen to the Never Haves, then listen close to me.

Anything can happen, child, Anything can be.

Let it take you back to childhood, or maybe even to early adulthood, and spend some time sorting through the "mustn'ts," "shouldn'ts," and "won'ts" that were laid on your imagination as a young person. Spin them around in your memory until one floats to the top; one that lived uncomfortably in your heart for a long while, like a splinter stuck in your skin. Then shape that mustn't/shouldn't/won't into a sentence and write it on your card.

After a few more sips of tea from your cup, get up and put on a jacket. Grab a pack of matches from the junk drawer. And head outside into cool dark air with that 3*5 card in hand. Strike a match and light an edge of the card with the flame.

Open yourself to whatever happens next. Let the moment have whatever meaning it will, whatever meaning you need. Then with the card now ask, offer yourself a blessing

Soul Matters Songs on the Theme

Check out the **Spotify** song collections for each month's themes:

<https://www.soulmatterssharingcircle.com/spotify-lists.html>

With Video! Also available as a **youtube** playlist. :

https://www.youtube.com/channel/UCL_fSD0_Ps01IGauCVL_mKQ/playlists



Direct link to **Imagination** playlist on youtube:

<https://www.youtube.com/watch?v=nooi8SrCASY&list=PLvXOKgOQVYP5L-CbY1QYQ4KUHLqWztTbp>



Welcome to 2021 Party! January 3 @ Noon

You are invited to an all ages Party on Zoom to celebrate the new year. You are welcome to invite family and friends from any geographic location to register too and join you at the party (use the Facebook link to share).

You are welcome to attend in your PJs or dress up if you feel like it! We'll have a guest Drag King Persi Flage, who will share a story with us. We'll also have, party games, stories, music, and a dance party!

MINECRAFT: Good Trouble

Our Minecraft group will work together to explore how social justice movements around the world influenced positive changes in society or in a community.



Over eight weeks the participants will:

- Learn about social justice movements across history.
- Research important person(s) across various social justice movements and their role within those movements.
- Understand important social justice movements, the leaders, and the purpose behind them.
- Explore how to make meaningful choices to influence positive change.

The group will run from **January 23rd till the end of March**. Participants are asked to commit to attend most or all of the sessions. Day and time to be confirmed.

Learn more about the program: <https://victoriaunitarian.ca/children-youth/curriculum/minecraft/>



FIREWOOD FOR SALE AGAIN THIS YEAR

Due to limited supply one truck load per order, please.

\$115 delivered.

Call 250- 658-2239 or email Mike at mfrogbog@gmail.com



NEED A RIDE TO CHURCH? (when it opens again, of course...)

Check "Ridesharing" <https://victoriaunitarian.ca/directions/>

BC's Dirty Little Secret – The Forest Industry

- A Summary and Review of Articles on BC Forestry in Victoria Focus Magazine by Dave Broadland

1) Jan/Feb 20: Defusing BC's big, bad carbon bomb:

Dave Broadland, investigative reporter and publisher for Victoria's Focus Magazine, concludes that the net carbon emissions caused by the BC forest industry are now twice as large as Alberta's oil sands. He thinks that what is needed for BC now is for forest companies to switch from destroying public forests to protecting them, by creating a new class of forest: protected forest-carbon reserves, perhaps using some form of international market mechanism for forest carbon (Cap and Trade ?). Broadland estimates two components of the carbon emissions lost to the atmosphere when an area of forest is clearcut: i) from decay mechanisms (including increased soil emissions, decay of biomass left on the forest floor of the clearcut and the reduction of carbon with time for harvested logs cut into lumber), and ii) to the loss of carbon sequestration capacity, a measure of the net growth in carbon per year of the carbon stored in the forest. He suggests starting with eliminating raw log exports and putting these trees into the forest-carbon reserve instead. As for jobs in coastal logging he estimates there are 1650 jobs amounting to 0.1 % of the total BC workforce as of 2018, which he considers to be minimal.

<https://www.focusonvictoria.ca/focus-magazine-jan-feb-2020/defusing-bc%E2%80%99s-big-bad-carbon-bomb-r14/>

2) Mar/Apr 20: The forest-industrial complex and its Molotov clearcuts

Dave Broadland considers the yearly increase in wildfires in BC. Though this phenomena has been attributed to climate change and the buildup of undergrowth close to populated areas, he proposes that they are instead due to the greatly increased areas of clearcuts left from increased logging.

<https://www.focusonvictoria.ca/investigations/the-forest-industrial-complex-molotov-clearcuts-r142/?tab=comments#comment-287>

3) July/20: Forestry doesn't pay the bills, folks

Though it is generally assumed that forestry pays the bills as expressed by a Vancouver Sun reader recently, Dave Broadland explodes that myth, finding that logging by forestry companies of BC public forests actually costs \$365 Million per year on average, over the past 10 years.

