



The Victoria Unitarian
FIRST UNITARIAN CHURCH OF VICTORIA
Growing in Spirit, Living with Compassion, Inspired to Serve

SERVICES IN SEPTEMBER 2022

SUNDAY SERVICES BEGIN AT 10:30 am

Welcome to the path of Belonging



Sunday, September 4, 10:30 am

Faye Mogensen and Margo McLoughlin, homilists

Stories from Faye Mogensen

Lynne Bonner, worship associate

We are pleased to have Faye Mogensen, a storyteller, environmentalist and educator, join us to share stories that reflect her love of and connection to nature.

Faye has worked as a Park Naturalist, a curriculum specialist, a storyteller, a wildlife biology field assistant and, here at FUCV, as the Director of Spiritual Education and Learning. For her Masters of Education, she focused on storytelling as a tool for environmental change.



Now living on Pender Island, she continues to perform wherever listeners gather. Faye loves to share personal and family stories about moments of awe and wonder in nature, and to tell folktales that encourage creative thinking and inspire generosity and hope. Her book, *Ancient Stories for Modern Times: 50 Wisdom Tales for All Ages* was released in June 2016. Learn more about Faye’s storytelling at www.fayetales.com

Sunday, September 11, 10:30 am

Rev. Shana Lynngood, homilist

Belonging to Whom?

David Tietz, worship associate

Ingathering Sunday: On this Sunday when we begin a new year in the life of our congregation, we kick off the theme: “the path of belonging”. A sense of belonging is powerful, and it can be unclear and even fraught. To whom do we belong? In a capitalist milieu that sees belonging as connected to ownership, how do we see our belonging as connections that hold but don’t bind? We’ll reflect on the commitments and places of belonging in our lives that have shaped us, and imagine the future of our interconnectedness.

Livestream begins each Sunday by 10:25 am.
view [please click on this link](#).

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Sunday, September 18, 10:30 am

Rev. Melora Lynngood, homilist

Why Are We Here?

Emily Tietz, worship associate

Rev. Gretchen Haley noted, "There are a million places people can find great content; what people need now is great belonging." Why do Unitarian Universalist congregations exist? Why does our UU congregation exist? What do you long for when you enter our doors (virtual or real)? Despite our flawed human ways of being, how do we co-create a meaningful sense of belonging that holds us all through the delights and struggles of living?

Sunday, September 25, 10:30 am

Rev. Shana Lynngood, homilist

The Life of Us All

Fran Pardee, worship associate

Belonging encompasses more than our human realm. We belong to a world, a planet of many beings with whom we share belonging. As we approach the National Day for Truth and Reconciliation, we'll ponder what impact it would have on our living to see our belonging in the most expansive of terms. How is our sense of being shaped by all living things? By the images sent back by the Webb telescope?

Please join us for the ABC Luncheon after the service. FREE!!!

No donations — just community, entertainment and a delicious lunch.



Save the Date: September 18th at 7:30pm - Dockside Drive

Spirited Jazz in the Sanctuary will swing with the sounds of **Dockside Drive** on the **18th of September** as we have a celebratory appreciation and dedication Sunday for our Amplify UU success story. Check this Website for updated information as elements are added for the morning service dedication, and the addition of potential afternoon activities. Finishing up the day of course, will be the swinging jazz sounds featuring Dockside Drive's 3 part vocal harmonies complete with a big band feel. Our newly minted AmplifyUU sound and video systems on full display to enhance your listening and viewing experience.

<http://www.dockside.ca/recordings/>



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COMMITTEE ON MINISTRY

Talk to us. Do you have a concern about our church that you would like the ministers to know? One purpose of the Committee on Ministry (CoM) is centered on developing a strong, healthy relationship between the Minister(s) and the Congregation. Members of the CoM are: Bill Glassman Chair, Lorna Anthony, David Vest, Lynn Hunter, Suellen Guenther and Jan Thomson.



**Will you bake or contribute jam for our Bake Sale
on Saturday, September 24?**

People were especially looking for non-sweet items like bread or muffins, or gluten-free items. Pies are always a hot item. Jam, cookies, cupcakes, cakes, granola and herbs or produce also sell. For cookies and other items, smaller amounts per package help us keep the price down and still charge a fair price for the cost of making them.