<https://www.focusonvictoria.ca/forests/forestry-doesnt-pay-the-bills-folks-r24/>

4) Aug/20: Forestry isn't sustainable, folks

In this article, Dave Broadland claims that the certification of BC wood products by the Forest Stewardship Council is an international scam.

<https://www.focusonvictoria.ca/forests/26/page/2/?tab=comments#comment-510>

5) Aug/20: A piece by Briony Penn on forestry

<https://www.focusonvictoria.ca/forests/23/>

6) An article in Focus Magazine about Fairy Creek Old Growth Logging in the Port Renfrew area

<https://www.focusonvictoria.ca/forests/25/?tab=comments#comment-475>

& <https://www.youtube.com/embed/kBnhktwJlo4>





Next month our Share the Plate recipient will be Greater Victoria Acting Together (GVAT). Greater Victoria Acting Together is made up of 32 member organizations involving caring people like you who are committed to working together to solve the most pressing and complex challenges of our time! Your help is needed to ensure that we can continue our unique broad-based organizing work.

You are needed to help those who do not have a place to sleep inside. You are needed to create more affordable housing for those barely able to pay their rent and keep the lights on during the COVID pandemic. You are needed to save lives from the opioid pandemic and support people on their path to recovery. You are needed to build the housing and mental health care systems our community desperately needs!

You are needed to ease the fear felt by young people who face a changing climate and an uncertain future! You are needed to help make sure a changing climate doesn't hit the most vulnerable among us the hardest. You are needed to help make sure GVAT has the staff team we need to keep our campaigns for positive change running smoothly. You are needed as a friend of [Greater Victoria Acting Together](#).

More than ever GVAT and our member organizations need your financial support. As a friend of GVAT, you could ask your family and friends to donate to GVAT in lieu of gifts this holiday season. This is the gift that will keep on giving throughout 2021.

Our yearly membership dues will help fund the activities we value. Our Share the Plate initiative will allow us to do that. Please consider giving generously as your donations gratefully received during the month will provide you with an opportunity to support this amazing organization and the work of GVAT as we move forward to create change for a better community!

Zoom Sing – Everyone Welcome... Nancy Dobbs, Jewel Spooner

1st and 3rd Fridays of the months (except January):

January 8, 22; February 5, 19; March 5 and 19:

from 3 to 4pm



INDIGENOUS MATTERS

Julie Deans and Evelyn Peters, for the THRUU team

The THRUU team (Truth Healing and Reconciliation Unitarian Universalists) aims to facilitate education and connections to local Indigenous communities. In this section of the newsletter we offer a selection of educational and - in post-pandemic times - volunteer opportunities and events.

Did you know? **SNIDƷEŁ**, pronounced ‘sneed-kwith’, means “Place of the Blue Grouse” in SENĆOŦEN, the language of the WSÁNEĆ people. SNIDƷEŁ has significant historical and sacred value for WSÁNEĆ (Saanich) peoples. SNIDƷEŁ was renamed **Tod Inlet** by European settlers for John Tod of the Hudson’s Bay Company in 1859. Read more [here](#).

The Canadian Unitarian Council offers a series of Film Screenings & Reflection Groups focused on Truth Healing and Reconciliation. Participants have two weeks to view a film, read supporting materials, and then come together for a scheduled video conference call to debrief. The next film and reflection group will be based on the NFB documentary "[Six Miles Deep](#)", a portrait of a group of women who led their community, the largest reserve in Canada, Six Nations of the Grand River Reserve, in an historic blockade to protect their land. **It’s simple to join! Register [here](#) by Friday, February 12 and everything you need will be emailed to you the day after the registration deadline.**

Watch the film and read the materials: February 13 – February 27, 2021

Reflection Group: Saturday, February 27, 2021, 12:30-2:00 ET

The Nanaimo Ladysmith Public Schools, in collaboration with UBC Press and their authors have curated an Indigenous learning series featuring Canadian authors and thought leaders. In early November the series featured Wendy Wickwire, Professor Emerita in the Department of History at the University of Victoria with a webinar titled "[A Story of Early Allyship](#)". Wickwire tells the story of James Teit, an ethnographer and political activist who, in the early 1900s helped his Indigenous friends and colleagues across the province contest the federal and provincial governments on the ‘BC Indian Land Question,’ conscription, enforced enfranchisement and the potlatch ban. Wickwire’s account of Jame Teit’s life in *At the Bridge: James Teit and an Anthropology of Belonging*, won the Canada Prize (Federation for the Social Sciences and Humanities) for the best book in the humanities and social sciences published in 2019. The book is available [here](#) from the UBC Press. The book is an interesting example of early allyship and documents part of the history of Indigenous people and their struggle to have their rights recognized in the early 1900s.