Please contact Suellen Guenther at sguenther@shaw.ca or 250-727-0454 if you are willing to contribute.

Which minister does what?

Revs. Melora and Shana Lynngood

When we began our co-ministry together, a career counselor advised us to ‘mix it up’ occasionally. In this way, each area of congregational life can benefit from both our skill sets over time, and we don’t let our ministerial muscles atrophy in any given area.

This year, we have changed quite a bit. Most notably, Rev. Shana now works with Worship, and Rev. Melora now works with Care and Concern. Also, Rev. Shana now supervises the SELCY Director, and Rev. Melora now supervises office staff.

Another significant change is that the congregation will be serving as a teaching congregation for a ministerial intern from September to May.

Note: We will have part two of our two part mini-sabbatical in February, March, June of 2023. (The first part was May and June of 2021).

Rev. Melora and Rev. Shana both do:	
Preaching and Worship	
Pastoral Care and Counselling	
Adult Program Leadership	
Rites of Passage	
<i>We both meet with:</i> Committee on Ministry, Staff, Board	
Rev. Melora is primarily responsible for ministry in these areas:	Rev. Shana is primarily responsible for ministry in these areas:
	Worship & Worship Associates Program
	Music and Choirs
	Spirited Jazz
Congregational Life: care and concern, depression & anxiety support group, recognition & awards,	Congregational Life: membership, neighbourhood groups, fun and fellowship, walking group, pub night, zoom sing, etc.
Circles of Connection, Fall 2022	Spiritual Exploration and Learning for Adults (SELA) oversight: including chalice circles, soul matters program, spirituality, library, etc. Theological reflection program, April & May 2023 Widening the Circle at CUC gathering in May 2023
Occasional all ages services	Spiritual Exploration and Learning for Children & Youth (SEL-CY) oversight

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Property Management Council	Finance (includes Annual Budget Campaign (ABC), auction, lease team, etc.)
Administration: HR Team Lead (staff meetings, HR system, staff compensation, etc.) church office, communications	
Co-vid Response Team	
Outreach: SRC (social responsibility coalition), GVAT, EAT, Truth, Healing, & Reconciliation Team	Outreach: lay chaplaincy, writing articles for Times Colonist Denominational affairs
Denominational: mentor one UU minister, attend UUMA, UUA GA, UUMOC, CUC meetings and conferences	Denominational: mentor one UU minister, serve as Minister Observer to the CUC Board (as such, attend meetings of: CUC Board, UUMOC exec, quarterly joint exec), attend UUMA, UUA GA, UUMOC, CUC meetings and conferences
Supervises:	Supervises:
Church Administrator (who, in turn, supervises custodians and maintenance technician) Communications Coordinator Ministerial Intern, Jan, April, May 2023	Director of Spiritual Exploration and Learning for Children and Youth (who, in turn, supervises SELCY assistant(s) and Sunday child-minders) Director of Music (who in turn, supervises Accompanist) Ministerial Intern, Sept-Dec 2022

Contacting Your Co-Ministers

We, Rev. Melora and Rev. Shana, share one, full-time position. We split the areas of church work between us (see portfolio split above). We also split the minister's work week.

When are Rev. Melora and Rev. Shana available to see me?

The simpler answer:

We are available for meetings Tuesdays, Wednesdays, Thursdays, and Sundays. Friday is our sermon writing day, which we try to reserve for service preparation. Monday is our day off (a Sabbath from church business, but we are still on call for emergencies. Call our cell phones).

The more detailed answer:

Usually, our work week looks something like this:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30am–2:30pm	Day Off; available for emergencies	Rev. Melora & Rev. Shana	Rev. Melora & Rev. Shana	Rev. Melora & Rev. Shana	Worship Prep	Periodically works special events – workshops, rites of passage, etc.	Rev. Melora & Rev. Shana
2:30pm-9:00pm		Rev. Melora	Preacher works	Rev. Shana	Preacher continues worship prep.		Off except for Spirited Jazz

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The bottom line:

We care about you. We want to be available and accessible to you! Please feel free to call our cell phones, text, or email to set up a time to meet (on zoom/ in person pending Covid context).

Rev. Melora (250) 891-6330 rev.melora@victoriaunitarian.ca (text or call preferred, as inbox can overflow)

Rev. Shana (250) 891-6331 rev.shana@victoriaunitarian.ca



Better Together 2023

MARK YOUR CALENDARS!

Sunday, September 25 after the service

ABC 2023 (Annual Budget Campaign)

And SELCY (Spiritual Exploration and Learning for Children and Youth)

Invite you to:

Everyone Welcome Picnic Luncheon

(special thanks to Jen Young and Team)

Bring a lawn chair

Enjoy your delicious free lunch (no donations)

Short entertainment during set up

Connect with this beloved community

Pick up the ABC 2023 package and your financial update

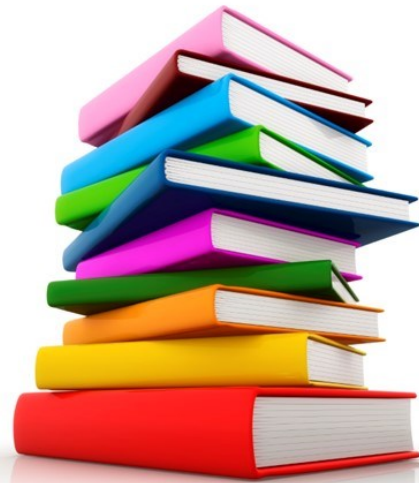
Pick up your October Newsletter if you get a paper copy

IN CASE OF RAIN –

Luncheon will take place throughout our buildings, with small groups and distancing.

**MARK
YOUR CALENDAR!**

Giant Book Sale and Bake Sale



**Saturday September 24
9am to 3pm**

**First Unitarian Church of Victoria
5575 West Saanich Road**



Paperbacks	\$1
Soft Covers	\$2
Hard Covers	\$3
Vinyl	\$1
CDs	\$1
DVDs	\$2

Payment by Cash Only

Browse the books then check out the Bake Sale

SALE PRICES FROM 2-3pm

BEFORE



AFTER



HELP WANTED GIANT BOOK SALE

Book Sorters needed Wednesday Sept 21 between 10:00 & 5:00.

Please let Suellen know when you are coming.

Book Organizers needed Thursday September 22 between 10:00 and 5:00.

Please let Suellen know you are coming.

Take Down Crew needed Saturday, September 24 3:00-4:30

to get the sanctuary ready for Sunday. Let Suellen know.

Books, DVDs, CDs, Vinyl and low boxes can be brought to the library beginning September 4 or the sanctuary on Sept. 21.

Buyers on Saturday, September 24, 9:00-3:00.

Tell your friends and don't miss it! Prices are cheap and the selection is well-organized and amazing.

Contact: Suellen Guenther at sguenther@shaw.ca or 250-727-0454

let the fun begin!

Giant Book Sale and Bake Sale

Saturday September 24

What do we need?

BOOKS. Please bring your books to the church library beginning September 4 or to the sanctuary on Wed. September 21..

DVDs, CDs, VINYL. They can be included with your books. No cassette tapes or VHS please.

LOW BOXES. Please save any low boxes (produce boxes work well) to help us organize and display the books. We'll need the boxes **September 21.**

SORTERS. Opening the bags and boxes of books is like Christmas!

We'll sort from 10:00 a.m. to 5:00 p.m. on **Wednesday, September 21 and Thursday, September 22, 10:00-5:00.** It does help us to know which day you will come and whether you will come in the morning or afternoon.

SELLERS. Shifts are 8:30 a.m.-12:00 p.m. and 12:00 p.m-3:30 p.m. **Saturday, Sept.24.** Someone to blow up balloons at 8:30 am on Sat. Sept. 24.

PACKERS. We need a crew from **3:00 p.m. - 4:30 p.m.** to pack up all the unsold books and get the sanctuary ready for Sunday. **Saturday, September 24.**

DRIVERS. We need cars at **4:00 on Saturday, Sept. 24,** willing to take boxes of leftover books to **Our Place, Value Village, Salvation Army, or Hartland.**

BAKERS. Cakes, cookies, bread, muffins, cupcakes, jam, and pies all sell really quickly. Last year, people were especially looking for non-sweet items, like muffins and bread. Pies are also a hot item.

BUYERS. Tell your friends. Our book sale has a reputation for quality books.
And the prices are low.