“GETTING ON BOARD WITH BREEZE”



Marion Pape and Shannon Oatway

What are the benefits of Breeze? It is so much more than just an online directory. This database is an incredibly valuable tool for our church members and friends. The ABC Team is planning on using Breeze during the 2021 campaign and it would be very beneficial to the team if you have your profile all set up and ready to go. We are assuming that you have activated your Breeze account. If you have not activated it, please contact Shannon at communications@victoriaunitarian.ca

Here are detailed instructions on how to search Breeze:

Open your Internet browser to login to Breeze <https://fucv.breezechms.com> with your username (email address) and password. If you have forgotten your password, click on “**forgot password**”, which is located below the Sign In Button and follow the prompts. This ‘Sign in’ will bring you to the Breeze Dashboard page.

When you log onto your account, click on the “My Profile” Star icon to get to your individual profile page. You can search for other members from this page as well, at the top right, in the search field. Or you can go to the navigation menu, running horizontally along the top of the page: “**Breeze Dashboard People Events My Profile Give Now**” and click on **People** to search for members. On the left where it says “Filter by Name”, type in the name of the person you want to search and the member’s name and photo will come up on the page, then simply click on the name.

Your Profile page is where you add or update any personal information such as your contact details including your cellphone number and Emergency Contact information and much more, this is a good place to explore. Your photo may already be on this page. If not, to add or change a photo, click on the photo box and follow the prompts. Each Section Head (ie **Main, Family, Communications**) is on a grey coloured rectangular bar, hover over the bar with your mouse to expose the “**Click to Edit Section**”, to the right of the section name and do what it says, **click on it**, and edit the info you wish to change or add, be sure to click SAVE once you are done.

On this page you can locate the following information:

Key Contacts FUCV Leadership: The key contacts list may answer most of the questions you might have about FUCV and it is there at your fingertips. Info is conveniently located on your own profile page, under “Our Church Community” bottom right of your profile page, then click.

Search for other members and friends for their contact info by putting their name in the Search People box in the upper right corner of your profile page.

Explore the online calendar: Once you get into your profile; to get to the online church calendar on Breeze, click on the Events icon at the top of your profile page and it will take you to the calendar.

Delve into your Giving History including your history of pledging (Only you can see this info):

This is directly relevant to our 2021 ABC to look up your record of contributions. From your profile page, click on the **Giving Button** on the left side of the page in a list under “Details”. Once into your Giving information where you can see your current giving info, you can search your pledge history by clicking on the box labeled ‘Pledge’ in the center of the page.

So, let’s get activated, my friends. And thank you for using this amazing Breeze database.

January 2020

The Age of Innocence

As we gathered together in our beautiful sanctuary each Sunday for our weekly service, little did we know that a pandemic was on the horizon that would radically change the way we worship.

January 2021

The Age of Zoom

Here we are today, gathering still. Our beautiful sanctuary the backdrop for our newly developed, visually stunning, and spiritually uplifting weekly Zoom services.

Getting from there to here has enlisted the creativity and hard work of many people. Bringing to mind the phrase *"It takes a Village"*.

May we start this new year by extending our heartfelt gratitude to the many people of our congregation who have come together to provide us each week with sophisticated and engaging worship.

Our Ministers Rev. Shana and Rev. Melora Lynngood, who have gone beyond their comfort zones and traditional roles to keep us spiritually uplifted and together in community

Our Choir Director, Nick Fairbank, who has transformed our choir and the musical offerings of our service in miraculous ways.

Our Collaborative Pianist, Jennifer Mitchell and *Our Choir* who lift our spirits with their music and their voices.

Our Worship Services Committee, who have had to learn new and creative ways to bring us together and inspire us each week: Lynne Bonner, David Vest, Fran Pardee, Casey Stainsby, Emily Tietz, David Tietz, Mollie Twidale, Victoria Barr.

Our AV team who have gone beyond expectations, working behind the scenes to create weekly services that we could not have imagined a year ago: Anna Isaacs, Bill Glassman, Jamie Twidale, Robin van Gessel, Loraine Lundquist, Rebecca Mellett, David Richardson. Also, Peter Hancock, Gary Theal, Fritz Shultz and Jamie Twidale who continue to work on an overall upgrade to our Sanctuary experience.

Our Office staff, Niki Mullin and Shannon Oatway, who ensure that over 400 of us get a weekly reminder of how to log-on to our Zoom service.

Happy New Year

With deep gratitude from your Board of Directors: Steve Sharlow, Jim Willis, Kristina Stevens, Audrey Taylor, Marion Pape, Bruce Nicol, Peter Hancock, Katherine Maas, Wally du Temple



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Do you have a friend in need ... of a ceremony? A wedding, child dedication or memorial?
Tell them about FUCV's Lay Chaplains. It's what we do!