If you've worked on the Book Sale before, you know how much fun we have!

Contact: Suellen Guenther, sguenther@shaw.ca or 250-727-0454

Please do not donate textbooks, encyclopaedias, Reader's Digest Condensed books, computer books, or magazines. They don't sell. Please put them in your garbage.



We are currently recruiting for our fall sessions for Y Mind Teen and Youth groups. The YMCA-YWCA Y Mind Groups offer a **free** 7-week psychoeducational and support group for teens 13-18 and youth aged 18-30 who experience mild to moderate anxiety. This fall we are offering an in-person groups for those living in Victoria and area, as well as online options for those living in other parts of Vancouver Island. We have community partnerships on Salt Spring Island, in Campbell River, Port Alberni, Duncan and Nanaimo for in person groups. Participants learn healthy coping skills, connect with other young people in the community, and get support all in a safe and friendly environment.

The YMCA-YWCA Y Mind Groups are a **free, weekly psychoeducational support group** for teens 13-18 and young adults 18-30 experiencing stress, worries and anxiety. Participants learn healthy coping skills through mindfulness and the ACT (Acceptance and Commitment Therapy) process to manage their anxiety, connect with other young people and receive support all in a safe and supportive community environment. The program is designed to provide tools and support to folks who experience mild to moderate anxiety and is funded by the Ministry of Health as an early intervention program.

Programming is supervised by two trained facilitators (one or both are clinical counsellors) and is available to young adults and teens who experience mild-to-moderate anxiety. No referral is necessary for participation, however interested participants must register in advance for an online information session which is followed up with an intake meeting with one of the group facilitators.

Y Mind Youth (18-30) Upcoming program times and dates:

<p>In person - Downtown Victoria YMCA-YWCA 851 Broughton St. Information & Intake Sessions: Youth group: Tuesday September 20th & 27th, 2022 5:30-6:15pm (Online) Teen group: Wednesday October 5th and 12th, 2022 5:30-6:15pm (Online) Program Dates: Weekly for Youth on Tuesdays, October 4th to November 15th</p>	<p>Online via Zoom (offered through partner and other Y sites across BC) Program Dates: Dates TBA Information & Intake Sessions: Email Lana at mindfulness@vancouverislandy.ca * note your interest in an online group.</p>
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Online registration for information/intake sessions is available here: [YMCA-YWCA of Vancouver Island Online Services \(activecommunities.com\)](#)

Y Mind Teen, Youth and Adult

Some schools, as well as a number of Y and community partner sites will be offering groups this fall and winter both in person and online. Please contact me at lmillott@vancouverislandy.ca and I will connect you with the coordinator of the group that best fits.

*Registration, attendance of an info session, and an intake session (to make sure the group is a good fit) is required in order to participate in the program.

Please let me know if you have any questions or would like to receive promotional materials (social media materials, rack cards, or posters) for posting, sharing or distribution. Links to social media can be found here: [Y Mind Vancouver Island | Facebook](#).

My phone number is below if you need it. Sunny days! Enjoy.
Lana Millott (she/her) Manager – Mental Wellness Programs T: 778-584-7360

Autumn Equinox Labyrinth Walk

With Rev. Melora

Thursday, September 22,

10:30am – 11:30am

The seasons shift again.

Summer ends, Fall begins.

Light and dark in balance.

A good time for personal reflection, grounded in connection with our wider web of life.

The gathering will include some guidance on possible approaches to walking the labyrinth, the walk itself, as well as some reflection time afterwards.

Whether you've never walked a labyrinth in your life, or whether labyrinth is one of your go-to spiritual practices -- All are welcome!

Meet at 10:30am in the farmhouse common room (the 'farmhouse' is the building just north of the sanctuary building, where church office is).

Dress for weather. We'll proceed rain or shine.

Questions? Contact Rev. Melora 250-891-6330



2022 marks 5 years of operations at our Food Security Distribution Centre! Since opening its doors in March 2017, the FSDC has served as the home of the collaborative [Food Rescue Project](#), run in partnership with the Victoria Foundation, Rotary Clubs of Greater Victoria, and the [Food Share Network](#). Located at 808 Viewfield Road in Esquimalt, the FSDC has grown immensely over the years, with more exciting developments on the horizon!