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CARE AND CONCERN COMMITTEE

We Care!
for hospital and home visits,
or just to talk...

Barbara Boyle
250-381-0264

or your Neighbourhood
Group Care and
Concern person



CALENDAR:

[CLICK HERE](#)

DECEASED

Bob Van Alstyne: Nov. 25, 2020

**The Newsletter Deadline is the
15th of the Month
EVERY MONTH!**

FROM THE EDITORS: GUIDELINES FOR YOUR SUBMISSIONS

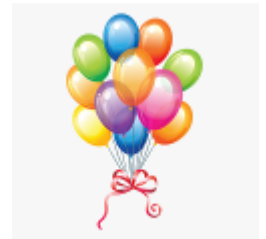
We try to standardize the presentation, to avoid the dog's break-fast aspect...:



- Where possible we use Calibri font.
- One space between sentences and between lines.
- No pdf files, please, use Word.
- Send pictures in jpegs... Don't send text as jpegs.
- TAKE THE DEADLINE SERIOUSLY!

JANUARY BIRTHDAYS

- 1 Sonya Ignatieff, Jany Li, Jackie Bennet, Mary Burcher
- 2 Patricia Disbrow, Bob Salmond
- 3 Betty Sherwood
- 4 Phyllis Aherne
- 5 Cecil Bannister, Emil Mogensen
- 7 Dennis Jaques
- 8 Christine Johnston
- 9 Philip Symons
- 12 Margot Garmsen
- 13 Sebastian Sterling
- 14 Kiana Belisle
- 16 Gaia Bazar, Jane Wilson
- 17 Ellen J. Carey
- 18 Fran Pardee
- 19 Tim Hall
- 20 Lynn Beak, Lynn Hunter
- 21 Nellie Van Leeuwen, Bruce Nicol
- 23 Mary McCormick, Ruth Miller
- 24 Gerry Brimacombe, Sylvia Krogh, Elliot Ziegler, Lillie Lentz
- 25 Cavina Thokme
- 26 Remi Odense
- 27 Stephen Sharlow
- 28 Rebecca Denlinger, Alexander Adam
- 29 Mike Graham



NEW MEMBER

Brian Vanstone: Nov. 19, 2020

Ads appearing in this issue are not necessarily endorsed by the church.

RENTAL NEEDED FEBRUARY/MARCH 2021

Sylvia Krogh's sister and her husband from Alberta would like to rent a place in or near Victoria for February and/or March 2021. If you are aware of such a place please phone Sylvia at 1-780-454-6216 or email skrogh@shaw.ca

Masks - new & improved

When I started sewing the first masks in March, I held the optimistic view that they would be a temporary attire, a distant memory by the end of the year.

Now, we all realize that masks will be an accessory to our wardrobe for some time to come.

So, if you are tired of your old one and feel like upgrading to a new improved three layer model in fun patterns, let me know!

Astrid



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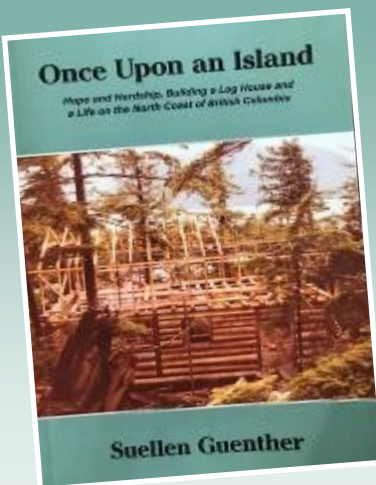
Help wanted: We are looking for someone, preferably female, to take Laura to the Panorama rec, centre once a week and help her with her water walking and exercise routine. Will pay \$25 an hour (approx. 3 hours per session) or will donate the money to the church in your name. Call Nellie for details. Nellie and Laura at 778 426-0300



Marya's Mindful Mending

Marya will do some simple mending for you! You agree to send a donation to our Church! Highly recommended by Naida Hyde, Sarah Kendall and Christine Johnston.

Phone Marya Nijland at 250-592-6484, email philmar@islandnet.com, Street address: 1394 Vista Heights Victoria BC



Looking for a Unique Gift? Consider Giving a Copy of my Back-to-the-Land Memoir. \$29.95

This memoir recounts the 15 years I lived on the BC North Coast during the "back to the land" movement, building a log house on Porcher Island. It is the longer version of my story, "Home Is a Tent", published in the book *Gumboot Girls*. The book is 360 pages, with 109 photographs, 27 of them in colour. \$29.95 each.

Email Suellen at sguenther@shaw.ca to place your order.

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