Through this incredible initiative, we currently rescue approximately 9,000lbs of fresh, perishable food per day from local grocers, redistributing it to roughly 45,000 food insecure individuals per month. In addition to supporting households, families, and individuals across our community, the FSDC also works to promote and advance environmental sustainability within our local food system. Through the rescuing of food that would otherwise enter conventional waste streams, our food rescue operations prevent well over 1 million pounds of greenhouse gas equivalent from entering the atmosphere every year!

Charles Elliott Carving

If you turn your eyes to the window on the west wall of the sanctuary, you will see a beautiful wooden plaque, carved in 2013 by artist Charles Elliott from the Tsartlip First Nation, and presented to the church in a ceremony on September 15 of that year. In the centre of the plaque there is a man and woman singing in universal harmony. Surrounding them are the birds of the Tsartlip region. There are also frogs which represent new beginnings, a dragon fly – the messenger, an eagle – the visionary, and



salmon, which represents family. This carving reflecting our 7th principle was created to honour the friendship between our Church and the WSÁNEĆ Nations on whose traditional land this Church is situated. The plaque displays the interconnected web of all life and, incorporating elements of the wetlands across the road, it is a powerful artistic expression of a territorial acknowledgement.

The history of this plaque began with an earlier Arts and Aesthetics Committee. Pat Kinrade, Kay Lewis, Ruth Humphreys, Marya Nijland and Mel Molliett conceived the idea of having an art item carved by an artist from the Tsartlip First Nation in our church. Charles Elliott is a well-known carver who was recently awarded an honorary doctorate from the University of Victoria for his influence. Mel Molliett's family raised the money for it, this was added to by Ruth and Marya. Betty Sherwood met with Charles to work out the design. Rev. Melora, Pat Kinrade, and Keith Jobson participated in the September 15, 2013 service where both Charles and his brother John, spoke about the significance of the design. Kathryn Harwood accepted the carving from Charles.

With the installation of the new sound panels in the sanctuary it became necessary to move the plaque, and this resulted in some discussion about an appropriate place that reflected its importance in the spiritual history of the church. These conversations revealed that some members of the congregation were not aware of the plaque or its history. In the church service on September 11, 2022, the worship associates will draw attention to the panel in its new location and briefly summarize its history. Rev. (Shana or Melora – not decided yet) will bless the plaque in its new location. This ceremony reflects our church's commitment to reconciliation. Given the plaque's significance as a reminder of where we are located on the territory of the WSÁNEĆ Nations, this ceremony will take place during the portion of the service the contains the territorial acknowledgement.

***Are you a 2SLGBTQIA+ SOLDIER, SAILOR, or AVIATOR?
Are you a PARTNER or SPOUSE of a 2SLGBTQIA+ soldier, sailor,
or aviator?
YOUR STORY IS IMPORTANT***

We are searching for participants for a qualitative study to document the experiences of serving 2SLGBTQIA+ soldiers, sailors, or aviators in the **Canadian Armed Forces** (CAF) or spouses or partners of 2SLGBTQIA+ CAF soldiers, sailors, or aviators. We would like to hear your story of serving in the CAF, or being partnered with someone who is serving. Little research exists documenting those realities (e.g., why did you join). Your help by participating in this study would be appreciated.

Please come share your story with us in a CONFIDENTIAL interview.

Your story and identity will be protected.



Background: "Progress" Pride Flag created by Daniel Quasar (quasar.digital LLC)

For further information about this study, contact Lynne Gouliquer (CAF veteran and LGBT Purge survivor) at lgouliquer@laurentian.ca, or Carmen Poulin at carmen@unb.ca.

Visit our website (<https://p-sec.org>) or scan the QR code below.

We would love to hear from you if only to chat about our research.



This project has been reviewed by the University of New Brunswick Research Ethics Board (on file as REB # 2019 -176) and by the Laurentian University Research Ethics Board (on file as REB # 6020692)



ARTIST OF THE MONTH

Heidi Walter

Heidi lives in North Saanich on Vancouver Island. She is a self-taught artist who works with both alcohol ink and acrylic pouring art. Nature is her inspiration for her creations and she works outdoors as much as possible.



All alcohol ink works are original creations on Yupo or painted directly on specially sealed canvas. The alcohol ink paintings are varnished to both seal the painting and protect it from UV with archival spray so that the colors remain vibrant. The fluid acrylic pour works are original creations on canvas. Both fluid acrylic pour and alcohol ink paintings may be coated in resin.

Heidi teaches workshops for both alcohol ink and acrylic pour techniques through Panorama at Greenglade Community Centre as well as offering private lessons at her home studio.

Contact Heidi with any inquiries at: epidural67@gmail.com
US iphone 702-449-5091
WhatsApp



Covid Guidelines September

The Church's COVID-19 team have deliberated on our guidelines and are starting to think about how we can live with COVID over the next few months. The Church guidelines below are in general alignment with the BC COVID-19 guidelines and take a more gradual approach as suggested by the members of FUCV in the survey. We will continue to follow provincial guidelines and aim to keep the vast majority of the congregation happy. For up-to-date changes please follow the guidelines in the EWeekly rather than the Newsletter.

1. Worship services. All services are now hybrid, available in person in the Sanctuary and the family friendly Lion Lounge, or by Zoom. There are no capacity limits, no registration, and no vaccine mandates. Please respect others' comfort levels for social distancing and mask wearing.
2. Masks. We will continue wearing masks during services in the Sanctuary, but masks are optional in the Lion Hall. Masks may be temporarily removed by officiants, readers or for singing a solo. Microphone covers, which we use when speakers remove their masks, should be used as long as we continue wearing masks. Please ensure that you wear your mask in the Sanctuary and that it covers both the nose and mouth in order to protect the other attendees and yourself.
3. Groups. Committees, groups, teams, and choirs in rehearsal may gather in the church or elsewhere, masked or unmasked, at the discretion of the group.
4. Singing. For Sunday morning services, the choir and the congregation may sing with masks.
5. Air Circulation. The Lion Hall, Farmhouse Common room and office have HEPA filters installed for air circulation. The HEPA filters should not be used in these locations when the windows or doors are open. The sanctuary's two heat pumps will circulate outside air every 20 minutes; it is important to keep the windows closed for proper circulation.
6. If Symptomatic. Anyone who has been diagnosed with COVID-19 or who has symptoms of COVID should not participate in small group activities in person and should not come to the Sanctuary or Lion Hall. The BC Centre for Disease Control has more information on self-isolation and self-monitoring at: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation>. Basically, the isolation rules vary depending on whether you actually had a positive COVID test, your age, whether people are fully vaccinated or not, and whether you are fully vaccinated.
7. Children's and Youth's Programs. Children's and youth's programs have resumed. Contact Anna Isaacs for details.

From your FUCV COVID-19 Team (Nancy Dobbs, Rev. Melora Lynngood, Kristina Stevens, Katherine Maas, and Jim Willis)

Monday Unitarian Walkers

Monday Unitarian Walkers welcomes ALL interested Unitarian members and friends to join us for weekly walks Monday afternoons at 1pm beginning September 12th. The walkers take turns leading walks for an hour to an hour and a half at different locations throughout Greater Victoria from September to June.

If you are interested in joining these weekly walks, please contact:

Nancy Dobbs nandobbs@telus.net to be put on the email list.



Unitarian Walkers, April 11th, 2022, near Willow's Beach, Oak Bay.



Song Circle/Zoom Sing – Everyone Welcome In the Sanctuary and on Zoom

Fridays from 1:30-2:30

September 30, October 14, 28; November 11, 25, December 9

Jewel Spooner, Nancy Dobbs with our tech support, Bernhard Spalteholz

Once again, the fall is full of uncertainty and possibilities. If our provincial and FUCV Covid-19 guidelines permit, our first hybrid in person/Zoom Song Circle from the sanctuary will be Friday, September 30.

The sanctuary is well ventilated and spacious. Masks are optional.

Our Song Circles are Informal, relaxed, with a campfire vibe... songs of peace and joy; familiar, new, folk, world songs, lighthearted, chants...all with words provided.

Please email Nancy Dobbs nandobbs@telus.net for a Zoom link.



GVAT's Assembly on the Housing Crisis Needs You!

GVAT is holding a General Assembly on the Housing Crisis at 7 pm in Christ Church Cathedral on Sunday October 2nd, and our church has committed to having a large group of us there in person, and more on line (it may be livestreamed)! Local mayoralty candidates or others with power to make change will be present to confirm *in public* that they will carry out actions that they have agreed with GVAT to undertake.

GVAT's power is that its members represent approximately 30,000 Victoria citizens. A few hundred of them will be present at the Assembly on October 2nd. Our church must be well represented!



Through September, your Core Team will be providing you with more information about this assembly along with opportunities for you to sign up to be at the Assembly or on line.

A Power Point explanation of the housing crisis, and what GVAT is asking be done about it, will be available this month.

There will be an after-service workshop on Sept. 18th where the Power Point will be shown and a story told by someone in danger of becoming homeless. You'll be able to ask questions and get answers.

Times and dates of these and other events may change, so check the E-weekly, and watch for notices from the Church Office for updates and more news.

This is an exciting, important and unique event that GVAT is holding. Let's make it a success!

For further information about GVAT and its activities, contact a GVAT Core Team member: Susan Layng (lead), Lynn Beak, Patty Disbrow, Marion Pape, Evelyn Peters (Board liaison), Bob Stock, and Philip Symons (secretary). New members always welcome!

MAKE MUSIC WITH US THIS FALL

September is a good time to join one of the church's music groups. Music is good for the brain and keeps you active, and joining a choir or an instrumental ensemble is a great way to make personal connections that you may have missed during Covid. For specific information for each group, email the contact people below. There is also more information on most of these groups on the church's website here:

<https://victoriaunitarian.ca/program/choir-and-music-program/>

- Chalice Choir - Nicholas Fairbank info@fairbankmusic.ca
- Men's Choir - Nicholas Fairbank info@fairbankmusic.ca
- JAMMers - Peter Hancock hancockp463@gmail.com
- Farmhouse Ringers (handbell choir) - Anne Hill annehill@shaw.ca
- Drumming Circle - Dar Levy darlevy@gmail.com
- Zoom Sing - Nancy Dobbs nandobbs@telus.net





PASSING THE TORCH THE LIFELINE PROJECT

Don Vipond, long time member of First Unitarian and esteemed elder, recently relinquished his duties as Administrator of the Lifeline Project. Don executed his duties as Administrator for many years with discreet sensitivity and competency. We, as trustees and assessors are grateful to Don for his steadfast caring and compassion as well as representing Unitarian values in all aspects of his life. A short time ago, at a meeting of the Lifeline group, Margaret McKelvie graciously agreed to take on the role of administrator and will now oversee the duties and responsibilities of this very worthwhile project. Margaret comes to this position with years of experience having volunteered as an assessor since its inception. Don praised Margaret for her “demonstrated insight, compassion and determination and knows she will excel as the Lifeline administrator”.

The Lifeline Project was started back in October 2004 to assist those within our own congregation and the general public who find themselves in need of immediate financial assistance. Through the long months of the COVID pandemic, when the needs were great and felt by so many, people continued to seek support from our church through the Lifeline Project to assist with medical bills, rent/damage deposits, food vouchers or other financial support. Years ago, the financial requests were much lower than they are today, however, the high cost of rent and food has seen a substantial escalation of the funds provided. With the generous legacy of the Ethel May Fund, supported by the late Ted Humphrey, Lifeline has continued to help many individuals. As well, approximately 55 sponsors from the congregation have very kindly donated to the fund throughout the years. A tax receipt is given for donations received from the congregation which are requested only once per year at a maximum of \$200.

No abstract numbers on a financial sheet or random observations on a page can capture the impact of what Lifeline accomplishes. Each of the narratives described in individual cases, has turned deep worry, anxiety, desperation, panic, into heartfelt relief, tears into smiles and an outpouring of gratitude. Our church community as a whole has had a part in this, providing the launch pad for members and friends to finance these linked projects and touch Greater Victoria with the salve of compassion.

If you are interested in knowing more about the Lifeline project or would consider becoming a donor, please contact Margaret McKelvie at mmckelvie@Richmond-Systems.com

KEYS: REMINDER FROM THE CHURCH OFFICE

In order to be available for others requiring access, please replace any lockbox keys being used, immediately. (Sanctuary and Farmhouse)

Greener Gifting Event

The 'less is more' (r)evolution is here! If you're feeling stuffed by 'stuff' and craving more simplicity, ease and flow in life, then letting go of 'once-loved' things may be part of your answer!!

"Greener Gifting" will launch on Sunday 20 November 2022 – a church fundraising sales event featuring collectables, curio and household goods that have been donated by church members like you, and curated for affordability and quality.

This festive event's success is dependent on your support – please contact me at your earliest convenience if you're able and willing to support this venture.

P.S. There will be paintings, fibre arts and Farmhouse Harvest juice for sale, too.

In the Spirit!

Madelaine Clarke – "Greener Gifting" Coordinator; Farmhouse Resident

[e] mpclarke@shaw.ca

[c] 778.967.5344

CALENDAR:

[CLICK HERE](#)

Board Members on Duty

September 4 — Kathleen Zimmerman

FROM THE EDITOR: GUIDELINES FOR YOUR SUBMISSIONS

We try to standardize the presentation, to avoid the dog's breakfast aspect...:

- Where possible we use Calibri font.
- One space between sentences and between lines.
- No pdf files, please, use Word.
- Send pictures in jpegs... Don't send text as jpegs.
- TAKE THE DEADLINE SERIOUSLY!



SEPTEMBER BIRTHDAYS

First Name	Last Name	Birthday
Stephen	Lentz	02
Pamela	Hood Szivek	03
Zahira	North	03
Lorraine	Lundquist	04
Louise	Cole	07
Andrea	Pite	08
John	Waters	08
Christine	Petronis	10
Anne	Vaasjo	13
John	Hvozdanski	15
Tobin	McTaggart	15
Evangeline	Belisle	16
Darcy	Allder	17
Susanne	Garmsen	17
Peter	Hancock	18
June	Fukushima	20
Elinor	Bazar	22
Jenny	Heston	22
Emily	Tietz	22
Bert	MacBain	24
Renate	Herberger	26
Sandra	Jaques	30

**The Newsletter Deadline is the
15th of the Month
EVERY MONTH!**

NEW MEMBERS

None to report

DECEASED

None to report

FIRST UNITARIAN CHURCH OF VICTORIA

5575 West Saanich Road • Victoria BC • V9E 2G1

www.victoriaunitarian.ca

churchoffice@victoriaunitarian.ca

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rev.shana@victoriaunitarian.ca

Minister Emerita

Reverend Jane Bramadat

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LAY CHAPLAINS

laychaplains@victoriaunitarian.ca

Jenny Heston 250-509-1240

Barbara Boyle 250-381-0264

Oceanna Hall 250-886-1077

Do you have a friend in need ... of a ceremony? A wedding, child dedication or memorial?
Tell them about FUCV's Lay Chaplains. It's what we do!

DIRECTOR OF SPIRITUAL EXPLORATION AND LEARNING FOR CHILDREN AND YOUTH

Acting Director : Anna Isaacs

anna@victoriaunitarian.ca

Continued next page

Continued from previous page

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Audrey Taylor

CARE AND CONCERN COMMITTEE

We Care!

for hospital and home visits, or just to talk...

Barbara Boyle
250-381-0264

or your Neighbourhood Group Care and Concern person

Ads appearing in this issue are not necessarily endorsed by the church.



**island
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www.islandmontessori.com



Astrid Firley-Eaton
Design

interior design
colour consultation

250-384-3405
afe.design@firley.ca

Interested in Preserving This Year's Harvest?


I am offering this home canning kit to anyone who is interested. Having canned for years, I know the deep sense of satisfaction and accomplishment that comes with preserving our local harvest at its peak of nutrition and flavour. Having good quality tools to work with makes the job a pleasure.

While I am offering this kit for free, a donation to the church would be appreciated!

If interested, please contact Glenyss Turner (glenyssmtturner@gmail.com).



Seeking Studio Office



Registered Clinical Counsellor seeking to rent private nature-based studio space for deep one-on-one counselling work with people facing end-of-life diagnoses. Can also arrange to build my own small studio in the right place. Open to different arrangements!

Please call Elinor @ 250-508-2819 with any leads. Thank you!

The First Unitarian Church of Victoria
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For those without email, copy may be left at the church
office. All copy is subject to editing.

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